




A service of Carroll County
Department of Recreation & Parks

SPRING 2020 PROGRAM GUIDE

 ccrecpark.org

 410-386-2103

 300 S. Center Street
Westminster, MD
21157



SPRING GUIDE 2020



YOUTH FISHING RODEOS

FREE events held RAIN or SHINE!

Register at event-bring your own fishing gear.

Henry Lysy Annual Kid's Fishing Rodeo
April 26, 8am-2pm (awards @ 1:30pm)
Westminster Community Pond.
(30 College View Blvd.)

4th Annual Krimgold Park Kid's Fishing Rodeo
May 17, 8am-2pm (awards @ 1:30pm)
Krimgold Park
(5355 Woodbine Road)



Carroll County Park Legacy Fund

If you enjoy visiting our beautiful parks, become involved and help make them an even better place. Your tax deductible contribution can be earmarked to support specific parks or amenities such as playgrounds, benches, trees, nature centers, and more. Contributions are publicly recognized and gift donations on someone's behalf are recognized with a card sent acknowledging the donation.

- Visit us at... <https://www.carrollcountymd.gov/government/directory/recreation-parks/general-information/park-legacy-fund/> to print a Park Legacy Fund brochure and return via US Mail or drop off at the R&P office M-F, 8am-5pm; OR
- Call R&P 410-386-2103 to have a form mailed to you, or even to make a credit card donation (Visa, MC, Discover) in any increment of \$25, \$50 or \$100; OR
- Visit the R&P office located at 300 S. Center Street, Westminster; OR
- Use the registration form at the back of this brochure with any size donation via payment by check.

Programs, Trips, Adaptive Offerings

Adaptive Recreation.....	11-12
Arts & Crafts.....	6
Bus & Van Trips.....	3-4
EPIC.....	3, 6, 8, 9
Health & Wellness	7-9
Home & Garden.....	9
Preschool.....	4
Specials.....	6
Youth & Teen.....	5

Nature Centers

Bear Branch Nature Center Programs, Special Events, Info.....	13-14
Piney Run Park & Nature Center Programs, Special Events, Info.....	15-16

Facilities

Location Key and Addresses.....	2
Park Pavilion Rentals.....	2

Services

Contact Us.....	18, cover
Dog Park Membership.....	17
Gift Certificates.....	17
How to Become an Instructor.....	17
How to Register and Registration Form.....	18
Nature Center Membership Form.....	10
Park Legacy Fund.....	1
Recreation Councils Information.....	17
Volunteer Opportunities.....	14, 16

LOCATION



Our Department utilizes various facilities throughout the County for programming. Listed below are definitions and addresses of any location abbreviated* in program descriptions on pages 3-12.

**An example of the last line of our listings: "14-Adult / 2 sessions / RMC" which means "Age level of program / # of sessions running / location"*

County Facilities:

BBNC - Bear Branch Nature Center
300 John Owings Road, Westminster

Cape Horn Park
2500 Cape Horn Road, Hampstead

CCFM - Carroll County Farm Museum
500 S. Center Street, Westminster

CCOB - Carroll County Office Building
225 N. Center Street, Westminster

CCSC - Carroll County Sports Complex
2252 Littlestown Pike, Westminster

Deer Park
637 Deer Park Road, Westminster

Mayeski Park
1300 W. Old Liberty Road, Sykesville

NCHS - (former school) North Carroll High School
1400 Panther Drive, Hampstead

NCSC - North Carroll Sr & Community Center
2328 Hanover Pike Hampstead

PRP - Piney Run Park
30 Martz Road, Sykesville

RMC - Robert Moton Center
300 S. Center Street, Westminster

Sandymount Park
2250 Old Westminster Pike,
Westminster

SCSC- South Carroll Sr. & Community Center
5928 Mineral Hill Rd, Eldersburg

TSC - Taneytown Sr. & Community Center
220 Roberts Mill Road, Taneytown

WSC - Westminster Sr. & Community Center
125 Stoner Avenue, Westminster

Additional Facilities:

Maryland Allstar Athletics
1430 Progress Way #117, Eldersburg

Mt. Airy Bowling Lanes
304 Center Street, Mount Airy

Schools:

CSS - Carroll Springs School
495 South Center Street, Westminster

FES - Freedom Elementary School
5626 Sykesville Rd, Sykesville

WHS- Westminster High School
1225 Washington Rd, Westminster

WMHS- Winters Mill High School
560 Gorsuch Rd, Westminster

WMS- West Middle School
60 Monroe St, Westminster



Carroll County PARK PAVILIONS **are available for rent in 2020!**



To reserve a pavilion, call 410-386-2103 or send an email to ccrec@carrollcountymd.gov (first come, first serve).

The cost is \$75* to reserve a pavilion via cash, check or credit card (Visa, MC, Discover accepted)

*NEW- Be sure to read our cancelation policy (fees) on page 18 of the brochure.

- Bennett Cerf (544 Manchester Road, Westminster) - fishing, stream, tot lot, walking trail
- Deer Park (637 Deer Park Rd, Westminster) - fishing in pond, tot lot, tennis courts, basketball court, walking trail
- Double Pipe Creek (7577 Middleburg Road, Detour) - fishing and boating in creek, tot lot, basketball 1/2 court
- Freedom (1111 Raincliffe Rd., Sykesville) - walking trail, tot lot and swings
- Krimgold (5355 Woodbine Road, Woodbine) - tot lot, fishing, walking trail
- Landon C. Burns (700 Gist Road, Westminster) - fishing, tot lot, trail
- Leister (4134 Black Rock Road, Hampstead) - tot lot, trail, disc golf
- Mayeski (1300 W. Old Liberty Road, Sykesville) - tot lot, free play area
- North Carroll Community Pond (Basler Rd. & Rt 30, Hampstead) - fishing
- Sandymount (2250 Old West. Pike, Finksburg) - tot lot, basketball court, tennis court, walking trail
- Westminster Community Pond (30 College View Blvd, Westminster) tot lot, fishing, trail

**NOTE: For costs and to reserve a pavilion at Piney Run Park (410-795-5165), Hashawha (410-386-3560), or the Sports Complex (410-857-4832), contact the facility directly - fees at these locations vary (\$5 early bird discount does not apply).*



BUS & VAN TRIPS

ALL YOUTH MUST BE ACCOMPANIED BY A PAYING ADULT



"BECOMING JANE (Goodall) EXHIBITION" at the National Geographic Museum

Tuesday, April 28, 8:30am-9:30pm

#20BT01-s single

#20BT01-d double

Dr. Jane Goodall, braved the unknown to give the world a remarkable window into humankind's closest living relatives: chimpanzees. In this hands-on, transportive multimedia exhibition celebrating her extraordinary life and work, you'll explore Dr. Goodall's early years through iconic images and a multiscreen experience and venture on a 3D exploration of Tanzania's Gombe Stream National Park where she did her famous behavioral research on chimps. You'll also see a life-size hologram of Dr. Goodall, enter a replica of her research tent, and learn about her current role as a leader in community-centered conservation and youth empowerment. NO ROPES. NO BOUNDARIES. NO LIMITS! Madame Tussauds Washington, DC is turning history from bland to GLAM! Rub shoulders with your favorite Hollywood A-listers, athletes, musicians, the political elite and even all 45 U.S. Presidents! Our Guests get to MAKE History, not just learn about it! Interact with the legendary celebs from the past and present, only in our uniquely immersive experiences where you're the star! BRING YOUR CAMERA! Before you leave, you will find out what you can do today to make a positive impact in the world. Exhibitions at the National Geographic Museum showcase bold people and transformative ideas in the fields of exploration, scientific research, storytelling, and education. With a wide range of changing exhibitions, the National Geographic Museum in Washington DC is the perfect destination for all ages.

All Ages / 1 session / Departs CCFM

\$90-single / \$170-double (Lunch is on your own, fast food stop on the return trip)

ALWAYS... PATSY CLINE

Saturday, May 30, 5-11pm

#20BT02-s single

#20BT02-d double

Always... Patsy Cline is more than just a tribute concert to the legendary country singer who died tragically at the age of 30 in a plane crash in 1963. The show is based on a true story about Cline's friendship with a fan from Houston named Louise Seger, who befriended the star in a Texas honky-tonk in 1961, and continued a correspondence with Cline until her death. The musical play, complete with down home humor, true emotion and even some audience participation, includes many of Cline's hits such as "Crazy", "Walking After Midnight", "I Fall to Pieces", "Sweet Dreams" ... 27 songs in all. The show title was inspired by Cline's letters to Seger, which were consistently signed "Love ALWAYS ... Patsy Cline." Enjoy a buffet dinner at the beautiful Gettysburg Hotel on the square before we continue to the show at the Totem Pole Playhouse in Fayetteville, PA. Limited spaces, so register early – sit back and let us do the driving! Your fee includes dinner, gratuity, show ticket and van transportation.

