



FALL 2023
**Recreation
& Parks**
PROGRAM GUIDE

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WELCOME TO FALL WITH CARROLL COUNTY RECREATION & PARKS!

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REGISTRATION

2023 Fall Program Registration

for **Carroll County residents opens on Wednesday August 9, 2023**
and on **Wednesday August 16, 2023 for Out-of-County residents.**

Phone

410-386-2103, Monday - Friday, 8am - 5pm

Online

Visit ccrec.recdesk.com

Walk-In

Visit our Recreation & Parks office at:
300 South Center Street, Westminster, MD 21157

By Mail

Send completed registration form and a check payable to *Carroll County Commissioners* to:

Carroll County Department of Recreation & Parks
300 South Center Street
Westminster, MD 21157

HELPING HANDS

KEEP OUR PARKS GREEN

The **Helping Hands** campaign is an excellent opportunity for local groups and organizations to help keep their local parks beautiful with organized clean-ups, trash pickup, and trail maintenance.

To learn more about **Helping Hands**, visit ccrecpark.org or scan the QR code.



CARROLL COUNTY SPORTS COMPLEX

2225 LITTLESTOWN PIKE, WESTMINSTER MD 21158



MEN'S AND CO-ED SOFTBALL LEAGUES AVAILABLE FALL AND SPRING

Follow the Carroll County Sports Complex Facebook Page for the latest information and updates about upcoming tournaments and seasonal leagues.

 WWW.FACEBOOK.COM/CCSPORTSCOMPLEX/

For more information on the Sports Complex contact Becky Kishter at 410-857-4832 or bkishter@carrollcountymd.gov.

SIGN UP FOR YOUR 2023 DOG PARK MEMBERSHIP!

1/2 PRICE DOG PARK MEMBERSHIPS ARE AVAILABLE STARTING SEPT. 1 AND EXPIRE ON DEC. 31, 2023



BENNETT CERF DOG PARK
(near Random House)
544 Manchester Road
Westminster, MD 21157



SOUTH CARROLL DOG PARK

SOUTH CARROLL DOG PARK
(behind South Carroll Senior & Comm. Center)
5928 Mineral Hill Road
Eldersburg, MD 21784

To sign up for a Carroll County Recreation & Parks Dog Parks membership, visit ccrec.recdesk.com!



See pricing and more information on page 22.

SANTA Calling

See more details in early October at ccrecpark.org.



SAVE THE DATE | Thursday, December 7

Adaptive Recreation Programs

Adaptive Rec Swimming (Wee Otters)

Wednesdays, September 20 - November 8 from 5:30 - 6:20 pm
at Carroll Springs School
2 - 7 years • 8 Sessions

Program #23FG01.02

This program is designed for individuals with Developmental & Physical Disabilities. Exclusive to Adaptive Recreation the program offers a 50 minute American Red Cross learn-to-swim program, students taught by age level and at their own level and pace. 1 on 1 assistance is NOT provided, and parent or adult (age 16 or older) is required to participate in the water with the participant. Siblings without disabilities may participate but must be in the same age category.

Instructor: Janis Krolus

Resident: \$55 per person • Non-Resident: \$58 per person

Adaptive Rec Swimming (Making Waves)

Wednesdays, September 20 - November 8 from 6:30 - 7:20 pm
at Carroll Springs School
8 - 12 years • 8 Sessions

Program #23FG01.03

This program is designed for individuals with Developmental & Physical Disabilities. Exclusive to Adaptive Recreation the program offers a 50 minute American Red Cross learn-to-swim program, students taught by age level and at their own level and pace. 1 on 1 assistance is NOT provided, and parent or adult (age 16 or older) is required to participate in the water with the participant. Siblings without disabilities may participate but must be in the same age category.

Instructor: Janis Krolus

Resident: \$55 per person • Non-Resident: \$58 per person

Adaptive Rec Swimming (Swimtastic)

Wednesdays, September 20 - November 8 from 7:30 - 8:20 pm
at Carroll Springs School
13 - 80 years • 8 Sessions

Program #23FG01.04

This program is designed for individuals with Developmental & Physical Disabilities. Exclusive to Adaptive Recreation the program offers a 50 minute American Red Cross learn-to-swim program, students taught by age level and at their own level and pace. 1 on 1 assistance is NOT provided, and parent or adult (age 16 or older) is required to participate in the water with the participant. Siblings without disabilities may participate but must be in the same age category.

Instructor: Janis Krolus

Resident: \$55 per person • Non-Resident: \$58 per person

Friday Night Social

Friday, September 22 from 6-7:30pm
at South Carroll Senior & Community Center
15+ years • Program #23FG01.05

This event is exclusive to Special Olympics and Adaptive Recreation participants, their siblings/parents/caregivers. A portion of the Proceeds support Special Olympics of Carroll County. Come and enjoy some music, socialization and lite refreshments.

Instructor: AR Specialist

Adaptive Rec Participant \$8 per person

Care Giver/one-on-one/Parent: \$8 per person

2nd Annual Dine & Movie Fright Night!

Friday, October 13 from 5:30 - 9 pm
at Charles Carroll - Multipurpose Room
13+ years • Program #23FG01.09

Join us for a fun Pre-Halloween dinner & movie night at the New Charles Carroll Building! Dinner will be served from 5:30-6:30 and the movie will start at 6:45pm

Instructor: AR Specialist

Dinner & Movie: \$15 per person

Move & Groove with Candy

Mondays, September 11 - October 23 from 11 - 11:45 am
at Robert Moton Center

16+ years • Program #23FG01.01

"Move & Groove" will get you moving and grooving while "Drumming it Up" to catchy tunes and then transitioning to various dance moves. Participants will have the option to stay seated all while participating in this easy to follow, fun, musical activity that will surely put a smile on your face!

Instructor: Charlene "Candy" Ranlet

Adaptive Rec Participant \$25 per person

Care Giver/one-on-one/Parent: \$10 per person

Campfire & Smores Bear Branch Nature Center!

Wednesday, October 11 from 11 am - 12:30 pm
18+ years • Program #23FG01.07

Join us for a fun and exciting trip to Bear Branch. We will gather around the campfire ring and enjoy the fall crisp air while enjoying a wildlife presentation, followed by lunch & smores!

Instructor: Bear Branch Staff

Adaptive Rec Participant \$10 per person

Care Giver/one-on-one/Parent: \$8 per person

Z-Fitness

Session 1

Tuesdays, September 12 - October 17 from 6 - 6:30 pm
14+ years • Program #23FG01.06

Session 2

Tuesdays, November 7 - December 5 from 6 - 6:30 pm
14+ years • Program #23FG01.07

All Inclusive Program that's open to all; with emphasis on Adaptive Recreation participants, siblings, parents and caregivers. A multi-cultural dance-exercise experience with energizing music for a fun workout! Easy to follow-all abilities welcome. Everyone must register.

Instructor: Melanie Haifley

Adaptive Rec Participant \$25 per person

Care Giver/one-on-one/Parent: \$28 per person



Friday, December 15 from 7-9pm at Carroll Springs School

Exclusive to Adaptive Recreation eligible participants and their caregivers.

SAVE THE DATE.

Arts & Enrichment Programs

Homeschool Exploring Watercolor

Wednesdays, September 13 - October 18 from 12:30 - 2 pm
at RMC Activity Room

7+ years • 6 sessions • **Program #22FG02.01**

Whether you are experienced at watercolor painting or not, this program is for all levels. Students will try out washes and dry brush techniques, learn how to create a mood with color and brushstrokes. Students will experiment with fun effects created by using masking fluid or by combining oil pastel with the painting. Most importantly, participants will be experiencing the fun of expressing themselves through color and images.

Instructor: Suzanne Brault

Resident: \$70 per person • Non-Resident: \$72 per person

Exploring Watercolor

Wednesdays, September 13 - October 18 from 6:30 - 8 pm
at Freedom Elementary

7+ years • 6 sessions • **Program #23FG02.02**

Whether you are experienced at watercolor painting or not, this program is for all levels. Students will try out washes and dry brush techniques, learn how to create a mood with color and brushstrokes. Students will experiment with fun effects created by using masking fluid or by combining oil pastel with the painting. Most importantly, participants will be experiencing the fun of expressing themselves through color and images.

Instructor: Suzanne Brault

Resident: \$70 per person • Non-Resident: \$72 per person

Homeschool Hand Building with Clay

Tuesdays, September 12 - October 17 from 12:30 - 2 pm
at Charles Carroll Multipurpose Room

7+ years • 6 sessions • **Program #23FG02.03**

Parents are welcome to sit in on this class, and they can sign themselves up too if they like. It's great fun to learn how to make things out of clay. Basic techniques will be demonstrated for making pinch pots, which can then be made into small cups, bowls, even little pitchers. Students will be shown how to roll out slabs of clay that can be used for making mugs or boxes, even little models of houses. And the techniques used for making small animal sculptures or other small figures, gargoyles perhaps! - will be taught. Once the students have used these techniques to make whatever pieces they wish to make, then then will have the opportunity to glaze them. Bring plastic bags to keep your work moist and a box to carry your work home in between classes.

Instructor: Suzanne Brault

Resident: \$70 per person • Non-Resident: \$72 per person

Hand Building with Clay

Tuesdays, September 12 - October 17 from 6:30 - 8 pm
at Freedom Elementary School

7+ years • 6 sessions • **Program #23FG02.04**

This class can be both for kids and adults. It's great fun to learn how to make things out of clay. Basic techniques will be demonstrated for making pinch pots, which can then be made into small cups, bowls, even little pitchers. Students will be shown how to roll out slabs of clay that can be used for making mugs or boxes, even little models of houses. And the techniques used for making small animal sculptures or other small figures, gargoyles perhaps! - will be taught. Once the students have used these techniques to make whatever pieces they wish to make, then then will have the opportunity to glaze them. Bring plastic bags to keep your work moist and a box to carry your work home in between classes.

Instructor: Suzanne Brault

Resident: \$70 per person • Non-Resident: \$72 per person

ROM-COM Along

Wednesdays, October 4 - 25 from 6 - 8 pm
at Charles Carroll Community Center

Program #23FG02.05

Do you enjoy romantic comedy films and want to learn more about this genre? Then this is the class for you! In 4 weeks, you will learn about the origins of the rom-com and some of its characteristics through discussions and fun games and activities. Participants will be encouraged to watch 3 feature-length films outside of class so as to maximize class time.

Instructor: Gwen Asbury

Resident: \$15 • Non-Resident: \$17

Instructors Wanted

Health, Wellness, Enrichment, Art,
for Westminster and Charles Carroll
Community Center.

Contact ccrec@carrollcountymd.gov



Carroll County Special Olympics

Contact Laurie Brewer for more information.

410-236-1571 • lbrewer10@verizon.net

Special Events & Programs

Teen Time

Friday, September 15 from 5:30 - 7:30 pm
at Charles Carroll Community Center
11 - 15 years • Program #23FG09.01

Come hang with your friends after school! The Charles Carroll Community Center will have free play available for 6th-10th graders. Teens will have access to the gym, activity room and lounge area. Participants are welcome to bring their own sports equipment, craft supplies or their favorite book to read in the lounge. One staff member will be onsite. Teens will be self-supervised within the building and may not exit until an adult sign's them out.
Instructor: Recreation & Parks Staff
Resident: \$10 • Non-Resident: \$12

Horror Movie Night: It (2017)

Thursday, October 5 from 6 - 9 pm
at Piney Run Park
18+ years • Program #23FG09.02

Venture into Piney Run Park on the night of October 5 as we show, IT (2017). Local haunted attraction, Hackney Haunts will be offering screams to those who dare to attend. The movie will begin at 6:30pm. Bring your appetite as Fresh N Icy food truck will be in attendance. IT (2017), Rated: R, 148 minutes. New Line Cinema's horror thriller "IT," directed by Andres Muschietti ("Mama"), is based on the hugely popular Stephen King novel of the same name, which has been terrifying readers for decades. When children begin to disappear in the town of Derry, Maine, a group of young kids are faced with their biggest fears when they square off against an evil clown named Pennywise, whose history of murder and violence dates back for centuries. Age 18+, valid ID must be shown at check-in.
Instructor: Recreation & Parks Staff
Resident: \$8 • Non-Resident: \$10

School's Out Fun Day

Friday, October 20 from 8:30 - 4:30 pm
at Robert Moton Center
5-11 years • Program #23FG09.03

No school, no problem! The recreation and parks staff will be offering on and offsite activities for school aged children. We will be spending the morning enjoying a craft and movie time with a snack. We will be heading to Hickory Falls (Hanover, PA) in the afternoon to enjoy the indoor play area and lunch. Lunch includes a slice of pizza or hot dog, soda and Rita's Italian ice.
Instructor: Recreation & Parks Staff
Resident: \$60 per person • Non-Resident: \$63 per person

DIY Holiday Wreath & Mocktails

Monday, November 6 from 6 - 7:30 pm
at Charles Carroll Community Center
15+ years • Program #23FG09.04

Gather your friends and come out for a fun night! We will be making a holiday themed wreath using red boas, ornaments, and decorative picks. Mocktails and light refreshments will be offered.
Instructor: Recreation & Parks Staff
Resident: \$25 • Non-Resident: \$28



Medieval Times[®]
DINNER & TOURNAMENT

Medieval Times Dinner and Tournament

Sunday, October 29 from 3 - 9 pm
at Robert Moton Center
Ages 4+ • Program #23FG10.06

Bring your family or friends to join us in a exciting dinner and show at Medieval Times Dinner and Tournament in Hanover, MD. The top knights of our kingdom will battle with brawn and steel to determine one victor to protect the throne. Join us as we feast and raise a goblet to our Queen. Rec & Parks provides 10-passenger van transportation. Fee includes the dinner and show.

