

A service of Carroll County Department of Recreation & Parks

WINTER 2019 PROGRAM GUIDE



Tai Chi Chuan & Qigong



Jingle Bell Hop



Women In Progress



Fencing



ccrecpark.org



410-386-2103



300 S. Center Street
Westminster, MD
21157



WINTER GUIDE 2019



SANTA CALLING!!

A program service for Carroll County children ages 3-8 (Pre-K to 2nd Grade).

A phone call to your child will be placed on Tuesday, December 3rd. Request forms will be available at Carroll County Public Libraries, Department of Recreation & Parks, and online at ccrecpark.org; or email ccrec@carrollcountymd.gov to request a form.

FREE!

Deadline to submit
your request is
Monday, November 25th.



Carroll County Park Legacy Fund

If you enjoy visiting our beautiful parks, become involved and help make them an even better place. Your tax deductible contribution can be earmarked to support specific parks or amenities such as playgrounds, benches, trees, nature centers, and more. Contributions are publicly recognized and gift donations on someone's behalf are recognized with a card sent acknowledging the donation.

- Visit us at... <https://www.carrollcountymd.gov/government/directory/recreation-parks/general-information/park-legacy-fund/> to print a Park Legacy Fund brochure and return via US Mail or drop off at the R&P office M-F, 8am-5pm; OR
- Call R&P 410-386-2103 to have a form mailed to you, or even to make a credit card donation (Visa, MC, Discover) in any increment of \$25, \$50 or \$100; OR
- Visit the R&P office located at 300 S. Center Street, Westminster; OR
- Use the registration form at the back of this brochure with any size donation via payment by check.



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LOCATION



Our Department utilizes various facilities throughout the County for programming. Listed below are definitions and addresses of any location abbreviated* in program descriptions on pages 3-8.

*An example of the last line of our listings: "14-Adult / 2 sessions / RMC" which means "Age level of program / # of sessions running / location"

County Facilities:

BBNC - Bear Branch Nature Center
300 John Owings Road, Westminster

CCFM - Carroll County Farm Museum
500 S. Center Street, Westminster

CCOB - Carroll County Office Building
225 N. Center Street, Westminster

CCSC - Carroll County Sports Complex
2252 Littlestown Pike, Westminster

NCHS - (former school) North Carroll High School
1400 Panther Drive, Hampstead

PRP - Piney Run Park
30 Martz Road, Sykesville

RMC - Robert Moton Center
300 S. Center Street, Westminster

TSC - Taneytown Sr. & Community Center
220 Roberts Mill Road, Taneytown

WSC-Westminster Sr. & Community Center
125 Stoner Avenue, Westminster

Additional Facilities:

Carroll Gymnastics, Inc.
5 S. Center Street, Westminster

Greenmount Bowl
1625 N. Main Street, Hampstead

Maryland Allstar Athletics
1430 Progress Way #117, Eldersburg

Schools:

CSS - Carroll Springs School
495 South Center Street, Westminster

MSW - Montessori School of Westminster
1055 Montessori Drive, Westminster



Carroll County PARK PAVILIONS

are available for rent in 2020! (starting Jan. 2nd)

To reserve a pavilion, call 410-386-2103 or send an email to ccrec@carrollcountymd.gov (first come, first serve).

The cost is \$75* to reserve a pavilion via cash, check or credit card (Visa, MC, Discover accepted)

***NEW- Be sure to read our cancellation policy (fees) on page 18 of the brochure.**

- Bennett Cerf (544 Manchester Road, Westminster) - fishing, stream, tot lot, walking trail
- Deer Park (637 Deer Park Rd, Westminster) - fishing in pond, tot lot, tennis courts, basketball court, walking trail
- Double Pipe Creek (7577 Middleburg Road, Detour) - fishing and boating in creek, tot lot, basketball 1/2 court
- Freedom (1111 Raincliffe Rd., Sykesville) - walking trail, tot lot and swings
- Krimgold (5355 Woodbine Road, Woodbine) - tot lot, fishing, walking trail
- Landon C. Burns (700 Gist Road, Westminster) - fishing, tot lot, trail
- Leister (4134 Black Rock Road, Hampstead) - tot lot, trail, disc golf
- Mayeski (1300 W. Old Liberty Road, Sykesville) - tot lot, free play area
- North Carroll Community Pond (Basler Rd. & Rt 30, Hampstead) - fishing
- Sandymount (2250 Old West. Pike, Finksburg) - tot lot, basketball court, tennis court, walking trail
- Westminster Community Pond (30 College View Blvd, Westminster) tot lot, fishing, trail

***NOTE:** For costs and to reserve a pavilion at Piney Run Park (410-795-5165), Hashawha (410-386-3560), or the Sports Complex (410-857-4832), contact the facility directly - fees at these locations vary (\$5 early bird discount does not apply).

**\$5 early
bird discount thru
2/28/20!**





PRESCHOOL



MOMMY & ME TUMBLING

Wednesdays, 10–10:45am

#19WG01 December 4-January 22 (no 12/25, 1/1)

#19WG02 January 29-March 4

Sundays, 10–10:45am

#19WG03 December 1-January 12 (no 12/29)

#19WG04 January 19-February 23

An exploration based program with a semi-structured format making physical skills top priority. Parental involvement is gradually decreased thru inviting activities. The children soon take pride in being treated like “big kids.”

1–2.5 years / 6 sessions / MD Allstar Athletics

\$95 🐦

TINY TUMBLERS

Wednesdays, 11–11:45am

#19WG05 December 4-January 22 (no 12/25, 1/1)

#19WG06 January 29-March 4

Sundays, 11–11:45pm

#19WG07 December 1-January 12 (no 12/29)

#19WG08 January 19-February 23

Emphasis is placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

3–5 years / 6 sessions / MD Allstar Athletics

\$95 🐦

YOU MISSED IT!

“We canceled it because you didn’t register!”

Sometimes excellent programs with super instructors are canceled when too many people wait until the last moment to register.

Our classes are self-supporting; we must meet a minimum number of participants before a class will run.

If a program looks interesting, don’t hesitate —

REGISTER TODAY!!

MOMMY & ME GYMNASTICS

Mondays, 11–11:45am

#19WG09 January 6-February 24

Designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment. Student/instructor ratio 7:1.

18 months–3 years / 8 sessions / Carroll Gymnastics

\$147 🐦

MIGHTY KICKS

Mondays, 4:30–5:15pm, 2–3 years

#19WG10-a January 6-March 9 (no 1/20, 2/17)

Thursdays, 4:30–5:15pm, 3–4 years

#19WG10-b January 9-February 27

Saturdays, 11–11:45am, 2–3 years

#19WG10-c January 11-February 29

Introduces soccer to children in a fun, easy way. Our professional coaches teach basic soccer techniques to learn the world’s most popular game. Be sure to include a youth t-shirt size upon registration. Coordinator-Level 5 Athletics

See ages above / 8 sessions / MSW

\$72

KINDERGARTEN GYMNASTICS

Tuesdays, 4:45–5:30pm

#19WG11 January 7-February 25

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

5 years / 8 sessions / Carroll Gymnastics

\$147 🐦

PRESCHOOL GYMNASTICS

Thursdays, 10:15–11am

#19WG12 January 9-February 27

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

3–4 years / 8 sessions / Carroll Gymnastics

\$147 🐦



HOME SCHOOL



HS - GIRLS or BOYS GYMNASTICS

Thursdays, Girls 11am–12pm / Boys 12–1pm

#19WG13 January 9-February 27

Designed for the beginner gymnast; students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1. Must indicate “girl” or “boy” program upon registration.