All Ages-Rated G (suitable for the whole family) / 1 session / Departs CCOB

\$85-single / \$165-double

STATUE OF LIBERTY & ELLIS ISLAND

#20BT03 Saturday, June 6, 2020, Approx 5:45am-11pm

Spend the day visiting via ferry both Ellis and Liberty Islands. Once on Ellis, you will then be on your own to enjoy both islands/museums/statue at your leisure until the return to the bus. All participants are welcome to visit the Statue Pedestal and museum. For those interested, you are welcome to make the adventurous trek up to the Crown of the Statue, but to do so you will need to pre-purchase an additional ticket(s) online at their website, www.statuecruises.com. See full details online at ccrecpark.org.

All Ages / 1 session / Departs CCOB

\$88

THE SOUND OF MUSIC

Saturday, June 27, 5-11pm

#20BT04-s single

#20BT04-d double

When a postulant proves too high-spirited for the religious life, she is dispatched to serve as governess for the seven children of a widowed naval Captain. Her growing rapport with the youngsters, coupled with her generosity of spirit, gradually captures the heart of the stern Captain, and they marry. Upon returning from their honeymoon they discover that Austria has been invaded by the Nazis, who demand the Captain's immediate service in their navy. The family's narrow escape over the mountains to Switzerland on the eve of World War II provides one of the most thrilling and inspirational finales ever presented in the theatre. Enjoy a buffet dinner at the beautiful Gettysburg Hotel on the square before we continue to the show at the Totem Pole Playhouse in Fayetteville, PA. Limited spaces, so register early – sit back and let us do the driving! Your fee includes dinner, gratuity, show ticket and van transportation.

All Ages-Rated G (suitable for the whole family) / 1 session / Departs CCOB

\$85-single / \$165-double



WEST SIDE STORY

Saturday, August 1, 5-11pm

#20BT05-s single

#20BT05-d double

Inspired by the timeless story of Romeo and Juliet, West Side Story takes Shakespeare's star-crossed lovers, and places them in the vibrant battleground of New York City's West Side in the 1950s. In the midst of the deep-seated rivalry between the Puerto Rican gang, the Sharks, and the white gang, the Jets, Maria and Tony discover that ancient grudges are no match for true love. Their warring factions, however, refuse to back down, and the "rumbles", romance, and resentment lead the bloody path to the lovers' ultimate, tragic conclusion with soaring, sophisticated, and diverse melodies, energetic and athletic dance battles, and its remarkably salient social message, West Side Story remains one of American musical theatre's most revolutionary and most loved treasures. Enjoy a buffet dinner at the beautiful Gettysburg Hotel on the square before we continue to the show at the Totem Pole Playhouse in Fayetteville, PA. Limited spaces, so register early – sit back and let us do the driving! Your fee includes dinner, gratuity, show ticket and van transportation.

Adult-Rated PG-13(for adult situations & some violence) / 1 session / Departs CCOB

\$85-single / \$165-double

LITTLE LEAGUE WORLD SERIES in Williamsport, PA

Monday, August 24, 8am-Approx 8pm (6 hours at the LLWS complex)

#20BT06-s single

#20BT06-d double

Admission is free and first come first served in stadium seating. Plenty of seating room on the "hill" beyond the outfield at the main stadium. 5 Games are scheduled for this Monday visit, with 15 concession stands open, several Family Fun Zones, a Gift Shop, a Team Shop and the World of Little League Museum.

All Ages / 1 session / Departs CCFM

\$50-single / \$90-double (Lunch is on your own, fast food stop on the return trip)

For most up-to-date info,
visit ccrecpark.org



BUS & VAN TRIPS

ALL YOUTH MUST BE ACCOMPANIED BY A PAYING ADULT



TRIPS from our WINTER GUIDE *Hurry spots are filling up quickly!*

2020 PHILLY FLOWER SHOW

#19BT13 Tuesday, March 3, 7:30am-6pm

(Snow make-up day Thursday, March 5)

Inspired by the world's exotic Mediterranean gardens, the 2020 Philadelphia Flower Show, Riviera Holiday invites you to fall in love with gardening all over again. As you enter the Show, groves of Citrus trees lead the way providing a lush dramatic promenade to the sunshine drenched landscape ahead. Breathe in fragrant waves of lavender inspired by the terraced gardens of Monaco. Explore the allure and extraordinary plant palette of some of the world's captivating coastal regions. This year features MORE gardens and picturesque landscapes to experience, BIGGER displays of flowers, plants and trees and BETTER viewing from re-designed pathways. Included with admissions are daily live demonstrations where you can get tips and ideas from gardening experts and samples of more than 100 labels of the finest wine and spirits at daily tastings.

Additional paid experiences add charm and fun to a Flower Show visit, including Butterflies Live and a new culinary luncheon experience guaranteed to take you away to San Tropez. Lunch is on your own, inside the show or outside restaurants within walking distance are your options. Dress in comfortable shoes and layers as the show floor can get a bit chilly. Includes show entrance ticket, motorcoach transportation and driver's gratuity.

All Ages / 1 session / Departs CCFM

\$75 (+lunch on your own)



TINA: THE TINA TURNER MUSICAL

Tuesday, March 31- Wednesday, April 1, 2020

Departs at 9:30am / Approx. Return 10:00pm

19BT15-d double occupancy

19BT15-t triple occupancy (only two beds)

19BT15-q quad occupancy (only two beds)

19BT15-s single occupancy

The critically acclaimed new musical based on the life of Tina Turner transfers from London with Tony & Olivier Award nominee Adrienne Warren reprising her role as the legendary artist. From humble beginnings in Nutbush, Tennessee, to her transformation into the global Queen of Rock 'n' Roll, Tina Turner didn't just break the rules, she rewrote them. This new stage musical reveals the untold story of a woman who dared to defy the bounds of her age, gender and race. Trip includes: Departing from Westminster with secure overnight parking. A lunch stop at the world-famous Matoris Diner in Bordentown New Jersey (on your own) Overnight accommodations at the Novotel New York, 226 W. 52nd Street. (You are free to plan your evening on your own.) Buffet Breakfast served in the Super Nova Restaurant in the hotel lobby (included). Transportation to the theatre provided (if wanted) for your Orchestra seat at the April 1, 2:00 matinee of "Tina: The Tina Turner Musical" at the Lunt-Fontanne Theater, 205 W. 46th Street. New this year is New York's Zabar's Famous Picnic of your choice on the bus ride home (included), baggage handling, round-trip motor coach transportation and driver's gratuity. Group leader: Barbara Lages

All Ages / 2 sessions / Departs CCFM

Double Occupancy: \$428.00 per person

Triple Occupancy (Please note there are only two beds per room): \$384.00 per person

Quad Occupancy (Please note there are only two beds per room): \$358.00 per person

Single Occupancy: \$584.00 per person

**You will be given your choices for your picnic lunch approximately 3 weeks before the trip to be returned to the Rec and Parks office.



PRESCHOOL



MOMMY & ME TUMBLING

Sundays, 10-10:45am

#20SG01 March 1-April 5

#20SG02 April 19-May 24

Wednesdays, 10-10:45am

#20SG03 March 11-April 15

#20SG04 April 22-May 27

An exploration based program with a semi-structured format making physical skills top priority. Parental involvement is gradually decreased thru inviting activities. The children soon take pride in being treated like "big kids."

1-2.5 years / 6 sessions / MD Allstar Athletics

\$100 🐣

TINY TUMBLERS

Sundays, 11-11:45am

#20SG05 March 1-April 5

#20SG06 April 19-May 24

Wednesdays, 11-11:45am

#20SG07 March 11-April 15

#20SG08 April 22-May 27

Emphasis is placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

3-5 years / 6 sessions / MD Allstar Athletics

\$100 🐣

TENNIS TOTS

Tuesdays, 5:30-6pm

#20SG09 May 19-June 23

Designed specifically for young children to develop basic racquet handling skills and court movement; equipment provided. A perfect way to introduce your tots to tennis! Parental supervision is required. No refunds for weather cancellations or rescheduling conflicts. Instructor-Steve French

4-6 years / 6 sessions / WMHS

\$52



YOUTH & TEEN



MINI TUMBLERS

Sundays, 12-1pm

#20SG10 March 1-April 5

#20SG11 April 19-May 24

Thursdays, 5:30-6:30pm

#20SG12 March 12-April 16

#20SG13 April 23-May 28

Emphasis placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

5-7 years / 6 sessions / MD Allstar Athletics

\$102 🐾

BEGINNER TUMBLING

Tuesdays, 6-7pm

#20SG14 March 10-April 14

#20SG15 April 21-May 26

For those with little or no experience; a great way to "try it out" to see if tumbling is an activity you would like to continue. Learn and practice skills such as rolls, handstands, cartwheels, back-bends, kick-overs, and more.