Instructor: Recreation & Parks Staff
Resident: \$105 per person
Non-Resident: \$110 per person

**FOLLOW US ON
social media!**



@ccrecpark

Family Adventure Trip

Saturday, September 9 from 8 am - 6 pm
at Robert Moton Center

Ages 5+ • Program #23FG10.01

If you are a family that loves adventure and the outdoors then trip is for you! Join us in participating in The Ascent Package at Refreshing Mountain Adventure Center in Lancaster County, PA. In the morning from 9am to 12:30 pm you will go through the Flying V (2 Ziplines) and the Elevated Obstacle Course (33 Elevated Obstacles). During this time you will also have 3.5 hours of unlimited access to the most popular activities including the Climbing Tower, Pedal Carts, Sling Shots, the Wildlife Center, and the Farm Animal Experience. We will break for lunch after the morning activities then be able to go hiking on the 2 miles of hiking trails on the property as well as have access to the playground and Outdoor Basketball Courts. Rec & Parks provides 10-passenger van transportation. Fee includes the adventure activities cost.

Instructor: Rec & Parks Staff

Resident: \$85 • Non-Resident: \$90

Gettysburg Bus Trip(School Bus)

Saturday, September 23 from 11 am - 10:30 pm
County Office building parking lot, 225 N. Center Street
21+ years • Program #23FG10.02

Come and enjoy the nice Fall weather with a trip to Gettysburg, PA! We will visit the Adams County Winery and Battlefield Brew Works ending with a ghost tour of Gettysburg. When visiting the winery and brewery all purchases will be on your own. The cost of the ghost tour is included in your program fee. If you plan to purchase alcohol to take home with you please bring appropriate storage to be able to transport on the bus. There can not be any alcohol allowed on the bus so it will have to be stored away properly to take home. Bus will depart by 11am from Westminster, MD and return by 10:30pm.

Instructor: Rec & Parks Staff

Resident: \$55 • Non-Resident: \$60

St. Michael's Motorcoach Trip

Thursday, October 12 from 7:45 am - 6:30 pm
Carroll County Farm Museum

5+ years • Program #23FG10.03

Come enjoy St. Michael's on a crisp fall day. Recreation & Parks will be traveling to St. Michael's by motorcoach on Thursday, October 12, 2023. We will depart from Westminster at 8:00am arriving in St. Michael's around 10:30am. We will be departing at 4:00pm from St. Michael's to arrive in Westminster around 6:30pm. Attendees will be dropped off by downtown St. Michael's and have the whole day to enjoy the towns many amenities. This trip will include a fair amount of walking; make sure you wear proper footwear. (Fee includes roundtrip motorcoach transportation & driver's gratuity) No refunds after Friday, September 8*. Meet at the Carroll County Farm Museum, 500 South Center St, Westminster, MD. 21157 no later than 7:45 am (bus will depart at 8:00am).

Instructor: Rec & Parks Staff

Resident: \$70 • Non-Resident: \$75

Recreation & Parks Trips Refund Policy

Requests for refunds must be submitted in writing at least one month prior to the start date of the trip unless there is a specific date listed in the course description. After the deadline has passed, there will be no refunds, absolutely NO exceptions. Any tickets purchased are the property of the registrant and is their responsibility to retrieve from the respective destination/location.

Requests can be submitted to ccrec@carrollcountymd.gov with a subject line of Refund Request.

AMT - Christmas Show Trip

Wednesday, December 20 from 8 am - 3 pm
at Robert Moton Center

50+ • Program #23FG10.05

Witness the magic and splendor of our holiday celebration as American Music Theater presents "The First Noel", featuring incredible singers, astonishing dancers, wondrous costumes, breathtaking sets, and all the endearment of a perfect fireside family moment! Bask in the beauty of the season and cherish the stories of spirit and love as we bring all your favorite sights and sounds to the stage. This year's all-new holiday show features your favorite seasonal and sacred Christmas songs – songs brought to life by marvelous vocal talent from across the country, accompanied by our masterful AMT Orchestra. Beautiful snowscapes, child-like joy, cherished stories, the spirit of love, and all your favorite things about the holiday season are cast onstage in this glorious celebration of timeless holiday classics.

Instructor: Rec & Parks Staff

Resident: \$75 per person • Non-Resident: \$80 per person

Halloween at Hershey Park Bus Trip

Saturday, October 21 from 10 am - 11 pm

Program #23FG10.04

Join us in a trip to Hershey Park to enjoy the beautiful fall weather with your family and friends. You will enjoy everything Hershey Park has to offer including Halloween Family Fun & Haunted Experiences. Enjoy Halloween activities and sweet treats while you stroll through the Treatville region, dance with your favorites at the Character Glow Dance Parties, experience lights out coasters, and don't forget your flashlight for a tour through ZooAmerica® North American Wildlife Park.

Instructor: Rec & Parks Staff

Resident: \$130 per person • Non-Resident: \$135 per person

Big Apple One Day Bus Trip

Saturday, December 2 from 7 am - 11 pm

Program #23FG10.07

Enjoy a day on your own in the Big Apple! The motor coach bus will drop you off at Bryant Park, in back of the New York Public Library on 6th Ave, between 40th-41st Streets. The day is your to plan! Go shopping, catch a show, see Central Park or the 911 Museum. We will meet at 6:45 pm, at the drop-off location to board the bus back to Westminster. Early Bird Discount, must register by September 30, 2023: \$70 resident/\$75 non-resident. Regular Registration, regular registration closes on October 24, 2023: \$77 resident/\$82 non-resident. Late Registration, after October 24, 2023 \$82 resident/\$87 non-resident. Youth under the age of 18 must be accompanied by a paying adult. Fee includes roundtrip motorcoach transportation, and driver's gratuity. Food is on your own. Meet at the County Office building parking lot, 225 N. Center Street, Westminster, no later than 6:50am (bus will depart at 7am).

Instructor: Rec & Parks Staff

Resident: \$95 per person • Non-Resident: \$100 per person

EPIC Programs



CORPORATE WORK DAYS

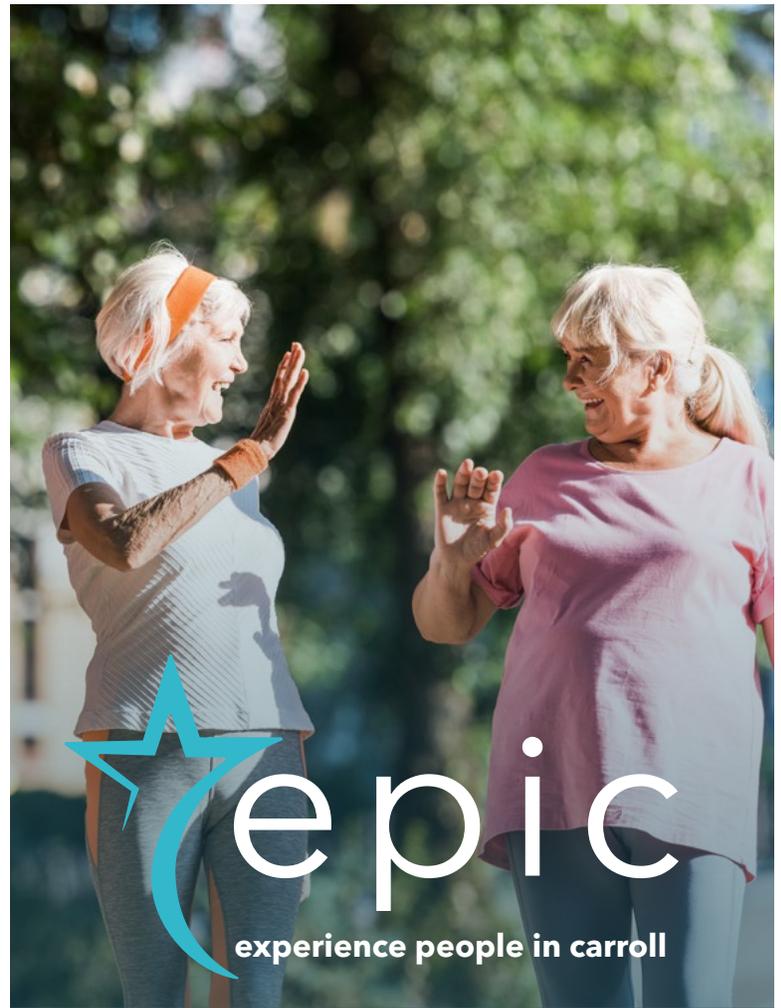
Get out of the office and into nature by participating in a team building work day at a Carroll County Recreation & Parks Park!

- Plantings
- Trail Maintenance
- Erosions
- Bridges
- Pipe Crossings
- And more!

For more information or to schedule a corporate volunteer work day, contact us at ccrec@carrollcountymd.gov.



September 23, 2019, Wantz Distributors at Piney Run Park



EPIC - Line Dancing

Tuesdays, September 5 - October 24 from 11 am - 12 pm
at Robert Moton Center gymnasium

50-80 years • 8 sessions • **Program #23FG14.01**

Join this fun mind and body fitness program! Enjoy the many health benefits of line dancing. Improve your balance and coordination! Increase your cardiovascular health and your memory! Come for the social outlet and boost your mood! This program will be paced on participant's abilities. It is geared toward adults age 50+, however, all adults 18+ are welcome. Breaks will be taken to cool down and socialize. Be sure to dress in comfortable clothing and bring a water bottle.

Instructor: Charlene "Candy" Ranlet

Resident: \$34 per person • Non-Resident: \$37 per person

EPIC: Belly Dancing

Tuesdays, September 5 - October 24 from 1:30 - 2:30 pm
at Robert Moton Center Activity Room

50 - 80 years • 8 sessions • **Program # 23FG14.02**

Come explore one of the oldest forms of dance, BELLY DANCE, and discover its many health benefits. "Shimmy" into improved balance, posture, strength, coordination, flexibility and confidence. We will learn basic dance moves and incorporate them into easy and fun routines. Feel empowered through Belly Dance!

Instructor: Charlene "Candy" Ranlet

Resident: \$40 per person • Non-Resident: \$43 per person

Adult & EPIC: Flex & Balance

at Leister Park

18+ years • 8 sessions

Tuesdays, September 5 - October 24 from 11:30 am - 12:15 pm

Program #23FG14.03

Thursdays, September 7 - October 26 from 4:45 - 5:30 pm

Program #23FG14.04

As we age, our strength, flexibility and sense of balance diminish. This program will incorporate stretching, balance and resistance exercises to help improve and maintain your flexibility and balance. The exercises in this program will, at times, incorporate the use of a chair, which will be provided. Individuals will need to be able to stand for at least short periods of time. The program is geared toward age 50+, however all adults 18 or older are welcome to register. Meet in the upper parking lot.

Instructor: Theresa Whalen

Resident: \$60 per person • Non-Resident: \$63 per person

Interested in a program?
Space is limited, register now!
Register online today at
ccrec.recdesk.com.