6+ years / 8 sessions / Carroll Gymnastics

\$167 🐦



BUS & VAN TRIPS

ALL YOUTH MUST BE ACCOMPANIED BY PAYING ADULT



2020 PHILLY FLOWER SHOW

#19BT13 Tuesday, March 3, 7:30am-6pm

(Snow make-up day Thursday, March 5)

Inspired by the world's exotic Mediterranean gardens, the 2020 Philadelphia Flower Show, Riviera Holiday invites you to fall in love with gardening all over again. As you enter the Show, groves of Citrus trees lead the way providing a lush dramatic promenade to the sunshine drenched landscape ahead. Breathe in fragrant waves of lavender inspired by the terraced gardens of Monaco. Explore the allure and extraordinary plant palette of some of the world's captivating coastal regions. This year features MORE gardens and picturesque landscapes to experience, BIGGER displays of flowers, plants and trees and BETTER viewing from re-designed pathways. Included with admissions are daily live demonstrations where you can get tips and ideas from gardening experts and samples of more than 100 labels of the finest wine and spirits at daily tastings. Additional paid experiences add charm and fun to a Flower Show visit, including Butterflies Live and a new culinary luncheon experience guaranteed to take you away to San Tropez. Lunch is on your own, inside the show or outside restaurants within walking distance are your options. Dress in comfortable shoes and layers as the show floor can get a bit chilly. Includes show entrance ticket, motorcoach transportation and driver's gratuity.

All Ages / 1 session / Departs CCFM

\$75 (+lunch on your own)



"TOOTSIE" ON BROADWAY

Tuesday, March 31- Wednesday, April 1, 2020

Departs at 9:30am / Approx. Return 10:00pm

19BT14-d double occupancy

19BT14-t triple occupancy (only two beds)

19BT14-q quad occupancy (only two beds)

19BT14-s single occupancy

Join us for this fun two day trip to NYC to see the Broadway hit musical comedy "Tootsie" based on the Oscar nominated film. Tony® winner Santino Fontana delivers "one of the best musical performances ever seen on a musical stage" (Rolling Stone) in the show critics are calling "Broadway's funniest new musical!" (New York Post). This New York Times Critic's Pick tells the story of Michael Dorsey, an out-of-work actor willing to do anything for a job -- even if it means playing way against type. When he disguises himself as an outspoken actress named Dorothy Michaels, he defies all odds to become a Broadway sensation. **Trip includes:** Departing from Westminster with secure overnight parking. A lunch stop at the world-famous Mastoris Diner in Bordentown New Jersey (on your own) Overnight accommodations at the Novotel New York, 226 W. 52nd Street. (You are free to plan your evening on your own.) Buffet Breakfast served in the Super Nova Restaurant in the hotel lobby (included). Transportation to the theatre provided (if wanted) for your Orchestra seat at the April 1, 2:00 matinee of "Tootsie" at the Marquis Theater in the Marriott Marquis Hotel. New this year is New York's Zabar's Famous Picnic of your choice on the bus ride home (included), baggage handling, round-trip motor coach transportation and driver's gratuity. Group leader: Barbara Lages

All Ages / 2 sessions / Departs CCFM

Double Occupancy: \$438.00 per person

Triple Occupancy (Please note there are only two beds per room.): \$394.00 per person

Quad Occupancy (Please note there are only two beds per room.): \$368.00 per person

Single Occupancy: \$594.00 per person

***You will be given your choices for your picnic lunch approximately 3 weeks before the trip to be returned to the Rec and Parks office.*



TRIPS from our FALL GUIDE

Hurry spots are filling up quickly!

A LONGWOOD CHRISTMAS: Kennett Square

#19BT08 Friday, December 6, 11am-10pm

Indoor and outdoor attractions! Organ sing-alongs, strolling carolers, and performances fill our Gardens with festive cheer. The music is accompanied by a display of more than 50 bedecked Christmas trees and more than 16,000 seasonal plants. Outside, the sounds of oohs and aahs fill the air as illuminated stars twinkle above, colorful fountains dance to holiday music, and a half-million lights brighten the night. Make sure to see the Longwood Garden Railway! Featured miniature locomotives rumble over almost 400 feet of track, this beautifully landscaped display includes models of favorite Longwood buildings. Sip cocoa and warm up by our welcoming firepits, listen to carolers sharing the melodic sounds of the season, and relish in the beauty and wonder of A Longwood Christmas. Café and restaurant onsite.

All Ages / 1 session / Departs CCFM

\$66

BIG APPLE ONE DAY TRIP

#19BT09 Saturday, December 7, 7am-11pm

Enjoy a day on your own in the Big Apple! The bus will drop you off at Bryant Park, in back of the New York Public Library on 6th Avenue, between 40th-41st Streets. The day is yours to plan - go shopping, catch a matinee show, see Central Park or the 911 Museum, whatever you choose, have a great day! If you need assistance with your plans, the R&P office has a great map you can pre-purchase for \$5 to help you plan the perfect day. Includes motorcoach transportation and driver's gratuity.

All Ages / 1 session / Departs CCOB

\$55

RADIO CITY MUSIC HALL CHRISTMAS SPECTACULAR!

#19BT10 Friday, December 13, 7am-11pm

Don't miss this one-of-a-kind celebration that brings together family, friends and loved ones. The Rockettes dazzle in brilliant dance and Radio City is all aglow! Join Santa on his sleigh ride, see ice skaters swirl across the stage, and even catch a snowflake or two in this immersive theatrical experience like no other. From the beloved Parade of the Wooden Soldiers, to the dazzling Snow scene, to the unforgettable Living Nativity, we bring you the best of this joyous season. There will also be some time to get a bite to eat and see the holiday sights of the Big Apple or maybe do some holiday shopping.

Includes 1:30pm matinee, motorcoach transportation and driver's gratuity.

All Ages / 1 session / Departs CCFM

\$155

VIEW, DINE & SHOP...CEB Tower & Observation Deck, Arlington Cemetery & Fashion Center

#19BT11 Sunday, December 15, 11am-8pm

The CEB Tower in Arlington has opened its observation deck to the public, offering a 360-degree view of Washington's skyline and the surrounding area. The deck—which is almost entirely indoors—takes up the 31st and 32nd floors, and has a grab-and-go style café where guests can order food, wine, and craft beer before they take a self-guided tour. Go even higher and venture out onto our open-air rooftop deck for a closer view of the Pentagon and Arlington Cemetery. The attraction also has a "Windows Into History" exhibit, an interactive digital experience that features a 55-inch touch screen to tell the stories of people who have influenced US history. Holograms depicting Ida B. Wells, Frederick Douglass, and Susan B. Anthony will share their perspectives on suffrage. A "selfie station" will allow guests to take a photo with the Washington Monument and Mall through the glass in the background. After the tower and on our way to Pentagon City, we will pass thru Arlington National Cemetery to view the wreaths that were placed on the graves by Wreaths Across America volunteers the day before. Fashion Centre at Pentagon City, offers a world-class shopping experience where avenues of fashions and boulevards of style await. A scenic glass elevator ride to the third level reveals more than 170 fascinating stores and restaurants including Macy's, Nordstrom, The Ritz-Carlton, Apple, Coach, Michael Kors and Tourneau. The sky lit food court features international specialties from the familiar to the exotic. Dinner is on your own.