6+ years / 6 sessions / MD Allstar Athletics

\$102 🐾

NINJA WARRIOR TRAINING

Saturdays, 10-11am

#20SG16 March 14-April 25 (no 4/11)

BOYS and GIRLS- this diverse and challenging set of obstacle courses will encourage fitness through movement, agility, and balance. Participants will use their bodies to their full potential building strength, balance, agility and spatial awareness.

6-10 years / 6 sessions / MD Allstar Athletics

\$102 🐾

SUPERHERO TRAINING

Saturdays, 11am-12pm

#20SG17 March 14-April 25 (no 4/11)

BOYS and GIRLS...learn to fly, jump, climb and tumble in this action-packed program!

3-8 years / 6 sessions / MD Allstar Athletics

\$102 🐾

MIGHTY KICKS

Mondays, 4:30-5:30pm, Sandymount Park

#20SG18-a March 23-May 11

Wednesdays 4:30-5:30pm, Mayeski Park

#20SG18-b March 25-May 13

Thursdays, 4:30-5:30pm, Cape Horn Park

#20SG18-c March 26-May 14

Saturdays, 9-10am, Carroll County Sports Complex

#20SG18-d March 28-May 16

Saturdays, 10-11am, Carroll County Sports Complex

#20SG18-e March 28-May 16

Introduces soccer to children in a fun, easy way. Our professional coaches teach basic soccer techniques to learn the world's most popular game. Be sure to include a youth t-shirt size upon registration. Coordinator-Level 5 Athletics

2-6 years / 8 sessions / see locations above

\$79

LIT LAX

Mondays, 4:30-5:30pm, Sandymount Park

#20SG19-a March 23-May 11

Wednesdays 4:30-5:30pm, Mayeski Park

#20SG19-b March 25-May 13

Thursdays, 4:30-5:30pm, Cape Horn Park

#20SG19-c March 26-May 14

Saturdays, 9-10am, Carroll County Sports Complex

#20SG19-d March 28-May 16

Saturdays, 10-11am, Carroll County Sports Complex

#20SG19-e March 28-May 16

Introduces lacrosse to children in a fun, easy way. Our professional coaches teach basic soccer techniques to learn the world's most popular game. Be sure to include a youth t-shirt size upon registration. Coordinator-Level 5 Athletics

4-8 years / 8 sessions / see locations above

\$79

BABYSITTER TRAINING

Saturday, 8:30am-3:30pm

#20SG20 April 4

#20SG21 May 2

Babysitters need to be prepared for anything. This American Red Cross instructor-led course features hands-on interactive activities that provide youth the knowledge and skills necessary to safely and responsibly give care for children and infants. The babysitter training will help participants learn the prevention, preparation and emergency skills every good babysitter needs. Subjects covered include leadership, safety and safe play, basic care, first aid and professionalism (in the state of Maryland, youth must be age 13 in order to babysit for a child under the age of 8) and receive the American Red Cross certificate of attendance. Bring a bag lunch, paper and pen for notes.

11-17 years / 1 session / RMC

\$74

POKÉMON and STEM ENGINEERING using LEGO® MATERIALS

#20SG22 Tuesday, April 28, 9am-4pm

Join Ash and Pikachu as you build, capture, train, and explore the vast world of Pokémon with tens of thousands of LEGO® parts. Design your own Poké Balls, explore the Kanto region, and fly with Charizard. Explore engineering through the fun world of Pokémon with the guidance of a Play-Well instructor.

6-10 years / 1 session / RMC

\$61

TENNIS: Beginner

Mondays, 5-6pm

#20SG23 May 18-July 6 (no 5/25, 6/29)

This program will help children new to the sport develop basic tennis strokes including forehand, backhand, volleying and overhead. Participants will also learn scoring and boundaries for both singles and doubles play. Equipment is provided. No refunds for weather cancellations or rescheduling conflicts.

Instructor-Steve French

7-13 years / 6 sessions / WMHS

\$69

TENNIS: Advanced Beginner

Mondays, 6-7pm

#20SG24 May 18-July 6 (no 5/25, 6/29)

A program designed for the older, or the advanced beginner to intermediate level player. This course will help develop tennis strokes and perfect technique. Equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Instructor-Steve French

11-17 years / 6 sessions / WMHS

\$69

**For most up-to-date info,
visit ccrecpark.org**



ART & CRAFTS FOR YOUTH & ADULT



HAND BUILDING WITH CLAY

Tuesdays, 6:30-8pm

#20SG25 March 24-May 5 (no 4/28)

A youth and adult program - it is great fun and easy to learn how to make things out of clay! Students will learn how to make small clay animals, small animal candle holders, unique clay boxes or vases, and brightly glazed tiles or platters. Many examples will be shown for inspiration, and everyone is free to create their own version for each project. Students will spend the last 2 weeks glazing their creations and the price of the class includes the price of having your work fired. Bring plastic bags to keep your work moist and a box (shoe box size or larger) to carry your work home in between classes.

7-Adult / 6 sessions / FES

\$68 (+\$25 material fee due to instructor)

EXPLORING WATERCOLOR

Wednesdays, 6:30-8pm

#20SG26 March 25-April 29

Whether you are experienced in watercolor or not, this program is for all levels. You will be learning about color mixing and composition. You'll be trying out wash techniques and dry brush work. You'll see how colors and brushstrokes can create a mood. Through color and images you can create paintings that are all your own.

Instructor: Suzanne Brault

7-Adult / 6 sessions / FES

\$68 (+\$20 material fee due to instructor)

SPRING WOOD PAINTING

#20SG27 Sunday, April 26, 12pm-2pm

Bring in the warmer weather with a one of a kind springtime painting. No experience is needed-all levels welcome. Enjoy the pleasure of creating your own painted masterpiece as the instructor guides you through the steps. Painting base is a 14 x 16 piece of plywood. Wear appropriate clothing. This is a popular art seating will be limited, so don't hesitate to register. Younger participants are welcome too if accompanied by a registered and participating adult. Instructor-Jean Mayr

16-Adult / 1 session / WHS #E113

\$16 (+\$20 material fee due to instructor)



SPECIALS



EPIC DINING

Tuesday, March 17, 11:30am-1pm

Come out and enjoy a lunch "on your own" with a group of EPIC adults - meet with old friends...meet new friends! R&P will make the reservation at the restaurant, you just call or email to hold your seat. Everyone will order directly off the menu. This month's dining will take place at Baugher's Restaurant, 289 W. Main Street, Westminster. "RSVP to Becky Kishter at 410-386-2488 or email bkishter@carrollcountymd.gov by March 3rd to save your seat! As long as there is room at the table, we are happy to take on last minute folks as well, be sure to let us know!

MARYLAND HQL (Handgun Qualified License)

#20SG28 Saturday, April 25, 8am-12pm

A required course for any adult Maryland resident wishing to purchase or sell a regulated firearm within the state. A fingerprint application is required at an additional fee due at class (approx. \$60-cash only). The course fee includes a one-day pass to the Hap Baker Firearms Facility in Westminster.

Instructor- Robert Toms

Adult / 1 session / BBNC

\$122

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication, or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978, or MD Relay 7-1-1/1.800.735.2258, as soon as possible, but no later than 72 hours before the scheduled event.



HEALTH & WELLNESS



PICKLEBALL OPEN GYM

March-May 2020

#20SG29 March 1-May 31 @ RMC (Sun)

#20SG30 March 2-May 29 @ NCHS (Mon/Wed/Fri)

Looking for gym time to play one of the fastest growing sports? Recreation and Parks is offering open pickleball time for a nominal fee - just register for either one of the locations, or if you really want to play, register for both! You must provide your own paddle and balls. "Special pricing offer for Seniors age 60+" - receive a \$5 discount when registering. Be sure you provide "good" contact info for cancellation notices. Reminder: we follow school closings for poor weather conditions. Two locations currently available (additional locations may be added at a later date) - you must register and participate by location. Coordinator-Rec & Parks staff

•Sun 6:30-9:30pm March 1-May 31 (no 4/12) @ RMC

•Mon/Wed/Fri 1-4pm, March 2-May 29 (no 4/10, 4/25) @ NCHS

16-Adult / multiple sessions / choose your location

\$10 (Special \$5 senior discount) ★

POUND

Mondays, 6:15-7pm

#20SG31 March 2 - March 30

#20SG32 April 6 - May 18 (no 4/13, 4/27)

Drum roll please! It's time to channel your inner rockstar with this rhythmic workout program that uses lightly weighted drumsticks (aka Ripsticks) to create an amazing full-body cardio conditioning experience. Ideal for all abilities and easily adaptable, this jam session packs stress release with mind-strengthening movements to lift your spirits and get you sweating! Visit www.poundfit.com for more details on this international program and join the fun locally! Instructor will provide Ripsticks; participants must bring their own mat. Instructor:

Lynette Stupi, MPH, CPT

16-Adult / 5 sessions / WMS

\$40

TAI CHI CHUAN & QIGONG

Tuesdays, Beginner 6:30pm / Advanced 7:30pm

#20SG33-B Beginner: March 3-April 7

#20SG33-A Advanced: March 3-April 7

Roughly referred to as "internal martial arts," has achieved popularity in China and beyond. Tai Chi emphasizes relaxation, tranquility, concentration on the body parts, and harmony of both mind and body. Practitioners move their bodies in a slow, relaxed, and graceful manner, which has proved to have beneficial effects with respect to balance, fall preventions, and non-vertebral fractures, as well as many chronic diseases. White Crane Qigong is traditional Chinese exercise that imitates the movements of cranes with breathing techniques. Instructor-Peter Chen

16-Adult / 6 sessions / RMC

\$49 ★★

MEN'S BASKETBALL OPEN GYM

Tuesdays AND Thursdays, 9-11pm

#20SG34 March 3-May 28

Open drop-in gym for men age 18 and older.