EPIC: POM Squad

Wednesdays, September 6 - October 25 from 11 am - 12 pm
at Robert Moton Center Activity Room

40 - 80 years • 8 sessions • **Program #23FG14.05**

Are you looking for a fun exercise class? Do you want to improve your arms, core & stamina? Do you love to dance? Have you heard of the Sun City Poms? If you answered yes to these questions, this is the program for you!! Come and enjoy the cognitive, cardiovascular and social benefits as cheerleading seniors. We will use pompoms to improve arm & Cor strength. Let's dance, march, cheer and celebrate life. No worries, no jumping, no previous experience required. Splits are optional!

Instructor: Charlene "Candy" Ranlet

Resident: \$34 per person • Non-Resident: \$37 per person



EPIC Puzzle Palooza: Jigsaw Competition

Tuesday, September 19 from 10:30 am - 1 pm

at Charles Carroll Community Center

40+ • **Program #23FG14.06**

Come join the fun! Teams consisting of 2-4 people will race against each other to finish a 500-piece jigsaw puzzle. Teams will receive the same puzzle and have 2 hours to complete it. Games will promptly begin at 10:45am. Gift card prizes will be given to the 1st and 2nd place winners. Light refreshments will be offered.

Instructor: Recreation & Parks Staff

Resident: \$37 per person • Non-Resident: \$42 per person

EPIC: Miracle on 34th Street @ Toby's Theatre

Wednesday, November 22 from 8 am - 5 pm

Program #23FG14.08

"It's Beginning To Look A Lot Like Christmas" at Toby's. This musical adaptation of the classic film is the holiday tale of a young girl who doubts the existence of Santa Claus until a very special, white-bearded old man changes her mind. Recreating the magic of the classic story, MIRACLE ON 34th STREET is a joyous, heartwarming musical, the perfect holiday treat for the entire family. Dreams do come true, if you believe! Please note: Fog, haze and strobe effects may be used in this production.

Instructor: Rec & Parks Staff

Resident: \$105 per person • Non-Resident: \$115 per person



Yoga in the Park

Tuesdays, September 5 - October 10 from 6 - 6:45 pm

at Westminster Veterans Memorial Park

14+ years • 6 sessions • **Program #23FG04.01**

Come enjoy an all-levels yoga program outside at the beautiful and new Westminster Veterans Memorial Park. Bring a towel or yoga mat for the program. Ages 17 and younger must be joined with a participating adult. Indoor option available in the event of inclement weather at Robert Moton Center.

Instructor: Mallory Kusterer

Resident: \$60 per person • Non-Resident: \$63 per person

Line Dancing - Beginner

Thursdays, September 7 - November 2 from 6-7pm

at Westminster Senior & Community Center

12+ • 9 sessions • **Program #23FG04.02**

Line dancing is a FUN body and mind exercise. Enjoy the many health benefits while learning dance steps to a variety of music genres, including big circle and cowboy contras. Got a line dance you always wanted to learn? This is a great program for teens as well as adults. Each week, we will review previously taught dances and learn a few new ones. Be sure to wear comfortable shoes and clothing. Bring a water bottle. A small break will be taken mid-class. All levels welcome- no experience is needed.

Instructor: Charlene Ranlet

Resident: \$40 per person • Non-Resident: \$43 per person

Line Dancing - Intermediate

Thursdays, September 7 - November 2 from 7 - 8 pm

at Westminster Senior & Community Center

12+ • 9 sessions • **Program #23FG04.03**

Line Dancing is a FUN body exercise. Enjoy the many health benefits while learning dance steps to a variety of music genres, including big circle and cowboy Contrás. Got a line dance you always wanted to learn? This is a great program for teens as well as adults. Each week we will review previously taught dances and learn a few new ones. Be sure to wear comfortable shoes and clothing. Bring a water bottle. A small break will be taken mid-class. We recommend some experience as this program runs at a faster pace with more difficult dances and less review times.

Instructor: Charlene Ranlet

Resident: \$40 per person • Non-Resident: \$43 per person

Health & Wellness Programs

Pickleball for Beginners

at The Robert Moton Center

16+ years • 6 sessions

Mondays, September 11 - October 16 from 5 - 6 pm

Program #23FG04.04

Mondays, October 30 - December 4 from 5 - 6 pm

Program #23FG04.05

No experience necessary. Come join the fun and learn how to play pickleball! Whether you are a beginner or simply want to improve your skills, this is the class for you. We will learn serves, volleys, and dinking as well as discuss paddle and feet positions for better attacks and volleys. The classes will be mostly instruction and application of skills. Each night we will add additional information until we put it all together and play pickleball towards the end of the 5-week sessions. No supplies needed just come with a fun attitude and willingness to learn. Please make sure to wear proper foot wear (Tennis shoe is preferred, but any type of sneaker will be ok to start this class).

Instructor: William Gill

Resident: \$52 per person • Non-Resident: \$55 per person

Pickleball Beginner 2

at The Robert Moton Center

16+ years • 6 sessions

Mondays, September 11 - October 16 from 6 - 7 pm

Program #23FG04.06

Mondays, October 30 - December 4 from 6 - 7 pm

Program #23FG04.07

This class is designed for the person who took Pickleball for Beginners 1 or has played socially but doesn't feel comfortable with all the rules of the game. This class will be an extension of the Beginner class to keep working on serves, returns, volleying, and scoring. This class will be 50% instruction and 50% play to reinforce already learned skills and create muscle memory. No supplies needed just come with a fun attitude and willingness to learn. Please make sure to wear proper footwear (tennis shoe is preferred but any type of sneaker will be ok to start this class).

Instructor: William Gill

Resident: \$52 per person • Non-Resident: \$55 per person

Pickleball 3

at The Robert Moton Center

16+ years • 6 sessions

Mondays, September 11 - October 16 from 7 - 8 pm

Program #23FG04.08

Mondays, October 30 - December 4 from 7 - 8 pm

Program #23FG04.09

This class is designed for players who have taken pickleball beginner and Level 2 and feel they are ready to move to the next level. If you want to improve your skills, this is the class for you! We will work on bettering already learned skills of serves, dinking, and volleys. This class will focus on shot placement. For this class, you should have your own paddle but no supplies needed- just come with a fun attitude and willingness to learn. This class will be 80% instruction and application of new information and 20% playing and applying what we learned. Please make sure to wear proper footwear (tennis shoe is preferred but any type of sneaker will be ok to start this class).

Instructor: William Gill

Resident: \$52 per person • Non-Resident: \$55 per person



Zumba® w/Yvette (Tuesdays)

Tuesdays, October 3 - November 7 from 6:30 - 7:30 pm

at Taneytown Senior & Community Center

16+ years • 9 sessions • **Program #23FG04.10**

The perfect combo of fun and fitness has made Zumba classes a world-wide phenomenon. Dance to great music, with great people, and burn a ton of calories without even realizing it. Lets shake it up together!

Instructor: Yvette Castillo

Resident: \$90 per person • Non-Resident: \$92 per person

Weights, Cardio, Core & More

at Taneytown Senior & Community Center

Ages 14+ • 6 sessions

Wednesdays, October 4 - November 1 from 6:30 - 7:30 pm

Program #23FG04.11

Wednesdays, November 8 - December 20 from 6:30 - 7:30 pm

Program #23FG04.12

This fun interval training class is a total body workout! Certified Fitness Trainer will lead you through a variety of fitness exercises to strengthen and build muscle. Be ready for cardio bursts, core training and more surprises to keep you on your toes. **Each class may be different. Are you ready? LET'S GO!

Instructor: Yvette Castillo

Resident: \$60 per person • Non-Resident: \$62 per person



Health & Wellness Programs

Yoga in the Park

Tuesdays, October 17 - November 28 from 6 - 6:45 pm
at Robert Moton Center

14+ years • 8 sessions • **Program #23FG04.13**

Come enjoy an all-levels yoga program at the Robert Moton Center. Bring a towel or yoga mat for the program. Ages 17 and younger must be joined with a participating adult.

Instructor: Mallory Kusterer

Resident: \$72 per person • Non-Resident: \$75 per person

Clogging - Beginner I/II

Mondays, September 18 - November 20 (See times below.)
(No class on 10/9 & 11/13.)

at The Robert Moton Center

8+ years • 8 sessions • **Program #23FG04.14**

A fun contemporary American Folk Dance for all to enjoy (and it's easier than you think!) Each level is *1/2 hour in length. *Beginner I is held at 3:50pm; Beginner II is held at 6:40pm. Beginner I students will learn basic fundamentals working on form, movement, sounds/steps, combining into simple dance routines-no experience needed. Please wear a thin-soled shoe (leather sole works best) or tennis shoe. Taps may be purchased at a \$26 fee. Beginner II will continue learning basic steps & routines, working on team dance formations as well, and is for those having completed approx. 1 year of Beginner instruction. WHITE clogging shoes are required.

Instructor: Becky Morehouse

Resident: \$40 per person • Non-Resident: \$43 per person

Clogging - Intermediate & Advanced

Mondays, September 18 - November 20 (See times below.)
(No class on 10/9 & 11/13.)

at Robert Moton Center

14+ years • 8 sessions • **Program #23FG04.15**

A fun contemporary American Folk Dance for all to enjoy! Each class level is 1 hour. Intermediate level meets at 4:30pm and requires 2+ years' experience. Advanced meets at 5:30pm and is for the well-experienced clogger. WHITE clogging shoes with jingle taps are required for group dance. We will learn new routines/steps, and practice while working on group dance form, accuracy and precision; sessions include some free dance time. There is no class on 10/9 and 11/13.

Instructor: Becky Morehouse

Resident: \$55 per person • Non-Resident: \$59 per person

Zumba® w/Yvette(Tuesdays)

Tuesdays, November 14 - December 12 from 6:30 - 7:30 pm
at Taneytown Senior & Community Center

16+ years • 3 sessions • **Program #23FG04.16**

The perfect combo of fun and fitness has made Zumba classes a world-wide phenomenon. Dance to great music, with great people, and burn a ton of calories without even realizing it. Lets shake it up together!

Instructor: Yvette Castillo

Resident: \$30 per person • Non-Resident: \$32 per person



Visit ccrecpark.org for the latest information about Recreation & Parks programs and to register.



Carroll County Arts Council Programs/Events

YOUTH EDUCATION

Honk Jr. – A CCAC Children's Theatre Troupe musical production for grades 6 – 8

Dates: Auditions Aug. 31 | Rehearsals begin Sept. 12 | Performances Nov. 10 – 12

Take the Stage – Confidence-boosting theater class for elementary and middle schoolers

Dates: Saturday mornings from Sept. 16 – Oct. 21
Ages 8 – 10 | 10am – 11am • Ages 11 – 13 | 11:30am – 12:30pm

Make It and Take It – Beginner art class that expands the imagination
Dates: Tuesdays from Sept. 19 – Oct. 10 | 5pm – 6:30pm • For ages 6 – 9

More info and registration for youth programs can be found here:
carrollcountyartscouncil.org/youth-education/

ADULT EDUCATION

Painting 101 – Comprehensive painting course for adults and older teens

Dates: Thursdays from Sept. 21 – Oct. 19 | 5pm – 6:30pm • For ages 14+

Pumpkin Needle Felting Workshop – Learn to needle felt your own unique pumpkin in this one day workshop

Date: Saturday, Oct. 7 | 1pm – 4pm • For ages 17+

Selling Your Artwork – Three virtual sessions where artists can learn practical strategies and tactics to successfully sell their artwork

Dates: Wednesdays from Oct. 11- 25 | 5:30pm – 7:30pm • For ages 18+

More info and registration for adult programs can be found here:
<https://carrollcountyartscouncil.org/adult-education/>

Gymnastics

Mommy & Me Gymnastics

Thursdays, September 7 - October 12 from 9 - 9:45 am
at Carroll Gymnastics, Inc.

2 - 3 years • 6 sessions

Program #23FG03.01

Designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment.

Student/instructor ratio 7:1

Instructor: Carroll Gymnastics, Inc

Resident: \$125 per person • Non-Resident: \$127 per person

Preschool Gymnastics

Thursdays, September 7 - October 12 from 9 - 9:45 am
at Carroll Gymnastics, Inc.

3 - 4 years • 6 sessions

Program #23FG03.02

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$125 per person • Non-Resident: \$127 per person

Homeschool Girls Gymnastics

Thursdays, September 7 - October 12 from 9:45 - 10:45 am
at Carroll Gymnastics, Inc.

6 - 17 years • 6 sessions

Program #23FG03.03

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$140 per person • Non-Resident: \$142 per person

Homeschool Boys Gymnastics

Thursdays, September 7 - October 12 from 10:45 - 11:45 am
at Carroll Gymnastics, Inc.