All Ages / 1 session / Departs CCOB

\$60



YOUTH & TEEN



MINI TUMBLERS

Sundays, 12-1pm

#19WG14 December 1-January 12 (no 12/29)

#19WG15 January 19-February 23

Thursdays, 5:30-6:30pm

#19WG16 December 12-January 23 (no 12/26)

#19WG17 January 30-March 5

Emphasis placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

5-7 years / 6 sessions / MD Allstar Athletics

\$98 🐾

BEGINNER TUMBLING

Tuesdays, 6-7pm

#19WG18 December 3-January 21 (no 12/24, 12/31)

#19WG19 January 28-March 3

For those with little or no experience; a great way to "try it out" to see if tumbling is an activity you would like to continue. Learn and practice skills such as rolls, handstands, cartwheels, back-bends, kick-overs, and more.

6+ years / 6 sessions / MD Allstar Athletics

\$98 🐾

NINJA WARRIOR TRAINING

Saturdays, 10-11am

#19WG20 December 7-January 18 (no 12/28)

#19WG21 February 1-March 7

BOYS and GIRLS- this diverse and challenging set of obstacle courses will encourage fitness through movement, agility, and balance. Participants will use their bodies to their full potential building strength, balance, agility and spatial awareness.

6-10 years / 6 sessions / MD Allstar Athletics

\$98 🐾

SUPERHERO TRAINING

Saturdays, 11am-12pm

#19WG22 December 7-January 18 (no 12/28)

#19WG23 February 1-March 7

BOYS and GIRLS...learn to fly, jump, climb and tumble in this action-packed program!

3-8 years / 6 sessions / MD Allstar Athletics

\$98 🐾

PLAYER DEVELOPMENT PROGRAM

Mondays, 5:30-6:30pm

#19WG24-a January 6-March 9 (no 1/20, 2/17)

Thursdays, 5:30-6:30pm

#19WG24 -b January 9-February 27

Designed for players looking for a skills-enhancing experience. Each clinic focuses on skill development while learning the fundamentals of proper passing, dribbling and shooting. Weekly training sessions are led by certified coaches who use the latest age-appropriate techniques to build soccer talent and proficiency. Each age group has specific technical and tactical goals, which progress with players through their age and ability. Be sure to include a youth t-shirt size upon registration.

Coordinator-Level 5 Athletics

7-9 years / 8 sessions / MSW

\$72

MIGHTY KICKS

Mondays, 4:30-5:15pm, 4-6 years

#19WG25 -a January 6-March 9 (no 1/20, 2/17)

Thursdays, 4:30-5:15pm, 5-6 years

#19WG25-b January 9-February 27

Saturdays, 9-9:45am, 4-5 years

#19WG25 -c January 11-February 29

Saturdays, 10-10:45am, 4-6 years

#19WG25-d January 11-February 29

Introduces soccer to children in a fun, easy way. Our professional coaches teach basic soccer techniques to learn the world's most popular game. Be sure to include a youth t-shirt size upon registration. Coordinator-Level 5 Athletics

See ages above / 8 sessions / MSW

\$72

TUMBLING GYMNASTICS

Tuesdays, 7:30-8:30pm

#19WG26 January 7- February 25

Designed for the beginner gymnast; students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

6+ years / 8 sessions / Carroll Gymnastics

\$167 🐾

SAY IT IN SIGN (ASL)

Thursdays, 6-8pm

#19WG27 January 9-February 27

The **BEGINNER** course is a "hands-on" course that will allow you to establish the foundation necessary to communicate effectively with deaf and hard of hearing people. Learn functional vocabulary and the basics of American Sign Language (ASL) grammar. Materials are provided. Instructor-Laurel Nalepa

15-Adult / 8 sessions / RMC

\$80 🐾

BABYSITTER TRAINING

Saturday, 8:30am-3:30pm

#19WG28 January 11

#19WG29 February 8

Babysitters need to be prepared for anything. This American Red Cross instructor-led course features hands-on interactive activities that provide youth the knowledge and skills necessary to safely and responsibly give care for children and infants.

The babysitter training will help participants learn the prevention, preparation and emergency skills every good babysitter needs. Subjects covered include leadership, safety and safe play, basic care, first aid and professionalism (in the state of Maryland, youth must be age 13 in order to babysit for a child under the age of 8) and receive the American Red Cross certificate of attendance. Bring a bag lunch, paper and pen for notes.

11-17 years / 1 session / RMC

\$72

GIRLS BASIC GYMNASTICS

Saturdays, 11am-Noon

#19WG30 January 11-February 29

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

6+ years / 8 sessions / Carroll Gymnastics

\$167 🐾



HEALTH & WELLNESS



PICKLEBALL OPEN GYM

December 2019-February 2020

#19WG31 December 1-February 23 @ RMC (Sun)

#19WG32 December 2-February 28 @ NCHS (Mon/Wed/Fri)

Looking for gym time to play one of the fastest growing sports? Recreation and Parks is offering open pickleball time for a nominal fee - just register for either one of the locations, or if you really want to play, register for both! You must provide your own paddle and balls. "Special pricing offer for Seniors age 60+" - receive a \$5 discount when registering. Be sure you provide "good" contact info for cancellation notices. Reminder: we follow school closings for poor weather conditions. Two locations currently available (additional locations may be added at a later date) - you must register and participate by location. Coordinator-Rec & Parks staff

•Sun 6:30-9:30pm Dec 1-Feb 23 @ RMC

•Mon/Wed/Fri 1-4pm, Dec 2-Feb 28 @ NCHS (no 12/21, 1/1, 1/20, 2/17)

16-Adult / multiple sessions /choose your location

\$10 (Special \$5 senior discount)★

MEN'S BASKETBALL OPEN GYM

Tuesdays AND Thursdays, 9-11pm

#19WG33 December 3-February 27

Open drop-in gym for men age 18 and older.

Adult / Approx. 25 sessions / RMC

\$15

FENCING: Intermediate

Fridays, 7-9pm

#19WG34 December 6-January 24

Welcome to swashbuckling 2.0! In this class you will build on the fundamentals learned in the beginner fencing class. This class will focus on reinforcing the essential skills of fencing, as well as using those skills in faster and more complex patterns. Having taken our beginner fencing class, or having other previous fencing experience, is recommended. Students are responsible for providing their own equipment (mask, jacket, gloves, and weapon). Instructor-Ben Backe

12-Adult / 8 sessions / RMC

\$82 (+estimated initial equipment cost of \$115 if needed) ★

TAI CHI CHUAN & QIGONG

Tuesdays, Beginner 6:30pm / Advanced 7:30pm

#19WG35-B Beginner: December 17-February 4 (no 12/24, 12/31)

#19WG35-A Advanced: December 17-February 4 (no 12/24, 12/31)

Roughly referred to as "internal martial arts," has achieved popularity in China and beyond. Tai Chi emphasizes relaxation, tranquility, concentration on the body parts, and harmony of both mind and body. Practitioners move their bodies in a slow, relaxed, and graceful manner, which has proved to have beneficial effects with respect to balance, fall preventions, and non-vertebral fractures, as well as many chronic diseases. White Crane Qigong is traditional Chinese exercise that imitates the movements of cranes with breathing techniques. Instructor-Peter Chen

16-Adult / 6 sessions / RMC

\$49 ★

QIGONG

Thursdays, Beginner 6:30pm / Advanced 7:30pm

#19WG36-B Beginner: December 19-January 23

#19WG36-A Advanced: December 19-January 23

An exercise of energy cultivation that has brought many people into true mental and physical health. It is enjoying a revival around the world, attracting people interested in its healing power, its graceful motions, and its incredible physical feats. Centered on the three essential components of qigong (body, mind and breath), this program is offering the quickest and most effective way to experience physical and mental benefits of each routine, such as improving posture, strengthening body, and reducing tension. Learn to put together an effective qigong flow and combine routines to address your health and fitness.