Adult / Approx. 25 sessions / RMC

\$15

BARRE FITNESS

Wednesdays, 6:15-7pm

#20SG35 March 4 - April 1

#20SG36 April 8 - May 6

Raise the 'barre' on your health! Barre fitness (pronounced "bar") blends strengthening exercises used by dancers along with toning and flexibility work from the world of Pilates. Barre's popularity is based on its proven effectiveness and adaptability to any fitness level. This non-impact, "no-dancing" dancer's workout uses body-weighted exercises and optional light hand weights to burn fat; improve posture and build a stronger core and longer, leaner muscles. Bring a mat and an optional pair of hand-weights if desired (1 or 2lb); instructor will supply other equipment as needed; class may be done barefoot or in yoga socks. Instructor-Lynette Stupi, MPH, CPT

16-Adult / 5 sessions / WMS

\$40

ZUMBA®

Wednesdays, 6:30-7:30pm

#20SG37 March 4-April 8

#20SG38 April 22-May 27

Zumba® takes the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party! Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Come dance with us! Instructor-Alexandra Shilling

16-Adult / 6 sessions / NCSC

\$45

QIGONG

Thursdays, 7-8pm

#20SG39 March 5-April 9

An exercise of energy cultivation that has brought many people into true mental and physical health. It is enjoying a revival around the world, attracting people interested in its healing power, its graceful motions, and its incredible physical feats. Centered on the three essential components of qigong (body, mind and breath), this program is offering the quickest and most effective way to experience physical and mental benefits of each routine, such as improving posture, strengthening body, and reducing tension. Learn to put together an effective qigong flow and combine routines to address your health and fitness. Instructor-Peter Chen

16-Adult / 6 sessions / RMC

\$49 ★★



EPIC-FIT

Fridays, 9-9:45am

#20SG40 March 6-April 17 (no 4/10)

#20SG41 April 24-May 29

Thursdays, 7:15-8pm

#20SG42 March 12-April 16

#20SG43 April 23-May 28

A unique 45 minute core-strengthening workout inspired by all your favorite group exercise programs. With upbeat music and a constant flow of moves, it's a rhythmic and dynamic workout designed to build strength and flexibility. Bring a water bottle and yoga mat. Taught by Lisa Householder MSPE.

Adult / 6 sessions / RMC

\$30 (\$20 for returning registrants *call R&P @ 410-386-2103 to receive the discount)



HEALTH & WELLNESS



FENCING

Fridays, 7-9pm
#20SG44 March 6-May 1 (no 4/10)

Have you ever wanted to learn how to sword fight? If so, this is the class for you! Students learn the skills of this exciting sport, from the basics to the precise maneuvers employed in offense and defense to initiate or avoid attacks from your opponent. Matching wits with your competition can be one of the most challenging and satisfying experiences of a lifetime! No experience required - all levels welcome. Students are responsible for providing their own equipment (mask, jacket, gloves, and weapon). Information on where/how to purchase items will be provided upon registration. Instructor-Ben Backe
12-Adult / 8 sessions / RMC
\$82 (+estimated initial equipment cost of \$115 if needed)

Zumba™ FITNESS

Saturday, 9:30-10:30am
#20SG45 March 7
#20SG46 March 21
#20SG47 April 4
#20SG48 April 18
#20SG49 May 16

Mambo - Calypso - Merengue - Salsa! A multi-cultural dance exercise experience that fuses Latin dance together with energizing music for an awesome fat-burning energetic fun - workout! Invite your friends to meet you on the dance floor. *Younger participants are welcome too if accompanied by a registered and participating adult. Instructor-Yvette Castillo
16-Adult / 1 session / TSC
\$9



CHAIR YOGA

Saturdays, 9:30-10:30am
#20SG50 March 7-April 11
#20SG51 April 25-May 30

Designed with modified yoga poses that can be done while seated in or supported by a chair. These modifications make yoga accessible to people who lack the mobility to move easily from standing to prone, supine, or seated on the floor positions. In addition to a good stretch, chair yoga participants can also enjoy other health benefits of yoga, including improved muscle tone, better breathing habits, reduction of stress, better sleep, and a sense of well-being. Come to learn, play and maybe even break a sweat in a supportive environment! Instructor-Stephanie Walter
Adult / 6 sessions / WSC
\$42

STRONG by Zumba™

Mondays, 6:15-7:15pm
#20SG52 March 9-April 27 (no 3/16, 4/20)
#20SG53 May 4-June 15 (no 5/25)

This is a High Intensity Tempo Training (HITT) program using more traditional fitness moves for a more athletic, conditioning-style workout. You will use your own body weight as resistance to achieve muscle definition. Challenge yourself and let this music-driven class show you how STRONG you are! This program can be modified or progressed to fit individual fitness levels. Bring a mat and water bottle. Instructor-Yvette Castillo
16-Adult / 6 sessions / TSC
\$45

IMPROVING SLEEP HEALTH

Tuesday, 6:30-7:45pm
#20SG54 March 10
#20SG55 April 14

Sleep is an essential part of good health but often elusive to many. Whether it's difficulty falling asleep or staying asleep, short sleeping can have a lasting impact on health contributing to high blood pressure, obesity, memory impairment, heart disease, depression and injury to name a few. In this workshop presented by Integrative health specialist, Lynette Stupi, MPH, CWC, you'll learn about sleep's role in maintaining optimal health, the risks of short sleeping, contributing factors to poor sleep hygiene, steps to take for improving sleep health, and a personal sleep-health assessment. Instructor-Lynette Stupi, MPH, CPT
16-Adult / 1 session / RMC
\$13

SLOW FLOW HATHA

Wednesdays, 7-8pm
#20SG56 March 11-April 15
#20SG57 April 29-June 3

This is an all levels program that will focus on moving slowly to learn movement. We will warm up the body and then explore poses in more detail as we breathe into them to find the ease. Beginners are welcomed to join! Bring a mat. Instructor-Edie Lazenby
16-Adult / 6 sessions / SCSC
\$42



CHAIR CHI

Wednesdays, 10:45-11:40am
#20SG58 March 11-April 15
#20SG59 April 22-May 27

Tai Chi Chuan/Qigong is a noncompetitive, self-paced system of gentle physical exercise and stretching. Each posture flows into the next without pause, ensuring that your body is in constant motion. Each movement is performed in a slow, focused manner accompanied by deep breathing. In the comfort and safety of a seated position, Chair Chi allows people who cannot stand or do not feel confident with their balance (walker, wheelchair, movement disorder) to participate and benefit. Why not give it a try? This program helps to keep stress levels to a minimum. Instructor-Peter Chen
Adult / 6 sessions / RMC
\$39

BEGINNER YOGA BASICS

Mondays, 6-7pm
#20SG60 March 16-April 20
#20SG61 May 4- June 15 (no 5/25)

Designed as an introduction to the practice of yoga. Every week you will explore the foundations of yoga philosophy, breathing techniques to connect breath to movement, safety of alignment, and beginner level poses. Whether you've never stepped onto a mat, or have an established practice and want to understand the postures better, together, we will come into the breath and quiet the mind as we find steadiness in asana. Come to learn, play and maybe even break a sweat in a supportive environment. You don't need to be able to touch your toes; you just have to willing to try! Bring a mat. Instructor-Stephanie Walter
16-Adult / 6 sessions / RMC
\$42



HEALTH & WELLNESS



VINYASA FLOW YOGA

Mondays, 7:15-8:15pm

#20SG62 March 16-April 20

#20SG63 May 4- June 15 (no 5/25)

Wednesdays, 7:15-8:15pm

#20SG64 March 4-April 8

#20SG65 April 15-May 20

Perhaps the most popular style of yoga practiced in the West, these classes keep you moving! You'll flow continuously through sequences of traditional Sun Salutations, standing, balancing, and seated postures linking breath with movement and work to build strength, endurance, balance, and flexibility. For beginners, or experienced yogis, together, we come into the breath and quiet the mind as we find steadiness in asana. Come to learn, play and maybe even break a sweat in a supportive environment! Bring a mat. Instructor-Stephanie Walter