6 - 17 years • 6 sessions

Program #23FG03.04

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$140 per person • Non-Resident: \$142 per person

Kindergarten Gymnastics

Thursdays, September 7 - October 12 from 4:30 - 5:15 pm
at Carroll Gymnastics, Inc.

5 + years • 6 sessions

Program #23FG03.05

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$125 per person • Non-Resident: \$127 per person

Tumbling Gymnastics

Thursdays, September 7 - October 12 from 7:30 - 8:30 pm
at Carroll Gymnastics, Inc.

6 - 17 years • 6 sessions

Program #23FG03.06

Designed for all levels. Students will learn basic tumbling skills using the floor, trampoline and tumble track. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$140 per person • Non-Resident: \$142 per person

Boys Basic Gymnastics

Saturdays, September 9 - October 14 from 12 - 1 pm
at Carroll Gymnastics, Inc.

6 - 17 years • 6 sessions

Program #23FG03.07

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$140 per person • Non-Resident: \$142 per person

Girls Basic Gymnastics

Saturdays, September 9 - October 14 from 12 - 1 pm
at Carroll Gymnastics, Inc.

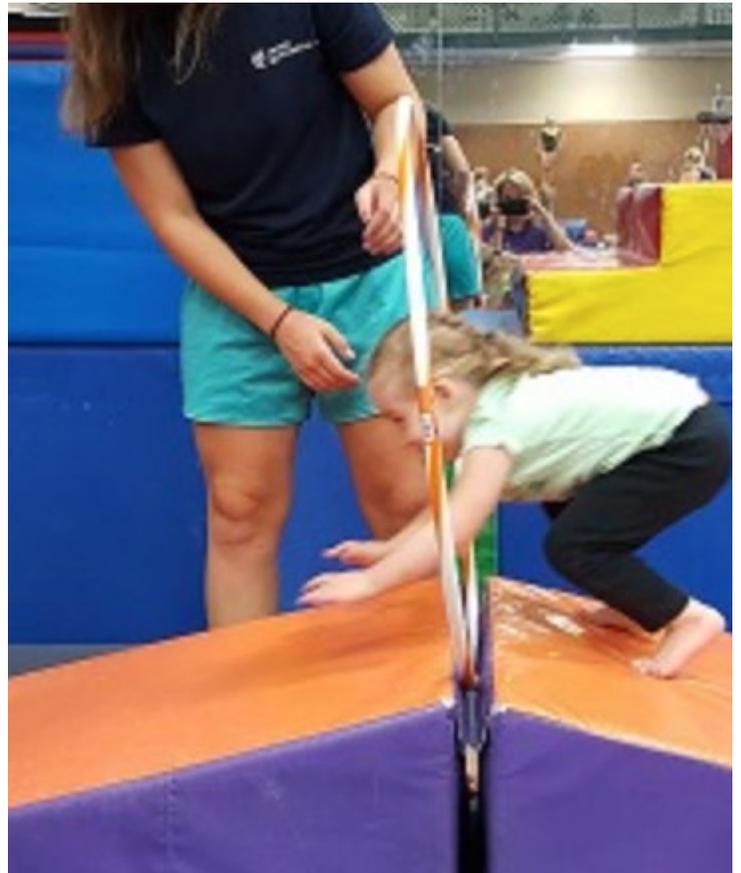
6 - 17 years • 6 sessions

Program #23FG03.08

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$140 per person • Non-Resident: \$142 per person



Athletic & Sports Programs

Mommy & Me Gymnastics

Thursdays, October 19 - December 14 from 9 - 9:45 am
at Carroll Gymnastics, Inc.
2 - 3 years • 9 sessions

Program #23FG03.09

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$165 per person • Non-Resident: \$167 per person

Preschool Gymnastics

Thursdays, October 19 - December 14 from 9 - 9:45 am
at Carroll Gymnastics, Inc.
3 - 4 years • 8 sessions

Program #23FG03.10

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$165 per person • Non-Resident: \$167 per person

Homeschool Girls Gymnastics

Thursdays, October 19 - December 14 from 9:45 - 10:45 am
at Carroll Gymnastics, Inc.
6 - 17 years • 9 sessions

Program #23FG03.11

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$187 per person

Homeschool Boys Gymnastics

Thursdays, October 19 - December 14 from 10:45 - 11:45 am
at Carroll Gymnastics, Inc.
6 - 17 years • 9 sessions

Program #23FG03.12

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$187 per person



Kindergarten Gymnastics

Thursdays, October 19 - December 14 from 4:30 - 5:15 pm
at Carroll Gymnastics, Inc.
5 + years • 6 sessions

Program #23FG03.13

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$165 per person • Non-Resident: \$167 per person

Tumbling Gymnastics

Thursdays, October 19 - December 14 from 7:30 - 8:30 pm
at Carroll Gymnastics, Inc.
6 - 17 years • 9 sessions

Program #23FG03.14

Designed for all levels. Students will learn basic tumbling skills using the floor, trampoline and tumble track. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$187 per person

Boys Basic Gymnastics

Saturdays, October 21 - December 16 from 12 - 1 pm
at Carroll Gymnastics, Inc.
6 - 17 years • 9 sessions

Program #23FG03.15

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$187 per person

Girls Basic Gymnastics

Saturdays, October 21 - December 16 from 12 - 1 pm
at Carroll Gymnastics, Inc.
6 - 17 years • 9 sessions

Program #23FG03.16

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$187 per person

Athletic & Sports Programs

Soccer

Level 5 Athletics: Soccer Stars

Level 5's Soccer Stars (ages 3-4) program is designed to introduce or provide a continued path in and around the game of soccer.

Our experience uses age-appropriate games and exercises from around the globe to deliver sessions that are healthy, informative, and fun. Our team atmosphere helps develop both social and life skills, even for our youngest soccer players. Our unique method of soccer instruction helps children become familiar with athletics, to properly play the world's most popular game early on. Our innovative, skills-based curriculum helps teach character building and development while keeping the children on their feet. The program uses creative games and the weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and being brave. We will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

Fridays, September 8 - November 3 from 4:30 - 5:15 pm
at Sandymount Park
3 - 4 years • 9 sessions
Program #23FG03.17

Fridays, September 8 - October 27 from 5:15 - 6 pm
at Sandymount Park
5 - 7 years • 8 sessions
Program #23FG03.18

Saturdays, September 9 - October 28 from 9 - 9:45 am
at Deer Park
3 - 4 years • 8 sessions
Program #23FG03.19

Saturdays, September 9 - October 28 from 10 - 10:45 am
at Deer Park
5 - 7 years • 8 sessions
Program #23FG03.20

Sundays, September 10 - October 29 from 1 - 1:45 pm
at Deer Park
3 - 4 years • 8 sessions
Program #23FG03.21

Sundays, September 10 - October 29 from 2 - 2:45 pm
at Deer Park
5 - 7 years • 8 sessions
Program #23FG03.22

Instructor: Level 5 Athletics
Resident: \$87 per person • Non-Resident: \$90 per person

Future Stars Soccer Clinic (4-6 years old)

Fridays, September 15 - November 3 from 4:30 - 5:20 pm
at Leister Park
4-6 years • 9 sessions

Program #23FG03.23

Future Star is the perfect introduction to the fun world of soccer. Children are introduced to the basics of soccer in a play-oriented yet structured format, using child-friendly but realistic soccer equipment. Each child is given the opportunity to work within their ability level but taught in a group environment. The Future Stars program will help the little ones strengthen relationships, and mental health, make friends and make a happier kid in the sport. Creating our future soccer stars.

Instructor: Brazilian United Corporation

Resident: \$130 per person • Non-Resident: \$132 per person

Brazilian Soccer Clinics

Fridays, September 15 - November 3 from 5:30-6:30 pm
at Leister Park

7 - 10 years • 9 sessions

Program #23FG03.24

The Brazilian soccer clinics are open to all kids and soccer levels to learn the genuine Brazilian Soccer. Developing skills and abilities by learning from an international experienced coach.

We create the best environment to increase the kid's footwork, soccer skills, tactical, physical, and mental since BUC's philosophy goes beyond soccer. The clinic is a 1-hour session to experience high-intensity and quality training

Instructor: Brazilian United Corporation

Resident: \$130 per person • Non-Resident: \$135 per person

Brazilian Soccer Clinics

Fridays, September 15 - November 3 from 6:30-7:30 pm
at Leister Park

11-15 years • 9 sessions

Program #23FG03.25

The Brazilian soccer clinics are open to all kids and soccer levels to learn the genuine Brazilian Soccer. Developing skills and abilities by learning from an international experienced coach. We create the best environment to increase the kid's footwork, soccer skills, tactical, physical, and mental since BUC's philosophy goes beyond soccer. The clinic is a 1-hour session to experience high-intensity and quality training.

Instructor: Brazilian United Corporation

Resident: \$130 per person • Non-Resident: \$135 per person



Visit ccrecpark.org for the latest information about Recreation & Parks programs and to register.

Athletic & Sports Programs

Lacrosse

Level 5's Little Lax

Saturdays, September 9 - October 28 from 9 - 9:45 am
at Deer Park

3 - 4 years • 8 sessions

Program #23FG03.26

Saturdays, September 9 - October 28 from 10 - 10:45 am
at Deer Park

5 - 7 years • 8 sessions

Program #23FG03.27

Introduces lacrosse to children in a fun, easy way. Our professional coaches teach basic lacrosse techniques to learn the world's most popular game.

Instructor: Level 5 Athletics

Resident: \$87 per person • Non-Resident: \$90 per person

Tennis

Tennis Tots

Mondays, September 11 - October 2 from 6 - 6:45 pm
at Winters Mill High School

4 - 6 years • 4 sessions

Program #23FG03.28

Designed specifically for young children to develop basic racquet handling skills and court movement; equipment provided. A perfect way to introduce your tots to tennis! Parental supervision is required. No refunds for weather cancellations or rescheduling conflicts. Bring a water bottle and wear sunscreen.

Instructor: Steve French

Resident: \$110 per person • Non-Resident: \$112 per person

Tennis: Beginner

Mondays, September 11 - October 2 from 5 - 6 pm
at Winters Mill High School

7 - 12 years • 4 sessions

Program #23FG03.29

This program will help children new to the sport develop basic tennis strokes including forehand, backhand, volleying and overhead. Participants will also learn scoring and boundaries for both singles and doubles play. Equipment is provided or bring your own. We will safely social distance and sanitize equipment. No refunds for weather cancellations or rescheduling conflicts.

Bring a water bottle and wear sunscreen.

Instructor: Steve French

Resident: \$120 per person • Non-Resident: \$122 per person

Tennis Advanced Beginner

Mondays, September 11 - October 2 from 4 - 5 pm
at TBD

13 - 17 years • 4 sessions

Program #23FG03.30

A program designed for the older, or the advanced beginner to intermediate level player. This course will help develop tennis strokes and perfect technique. Equipment is provided or bring your own.

We will safely social distance and sanitize equipment. No refunds for weather cancellations or rescheduling conflicts.

Bring a water bottle and wear sunscreen.

Instructor: Steve French

Resident: \$120 per person • Non-Resident: \$122 per person



Martial Arts

Tae Kwon do (Beginner Youth)

Mondays, September 11 - November 20 from 6 - 7 pm
at Mechanicsville Elementary School

5 - 9 years • 11 sessions

Program #23FG03.31

Tuesdays, September 12 - November 21 from 5 - 6 pm
at Linton Springs Elementary School

5 - 9 years • 11 sessions

Program #23FG03.32

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$62 per person • Non-Resident: \$65 per person

Resident: \$57 per sibling • Non-Resident: \$60 per sibling

"We canceled it because you didn't register!"

Sometimes excellent programs with amazing instructors are canceled when too many people wait until the last minute to register. Our classes are self-supporting and we must meet a minimum number of participants before a class or program will run.