Instructor-Peter Chen

16-Adult / 6 sessions / RMC

\$49 ★



CHAIR YOGA

Saturdays, 9:30-10:30am

#19WG37 January 4-February 8

Designed with modified yoga poses that can be done while seated in or supported by a chair. These modifications make yoga accessible to people who lack the mobility to move easily from standing to prone, supine, or seated on the floor positions. In addition to a good stretch, chair yoga participants can also enjoy other health benefits of yoga, including improved muscle tone, better breathing habits, reduction of stress, better sleep, and a sense of well-being. Come to learn, play and maybe even break a sweat in a supportive environment! Instructor-Stephanie Walter

Adult / 6 sessions / WSC

\$42 ★

CLOGGING

Mondays, January 6-March 9 (no 1/20 & 2/17)

#19WG38-B Beginner I : 7-7:30pm & Beginner II: 7:30-8pm

#19WG38-I Intermediate: 5-6pm

#19WG38-A Advanced: 6-7pm

A fun contemporary American Folk dance for all to enjoy (and it's easier than you think!) The beginner level requires no experience-students will learn basic fundamentals working on basic form, movement, sounds/steps, and combining into simple dance routine(s). Wear a thin-soled shoe (leather sole works best). The intermediate level requires 2+ years of experience, and the advanced level is for the well-experienced clogger: wear white clogging shoes with jingle taps; learn new routines/steps and work on group dance form, accuracy and precision; sessions include some free dance time. Beginner I & II - please indicate what level you are taking. Instructor-Becky Morehouse

8-Adult / 8 sessions / RMC

\$40-Beginner (+\$19 material fee for taps, if needed) ★

\$55-Intermediate/Advanced ★

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication, or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978, or MD Relay 7-1-1/1.800.735.2258, as soon as possible, but no later than 72 hours before the scheduled event.

For most up-to-date info, visit ccrecpark.org



HEALTH & WELLNESS



STRONG by Zumba™

Mondays, 6:15-7:15pm

#19WG39 January 6-February 24 (no 1/20 & 2/17)

Wednesdays, 6:15-7:15pm

#19WG40 January 22-February 26

This is a High Intensity Tempo Training (HITT) program using more traditional fitness moves for a more athletic, conditioning-style workout. You will use your own body weight as resistance to achieve muscle definition. Challenge yourself and let this music-driven class show you how STRONG you are! This program can be modified or progressed to fit individual fitness levels. Bring a mat and water bottle. Instructor-Yvette Castillo

16-Adult / 6 sessions / TSC

\$45

BEGINNER YOGA BASICS

Mondays, 6-7pm

#19WG41 January 6-February 24 (no 1/20 & 2/17)

Designed as an introduction to the practice of yoga. Every week you will explore the foundations of yoga philosophy, breathing techniques to connect breath to movement, safety of alignment, and beginner level poses. Whether you've never stepped onto a mat, or have an established practice and want to understand the postures better, together, we will come into the breath and quiet the mind as we find steadiness in asana. Come to learn, play and maybe even break a sweat in a supportive environment. You don't need to be able to touch your toes; you just have to be willing to try! Bring a mat. Instructor-Stephanie Walter

16-Adult / 6 sessions / RMC

\$42 🌟🌟

VINYASA FLOW YOGA

Mondays, 7:15-8:15pm

#19WG42 January 6-February 24 (no 1/20 & 2/17)

Wednesdays, 7:15-8:15pm

#19WG43 January 8-February 12

Perhaps the most popular style of yoga practiced in the West, these classes keep you moving! You'll flow continuously through sequences of traditional Sun Salutations, standing, balancing, and seated postures linking breath with movement and work to build strength, endurance, balance, and flexibility. For beginners, or experienced yogis, together, we come into the breath and quiet the mind as we find steadiness in asana. Come to learn, play and maybe even break a sweat in a supportive environment! Bring a mat. Instructor-Stephanie Walter

16-Adult / 6 sessions / RMC

\$42 🌟🌟

LINE DANCING

Tuesdays, 6-7pm

#19WG44 January 7-February 25

Come join our group for some fun and exercise learning basic steps to popular dance routines - and you don't need a partner. Some are danced at weddings and festivals, some are old standbys, and some are choreographed to the latest songs. We use a variety of genres so there is a favorite for everyone! Each session will include reviews of previous songs. Dancing is one of the best exercises and is certainly great fun! No dance experience is needed and all levels are welcome, youth and adult. Instructor-Becky Morehouse

12-Adult / 8 sessions / RMC

\$40 🌟🌟

SPECIAL EVENTS



DECEMBER

Santa's Calling! A phone call to your child will be placed on Tuesday, December 3rd. Request forms will be available at Carroll County Public Libraries, Department of Recreation & Park, online at ccrecpark.org or email ccrec@carrollcountymd.gov to request a form.

Ages 3-8 (Pre-K to 2nd) | FREE *Registration deadline Monday, November 25

Piney Run Adult's Holiday Workshops Come out for a day of holiday workshops, demonstrations and a potluck lunch, music and the aroma of hot cider and baking bread are sure to put you in the holiday spirit. Contact Piney Run Park at 410-795-6043



December 7, 10am-Noon & 1-3pm | Ages 16-Adult | Piney Run Park, 30 Martz Road, Sykesville

Piney Run Children's Holiday Workshops Join in on a fun-filled day of creative take home holiday crafts as well as tasty treats to enjoy throughout the morning. Contact Piney Run Park at 410-795-6043

December 13, 4-6pm & December 14, 10am-Noon | Ages 5-15 | Piney Run Park, 30 Martz Road, Sykesville



FEBRUARY

Piney Run Nature Center Annual Cabin Fever Art Show This indoor fine art and craft exhibit will showcase the nature inspired work of our local artists. Vendors will be on hand and local artists will be displaying their artwork throughout the Nature Center and Yurt. Light refreshments will be served. Contact Piney Run Park at 410-795-6043

February 15, 10am-4pm | All Ages | \$2/person | Piney Run Park, 30 Martz Road, Sykesville



SAVE THE DATE

Bear Branch Pancake Breakfast March 8, 2020, 10am-2pm, \$4 per plate Contact Bear Branch at 410-386-3580



ADAPTIVE RECREATION

FOR THOSE WITH MILD TO MODERATE DISABILITIES



One-on-one assistance is NOT provided for any programs, so be sure to let us know upon registration if you are bringing someone (registration fee may apply).

JINGLE BELL HOP

#19AR28 Friday, December 6, 7-9pm

Registration and refund deadline is Monday, December 2nd, no exceptions.



Pre-registration is necessary for this program as we need a firm headcount for a successful event (all who attend must be registered). Gather your friends for a fun-filled evening of holiday music, photos and snacks, and dance to the sounds of our DJ. If you do require individual assistance, be sure that your one-on-one/parent registers, too. Don't miss out! Ole St. Nick will be looking for you!!