16-Adult / 6 sessions / RMC

\$42 🌟🌟

LINE DANCING

Tuesdays, 6-7pm

#20SG66 March 17-May 12 (no 4/14)

Come join our group for some fun and exercise learning basic steps to popular dance routines - and you don't need a partner! Some are danced at weddings and festivals, some are oldies but goodies, and some are choreographed to the latest songs. We use a variety of genres so there is a favorite for everyone. Each session will include reviews of previous routines. Dancing is one of the best exercises and is certainly great fun! No dance experience is needed and all levels are welcome, youth and adult. Instructor-Becky Morehouse

12-Adult / 8 sessions / RMC

\$40 🌟🌟

Zumba™ FITNESS

Wednesdays, 6:15-7:15pm

#20SG67 March 18-May 6 (no 4/8, 4/22)

#20SG68 May 13-June 17

Mambo - Calypso - Merengue - Salsa! A multi-cultural dance exercise experience that fuses Latin dance together with energizing music for an awesome fat-burning energetic fun - workout! Invite your friends to meet you on the dance floor. Instructor-Yvette Castillo

16-Adult / 6 sessions / TSC

\$45

CLOGGING

Mondays, March 23-May 18 (no 4/13)

#20SG69-B Beginner I: 7-7:30pm &

Beginner II: 7:30-8pm

#20SG69-I Intermediate: 5-6pm

#20SG69-A Advanced: 6-7pm

A fun contemporary American Folk dance for all to enjoy (and it's easier than you think!) The beginner level requires no experience-students will learn basic fundamentals working on form, movement, sounds/ steps, and combining into simple dance routine(s). Wear a thin-soled shoe (leather sole works best). The intermediate level requires 2+ years of experience, and the advanced level is for the well-experienced clogger: wear white clogging shoes with jingle taps; learn new routines/steps and work on group dance form, accuracy and precision; sessions include some free dance time. Beginner I & II - please indicate what level you are taking. Instructor-Becky Morehouse

8-Adult / 8 sessions / RMC

\$40-Beginner (+\$19 material fee for taps, if needed) 🌟🌟

\$55-Intermediate/Advanced 🌟🌟

STRESS MANAGEMENT & THE MIND BODY-CONNECTION

Tuesday, 6:30-7:45pm

#20SG70 March 24

#20SG71 April 21

Stress is part of everyone's life. The way we react to it determines its impact on our health and well-being. This workshop discusses the basic principles of how thoughts and emotions can impact our physical health; and how our mental health affects our physical status. Integrative health specialist, Lynette Stupi, MPH, CWC, will teach easy-to-learn Mind-Body Stress Reduction (MBSR) techniques to assist in stress management, increase well-being and empower participants to become more resilient in a inevitably demanding culture. Instructor-Lynette Stupi, MPH, CPT

16-Adult / 1 session / RMC

\$13

INTRO TO HOLISTIC HEALTH

Tuesday, 6:30-7:45pm

#20SG72 March 31

#20SG73 April 28

Modern medicine has now joined the conversation that we are more than just a collection of body parts, but the "whole person" and its environment and experiences. Holistic health considers more than diet and exercise, it assesses numerous other dimensions, such as social, vocational, recreational and spiritual aspects that truly encompass the total person. In this workshop integrative health specialist, Lynette Stupi, MPH, CWC, will discuss the aspects of holistic health, the various dimensions of wellness and how they impact our happiness and quality of life. Along with an educational presentation based on evidence-based research, this workshop includes a personal wellness assessment to foster self-reflection and improved health and well-being. Instructor-Lynette Stupi, MPH, CPT

16-Adult / 1 session / RMC

\$13

BALLROOM SOCIAL DANCE

#20SG74 Saturday, May 2, 7-9pm



Come out and enjoy a wonderful evening of ballroom dance with your partner. Rec & Parks will provide the music, light refreshments, and the hall—you just bring your dance shoes! All levels are welcome. What a great opportunity to meet new dancers in the local dance world.

Adult / 1 session / WSC

\$29/couple

TENNIS: Adult Beginner

Tuesdays, 6-7pm

#20SG75 May 19-June 23

A program for those new to the sport to develop basic tennis strokes including forehand, backhand, volleying, and overhead. Participants will learn scoring and boundaries for singles and doubles play; equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Instructor-Save French

17-Adult / 6 sessions / WMHS

\$69



HOME & GARDEN



SMALL ENGINE REPAIR

Mondays, 7-9pm

#20SG76 March 16-May 18 (no 4/6, 5/4)

Learn the basics of small engine theory and operation including 2 & 4 stroke cycle engines; carburation and fuel, and ignition systems, valve jobs and complete overhauls. Class time equally divided with lecture and hands-on experience. Bring your own small engine for the last four sessions. Instructor-Henry Hartman

16-Adult / 8 sessions / WHS, Room AG-3

\$77



BEAR BRANCH & PINEY RUN NATURE CENTER MEMBERSHIP FORM

Are you a Nature Center Member?

Nature Center Members play an important role within our parks and membership has numerous privileges! Membership benefits include discount registration for Nature Camps, 10% discount in either Gift Shop at the Center, invitations to "Members Only" programs and activities, plus an opportunity to serve on your affiliate Council. As a member you also know that you are helping to support quality environmental education programs at the Nature Centers in Carroll County.



Membership Rates		BB Membership #	PR Membership #
Family	\$20	20BB-fam	20PR-fam
Individual	\$12	20BB-ind	20PR-ind
Senior Citizen (62+)	\$6	20BB-sr	20PR-sr
Full Time Student	\$8	20BB-st	20PR-st
Lifetime	\$250	20BB-lif	20PR-lif

YES, I would like to become a member of (please check one):

☐ **Bear Branch Nature Center**
☐ **Piney Run Nature Center**

Register online at ccrecpark.org OR use the form below to mail in with a check payable to Carroll County Commissioners.

Mail to Carroll County Department of Recreation & Parks
 300 S. Center Street
 Westminster, MD 21157

Enclosed is my check for *\$_____, for _____

(type of membership requesting)

***Contributions in excess of your membership fee are tax deductible, under Park Legacy Fund.**

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____



Coming Soon!

Opening of the South Carroll Dog Park.
 Visit ccrecpark.org for information.



SOUTH CARROLL DOG PARK

REGISTRATION IS NOW OPEN FOR YOUTH FLAG FOOTBALL

THE NATION'S #1 YOUTH FLAG FOOTBALL PROGRAM

REGISTRATION DEADLINE: MARCH 1st
 SEASON STARTS: APRIL 26th

CARROLL COUNTY SPORTS COMPLEX



QUESTIONS? **877-866-FLAG (3524)**

REGISTER ONLINE AT WWW.NATIONALFLAGFOOTBALL.COM



Carroll County Department of Recreation and Parks is proud to announce EPIC (Experienced People in Carroll County) for ages 50 and older! If you are 50 and older and looking for more EPIC adventures and experiences, be on the lookout for our line of programming. Contact ccrecpark@carrollcountymd.gov for more information or to recommend a program.



SPECIAL EVENTS

MARCH

Bear Branch Maple Sugarin' Days & Pancake Breakfast
 Sat & Sun, March 7 & 8, 10am -2pm – Maple Tapping Hikes
 Sunday, March 8, 10am-2pm – Pancake Breakfast

It's maple sugaring season at Hashawha Environmental Center and Bear Branch Nature Center! We're doing something new this year so whether you love our Maple Sugarin' Festival or are visiting for the first time we have a treat for you! No pre-registration required! Contact Bear Branch with questions at 410-386-3580

APRIL

Bear Branch Project Stream Clean
 Sunday, April 5, 2-4pm

"Every spring, tens of thousands of volunteers come together to pick up trash from local streams, creeks, rivers, parks, and neighborhoods as part of the Alliance's Project Clean Stream — the largest cleanup event in the Chesapeake Bay region!" Be a part of this important program at Bear Branch Nature Center.-- Call or e-mail Bear Branch at 410-386-3580 by April 4 to sign up!

Piney Run Park Project Stream Clean (Ages 6+)
 Saturday, April 25, 10am-Noon

Looking for community service hours coupled with keeping the Piney Run lake clean. We welcome the opportunity to host a stream and shoreline clean up. Bags, gloves and grabbers will be provided. Registration required please call Piney Run at 410-795-6043.

MAY

Piney Run Perennial Swap (Adults)
 Sunday, May 17, 1-3pm

Join local plant lovers and novice gardeners for our spring plant exchange. Meet behind the Piney Run Nature Center to share the bounty of our perennial and herb beds, shrubs, trees and seeds. If you do not have anything to share, please come as there are usually plenty of extra plants needing homes. Call Piney Run for more details at 410-795-6043.