**Interested in a program,
don't hesitate — register today!**

Athletic & Sports Programs

Tae Kwon do (Beginner to Black Belt)

Mondays, September 11 - November 20 from 7 - 8:30 pm
at Mechanicsville Elementary School
5 - 9 years • 11 sessions
Program #23FG03.33

Wednesdays, September 13 - November 22 from 7 - 8:30 pm
at Mechanicsville Elementary School
5 - 9 years • 11 sessions
Program #23FG03.34

Tuesdays, September 12 - November 21 from 6 - 7:30 pm
at Linton Springs Elementary School
5 - 9 years • 11 sessions
Program #23FG03.35

Thursdays, September 14 - November 16 from 6 - 7:30 pm
at Linton Springs Elementary School
5 - 9 years • 10 sessions
Program #23FG03.36

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$87 per person • Non-Resident: \$90 per person
Resident: \$82 per sibling • Non-Resident: \$85 per sibling

Tae Kwon do (Beginner to Black Belt)

Mon. & Weds., September 11 - November 22 from 6 - 8:30 pm
at Mechanicsville Elementary School
5 - 9 years • 22 sessions
Program #23FG03.37

Tues. & Thurs., September 12 - November 16 from 6 - 7:30 pm
at Linton Springs Elementary School
5 - 9 years • 22 sessions
Program #23FG03.38

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$167 per person • Non-Resident: \$170 per person
Resident: \$162 per sibling • Non-Resident: \$165 per sibling

Tae Kwon do (Intermediate Youth)

Wednesdays, September 13 - November 22 from 6 - 7 pm
at Mechanicsville Elementary School
5 - 9 years • 11 sessions
Program #23FG03.39

Thursdays, September 14 - November 16 from 5 - 6 pm
at Linton Springs Elementary School
5 - 9 years • 11 sessions
Program #23FG03.40

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$62 per person • Non-Resident: \$65 per person
Resident: \$57 per sibling • Non-Resident: \$60 per sibling

Introduction to Martial Arts

Tuesday, first class will be held on Oct. 3 from 5:20 - 5:50 pm
at Tristar Martial Arts of Westminster
7 + years • 12 session
Program #23FG03.41

Get started on your journey into martial arts with this 6 week program. Learn the basics of Japanese martial arts and earn your white belt. Uniform is included, no experience necessary. After the first lesson students will proceed with 2 sessions for 6 weeks (40 minutes). Students may pick two of the four options. Monday at 7:20pm, Tuesday at 5:20pm, Wednesday at 6pm, -OR- Saturday 9:40am.

Instructor: Tristar Martial Arts of Westminster

Resident: \$89 per person • Non-Resident: \$92 per person



Interested in a program?
Space is limited, register now!
Register online today at
ccrec.recdesk.com.

Athletic & Sports Programs

Introduction to Martial Arts

Friday, first class will be held on Oct. 6 from 5:20 - 5:50 pm
at Tristar Martial Arts of Westminster
4 - 6 years • 6 sessions

Program #23FG03.42

Get started on your journey into martial arts with this 6 week program. Your child will learn about respect and self-discipline as well as how to deal with bullies as they earn their white belt. Uniform is included, no experience necessary. After the first lesson students may pick one of the four options. Tuesdays at 6pm, Thursdays at 4:40pm, Fridays at 5:20pm-OR- Saturdays at 9:40am.

Instructor: Tristar Martial Arts of Westminster

Resident: \$69 per person • Non-Resident: \$72 per person

SHiNE Dance Fitness

Mondays, September 11 - October 16 from 7 - 8 pm
at Mt. Airy Elementary
16 + years • 6 sessions

Program #23FG03.43

Mondays, October 23 - November 27 from 7 - 8 pm

at Mt. Airy Elementary
16 + years • 6 sessions

Program #23FG03.44

SHiNE Dance Fitness TM brings original routines to life using hit music and choreography for all abilities. Rooted in jazz, ballet, and hip-hop, this workout gives you a creative outlet to escape from daily stress. Each class includes the perfect balance of high cardio and toning to ensure you receive a full-body workout with real results. SHiNE is a mood-lifting experience that leaves you feeling capable, confident, and connected to a supportive community.

Instructor: Olga Baranova

Resident: \$60 per person • Non-Resident: \$62 per person

Hip Hop

Sundays, September 10 - November 19 from 10:30 - 11:15 am
at TBD

7 - 11 years • 11 sessions

Program #23FG03.45

Tuesdays, September 12 - October 21 from 5:30 - 6:30 pm

at Piney Ridge Elementary
7 - 11 years • 11 sessions

Program #23FG03.46

Dancers, explore urban dance fusion using hip hop! Learn new steps each day and make new friends while learning about coordination and body movement. Learn how to choreograph, organize, and lead youth in the creation of a Broadway number across various dance styles(from jazz to hip hop). Wear close-toed shoes.

Instructor: Dance Solutions Youth Outreach

Resident: \$149 per person • Non-Resident: \$152 per person

Hip Hop Aerobics

Tuesdays, September 12 - October 21 from 6:45 - 7:45 pm
at Piney Ridge Elementary
7 - 11 years • 11 sessions

Program #23FG03.47

Dance the weight off! Multi-level choreography perfect for low to high impact for beginners to advanced dancers. Repetitive dance moves building onto each other to form a complete routine to yesterday's and today's top hits.

Instructor: Dance Solutions Youth Outreach

Resident: \$149 per person • Non-Resident: \$152 per person

Introduction to Dance Combo Class

Sundays, September 10 - November 19 from 9:30 - 10:15 am
at TBD

3 - 4 years • 11 sessions

Program #23FG03.48

Fun and energizing class for kids 3 to 4. This is the introductory foundational class consisting of rhythmic movements, foundational instructions based in ballet and modern, and intro/basic tumbling. This class is jammed packed with games and toys your little ones won't even realize they are learning to dance!

Instructor: Dance Solutions Youth Outreach

Resident: \$149 per person • Non-Resident: \$152 per person



Interested in a program?

Register online today at
ccrecpark.org!



“We canceled it because you didn’t register!”

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Interested in a program, don’t hesitate — register today!

Nature & Environment Programs

Piney Run Park & Nature Center

Vultures - Nature's Clean-Up Crew

Saturday, September 2 from 10 - 11:30 am
at Piney Run Park Nature Center

Program #23FG06.01

Join a park naturalist/ranger to learn about the incredible lives of our native Turkey Vultures and Black Vultures, their adaptations, ecology, and relationships to other birds. There will be a presentation followed by a short walk to look for vultures and other wildlife of interest.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Forest Friends Nature Preschool Program

Tuesdays, Sept. 12 - Nov. 28 from 10 - 11 am
at Piney Run Park Nature Center

Ages 2 - 5 • Program #23FG06.02

Immerse your child in the outdoors and let nature be their teacher. In this class children will explore the forests, fields, and waters of Piney Run Park as they learn new skills, build self-confidence, and make new friends! Class begins and ends indoors but is primarily an outdoor experience. Participants should dress for the weather. This is not a drop-off program. A guardian must remain with the child and be an active participant during class time. Only non-mobile siblings (in carriers or strollers) are permitted to attend class. Email gporter@carrollcountymd.gov with questions.

Instructor: Piney Run Park Staff

Resident: \$75 per person • Non-Resident: \$85 per person

Native Plant Gardening

Saturday, September 9 from 10 - 11:30 am
at Piney Run Nature Center

Program #23FG06.03

Learn how to create a beautiful and ecologically friendly wildlife garden by incorporating plant species native to Maryland, and why native plants are so important to healthy populations of birds and other wildlife. Program recommended for adults.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person



SCOUT PROGRAMS

Interested in organizing a hike, planetarium show, or nature-themed program for your group at Bear Branch Nature Center? Contact Bear Branch Nature Center at 410-386-3580 for topic ideas or request your own!

Piney Run Nature Center Information

Nature Center Hours (3/1-11/30)

Wednesday-Saturday | 11am-5pm

Sunday | Noon-5pm

Mondays & Tuesdays | Closed

Nature Center Hours (12/1-2/28)

Monday-Friday | 11am-4pm

Saturday, Sunday & Holidays | Closed

Phone: 410-795-6043

Email: pineyrunpark@carrollcountymd.gov

In case of inclement weather... if snow/icy conditions or heavy rains/thunderstorms are in the forecast, call before coming to a program to see if the program has been cancelled or postponed. If Carroll County Government is closed, the Park and Nature Center are closed. If Carroll County Schools are closed, delayed, or dismissed early, Nature Center programs that fall during those time periods are cancelled as well (please see Inclement Weather Policy for Recreation & Parks programs in the back of this brochure).

Piney Run Park Information

Park Open-Season Hours

Open All Week | 7am-Sunset

Entrance fees collected at the gatehouse: \$6/vehicle for Carroll County Residents; \$12 for non-residents.

Season passes are available for \$75/vehicle for Carroll County residents; \$100/vehicle for non-residents.

*Vehicle entry fees are waived for Nature Center programs in this section for preregistered participants only (must be registered 24-hours before the program).

Park "Off-Season" Hours (12/1-2/28)

Monday-Friday | 8am-4pm

Saturday & Sunday | Closed

No vehicle entry fee is collected during the "off-season", there is no boating, visitors are still welcome to walk the trails and fish from the shore.

Piney Run Nature Center Volunteer Opportunities

Front Desk Volunteers

Interested in volunteering for the Nature Center front desk? We need nature loving volunteers to answer the phones, take program registration, weed gardens and help with general upkeep. Age: Adult

Nature & Environment Programs

Naturalist Led Kayak Trip

at Piney Run Nature Center

Sept. 9 from 2:30-4pm • **Program #23FG06.04**

Sept. 16 from 2:30-4pm • **Program #23FG06.05**

Sept. 30 from 2:30-4pm • **Program #23FG06.06**

Oct. 7 from 2:30-4pm • **Program #23FG06.07**

Oct. 21 from 2:30-4pm • **Program #23FG06.08**

Oct. 28 from 2:30-4pm • **Program #23FG06.09**

Join a naturalist for a guided paddle on Piney Run Lake to learn about local wildlife and lake ecology. Beginners are welcome. Boats, paddles, and PFDs are provided. Participants ages 15 and under must be in a boat with an adult. This program is for participants ages 4 and up. Meet at the nature center.

Instructor:

Resident: \$20 per person • Non-Resident: \$20 per person

Fall Volunteer Training

Monday, September 11 from 10am - 1 pm

at Piney Run Nature Center • Ages: 18+

Program #23FG06.10

Share your love of nature as a volunteer! Piney Run Park is looking for volunteers to assist with school field trips, nature preschool, guided kayak trips, nature center front desk, and more! Volunteers are paired with experienced staff members. No experience is necessary and training is provided. The registration fee for this event goes towards the cost of a catered lunch during the training. If you're unable to attend this training but would still like to participate as a volunteer, email gporter@carrollcountymd.gov.

Instructor: Piney Run Park Staff

Resident: \$10 per person • Non-Resident: \$10 per person

Nature Photography Through an Ethical Lens

Thursday September 14 from 7 - 8:30 pm

at Piney Run Nature Center • Ages: 18+

Program #23FG06.11

Naturalist and photographer, Patrick Carney will explore the topics of wildlife, landscape, macrophotography, and more, with a focus on ethically photographing the outdoors and using knowledge of living subject's ecology and ethology to better capture images of the natural world. This introductory-level nature photography lecture is suitable for all skill levels and delves more into color, composition, animal behavior, seasonal changes, and natural phenomena than it does into very technical areas of photography equipment and camera settings.

Instructor: Piney Run Park Staff

This is a free event.



Autumn Wildflowers

Saturday, September 16 from 10 - 11:30 am

at Piney Run Park Nature Center

Program #23FG06.12

Join a park naturalist/ranger and explore Piney Run Park in search of seasonal wildflowers and the pollinators that use them. Be sure to bring a camera, magnifying glass, or both!

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Wilderness Shelter-building

Saturday, September 23 from 10 - 11:30 am

at Piney Run Park Nature Center

Program #23FG06.13

Put your wilderness survival skills to the test and learn how to build a primitive survival shelter! Park naturalist/ranger will guide children as they learn how to construct a primitive shelter using materials found in nature.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Colonial Ink Making

Saturday, September 30 from 10 - 11:30 am

at Piney Run Park Nature Center

Program #23FG06.14

Learn to make ink the way the Colonial Settlers did, using plants found in nature. Participants will learn to make ink and craft their own colonial feather quill to take home.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

SAVE THE DATE
SANTA
Wagon Rides

Saturday, Dec. 2

11:30am-12:45pm, 12:45-2pm,

2-3:15pm & 3:15-4:30pm

Sunday, Dec. 3

11:30am-12:45pm, 12:45-2pm,

2-3:15pm

& 3:15-4:30pm



Nature & Environment Programs

Cub Scout Campout

Friday, October 6 - 7 from 6 pm - 9 am
at Piney Run Park Nature Center • Ages 5+
Program #23FG06.15

Spend a night in nature at Piney Run Park. Scouts will hike, rotate through activity stations, and enjoy snacks around a campfire. Each participant will receive a Piney Run fun patch. Bedtime snacks and breakfast are provided. A minimum of one adult must attend for every 6 scouts. All scouts and adults must register for the program. Scouts will camp outdoors and must bring their own tents and camping gear. This event will be held rain or shine.