Adult / 1 session / CSS

\$5/person

POLAR EXPRESS NIGHT WITH CANDY

#19AR29 Tuesday, December 17, 6-8pm

Join Candy Sample for a showing of the holiday movie, "Polar Express". Get into the holiday spirit, enjoy a holiday party and create a personal holiday card! Coordinator-Candy Sample

14-Adult / 1 session / RMC

\$6

SPARE TIME BOWLING

Mondays, 4-5pm

#19AR30 January 6-March 9

Ten pin or Duckpins...learn fundamentals of bowling or come to improve skills and have fun. Includes two games and shoe rental each session.

Instructor-Kathy McCaffrey

8-Adult / 10 sessions / Greenmount Bowl

\$55

ADAPTIVE REC LINE DANCE

Tuesdays, 5:15-5:45pm

#19AR31 January 7-February 4

Want to learn some of the popular dance moves on the floor? Join this fun group as we learn and practice the moves. Learn what's new as well as some of the favorite oldies but goodies routines. Dancing is great exercise and fun, too! No experience is necessary, all levels welcome. Instructor-Becky Kishter

14-Adult / 5 sessions / RMC

\$18

Z-FITNESS

Tuesdays, 6-6:30pm

#19AR32 January 14-February 11

Exclusive to AR eligible participants and their siblings/parents. A multi-cultural dance-exercise experience with energizing music for a fun workout! Easy to follow - all abilities welcome, and all who participate must be registered.

Instructor-Melanie Haifley

14-Adult / 5 sessions / CSS

\$17

HOLIDAY GIFT: Carroll Arts Center (CACCC)

Holidays are a time of giving! The Carroll Arts Center and Adaptive Recreation have made available, a limited number of FREE tickets to our special population consumers. The tickets are on a first come- first serve basis for, "Charlie Brown Jazz Christmas" and "A Christmas Carol". Visit www.CarrollCountyArtsCouncil.org for show times.

Contact Carroll County Recreation and Parks at 410-386-2103 to receive your coupon which must be redeemed in advance at the CCAC box office. All tickets are subject to availability. Guest(s) may purchase their ticket(s) at regular price through the CCAC website or at the on-site box office.

SPECIAL CONNECTIONS

Mount Airy Special Needs Group (Special Connection) for teens and young adults. Contact Debbie Gemmill at dgemmill@carrollcountymd.gov for details/flyer.

Young Athletes™ is a unique sport and play program for children with intellectual disabilities. The focus is on fun activities important to mental and physical growth. Ages 2-7 enjoy activities that develop motor skills and hand-eye coordination - a great early introduction to sports and to the world of Special Olympics. Your child will learn new things, play and have lots of fun! socr@carrollcountymd.gov specialolympicscarrollcounty.org

NEW CHANGE- WILD ONES 2020

Wild One's will be continuing on in a different, but still fun path with all of your friends!

Instead of a one year fee, you will need to register for each Wild One's event through Recreation & Parks.

There will be 4 events per year, with the first one starting in April 2020, and will be in the Spring Program Guide.

For questions, contact Debbie Gemmill at dgemmill@carrollcountymd.gov



BEAR BRANCH NATURE CENTER



Pre-registration is needed so that we can be fully prepared for you to enjoy our programs.
Youth **MUST BE ACCOMPANIED** by a **PAYING ADULT** for any of our "All Ages" programs AND those listed as "age # - ADULT"

410-386-3580
300 John Owings Road
Westminster

The Nature Center is open year round and hours of operation are Wednesday-Saturday 11am-5pm, and Sunday 12-5pm. All Nature Center programs require pre-registration with Recreation & Parks (see form in back). Organized groups **MUST** schedule a separate program directly with the Nature Center; email bearbranch@carrollcountymd.gov, or phone.

Hashawha's trails are open to the public from dawn until dusk 365 days a year. Parking is only available at Lake Hashawha or the Nature Center. There is no entrance fee to the Park.

PLEASE NOTE: The Hashawha Environmental Facility is not open to the public except through reservation. Please do not enter the Hashawha gates or the posted restricted areas. For information regarding group rentals for Hashawha, call 410-386-3560, or email Hashawha@carrollcountymd.gov.

In case of inclement weather: should inclement weather be in the forecast, please call the Nature Center before heading to your program to see if it has been canceled or postponed. We follow school weather closings - please see our full Inclement Weather Policy at the back of this brochure for complete details. Please note the Nature Center is closed whenever Carroll County Government offices are closed.

BEAR CUB EXPLORERS

Thursday, 2-3pm

#19BB64 December 5 - *Tracks & Traces*

#19BB65 January 9 - *Junior Astronomy*

#19BB66 February 13 - *Maple Magic*

After reviewing a nature-related theme with the help of one or more of our captive animals, we'll head outside to put our new knowledge to the test! We'll finish up with an interactive craft to remind us of our day. Each month explores a different theme; activities are planned for ages 3-9; tag-along siblings must register.

3-9 years (w/ an adult) / 1 session / \$6 child

METEOR SHOWER HIKE

#19BB67 Friday, December 13

7:30-9pm

Join us for this exciting event that only happens once a year! We'll start in the planetarium to review what can be seen this time of year then hike to a high spot in the park to view the Geminids meteor shower, the moon, and winter constellations!

All Ages / 1 session / \$5 person



CHILDREN'S HOLIDAY CRAFT HUNT

#19BB68 Saturday, December 14, 10-11:30am

Participate in a guided scavenger hunt for natural materials that can be used to create holiday-themed crafts and decorations. Enjoy hot chocolate and cookies while piecing your nature finds into beautiful holiday masterpieces!

3-10 years (w/ an adult) / 1 session / \$10 child

JUNIOR PLANETARIUM SHOW

Saturday, 11-11:45am

#19BB69 December 7 - *Orion*

#19BB70 January 11 - *The Seven Sisters*

#19BB71 February 15 - *Gemini*

Join the naturalist for a kid-friendly, indoor planetarium show! The show will review the basics of sky watching and talk about what can be seen in the current night sky. We'll focus on a different topic each month with a craft to help you remember it! Great for young children and first-time planetarium-goers.

3-Adult / 1 session / \$5 person

PLANETARIUM SHOW

Saturday, 7:30-8:30pm

#19BB72 December 14

#19BB73 January 11

#19BB74 February 8

Join a member of the Westminster Astronomical Society, Inc. (WASI) for an indoor planetarium show highlighting what's happening in the night sky at this time of year. Then head outdoors to take a look through the observatory (weather dependent)! Great for older children and adults.

8-Adult / 1 session / \$5 person



TAKE FLIGHT!

#19BB75 Sunday, December 15

11am-12pm

This week is the Wright Brother's Day so let's talk flying. After a planetarium show on airplanes, we'll discuss flight in birds with the help of our resident birds of prey! Afterwards, you have the option of making a bird feeder from natural materials to help feed our year-round residents.

All Ages / 1 session / \$6 person

SNEAKY SNAKES

#19BB76 Saturday, January 18

10-11am

Snakes are one of the most commonly feared animals, but most are actually helpful to humans! Come learn all about this shy animal and meet a few up close and personal. We'll finish with a craft to remind us of our new snake friends!

5-9 years (w/ an adult) / 1 session / \$6 child



RAPTOR PHOTO SHOOT

#19BB77 Saturday, January 25

10-11am

Capture our birds of prey on camera in their natural surroundings! Photographers of all levels are welcome. Bring your camera or smart phone and *meet at the Raptor Mews*.