For most up-to-date info, visit ccrecpark.org



ADAPTIVE RECREATION

FOR THOSE WITH MILD TO MODERATE DISABILITIES



One-on-one assistance is NOT provided for any programs, so be sure to let us know upon registration if you are bringing someone (registration fee may apply).

Z-FITNESS

Tuesdays, 6-6:30pm

#20AR01 March 3- March 31

#20AR02 April 21-May 19

Exclusive to AR eligible participants and their siblings/parents. A multi-cultural dance-exercise experience with energizing music for a fun workout! Easy to follow – all abilities welcome, and all who participate must be registered. Please wear tennis shoes and appropriate work out gear.

Instructor-Melanie Haifley

14-Adult / 5 sessions / CSS

\$17

SWIMMING

#20AR03 Wednesdays, March 4-April 22

Wee Otters (Age 2-7) – 5:30pm

Making Waves (Age 8-12) – 6:30pm

Swimtastic (Age 13 – Adult) – 7:30pm

A one hour American Red Cross Learn-to-Swim program; students taught by age and at their own level. Basics are reviewed weekly with a lesson tailored to each individual's need. 1 on 1 assistance is NOT provided and a parent/adult is REQUIRED to participate in the pool with those under 18. Siblings with/without disabilities are encouraged to register to participate but must be in the same age group (a \$10 rebate is available for sibling registrants, given at completion of program). Instructor-Janis Krolus

2-Adult / 8 sessions / CSS

\$42

ADAPTIVE REC LINE DANCE

Wednesdays, 5-5:30pm

#20AR04 March 11-April 8

#20AR05 May 6-June 3

Want to learn some of the popular dance moves on the floor? Join this fun group as we learn and practice the moves. Learn what's new as well as some of the favorite oldies but goodies routines. Dancing is great exercise and fun, too! No experience is necessary, all levels welcome. Instructor-Becky Kishter

14-Adult / 5 sessions / RMC

\$18

BLARNEY BLAST



#20AR06 Friday, March 20, 7-9pm

PRE-REGISTRATION is needed for this to be a successful program – please call today!

Wear all of your favorite green apparel and come out for some DJ dance fun celebrating St. Patrick's Day! Light refreshments served. If you need 1 on 1 assistance, be sure they register, too! Please help us have a successful event by pre-registering so that we have a firm headcount, and note that all who attend must be registered (i.e. parent/guardian, 1 on 1, siblings).

Adults 18+ / 1 session / CSS

\$7/person

SPECIAL CONNECTION: BOWLING LEAGUE

Wednesdays, 4-5:30pm

#20AR07 March 25-May 27

Come join Special Connections (Mount Airy Special Needs Group for Teens and Young Adults) for their new weekly bowling league at Mt. Airy Bowling Lanes. Join in on the fun of socializing and learning the game of bowling. Price includes shoe rental and one game. 1v1 assistance is required, family and friends are welcome, but must also register.

Adult / 10 sessions / Mt. Airy Bowling Lanes, 304 Center Street, Mount Airy

\$50

PICTURE THIS

#20AR08 Wednesday, April 1, 6-7:30pm

Join a group to do 'sign art'. You will have an instructor to walk you through it all, and assist if you need it. It would be great for families as well. We will have the supplies for you, and you can take your project home.

16-Adult / 1 session / CSS

\$25



ADAPTIVE RECREATION

FOR THOSE WITH MILD TO MODERATE DISABILITIES



NOW WE'RE COOKIN'

Thursday, April 2, 5:30-8pm

#20AR09 participant

#20AR09-c 1 v 1

Make an easy to prepare meal, set a nice table, socialize with friends around the table. Encourage friends to register too for this good food and fun time! Fee includes all materials. Bring a 1 v 1 only if assistance is needed, but they must register also, and will join in on the meal. Instructor-Vicki Sweet

16-Adult / 1 session / WMHS, Room #B-215 (upstairs)

\$27 participant / \$17 1v1

CARROLL COUNTY ADAPTIVE LACROSSE

Sundays, 4-5:30pm

#20AR10 April 5-May 31 (no 4/12, 5/10, 5/24)

The Carroll County Adaptive Lacrosse program has received an equipment grant from US Lacrosse. All new equipment for registered players. Not included with these dates will be a program with the Parkville Adaptive Lacrosse Team.

Instructor- Coach Laura Langhage

All Ages / 5 sessions / Deer Park

\$10

CHALLENGER LEAGUE

#20AR11 Wednesdays, May 20-June 24, 6:30 – 7:30pm

Affiliated with "The Oriole Advocates" providing youth and adults the opportunity to enjoy the experience of playing baseball. The more players we have allows us to divide into age appropriate teams. Register early to be eligible for additional special events that may take place prior to May/June....maybe even a free O's game! (Please note – there is presently no coach. If we do not find one, this program will be canceled).

8-Adult / 6 sessions / CCSC

\$17

ME TO WE JOURNEY: "Something Rotten"

#20AR12 Wednesday, May 27, 9:15am-5:30pm (approx.)

Registration and refund deadline is April 1st, no exceptions.

Journeys are to enjoy alone or with your family in our group - register a 1v1 only if needed; parents & siblings are encouraged to register, but they do not have to attend. 'Something Rotten' (a renaissance rock comedy) at The Dutch Apple Theatre. Matinée showing at 1pm with a 11:30am lunch. Transportation provided first come/first serve. Space is very limited - don't miss the fun!

Adult / 1 session / Depart from RMC

\$85 (+ money for souvenirs)

TOURNAMENT OF CHAMPIONS

Date TBA, 9am-2pm Location: McDaniel College, Gill Gym

For those that do not qualify for Special Olympics, but need a specialized event so that they can challenge themselves and demonstrate their skills. An exciting event designed to provide physically, visually and behaviorally challenged youth an opportunity to participate in a positive and fun-filled day involving self-challenging adapted sports skills. Participants do not compete against others, but rather challenge themselves to do their personal best! Some events include running, walking, wheelchair dashes, batting, throwing, and Wii. All events are modified to meet the individual needs of participants.

Date or Questions, please contact

William Vandegrift at wjvande@carrollk12.org

WILD ONES 2020 - UPCOMING EVENT!!

TBA – A Night of Comedy at the Eichelberger Center (Hanover, PA) in April, 2020 for new and returning Wild One's. Transportation is provided, but there will be a limit – first come/first serve. Not sure of ticket costs yet, but estimating from previous years – cost should be about \$40.00. Instructor: Cindy Welsh

Email dgemmill@carrollcountymd.gov if you would like to go. Once we have date/cost you will be contacted.

Young Athletes™ is a unique sport and play program for children with intellectual disabilities. The focus is on fun activities important to mental and physical growth. Ages 2-7 enjoy activities that develop motor skills and hand-eye coordination - a great early introduction to sports and to the world of Special Olympics. Your child will learn new things, play and have lots of fun!

socr@carrollcountymd.gov

specialolympicscarrollcounty.org

SPECIAL CONNECTIONS

Special Connections: Social group for teens and adults with disabilities. Most of the programs are held in the Mt. Airy, Maryland Area. The majority of the activities are pay as you go while some may require a special registration fee. For more information contact Debbie Gemmill, Adaptive Recreation Specialist, at dgemmill@carrollcountymd.gov



BEAR BRANCH NATURE CENTER



Pre-registration is needed so that we can be fully prepare for you to enjoy our programs.
Youth **MUST BE ACCOMPANIED** by a **PAYING ADULT** for any of our "All Ages" programs AND those listed as "age # - ADULT"

410-386-3580
300 John Owings Road
Westminster

The Nature Center is open year round and hours of operation are Wednesday-Saturday 11am-5pm, and Sunday 12-5pm. All Nature Center programs require pre-registration with Recreation & Parks (see form in back). Organized groups **MUST** schedule a separate program directly with the Nature Center; email bearbranch@carrollcountymd.gov, or phone.

Hashawha's trails are open to the public from dawn until dusk 365 days a year. Parking is only available at Lake Hashawha or the Nature Center. There is no entrance fee to the Park.

PLEASE NOTE: The Hashawha Environmental Facility is not open to the public except through reservation. Please do not enter the Hashawha gates or the posted restricted areas. For information regarding group rentals for Hashawha, call 410-386-3560, or email Hashawha@carrollcountymd.gov.

In case of inclement weather: should inclement weather be in the forecast, please call the Nature Center before heading to your program to see if it has been canceled or postponed. We follow school weather closings - please see our full Inclement Weather Policy at the back of this brochure for complete details. Please note the Nature Center is closed whenever Carroll County Government offices are closed.