Instructor: Piney Run Park Staff
Resident: \$25 per person • Non-Resident: \$25 per person

Leaf Man

Saturday, October 7 from 10 - 11:30 am
at Piney Run Park Nature Center
Program #23FG06.16

Why do trees lose their leaves in autumn? Learn about the lives of Maryland trees and then use leaves to create leaf rubbings, pressings, and other crafts.

Instructor: Piney Run Park Staff
Resident: \$7 per person • Non-Resident: \$10 per person

My Adventures Thru-Hiking the Appalachian Trail

Thursday, October 12 from 7 - 8:30 pm
at Piney Run Park Nature Center
Program #23FG06.17

Gary Windham will entertain us with a lively talk about his experiences thru-hiking the entire Appalachian Trail in 2022. Join us to hear his stories, enjoy a few photos, and maybe even get tips to enhance your own hiking activities. You only need bring your curiosity to have an enjoyable evening.

Instructor: Gary Windham
This is a free event.

Autumn Nature Photography

Saturday, October 21 from 10 - 11:30 am
at Piney Run Park Nature Center
Program #23FG06.18

Explore Piney Run Park through your camera lens and learn about wildlife, landscape, macrophotography, and more, with a focus on what's happening in nature during the beautiful season of Autumn. Introductory level course suitable for any camera and level of experience.

Instructor: Patrick Carney
Resident: \$7 per person • Non-Resident: \$10 per person

Project Feeder Watch Volunteer Training

Monday, October 23 from 9:30 - 11 am
at Piney Run Park Nature Center • Ages: 12+
Program #23FG06.19

Grab a cup of coffee and curl up next to the nature center fire as you count birds for science. Project Feeder Watch is a citizen science initiative sponsored by the Cornell University Lab of Ornithology. Volunteers are asked to observe and record the birds that visit the Piney Run Nature Center bird feeders. Volunteer shifts are 1 hour long, 1 or 2 days per week. (Mondays and Tuesdays November- April) Training is provided and no experience is necessary. If you're unable to attend this training but would still like to participate as a volunteer, email gporter@carrollcountymd.gov.

Instructor: Piney Run Staff
This is a free event.



FRIENDS OF HASHAWHA AND BEAR BRANCH PRESENTS

RAPTOR ROMP

OCTOBER 7TH, 2023
10:00AM - 1:00PM

Walk the Vista Trail and learn about raptors and other birds through various activity stations! Meet our Raptor Ambassadors, including our Bald Eagle!

This family-friendly event is FREE!
Donations are appreciated and will go directly to help care for our birds.

*In case of rain, activity stations will be in the nature center.



Visit ccrecpark.org for the latest information about Recreation & Parks programs and to register.

Nature & Environment Programs

Trick or Treat on the Trails

Saturday, October 28 from 10 - 11:30 am
at Piney Run Park Nature Center

Program #23FG06.20

Bats, spiders, snakes, oh my! Join Park staff and learn about nature's creepy crawlies and how many of them are actually friendly and helpful to people- and bring home a healthy haul of candy too! Halloween costumes encouraged.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Attracting Birds to your Feeder

Saturday, November 4 from 10 - 11:30 am
at Piney Run Park Nature Center

Program #23FG06.21

Bird-feeding 101! Join a naturalist or park ranger and learn about the most common birds seen at bird feeders, how to identify them, and what types of feeders and seeds are favored by different types of birds.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person



Enjoy a 45-minute private wagon ride on the trails of Piney Run Park followed by up to an hour campfire! We'll supply the wagon ride and campfire, families bring your own supplies for making s'mores, hotdogs, and other fun campfire treats!

SEPTEMBER

Fridays: 6-7:45pm

Saturdays: Noon-1:45pm • 2-3:45 • 4-5:45pm • 6-7:45pm

Sundays: Noon-1:45pm • 2-3:45 • 4-5:45pm • 6-7:45pm

OCTOBER

(no rides available 10/13- 10/15)

Fridays: 5-6:45pm

Saturdays: Noon-1:45pm • 3-4:45 • 5-6:45pm

Sundays: Noon-1:45pm • 3-4:45 • 5-6:45pm

\$120 per group (up to 25 people)

REGISTER TODAY AT [CCREC.RECDESK.COM!](http://CCREC.RECDESK.COM)



A graphic for the Piney Run Park Fall Festival. It features a background of autumn leaves in shades of yellow, orange, and red. The text "PINEY RUN PARK" is in a small, black, sans-serif font at the top. Below it, "Fall Festival" is written in a large, elegant, cursive font. The text "Celebrate Fall at Piney Run Park!" is in a bold, black, sans-serif font, followed by "30 Martz Road, Sykesville, MD 21784" in a smaller font. The date and time "October 14, 2023 10am-4pm" are in a large, bold, orange font. Below that, the text "Sponsored by Carroll County Department of Recreation & Parks and the Piney Run Recreation & Conservation Council" is in a smaller font. A list of activities is in a bold, black font, and the text "Park entrance fees apply the day of the event. Some fundraising purchases and activities will accept cash only; ATM will be onsite." is in a smaller font. At the bottom, the text "For more information, contact Piney Run Park Nature Center at 410-795-6043." is in a smaller font.

PINEY RUN PARK

Fall Festival

Celebrate Fall at Piney Run Park!

30 Martz Road, Sykesville, MD 21784

October 14, 2023
10am-4pm

Sponsored by Carroll County Department of Recreation & Parks
and the Piney Run Recreation & Conservation Council

- **artisan & craft vendors**
- **live music & entertainment**
- **scarecrow making**
- **food vendors & bake table**
- **pumpkin painting**
- **wagon rides**
- **and more!**

Park entrance fees apply the day of the event.
Some fundraising purchases and activities will
accept cash only; ATM will be onsite.

For more information,
contact Piney Run Park Nature Center
at 410-795-6043.

The Ecology of Native Insects

Thursday, November 9 from 7 - 8:30 pm

at Piney Run Park Nature Center • Ages: 18+

Program #23FG06.22

Naturalist, Patrick Carney will discuss The Ecology of Native Insects. Insects make up roughly 40% of all species on earth, play critical roles in every ecosystem where they are found, and provide crucial ecosystem services for human society. However, studies show that populations of insects are declining wherever they have been measured. Take a deep dive into the ecology of Maryland's native insects, what they do for us, and perhaps most importantly, how each of us can take action to mitigate the declines of native insect populations.

Instructor: Piney Run Park Staff

This is a free event.

Nature & Environment Programs

Animal Kingdom

Saturday, November 11 from 10 - 11:30 am
at Piney Run Park Nature Center

Program #23FG06.23

Meet and interact with Piney Run Park Nature Center's resident animals! Learn how the different animals survive in the wild, interact with each other, and what we can do to help wildlife in our neighborhoods.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Migration Madness

Saturday, November 18 from 10 - 11:30 am
at Piney Run Park Nature Center

Program #23FG06.24

Take a deep dive into what birds are out and about at Piney Run Park in the late autumn and early winter. Learn about why some birds migrate and some do not, and how we can support overwintering wildlife

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Animals in Winter

Saturday, November 25 from 10 - 11:30 am
at Piney Run Park Nature Center

Program #23FG06.25

How do different wild animals survive the winter? Meet some of Piney Run Nature Center's resident animals, and learn what they and many of our wild animals do during the coldest months of the year.

Instructor: Piney Run Park Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Hashawha Environmental Center/Bear Branch

Planetarium Show - September

Saturday, September 9 from 6:45-7:45pm • Program #23FG06.26

Saturday, September 9 from 8-9pm • Program #23FG06.27

at Hashawha Environmental Center/Bear Branch

5 + years

Meet local NASA partner, Eclipse Ambassadors, to answer questions, learn about upcoming eclipses, and what's up in the night sky. Free star party at observatory after late showing at 8pm, weather permitting.

Instructor: Westminster Astronomical Society

Resident: \$7 per person • Non-Resident: \$8 per person

Feeding Frenzy

Thursday, September 14 from 10 - 11 am

at Hashawha Environmental Center/Bear Branch

Program #23SG06.28

Sunday, October 15 from 11 - 12 pm

at Hashawha Environmental Center/Bear Branch

Program #23SG06.29

Saturday, November 18 from 10 - 11 am

at Hashawha Environmental Center/Bear Branch

Program #23SG06.30

Join the Naturalist as she feeds the animal ambassadors that call Hashawha home. Learn about what they eat, how they eat it, and meet some animals up close and personal! You will even be able to help feed some of the animals! *Parents/Guardians are required to stay. ** 2 years and under are free and not required to register.

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

Owl Prowl - September

Friday, September 22 from 7 - 9 pm

at Hashawha Environmental Center/Bear Branch

10 + years • Program #23FG06.31

What goes Hoot in the night? Owls of course! Join the Naturalist for an in-depth look at the hunters of the night sky. We will begin indoors to learn some background information about owls and understand owl-calling etiquette. We will then head outside to call for the wild owls that live around Hashawha. Be prepared for the weather and darkness! While we hope to be able to call in some owls, nature is wild and undecisive – we will take an up close look at our Owl Ambassadors after attempting to call in the wild residents.

Instructor: Bear Branch Staff

Resident: \$10 per person • Non-Resident: \$11 per person

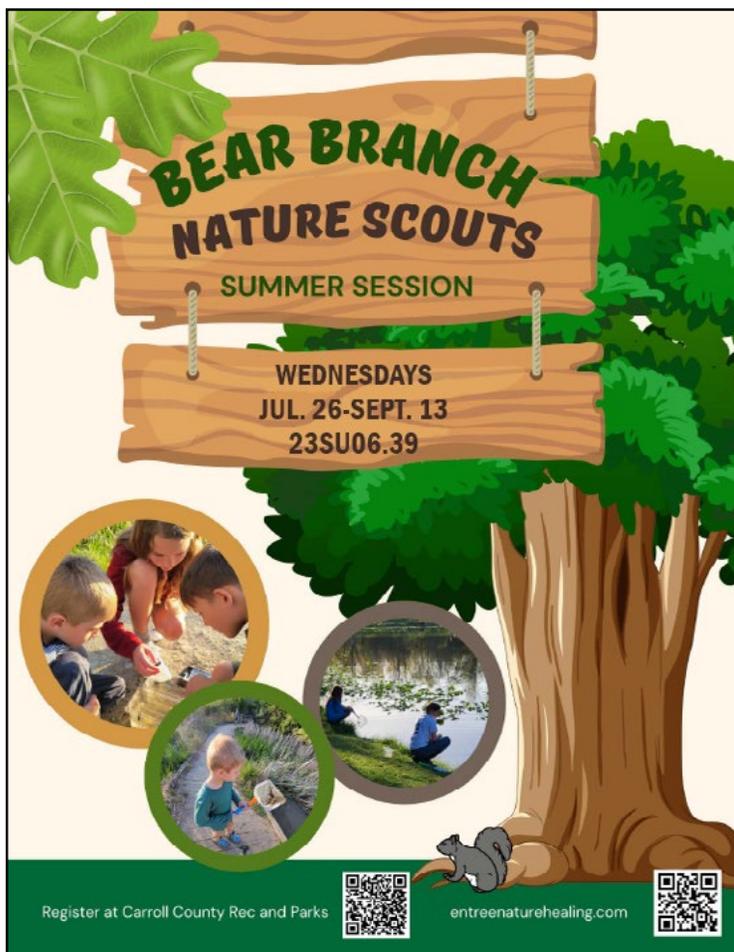


NATURE CENTER BIRTHDAY PARTIES

Looking for something fun to do on your birthday? Book it at Bear Branch Nature Center or Piney Run Nature Center!



For more information on birthdays at the Nature Centers, contact Piney Run Nature Center at 410-795-6043 or Bear Branch Nature Center at 410-386-3580.



The Survival Game

Saturday, September 23 from 10 am - 12 pm
at Hashawha Environmental Center/Bear Branch
10 - 16 years

Program #23FG06.32

Have you ever wanted to know what it's like to be a mouse trying to survive in the wild? What about knowing what it feels like to be a top predator? Now's your chance! Join the Naturalist to play the game that Hashawha is most known for- The Survival Game! This high-energy game is all the best parts of tag, capture the flag, and hide and seek all while simulating a natural ecosystem! *This round of the game is for kids aged 10- 16. Are you an adult interested in playing? Check out The Wildlife Simulation Game on November 12th!