5-Adult / 1 session / \$5 person

WINTER TRACKS

#19BB78 Saturday, February 1

10-11am

Wild animals can be elusive, especially in winter! Sometimes all they leave behind are their prints on the ground. We'll learn how to identify animal tracks and what they mean before heading outside to see if we can find any. At the end, you can make your very own "track sheet" to tell an animal's story through the tracks they leave behind!

5-9 years (w/ an adult) / 1 session / \$6 child



LOVE IS FOR THE BIRDS!

#19BB79 Saturday, February 15

2-3pm

Valentine's day is a time to celebrate love and this year we're sharing it with the birds. Meet one of our captive raptors up close and learn all about the adaptations of different kinds of birds. Then make some bird feeders to take home and show our love for the birds.

All Ages / 1 session / \$6 person



BEAR BRANCH NATURE CENTER



MAPLE MAGIC

#19BB80 Saturday, February 22

5:30-7pm

Maple trees have been a source of sweet treats since the Native Americans time. We'll take a hike to the maple stand where we learn how maple trees were tapped both then and now. Then return to the nature center to learn how to cook the sap into a tasty treat using both tools from the time of the Native Americans and now! By the end of the program, you'll know all you need to make syrup of your own! This program is weather-dependent.

All Ages / 1 session / \$5 person



MAPLE SUGARIN'

#19BB81 Sunday, February 23

1:30-3pm

Can't wait for our Maple Sugarin' days to get your maple fix? Join us for an afternoon of maple sugarin'! We'll take a short hike to the maple stand to tap a tree for collecting sap. Then return to the nature center to learn how to make some delicious maple syrup and other treats from our sap. A sample of maple candy will be provided to each participant. By the end of the program, you'll have all the knowledge you need to make syrup of your own! This program is weather-dependent.

All Ages / 1 session / \$5 person

**All programs meet
at the Nature Center
unless otherwise
noted in
description.**

**For most up-to-date info,
visit ccrecpark.org**

BEAR BRANCH BULLETIN BOARD

410-386-3580 / bearbranch@carrollcountymd.gov

Contact us about these or other upcoming opportunities or events.

BIRTHDAY PARTIES

Looking for something fun to do on your birthday? Book it at Bear Branch! Packages include a 3-hour use of the auditorium, a 45-minute naturalist-led program, and time to explore the Nature Center. Six themes to choose from.

PACKAGE FEE: \$175

FIELD TRIPS

Are you an elementary school teacher looking for a fun, educational field trip for your class? Our field trips include a 45-minute naturalist-led presentation and hands-on, outdoor activities based on grade level (aligned with the Carroll County science curriculum).

FEE: \$4/student and chaperon (in-county), \$5 (out-of-county); + optional \$50 pavilion rental fee

OUTREACH & PRIVATE PROGRAMS

Interested in organizing a hike, planetarium show, or nature-themed program for your group at Bear Branch? Ask us for topic ideas or request your own! We can even come to you (+\$25 traveling fee)!

FEE: \$4/student and chaperone (in-county); \$5 (out-of-county)

SPECIAL EVENTS:

✓ **MARK YOUR CALENDAR!**

METEOR SHOWER HIKE — Members Only

Friday, December 13, 6:30 – 8pm

Join us for this exciting event that only happens once a year! Learn about meteors in the planetarium then hike with the naturalist to a high spot in the park to view the Geminids meteor shower, the moon, and winter constellations! It's free to members, but space is limited so PRE-registration is required, so please call 410-386-3580 no later than December 10th to reserve your spot!

MAPLE SUGARIN' DAYS & PANCAKE BREAKFAST

Saturday, March 7, 10am -- 2pm – Maple Tapping Hikes

Sunday, March 8, 10am -- 2pm – Pancake Breakfast & Maple Tapping Hikes

It's maple sugaring season at Hashawha Environmental Center and Bear Branch Nature Center! We're doing something new this year so whether you love our Maple Sugarin' Festival or are visiting for the first time we have a treat for you! On Saturday and Sunday, you can stop by the nature center for a guided hike to visit our maple grove, tap a tree, then enjoy a maple treat as you learn how to make maple syrup from the sap. On Sunday only, we'll offer a pancake breakfast at Hashawha Environmental Center featuring maple syrup made in Maryland! Hikes include a maple sugar sample! No pre-registration required!

***Maple hikes and demos on the hour from 10am-2pm on Saturday and Sunday - \$2 per person Breakfast only available on Sunday - \$4 per plate

VOLUNTEER OPPORTUNITIES:

BLUEBIRD TRAIL MONITORING TRAINING

Sunday, March 1, 1-3pm

Help monitor Hashawha's Bluebird Trail this spring and summer. Learn about bluebirds, how to identify nests, and how to correctly log data. Service hours are available for the training and weekly monitoring shifts! Please dress for the weather as we will be hiking to the boxes.

Age: 7 and up (12 and under must be accompanied by an adult)



PINEY RUN PARK & NATURE CENTER



Pre-registration is needed so that we can be fully prepared for you to enjoy our programs.
Youth **MUST BE ACCOMPANIED** by a **PAYING ADULT** for any of our "All Ages" programs AND those listed as "age # - ADULT"

410-795-6043
30 Martz Road, Sykesville

(OPEN-season)

March 1 thru November 30

PARK "open-season" hours and entrance fees: Park gates are open 7 days a week from 7am until sunset. Entrance fees are collected at the Gatehouse upon arrival for \$5/vehicle for Carroll County residents, \$10/vehicle for all others; and season Vehicle Passes are available from the Park Office and Gatehouse for \$50/vehicle for Carroll County residents, \$75/vehicle for all others. Entry for seniors and active military is free with ID. *Please note vehicle entrance fees are waived for Nature Center programs listed in this section for pre-registered participants ONLY (those registered at least 24 hours before program), unless otherwise stated in the description. All fees are subject to change without notice.

NATURE CENTER "open-season" hours: Open Wednesday-Saturday 11am-5pm, Sunday 12-5pm; closed Monday, Tuesday and Holidays.

(OFF-season)

December 1 thru February 28

PARK "off-season" hours: Park gates are open Monday-Friday 8am-4pm; closed weekends and holidays. No entrance fees will be collected during the "off-season" and the lake is closed for boating. Visitors are still welcome to walk the trails, fish from the shores, and visit the Nature Center.

NATURE CENTER "off-season" hours: Open Monday-Friday 11am-4pm; closed weekends and holidays.

In case of inclement weather... if snow/icy conditions or heavy rains/thunderstorms are in the forecast, call before coming to a program to see if it has been canceled/postponed. If Carroll County Government is closed, the Park and Nature Center are also closed. If Carroll County Schools are closed, delayed, or dismissed early, Nature Center programs that fall during those time periods are canceled as well (please see full Inclement Weather Policy for Rec & Parks in the back of this brochure).

Nature Center Membership: The Nature Center offers several options of memberships to help support its activities. Newsletters and program announcements are mailed to members regularly. Members receive discounts on our popular Nature Camp and on purchases made at the Nature Center Shop. Membership to the Nature Center does NOT include the entrance fee into the Park. Please call for more information on Membership Benefits (see form on page 16 to apply or apply online at ccrecpark.org).

MOTHER NATURE & ME

Fridays, 10-10:45am

#19PR55 12/6, 1/3, 2/7

Accompany your child, grandchild, niece or nephew for a fabulous and stimulating preschool program! Dress for the weather, as some activities may take place outside. Learn about nature through outdoor and indoor activities such as crafts, songs and stories.