**All programs meet
at the Nature Center
unless otherwise
noted in
description.**

HIKE & LEARN

#20BB01 Sun, March 1, 11am-12pm-Beautiful Bluebirds

#20BB02 Saturday, April 4, 10-11am-Hashawha History

#20BB03 Saturday, May 9, 10-11am-Incredible Insects

Get to know Hashawha a little better this spring on a guided nature hike with the Park Naturalist. Each month we will focus on a different topic as we hike up to one mile. Upon returning, we'll record what we've observed to share with others. Don't forget your binoculars and water bottle!
All ages / 1 session / \$5 person

BEAR CUB EXPLORERS

Thursdays, 2-3pm

#20BB04 March 12-Reptiles

#20BB05 April 9-Life in Lake Hashawha

#20BB06 May 7-Amazing Amphibians

After reviewing a nature-related theme, often with the help of one or more of our captive animals, we'll head outside to put our new knowledge to the test! We'll finish up with a related craft to remind us of our day. Each month explores a different theme. Tag-along siblings must register.

3-9 years (w/ an adult) / 1 session / \$6 child

JUNIOR PLANETARIUM SHOW

Saturday, 11-11:45am

#20BB07 March 14-The Pleiades

#20BB08 April 18-Ursa Major & Minor

#20BB09 May 23-Leo the Lion

Join the naturalist for a kid-friendly, indoor planetarium show! The show will review the basics of sky watching and talk about what can be seen in the current night sky. We'll focus on a different topic each month with a craft to help remember it! Great for young children and first-time planetarium-goers.

3-Adult / 1 session / \$5 person

PLANETARIUM SHOW

Saturday, 7:30-8:30pm

#20BB10 March 14

#20BB11 April 18

#20BB12 May 9

Join a member of the Westminster Astronomical Society, Inc. (WASI) for an indoor planetarium show highlighting what's happening in the night sky this time of year. Then head outdoors to take a look through the observatory (weather dependent). Great for older children and adults.

8-Adult / 1 session / \$5 person

SALAMANDER SEARCH & NIGHT HIKE

#20BB13 Friday, March 27, 7:30-8:30pm

Salamanders are fascinating creatures of the night and a cold wet spring evening is the best time to look for them! We'll meet in the nature center then head outside to a nearby stream to search for salamanders. Don't forget your flashlight!

All Ages / 1 session / \$5 person

RAPTOR PHOTO SHOOT

#20BB14 Saturday, March 28, 10-11am

Capture our birds of prey on camera in their natural surroundings! Photographers of all levels are welcome. Bring your camera or smart phone and *meet at the Raptors Mews*.

5-Adult / 1 session / \$5 person

EGG HUNT FOR ADULTS

#20BB15 Saturday, April 4, 7-9pm

Egg hunts aren't just for kids anymore and this one is only for adults 21 and up! We'll be hiding over 500 eggs along the trails of Hashawha Environmental Center. Each egg will contain a raffle ticket that you can use to win wine, chocolate, giftcards and more! Bring a friend and a flashlight and meet us in the nature center!

21+ years / 1 session / \$10 person

FAMILY FLASHLIGHT EGG HUNT

#20BB16 Saturday, April 11, 7:30-9pm

Eggs aren't only for the birds! We'll celebrate the spring season by hiding over 300 eggs around the nature center and along our vista trail. Bring your family and your flashlight to the nature center for a hunt through the park in the dark?

3-12 years (w/ an adult) / 1 session / \$7 child

TRACKING TADPOLES

#20BB17 Saturday, April 18, 2-3pm

It's been a cold winter but the frogs are ready for spring! Come out to the nature center to hunt for eggs, tadpoles and the frogs themselves! We'll learn how to find and identify them and then head down to the lake to see how many we can catch with our dip nets.

3-9 years (w/ an adult) / 1 session / \$5 child

STARGAZING FOR BEGINNERS

#20BB18 Sunday, April 19, 2-3pm

It might sound crazy but you can learn stargazing during the day with the help of our planetarium! We'll learn a few of the most common constellations, how to identify a planet versus a star, what inexpensive tools you can use at home, and finish up with a video on how a telescope works and the amazing things we have learned since its invention!

7-Adult / 1 session / \$5 person

MEET THE BEEKEEPER

Saturday, 10-11am

#20BB19 April 18

#20BB20 May 23

Join the Carroll County Beekeepers Association (CCBA) for an interactive, hands-on presentation on honeybees and beekeeping. Take a close look at the observation hive, discover what honeybees are doing this time of year and learn all you need to know to start a hive on your own.

All Ages / 1 session / \$5 person



BEAR BRANCH NATURE CENTER



FIRST TIME FISHING

#20BB21 Saturday, April 25, 3-4pm

New to the sport of fishing and not sure what to do? Join a Naturalist in learning how to fish at Lake Hashawha! We will provide bamboo fishing poles, worms, lures and the information you need to get started. All fish caught at Lake Hashawha are catch & release.

3-12 years (w/ an adult) / 1 session / \$5 child

DINO & FAIRY GARDENS

#20BB22 Sunday, May 3, 2-3pm

Magical things are always happening in nature. Create a fairy or dinosaur garden with fun plants and natural decorations to bring a little bit of magic home. All materials provided, please indicate "fairy" or "dino" when registering.

All Ages / 1 session / \$15 per garden

TAKE A DIVE INTO THE HIVE!

#20BB23 Saturday, May 16, 10am-12pm

The Carroll County Beekeepers Association is presenting a fun and interactive event for kids to come and learn about honeybees through crafts and games. Learn about how beekeepers work with bees and how bees make honey. We will also discuss how we all can help increase the well-being of pollinators. All participants will go home with Pollinator friendly seeds!

6-13 years (w/ an adult) / 1 session / \$5 child

CANOE THE MONOCACY

Saturday, May 16, 10am-5pm

#20BB24 Paddler (12+ years)

Explore the Monocacy Water Trail on a float down the Monocacy River. All equipment, instruction, and transportation provided. Pack a lunch, bottled water and sunscreen; wear closed-toe shoes, and dress for the weather. Two or three per boat; single paddlers will be paired with others; *youth must be at least 50lbs and be accompanied by a parent/guardian*. Space is limited!

12-Adult / 1 session / \$25 person

ENDANGERED SPECIES DAY

#20BB25 Sunday, May 17, 2-3pm

When you hear about endangered species you probably think of panda bears and elephants. But did you know we have many endangered species right here in Maryland? Come to Bear Branch to learn what it is to be endangered, meet some of their relatives up close and hear about a species who has successfully made it off the endangered list!

All Ages / 1 session / \$5 person

CANOE & CAMPFIRE

Saturday, May 30, 6:30-8pm

#20BB26 Paddler (12-Adult)

#20BB27 Passenger (7-11 years)

Looking to try canoeing but not ready for a trip down river? Join us for an instructional evening paddling on Lake Hashawha; then hop out of the boat for s'mores and snacks by the campfire. Space is limited! Single paddlers will be paired with others; youth must be *at least 50lbs and be accompanied by a parent/guardian*.

7-Adult / 1 session / \$10 person

BEAR BRANCH BULLETIN BOARD

410-386-3580 / bearbranch@carrollcountymd.gov

Contact us about these or other upcoming opportunities or events.

BIRTHDAY PARTIES

Looking for something fun to do on your birthday? Book it at Bear Branch! Packages include a 3-hour use of the auditorium, a 45-minute naturalist-led program, and time to explore the Nature Center. Six themes to choose from.

PACKAGE FEE: \$175

FIELD TRIPS

Are you an elementary school teacher looking for a fun, educational field trip for your class? Our field trips include a 45-minute naturalist-led presentation and hands-on, outdoor activities based on grade level (aligned with the Carroll County science curriculum).

FEE: \$4/student and chaperon (in-county), \$5 (out-of-county); + optional \$50 pavilion rental fee

OUTREACH & PRIVATE PROGRAMS

Interested in organizing a hike, planetarium show, or nature-themed program for your group at Bear Branch? Ask us for topic ideas or request your own! We can even come to you (+\$25 traveling fee)!

FEE: \$4/student and chaperone (in-county); \$5 (out-of-county)

SPECIAL EVENTS:

✓ **MARK YOUR CALENDAR!**

MAPLE SUGARIN' DAYS & PANCAKE BREAKFAST

Saturday, March 7, 10am -- 2pm – Maple Tapping Hikes

Sunday, March 8, 10am -- 2pm – Pancake Breakfast & Maple Tapping Hikes

It's maple sugaring season at Hashawha Environmental Center and Bear Branch Nature Center! We're doing something new this year so whether you love our Maple Sugarin' Festival or are visiting for the first time we have a treat for you! On Saturday and Sunday, you can stop by the nature center for a guided hike to visit our maple grove, tap a tree, then enjoy a maple treat as you learn how to make maple syrup from the sap. On Sunday only, we'll offer a pancake breakfast at Hashawha Environmental Center featuring maple syrup made in Maryland! Hikes include a maple sugar sample! No pre-registration required!