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

Full Moon Yoga and Meditation - Harvest Moon

Friday, September 29 from 6 - 7:30 pm
at Hashawha Environmental Center/Bear Branch
15 + years • Program #23FG06.33

Celebrate the harvest of summer, the fall equinox, and the beauty of the season with this nature-focused 60 minute yoga practice and 30 minute guided meditation. Weather permitting, the session will be outside.

Instructor: Christine Gallo and Kristina Duncan

Resident: \$20 per person • Non-Resident: \$21 per person

Full Moon Yoga and Meditation - Fall Series

9/29, 10/29, & 11/27 from 6 - 7:30 pm
at Hashawha Environmental Center/Bear Branch
15 + years

Program #23FG06.34

Celebrate nature, move your body, calm your mind, and find your flow with this 3-session yoga and meditation package. Each session consists of a nature-focused 60-minute yoga practice and 30 minute guided meditation. September and October sessions will be held outside (weather permitting). The November yoga session will be inside, and the meditation will be outside (weather permitting).

September 29th - Harvest Full Moon

October 28th - Hunter's Full Moon

November 27th - Beaver Full Moon

Instructor: Christine Gallo and Kristina Duncan

Resident: \$55 per person • Non-Resident: \$56 per person

Nature Scouts - Fall Session

Wednesdays October 4 - November 22 from 6 - 7:30 pm
at Hashawha Environmental Center/Bear Branch
15 + years

Program #23FG06.35

Let's go on adventures, play, and learn together! Nature Scouts is an 8-week program designed for families to reconnect with each other and the natural world. We will learn about the natural world through play, creativity, research, and adventure; and we encourage getting dirty and silly. Weekly themes for the fall session include: Let's Get to Know Each Other, Animal Communication, Rockin' Rocks, Groovy Gourds and Other Fall Plants, Naturally Creative, Let's Get Ready to Hibernate, Where Do Creatures Sleep, and Nature Connection and Celebration. Sessions are outside, weather permitting. *The cost of the program is per family (up to 5) as we encourage families spending time and learning about nature together. *Any person over the initial 5 will be an additional \$25.

Instructor: Christine Gallo and Kristina Duncan

Family of 5 or less(resident): \$120

Family of 5 or less(non-resident): \$125



Visit ccrec.recdesk.com for the latest information about Recreation & Parks programs and to register.

Nature & Environment Programs

Mindful Movement for Families

Saturdays, 10/7, 11/4, 12/2 from 10 - 10:45 am
at Hashawha Environmental Center/Bear Branch
3 + years

Program #23FG06.36

Mindfulness isn't just good for adults. It's also good for kids, and it's good for families to practice mindfulness together. Mindfulness can improve confidence, increase our ability to focus, promote relaxation, and lead to healthier lifestyles. Movement increases body awareness and builds strength and flexibility. This class gets us mindfully moving in a fun and playful way. Have you ever moved and sounded like a bee? How about an elephant? Have you ever ran across the floor like a beetle? In this class, you just might. Wear comfortable clothes you can move in, and bring water and yoga mats if you have them (not required). The recommended minimum age is 3, but families of all ages are welcome.

Instructor: Christine Gallo

Family of 5 or less(resident): \$20

Family of 5 or less(non-resident): \$21

Flashlight Safari

Saturday, October 7 from 7 - 8 pm
at Hashawha Environmental Center/Bear Branch

Program #23FG06.37

What can you find lurking around the Nature Center at night?! Come prepared with your flashlight for an evening visit to Hashawha and see if you can find all the secrets hidden around and inside of the Center! You might even bump into one of our live animals during your visit. *This program is geared towards families with children, but all are welcome to attend! Discounted rate for family sign-ups! *Meet the Naturalist in the lobby of the Nature Center for instructions before beginning your flashlight search!

Instructor: Bear Branch Staff

Resident: \$25 family of 5 or less • Non-Resident: \$26 family of 5 or less

Resident: \$7 per person • Non-Resident: \$8 per person

Halloween Shrunken Heads

Sunday, October 8 from 10 - 11 am
at Hashawha Environmental Center/Bear Branch
12 + years

Program #23FG06.38

Why buy decorations when you can make your own!? All you need is a potato, some creativity, and time! Join Ms. Alison as she shows you how to whittle your potato into a hilarious decoration, just in time for Halloween! *This program requires the use of a small paring knife and thus, any children wanting to participate will need to be 12 years old or older.

Instructor: Bear Branch Staff

Resident: \$15 per person • Non-Resident: \$18 per person

Planetarium Show - October

Saturday, October 14 from 7:30 - 8:30 pm
at Hashawha Environmental Center/Bear Branch
5 + years

Program #23FG06.39

Annular Solar Eclipse- See streaming video of and learn about the solar eclipse earlier in the day. Find out what's up in the night sky. Free star party at observatory after show, weather permitting.

Instructor: Westminster Astronomical Society

Resident: \$7 per person • Non-Resident: \$8 per person

Haunted History Hike

Friday, October 27 from 7 - 9 pm
at Hashawha Environmental Center/Bear Branch
10 + years

Program #23FG06.40

Do you dare to explore Hashawha in the dark? Discover what's inside the Martin Cabin, meet some night hunters that travel by wing and foot, and take a walk in the dark as your trail guide speaks of the ghosts that haunt the area. Bring closed-toed hiking shoes and a flashlight. Due to the nature of this event, it is recommended for those 10 years and older.

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

MONARCH MADNESS FESTIVAL



Hashawha and Bear Branch Nature Center

Saturday, September 9th, 2023

Family Rate: \$25 • Individual: \$7

Prices increase at the door!

10 am - 2 pm

Program #23FG06.41

Celebrate the arrival of fall by learning about the amazing annual migration of the Monarch Butterfly! Say goodbye to the butterflies we've been raising as they begin their long journey South to Mexico.



Monarch Tagging Demonstration
Butterfly Themed Games and Crafts
Naturalist-Led Pollinator Hike
Live Animals
Sweepnetting
Plant Swap
Native Plants for Sale
Food and Drinks for Purchase
...and More!



Register Today at ccrec.recdesk.com

Nature & Environment Programs

Full Moon Yoga and Meditation - Hunter's Moon

Saturday, October 28 from 6 - 7:30 pm
at Hashawha Environmental Center/Bear Branch
15 + years

Program #23FG06.42

Celebrate the Hunter's moon, the full moon of October, with a nature-focused 60 minute yoga practice and 30 minute guided meditation. Weather permitting, the session will be outside.
Instructor: Christine Gallo and Kristina Duncan
Resident: \$20 per person • Non-Resident: \$21 per person

Family Duck Hunt

Saturday, November 4 from 2 - 4 pm
at Hashawha Environmental Center/Bear Branch
Program #23FG06.43

Join us for our second annual duck hunt! It's a fall hunt for all ages where rubber ducks will be hidden all along the vista trail and around the nature center. Turn in regular ducks for kid friendly prizes or find a specialty duck for a family prize basket!

Instructor: Bear Branch Staff
Family of 5 or less(resident): \$25 per person
Family of 5 or less(non-resident): \$26 per person

Wild Spirit Sunday

Sunday, October 8 from 3 - 5 pm
at Hashawha Environmental Center/Bear Branch
Program #23FG06.44

Sunday, November 5 from 3 - 5 pm
at Hashawha Environmental Center/Bear Branch
Program #23FG06.45

Join us for nature, music, poetry, discussion, meditation, community, and connection. This is a chance to connect with nature, yourself, your community, and your spirituality! All ages and religions are welcome. A children's program is available.

Instructor: Christine Gallo and Kristina Duncan
Resident: \$5 per person • Non-Resident: \$6 per person

Planetarium Show - November

Saturday, November 11 from 7:30 - 8:30 pm
at Hashawha Environmental Center/Bear Branch
5 + years

Program #23FG06.46

Telescopes and Observing- Before gift-giving season, learn about astronomy optics for observation. Club members and scopes on hand to answer questions and give demonstrations. Free star party at observatory after show, weather permitting.

Instructor: Westminster Astronomical Society
Resident: \$7 per person • Non-Resident: \$8 per person

Wildlife Simulation Game

Sunday, November 12 from 10 - 12 pm
at Hashawha Environmental Center/Bear Branch
18 + years • Program #23FG06.47

Who remembers playing "the survivor game" in 6th Grade on your Hashawha Trip? Whether you've never played before, or have played it ages ago, this high-energy game is all the best parts of tag, capture the flag, and hide and seek while simulating the life or death "game" that critters have to go through on a daily basis. *This round of the game is for adults ages 18+.

Instructor: Bear Branch Staff
Resident: \$27per person • Non-Resident: \$8 per person

Talk Turkey Campfire

Friday, November 17 from 4 - 5 pm
at Hashawha Environmental Center/Bear Branch
Program #23FG06.48

It's nearly Turkey-Time! Join us at Bear Branch Nature Center for a gobbling-good campfire! Bundle up around the fire and enjoy time with friends and family while chowing down on smore's and learning all about Wild Turkeys! You may even learn to talk Turkey by the end of the evening! Remember to bring your favorite lawn chair or blanket! *If it gets too chilly around the fire, we will move indoors for the program portion. Dress for the weather! *This is an all-ages program; please register each family member who will be attending. 2 years and under are free and not required to register.

Instructor: Bear Branch Staff
Resident: \$27per person • Non-Resident: \$8 per person



Wild Spirit Sundays

at Bear Branch Nature Center
Program #23FG06.44 • #23FG06.45

First Sunday of the month, 3:00-5:00 pm

Join us for nature, music, poetry, discussion, meditation, community, and connection
This is a chance to connect with nature, yourself, your community, and your spirituality

All are welcome

All ages and religions are welcome
A children's program is available

No registration
required

Meet at Bear Branch
Nature Center

What to bring

Clothing for the weather, since we will be outside
Camp chairs, if you have them
Instruments, if you have them and want to play
A drink and a snack (for you or to share)
A donation to make this possible (\$20 suggested)



Provided by En Tree LLC



Member's Only Meet, Greet, and Feast!

Sunday, November 19 from 12 - 2 pm
at Hashawha Environmental Center/Bear Branch
Program #23FG06.49

Join the Park Naturalist and fellow Members of Hashawha and Bear Branch Nature Center to mingle, meet some of our animal ambassadors, and eat a lovely lunch catered by Hashawha's own Kitchen Staff!

Instructor: Bear Branch Staff
Individual: \$10 per person

Full Moon Yoga and Meditation - Beaver Moon

Monday, November 27 from 6 - 7:30 pm
at Hashawha Environmental Center/Bear Branch
15 + years
Program #23FG06.50

November's full moon is the Beaver Moon. It is a time of preparation for the cold winter months ahead. This nature-focused 60 minute yoga practice and 30 minute guided meditation will help you prepare for the colder weather by warming your body and settling your mind. Yoga will be held inside. Meditation will be outside, weather permitting.

Instructor: Christine Gallo and Kristina Duncan
Resident: \$20 per person • Non-Resident: \$21 per person



Environmental Field Trips

Are you an elementary school teacher looking for a fun, educational field trip for your class?

Bear Branch Nature Center field trips include a 45-minute naturalist-led presentation and hands-on, outdoor activities based on grade level (aligned with the Carroll County science curriculum).

Piney Run Nature Center offers a myriad of programs for students to experience, whether looking at the lake or learning about the critters that call Piney Run home.

For more details about each Nature Centers field trip offerings, contact Bear Branch Nature Center at 410-386-3580 or Piney Run Nature Center at 410-795-6043.

2023 Dog Park Memberships:

Bennett Cerf Dog Park & South Carroll Dog Park
Membership for 2023

18+ years
Bennett Cerf Dog Park • **Program #23YR05.01**
South Carroll Dog Park • **Program #23YR05.03**
Both Dog Parks • **Program #23YR05.02**

Membership is for the 2022 year (January through December); registration is accepted anytime during the year. The dog park is a great place to socialize and exercise your dog. Park hours are sunrise to sunset, 365 days a year (maintenance days are posted as needed).