3-5 years (w/ an adult) / 3 sessions
\$18 child

KNOCK, KNOCK...

#19PR56 Wednesday, December 11
4-5pm

Ever hear a strange knocking outside, only to walk out and find no one? You're not hearing things; it was just our friend the woodpecker! Join us as we look and listen for woodpeckers outside and discuss what they eat so that they can stay here year-round. We'll finish up by taking logs, drills, and seeds to make a woodpecker feeder!

4-10 years (w/ an adult) / 1 session
\$6 child

MORNING BIRD WALK

Thursdays, 8:30-10:30am

#19PR57 December 19

#19PR58 January 16

#19PR59 February 20

Venture outside and join Dave & Maureen Harvey of the Carroll County Bird Club for a morning bird walk. Search for the many different types of songbirds, waterfowl, raptors, and woodpeckers. Beginning birders are welcome. We suggest bringing along binoculars and field guides. Dress for the weather since walks occur rain or shine. Please meet at the Nature Center Parking Lot.

10-Adult / 1 session / \$6 person



WHERE HAVE ALL THE CRITTERS GONE?

#19PR60 Monday, January 27

10-11am

Along with the temperatures dropping, we seem to see less of our scaly friends! Come to Piney Run to find out how some of our furry and scaly critters adapt to the long cold winter months. Following a short discussion, we will hike outside to look for hibernation spots, and finish with a craft to take home.

3-5 years (w/ an adult) / 1 session / \$5 child

A LITTLE SEED

#19PR61 Monday, February 3

10-11am

What do a flower, carrot, watermelon and pumpkin all have in common? They all started with a seed! With spring around the corner let's begin to prepare our gardens. We will start with a story following by a brief lesson on seeds. Finally, using egg shell and soil provided by us, we'll get those seeds started!

3-5 years (w/ an adult) / 1 session / \$6 child



VALENTINE'S DAY~IS FOR THE BIRDS!

#19PR62 Friday, February 14

10-11am

We hope you can join us for a fun filled mixed up Valentine's Day. We will begin our adventure by taking a hike to look for our feathery friends. Upon returning we will create up some interesting edible scat! Using a mixture of chocolates, seeds, berries, we will create bird scat! What better way to celebrate the day!

3-5 years (w/ an adult) / 1 session / \$6 child

TRACKS & TRACES

#19PR63 Wednesday, February 19

10-11am

Acorns, antlers, broken foliage and crazy footprints! Who resides in Piney Run Park? Let's take a hike and look for any clues "traces" of who may call Piney Run home. When we come back, we will make an aTRACKtive craft!

3-6 years (w/ an adult) / 1 session / \$5 child



All programs meet at the Nature Center unless otherwise noted in description AND include park entrance fee for PRE-REGISTERED participants only (unless noted in description)



PINEY RUN PARK & NATURE CENTER



BEAR BRANCH & PINEY RUN NATURE CENTER MEMBERSHIP FORM

Are you a Nature Center Member?



Nature Center Members play an important role within our parks and membership has numerous privileges! Membership benefits include discount registration for Nature Camps, 10% discount in either Gift Shop at the Center, invitations to 'Members Only' programs and activities, plus an opportunity to serve on your affiliate Council. As a member you also know that you are helping to support quality environmental education programs at the Nature Centers in Carroll County.

Membership Rates		BB Membership #	PR Membership #
Family	\$20	20BB-fam	20PR-fam
Individual	\$12	20BB-ind	20PR-ind
Senior Citizen (62+)	\$6	20BB-sr	20PR-sr
Full Time Student	\$8	20BB-st	20PR-st
Lifetime	\$250	20BB-lif	20PR-lif

YES, I would like to become a member of (please check one):

☐ Bear Branch Nature Center

☐ Piney Run Nature Center

Register online at ccrecpark.org OR use the form below to mail in with a check payable to Carroll County Commissioners.

Mail to Carroll County Department of Recreation & Parks
300 S. Center Street
Westminster, MD 21157

Enclosed is my check for *\$_____, for _____

(type of membership requesting)

***Contributions in excess of your membership fee are tax deductible, under Park Legacy Fund.**

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____



For most up-to-date info, visit ccrecpark.org

PINEY RUN BULLETIN BOARD

410-795-6043 / pineyrunpark@carrollcountymd.gov

Contact us about these or other upcoming opportunities or events.

ADOPT A CRITTER

The Nature Center's live animal collection requires constant care. Animals in need of sponsors include birds of prey, snakes, and turtles. Support the critters or sponsor a particular animal.

BIRTHDAY PARTIES

Looking for a wild time on your birthday? Nature Center birthdays include the use of the Yurt for 3 hours and a 45 minute naturalist-led program. Fee is \$175; set-up and clean-up are the responsibility of the scheduling parent. In a rush and don't have time for goody bags? No problem, we can make unique nature-related bags – \$5 per bag, with advanced notice.

ENVIRONMENTAL EDUCATIONAL CLASSES & FIELD TRIPS

Call to schedule a program - public, private or home school. Programs can be scheduled as Nature Center field trips or to have a naturalist come to your location: Carroll County groups \$4/person with a \$25 minimum; and out-of-county groups \$5/person with a \$50 minimum.

SPECIAL EVENTS:

✓ **MARK YOUR CALENDAR!**

COUNTRY HOLIDAY CRAFT DAY

Adults Craft Day, Saturday, December 7, 10am-12pm & 1-3pm

For our saplings, Ages 5-15 Craft Day

Friday, December 13, 4-6pm & Saturday, December 14, 10am– Noon

Country Holiday Crafts Days will be happening again this December! You'll have the opportunity to make wreaths, centerpieces, door swag and other holiday decorations using the tools nature gave us! *Pre-Registration is required, please call 410-795-6043 for more information.

BASKET WEAVING CLASSES!

Saturday, January 18, 2020 / snow date January 25, 2020

Joan Betzold, a talented award-winning master weaver will guide the participants through the necessary steps to weave their own hand-crafted basket. This will be yours to keep and take home with you at the end of the class. *Pre-registration is required, please call the Nature Center at 410.795.6043 for more information.

CABIN FEVER ARTS AND CRAFTS SHOW

Saturday, February 15, 2020 from 10am-4pm

Looking for an excuse to visit Piney Run Nature Center in the middle of winter? Look no more- we hope you stop by for our Cabin Fever Arts and Crafts Show. Works showcased are inspired by Nature – from jewelry, wools, photography and much more. \$2.00 donation entrance fee.

SAVE THE DATE:

Keep a look out for the **Cabin Fever Coffee House** in March. We happily welcome the Koons back for an entertaining evening of Whirligig music. More details to come!

Recreation Councils

Adaptive Recreation Council

Contact Debbie at dgemmill@carrollcountymd.gov

Carroll County Arts Council

www.carrollcountyartsCouncil.org

Carroll County Equestrian Council

www.carrollcountyequestriancouncil.org

Central Carroll Recreation Council

www.centralcarrollrec.org

Charles Carroll Recreation Council

Contact Matt at mdecker@carrollcountymd.gov

Freedom Area Recreation Council

www.freedomarearec.org

North Carroll Recreation Council

www.northcarrollrec.org

Piney Run Recreation and Conservation Council

Contact Deb at drottman@carrollcountymd.gov

West Carroll Recreation Council

www.gowcrc.org

Westminster Area Recreation Council

www.westminsterarearec.com

Winfield Recreation Council

www.winfieldrec.org

Woodbine Recreation Council

www.woodbinerec.org



IS YOUR COACH ON THE LIST

Help Keep Our Kids Safe

VERIFY THE LIST



Scan me

Sign up for your



Membership



Become a member at

Carroll County Department of

Recreation & Parks' only off-leash

area for dogs (located in Westminster

at Bennett Cerf Park, on Manchester Road

near Random House).