Bennett Cerf Dog Park **OR** South Carroll Dog Park
Up to 2 Dogs: \$30 • Additional Dogs: \$5 per dog

Both Bennett Cerf Dog Park **AND** South Carroll Dog Park
Up to 2 Dogs: \$50 • Additional Dogs: \$5 per dog

Adopt a Critter

Membership for 2023 • **Program #23YR05.11**

Piney Run Nature Center's live animal collection requires constant care. Support the critters or sponsor a particular animal! The sponsors will get a picture of the critter they are sponsoring in the mail and be invited to a private program which will include the sponsored animals and light refreshments.

Resident/Non-Resident: \$30 per person

2023 Sponsorship Opportunities

Carroll County Department of Recreation & Parks

For more information on Sponsorship Opportunities please contact Carroll County Department of Recreation & Parks at 410.386.2103 or email at ccrec@carrollcountymd.gov.

2023

BEAR BRANCH & PINEY RUN NATURE CENTER MEMBERSHIPS

Nature Center Members play an important role within our parks and membership has numerous privileges! Membership benefits include early and discounted registration for Nature Camps, 10% discount in the gift shop at both Nature Centers, discounts for several other council-sponsored events, free admission to Piney Run Park for Council events at the Nature Center and invitations to 'Members Only' programs. As a member you also know that you are helping to support quality environmental education programs at the Nature Centers in Carroll County.

Register online at ccrecpark.org or use the form below to mail in with a check payable to: **Carroll County Commissioners**

NATURE CENTER MEMBERSHIP RATES

Family	\$25	Individual	\$15	Senior (62+ years)	\$8	Student	\$10	Lifetime	\$250
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Enclosed is a check for \$ _____ for a/an **FAMILY** **INDIVIDUAL** **SENIOR (62+)** **STUDENT** **LIFETIME**
membership for **BEAR BRANCH NATURE CENTER** **PINEY RUN NATURE CENTER**

NAME _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ EMAIL ADDRESS _____

Contributions in excess of your membership fee are tax deductible and are earmarked for the Carroll County Park Legacy Fund.



Recreation Council Information



CARROLL COUNTY ARTS COUNCIL
www.carrollcountyartscouncil.org



CARROLL COUNTY EQUESTRIAN COUNCIL
www.carrollcountyequestriancouncil.org



CENTRAL CARROLL RECREATION COUNCIL
www.centralcarrollrecreation.org



CHARLES CARROLL RECREATION COUNCIL
Contact Becky Kirshter at bkishter@carrollcountymd.gov



FREEDOM AREA RECREATION COUNCIL
www.freedomarearec.org



NORTH CARROLL RECREATION COUNCIL
www.northcarrollrec.org



PINEY RUN RECREATION
& CONSERVATION COUNCIL
Contact Patrick Carney at 410-795-6043



WEST CARROLL RECREATION COUNCIL
www.gowcrc.org



WESTMINSTER AREA
RECREATION COUNCIL
www.westminsterarearec.com



WINFIELD RECREATION COUNCIL
www.winfieldrec.org



WOODBINE RECREATION COUNCIL
www.woodbinerec.org

FRIENDS OF HASHAWHA AND BEAR BRANCH
Contact Michelle Scott at FriendsofHBB@gmail.com



Story Strolls are free family-friendly activities that the whole family can enjoy together and bond through literacy while spending time outdoors exploring our community parks. Featured books along the trails will be rotated and each park has additional partners unique to the stroll. Story Strolls are currently located at Deer Park and Leister Park with more coming soon!





REGISTRATION FORM

FALL 2022 PROGRAMS & EVENTS

PARTICIPANT'S LAST NAME

FIRST NAME

DATE OF BIRTH

PARENT/GUARDIAN'S NAME (if applicable)

STREET ADDRESS

CITY

STATE

ZIP CODE

PHONE (home)

PHONE (work or cell)

EMAIL ADDRESS

EMERGENCY CONTACT NAME

EMERGENCY PHONE (Is this a cell phone? Yes No)

See the reverse of this form for the Waiver of Liability and Authorization for Use of Photographic Likeness.

Program Name	Program #	# Attending	Per Person Fee	Total \$
			\$	\$
			\$	\$
			\$	\$
			\$	\$

Comments/Special Instructions

Make checks payable to Carroll County Commissioners and mail to:

Carroll County Department of Recreation and Parks
300 S. Center Street
Westminster, MD 21157

SUBTOTAL	\$
Membership discount applied	-
TOTAL	\$

WAIVER OF LIABILITY, COVID-19 INFORMATION & AUTHORIZATION FOR USE OF PHOTOGRAPHIC LIKENESS

Waiver of Liability

I, in my legal capacity as parent/legal guardian of the minor(s) named on the *Carroll County Department of Recreation and Parks Registration Form*, or as a participating adult over the age of eighteen (18), recognize and acknowledge that there are certain risks of physical injury, property damages and expenses which my child(ren) or I may sustain as a result of participating in this Program. I further agree on behalf of the minor(s) named on the *Carroll County Department of Recreation and Parks Registration Form* or myself, heirs, representatives, executors, administrators and assigns to assume all risk and agree to fully release, discharge, indemnify, hold harmless and defend Carroll County Government and its employees, volunteers, agents, and servants from any and all claims for personal injury, property damage, death or accident of any kind arising out of or in any way related to the participation in the Program, however the injury or damage occurs.

Authorization for Use of Photographic Likeness

I agree to allow the Carroll County Department of Recreation and Parks to take and utilize photographic images of the registered individual(s) for the purpose of promoting and publicizing of the Department's programs and/or events. If I prefer to not allow the above registered participant(s) to be photographed, I will call 410-386-2103 to register my request.

PARTICIPANT'S SIGNATURE

Parent(s) and/or Legal Guardian(s) signature if participant is under the age of 18.

DATE

PRINTED NAME



INFORMATION

ADA STATEMENT

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410-386-3600 or 1-888-302-8978 or MD Relay 711/1-800-735-2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.

FEES & PAYMENT

Full payment is due at the time of registration. To make a payment with a credit card visit ccrec.recdesk.com, walk-in or give us a call at 410-386-2103 (Monday-Friday, 8am-5pm). **Checks should be payable to Carroll County Commissioners and can be mailed to:**

Carroll County Department of Recreation & Parks
300 S. Center Street
Westminster, MD 21157

CANCELLATIONS

Carroll County Recreation & Parks reserves the right to cancel a program or activity at its discretion. If a program or activity is cancelled, registrants will be contacted and a full refund will be issued within 10-14 business days.

WITHDRAW/REFUND POLICY

Programs or Pavilion Rentals only- All refund requests must be submitted in writing, 10 days prior to the start of the program, unless noted in the description. Requests can be submitted to ccrec@carrollcountymd.gov with a subject line of Program Withdraw.

- Refunds will either be credited back to the credit card used, returned by check (if paid by cash or check) or in the form of a household credit to be used at a later time.
- Full refunds are given only if a program is cancelled or there are extenuating circumstances prior to the start date of the program.
- Cancelled program refunds will be automatically processed for 100% refund.
- Written requests received prior to the start date, will forfeit \$10 of the fee for the program as an administrative fee. Fees that cannot be recovered will be deducted from the refund.
- Any request received after the start date will be considered on a case by case basis and prorated.
- Refund requests for medical reasons shall be accompanied by a physician's note.
- Request for refunds must be submitted no later than 15 days after the end of the program.
- Refunds are not available for programs that meet 1-3 times.
- Participants with consistent discipline problems will be dropped from the program without any possible refund.
- No refunds will be given for weather cancellations or rescheduling conflicts.
- Participants may transfer to another program, without a penalty, if transfer request is received prior to the start of the program.

Please contact the Registration Office at 410-386-2103 for any questions about withdrawal from recreation programs.

INCLEMENT WEATHER

When Carroll County Public Schools are closed or dismiss early due to weather or other emergency conditions, all Carroll County Recreation & Parks programs and activities scheduled for that day are cancelled.

For weekend/non-school days, once the Snow Emergency Plan is in effect for Carroll County, no Recreation & Parks programs or activities will take place. Should the Snow Emergency Plan be lifted any time during that day, all programs and activities will remain cancelled for that day. Program registrants will be contacted once a make-up date(s) is/are established.

To check the status of the Snow Emergency Plan visit the state weather website at www.chart.state.md.us/StormInfo/snow_emergency_plans.asp

CELL PHONES

As a courtesy to other participants, we respectfully request that program registrants make every effort not to use their cell phones during program instruction.

SMOKING POLICY

Smoking of any kind, including vaping, is not allowed in any county school, facility, or park.

MAKE A DONATION

You can make a tax-deductible donation to the **Carroll County Park Legacy Fund** by visiting ccrec.recdesk.com or stop in our office located within the Robert Moton Center, 300 S Center Street, Westminster, MD 21157.

VOLUNTEER

Carroll County Recreation & Parks has volunteer opportunities available. Contact us at 410-386-2103 for more information on volunteering in our community through our Recreation Councils.

YOUTH VOLUNTEER SERVICE HOURS

Visit ccrecpark.org and click on the Volunteer Opportunities button.

SPONSORSHIPS

If you would like to become involved with Carroll County Recreation & Parks programs, events and activities through sponsorships and advertising, contact the Department at ccrec@carrollcountymd.gov.

QUESTIONS? CONTACT US!

www.ccrecpark.org • 410-386-2103 • ccrec@carrollcountymd.gov

RECREATION COUNCIL PROGRAMS & REFUNDS

Each Recreation Council has their own registration process and in-turn their own refund policy check with your local Recreation Council. For Recreation Council information see page 17 or visit ccrecpark.org and select Volunteer Recreation Council.



**Carroll County Department of
Recreation & Parks**
300 S. Center Street
Westminster, Maryland 21157



**PRSRT STD
US POSTAGE PAID
WESTMINSTER, MD
PERMIT NO. 347**

CARROLL COUNTY DEPARTMENT OF RECREATION & PARKS

PARKS & FACILITY LOCATIONS

BARK HILL PARK

Peace N Plenty Drive (off Bark Hill Road), Union Bridge 21797

BENNETT CERF PARK & DOG PARK

544 Manchester Road, Westminster 21157

CAPE HORN PARK

2500 Cape Horn Road, Hampstead 21074

CARROLL COUNTY EQUESTRIAN CENTER

2512 Grimville Road, Mount Airy 21771

CARROLL COUNTY SPORTS COMPLEX

2225 Littlestown Pike, Westminster 21158

CHARLES CARROLL COMMUNITY CENTER

3719 Littlestown Pike, Westminster 21158

CHERRYTOWN ROAD PARK

Cherrytown Road, Westminster 21157

DEER PARK

637 Deer Park Road, Westminster 21157

DOUBLE PIPE CREEK PARK

7577 Middleburg Road, Detour 21757

FREEDOM PARK

1111 Raincliffe Road, Sykesville 21784

GILLIS FALLS RESERVOIR SITE

Woodbine 21797

HASHAWHA/BEAR BRANCH NATURE CENTER

300 John Owings Road, Westminster 21158

HAP BAKER FIREARMS FACILITY

1400 Baltimore Boulevard, Westminster 21157

HODGES PARK

5630 Hodges Road, Sykesville 21784

KATE WAGNER FIELDS

1100 Gist Road, Westminster 21157

KRIMGOLD PARK

5355 Woodbine Road, Woodbine 21797

LANDON C. BURNS PARK

700 Gist Road, Westminster 21157

LEISTER PARK

4134 Black Rock Road, Hampstead 21074

MAYESKI PARK

1300 W. Old Liberty Road, Sykesville 21784

NEW WINDSOR COMMUNITY ROOM

1100 Green Valley Road, New Windsor 21776

NORTH CARROLL COMMUNITY POND

Basler Road & Route 30, Hampstead 21074

OBRECHT ROAD PARK

100 E. Obrecht Road, Sykesville 21784

OLD LIBERTY ROAD

100 W. Old Liberty Road, Sykesville 21784

PINEY RUN PARK & NATURE CENTER

30 Martz Road, Sykesville 21784

ROBERT MOTON CENTER

300 S. Center Street, Westminster 21157

SALT BOX PARK

Gillis Falls Road, Woodbine 21797

SANDYMOUNT PARK

2250 Old Westminster Pike, Westminster 21157

SOUTH CARROLL DOG PARK

5928 Mineral Hill Road, Eldersburg, 21784

UNION MILLS RESERVOIR

220 John Owings Road, Westminster 21158

WESTMINSTER COMMUNITY POND

30 College View Boulevard, Westminster 21157

WESTMINSTER VETERANS MEMORIAL PARK

Hook Road, Westminster 21157

WINFIELD PARK

Salem Bottom Road (opposite Winfield Elementary), Westminster 21157