NEW! Small dog area that is designated for small dogs
30 pounds or less.

**only
\$30**

Membership applications are available online at bennettcerfdogpark.org

For more information call 410-386-2103

SEEKING NEW INSTRUCTORS...

Do you have a talent or skill to share ...want to make a few dollars teaching it to others? We are regularly in need of instructors, and we are presently seeking instructors for:

• Quilting

• Fitness

Please contact us if you or someone you know possesses this or any other talent you think others would enjoy.



**we have a wide range of
GIFT CERTIFICATES
available!**

Give the gift of health and well being! We offer quality recreation programs, encourage appreciation of the natural environment, promote good health and healthy habits, provide opportunities for growth and lifelong learning for all ages and abilities, which ultimately improves quality of life. Gift Certificates can be redeemed for a multitude of programs!

To see all availability and to purchase, visit:

ccrecpark.org

Healthy Carroll Families, with The Partnership for a Healthier Carroll County, and partnered with Carroll County Department of Recreation and Parks, is pleased to share Healthy Carroll Families' electronic media campaign with information designed to help you take the next step in your family-based approach to healthy weight. You may download the latest newsletter at

www.healthycarroll.org, or contact

ThePartnership@HealthyCarroll.org

to receive Healthy Carroll Families by email.



**Men's, Co-ed & Church
SOFTBALL & SOCCER LEAGUES
start April**

Carroll County Department of Recreation & Parks
410-386-2103 / mdecker@carrollcountymd.gov



HOW TO REGISTER

Online OR Phone It In: Go to ccrecpark.org. Click the appropriate Program Guide icon (lower left corner) and view the pdf or print it out. You may continue on to our Registration Site by choosing the words, "Online Program Registration & Payment" where you can view all listings by category with their respective descriptions, add program(s) to your cart, and follow screen instructions to complete your transaction. Payment must be made at time of registration (Visa, MasterCard, Discover) -OR- call R&P 410-386-2103 Monday-Friday 8am-5pm, using your credit card. All online and phone registrations are processed immediately and payment confirmation is sent via email.

Mail It In: Complete registration form and mail along with your check (payable to Carroll County Commissioners) to address noted on the bottom of the form (NO cash/credit card payments via mail). Provide all information requested on the form to ensure prompt processing. No confirmation will be sent; your canceled check is your receipt.

Walk It In: You may register in person Monday-Friday 8am-5pm with cash, credit card, or check payment at Carroll County Department of Recreation & Parks, located in the Robert Moton Center, 300 S. Center Street, Westminster.

Registrations of all types (phone, online, mail, or in person) are processed in the order in which we receive accurately completed forms and correct fees.

EARLY BIRD DISCOUNT*: Sign up early and save!

A discount of \$5 is available for course registrations (*only where "★" is located) postmarked, hand delivered or registered online no later than November 26, 2019. *Note the exceptions printed with each course or program section.

SENIOR DISCOUNT*: Carroll County citizens who are 60+ years of age are offered to use up to a 20% discount (rounded down to the next whole dollar, i.e., \$5.60 would be a \$5 discount) on course registration fees (*only where "★" is located) if they are the participant of the course. *Note the exceptions printed with each course description or program section.

*You may apply only one discount. Not offered for Bus Trips, Adaptive Recreation, and Nature Center programs.

SENIORS IN ACTION MEMBER DISCOUNT: Special discounts are offered for some bus trips for active SIA members only - you MUST call in to register to take advantage of this discount. If you would like to join SIA, it is just \$10 (annual fee).

INCLEMENT WEATHER POLICY: When the Carroll County Public Schools are closed or close early due to weather or other emergency conditions, all Carroll County Recreation & Parks programs are also canceled for that day. For weekend/non-school days, once the Snow Emergency Plan is in effect for Carroll County, no Recreation & Parks activities take place. Visit the state weather website: www.chart.state.md.us/StormInfo/snow_emergency_plans.asp. Should the "Plan" be lifted any time during that day, all activities remain canceled for that day. Program registrants of programs listed in this guide will be contacted once make-up dates are established.

CELL PHONES: As a courtesy to other participants, we respectfully request that program registrants make every effort not to use their cell phones during classroom instruction, while riding on buses, participating in guided tours, etc.

STILL HAVE QUESTIONS?

Contact Jamie Noel
Carroll County Department of Recreation & Parks
410-386-2103 jnoel@carrollcountymd.gov

WINTER REGISTRATION FORM



Participant's LAST Name _____ FIRST _____

Parent/Guardian (if applicable) _____

Street Address _____

City _____ State _____ Zip _____

Phone: Home _____ Work or Cell _____

Email _____ Participant's Date of Birth _____

Emergency Name & Number (other than parent above) _____

Waiver of Liability: By my signature below, I acknowledge that there are inherent risks and dangers associated with recreation programs, that Carroll County Department of Recreation & Parks does not provide any registrant medical or hospitalization insurance whatsoever, and therefore, I hold Carroll County Commissioners and their agents harmless from all claims of injury, damage or loss which may result from my, or my child(ren)'s participation in the program/s listed below.

Authorization for Use of Photographic Likeness: I agree to allow Carroll County Department of Recreation & Parks to take and utilize photographic images of the registered individual/s for the purpose of promotion and publicizing of Department programs and/or events. If I prefer to not allow the above registered participant/s to be photographed, I will call 410-386-2103 to register my request.

Signature _____ Date ____/____/____

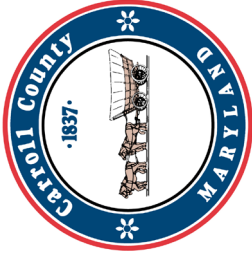
Participant's Signature (Parent/Guardian's Signature if participant is under the age of 18)

Program Name	Program #	# Attending	Per Person Fee	Total \$
1.				
2.				
3.				
4.				
Comments/Special Instructions:				
Choose ONE of the following discount options (only if program indicates applicable)...				
Early Bird Discount - pay in full no later than November 26, 2019 and deduct \$5 per course, only where applicable				-
Senior Citizen Discount - deduct up to 20% off of the course fee (round down to next whole dollar), only where applicable				-
SUBTOTAL:				
GRAND TOTAL				

Please be sure to sign the form above

Save a Stamp!
Register online at
ccrecpark.org
or call
410-386-2103

Make checks payable to Carroll County Commissioners and mail to:
Carroll County Department of Recreation & Parks
300 S. Center Street
Westminster, MD 21157



Carroll County Commissioners

Stephen A. Wantz, President
Ed Rothstein, Vice President
C. Richard Weaver, 2nd Vice President
C. Eric Bouchat
Dennis E. Frazier

Carroll County Department of

Recreation & Parks

300 S. Center Street
Westminster, MD 21157



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PERMIT NO. 347

Carroll County, Maryland

A Great Place to Live, Work and Play!



Find us on

Facebook



Register
online at
ccrecpark.org or
call today to pay via
credit card!

*Visa, Mastercard, Discover

Register Early

Register by November 26th to
receive an early bird discount "🐦" of
\$5 per program, where eligible!