Maple hikes and demos on the hour from 10am-2pm on Sat & Sun- \$2 per person
Breakfast only available on Sunday - \$4 per plate

RAPTOR MEET & GREET- free to members

Saturday, March 28, 10-11am

Check out this exciting event that is free to Bear Branch Nature Center members! Our birds will leave their mews to perch in the trees and give you an amazing opportunity for photography while learning more about them from the Park Naturalist. It's free, but PRE-registration is needed, so please call or email no later than Sunday, March 22!

VOLUNTEER OPPORTUNITIES:

PROJECT CLEAN STREAM

Sunday, April 5, 2-4pm

"Every spring, tens of thousands of volunteers come together to pick up trash from local streams, creeks, rivers, parks, and neighborhoods as part of the Alliance's Project Clean Stream — the largest cleanup event in the Chesapeake Bay region!" Be a part of this important program at Bear Branch Nature Center.—Call or e-mail Bear Branch by April 4 to sign up!

GARDEN AID

Interested in volunteering and getting outdoors more? Come to Bear Branch Nature Center and help us in maintaining our various gardens, no experience necessary! Training will be scheduled in April, once trained, volunteer scheduling is flexible based on your availability Wednesday – Sunday. Stop by the nature center or contact the naturalist at 410-386-3580 and bearbranch@carrollcountymd.gov to fill out an application.



PINEY RUN PARK & NATURE CENTER



Pre-registration is needed so that we can be fully prepared for you to enjoy our programs.
Youth **MUST BE ACCOMPANIED** by a **PAYING ADULT** for any of our "All Ages" programs AND those listed as "age # - ADULT"

410-795-6043

30 Martz Road, Sykesville

(OPEN-season)

March 1 thru November 30

PARK "open-season" hours and entrance fees: Park gates are open 7 days a week from 7am until sunset. Entrance fees are collected at the Gatehouse upon arrival for \$5/vehicle for Carroll County residents, \$10/vehicle for all others; and season Vehicle Passes are available from the Park Office and Gatehouse for \$50/vehicle for Carroll County residents, \$75/vehicle for all others. Entry for seniors and active military is free with ID. *Please note vehicle entrance fees are waived for Nature Center programs listed in this section for **pre-registered participants ONLY** (those registered at least 24 hours before program), unless otherwise stated in the description. All fees are subject to change without notice.

NATURE CENTER "open-season" hours: Open Wednesday-Saturday 11am-5pm, Sunday 12-5pm; closed Monday, Tuesday and Holidays.

(OFF-season)

December 1 thru February 28

PARK "off-season" hours: Park gates are open Monday-Friday 8am-4pm; closed weekends and holidays. No entrance fees will be collected during the "off-season" and the lake is closed for boating. Visitors are still welcome to walk the trails, fish from the shores, and visit the Nature Center.

NATURE CENTER "off-season" hours: Open Monday-Friday 11am-4pm; closed weekends and holidays.

In case of inclement weather... if snow/icy conditions or heavy rains/thunderstorms are in the forecast, call before coming to a program to see if it has been canceled/postponed. If Carroll County Government is closed, the Park and Nature Center are also closed. If Carroll County Schools are closed, delayed, or dismissed early, Nature Center programs that fall during those time periods are canceled as well (please see full Inclement Weather Policy for Rec & Parks in the back of this brochure).

Nature Center Membership: The Nature Center offers several options of memberships to help support its activities. Newsletters and program announcements are mailed to members regularly. Members receive discounts on our popular Nature Camp and on purchases made at the Nature Center Shop. Membership to the Nature Center does NOT include the entrance fee into the Park. Please call for more information on Membership Benefits (see form on page 16 to apply or apply online at ccrecpark.org).

MOTHER NATURE & ME

Wednesdays, 10-10:45am

#20PR01 March 4

#20PR02 April 1

#20PR03 May 6

Children should bring along mom, dad, a grandparent or other adult, and dress for the weather, as we always spend some time outside during this fabulous preschool program. Learn about nature through outdoors and indoor activities, crafts, songs and stories.

4-6 years (w/ an adult) / 1 session / \$6 child

WHO'S EGG?

#20PR04 Friday, March 13, 10-11am

Eggs (like critters) come in a variety of sizes, colors and textures. Come explore with us while we take a closer look at whose egg is that? We will finish off our exploration with a little creative egg-cellent craft!

5-10 years (w/ an adult) / 1 session / \$5 child

FAIRY TEA PARTY

#20PR05 Friday, March 13, 4-5pm

Come and enjoy a wonderful spring themed fairy tea party. With lots of delicious herbal tea, story time, and tasty treats. Make sure to dress in your best tea party outfit and join us for what is sure to be a fun filled gathering.

5-10 years (w/ an adult) / 1 session / \$6 child

THINK GREEN, THE NATURE CENTER WAY

#20PR06 Wednesday, March 18, 4-5pm

With another green holiday just behind us, why not start celebrating everything green today! Join us while we search high and low for green, green, green. We will begin by hiking through our woods to look at and enjoy the many shades of green we can find at the park. We will finish with a magnifying glass, bug boxes and investigate the green that lies beneath our feet!

5-10 years (w/ an adult) / 1 session / \$8 child

MORNING BIRD WALK

Thursday, 8:30-11am

#20PR07 March 19

#20PR08 April 16

#20PR09 May 21

Venture outside with members of the Carroll County Bird Club for a morning of bird walks. Search for a wide variety of birds, including song birds, woodpeckers, water fowl and raptors. We recommend bringing along binoculars and field guides. Dress for weather since walks occur rain or shine! Meet at the Nature Center loop parking area.

10-Adult / 1 session / \$5 person

SIGNS OF SPRING

#20PR10 Thursday, March 19, 4-5pm

The first day of spring has sprung. We know the calendar tells us, but lets see what Mother Nature has to say as we explore the great outdoors looking for signs of spring! You provide the hiking shoes, let us provide the rest. We will plant some seeds in small pots for you to take home to welcome in the beauty of spring.

5-10 years (w/ an adult) / 1 session / \$6 child

SPRING FEVER COFFEE HOUSE

#20PR11 Friday, March 20, 7-9pm

Once again, Piney Run will be hosting a fabulous night of live Celtic Music with the Whirligig band featuring the Koons family. Each Jig, played on a traditionally crafted instrument, is accompanied by a story and a rich historical narrative. Various flavored coffees, teas and excellent desserts will be served.

12-Adult / 1 session / \$25 person

MARCH FOR PARKS 5K RUN/WALK

#20PR12 Saturday, March 28, *Race begins at 9am

Enjoy a beautiful run/walk through scenic the park. Medals and a 2020 Piney Run Vehicle pass will be awarded to the overall top male and female finishers. Pre-registration preferred, includes park entrance, race bottle of water and t-shirts. (T-shirts not guaranteed for the day of event registrations) Call the nature center for more details.

**10-Adult / 1 session / \$25 person (early registrant)
\$30 person (day of registrant)**

CELEBRATE EARTH DAY

#20PR13 Wednesday, April 22, 4-5pm

What better way to celebrate earth day then to visit our park! With birds to feed, and seeds to plant, we will be busy tackling all sorts of crafts to help keep our environment healthy!

5-15 years (w/ an adult) / 1 session / \$5 child

TYE-DYE SILK SCARVES

#20PR14 Friday, May 1, 5-6pm

Looking for a unique gift or an original silk scarf that looks like a watercolor picture? Join us for this very crafty and exciting workshop on creating beautiful scarves with sharpie markers and rubbing alcohol. You will be amazed at the beauty of this process. We will make **2 scarves**, that way you can keep one and share the other!

16-Adult / 1 session / \$20 person

FULL MOON CAMPFIRE & OWL PROWL

#20PR15 Thursday, May 7, 7-8:30pm

Enjoy a spring evening outdoors relaxing beside the warm glow of a campfire, combined with a full moon. We will try our luck at calling some of our resident owls to the campfire. Finally, what is a campfire without s'mores?

5-10 years (w/ an adult) / 1 session / \$6 child

All programs meet at the Nature Center unless otherwise noted in description AND include park entrance fee for PRE-REGISTERED participants only (unless noted in description)



HIKE TO THE DAM

#20PR16 Saturday, May 23, 9-11am

Grab your hiking boots and join us to when we explore the underdeveloped side of Piney Run Lake. Dress for the weather. Light snacks will be provided for your convenience.

10- Adult / 1 session / \$5 person

KAYAKING

Meet at the YAK SHAK behind the Nature Center

Participants must be able to swim. Beginners are welcomed, however you must be comfortable in a kayak on the water. You must wear a Personal Flotation Device (PFD-life jacket) provided by Piney Run Park or you may bring your own. A short lesson/demonstration on kayaking skills and safety is covered. Dress appropriately for the weather and try to wear nylon and polyester which work much better on the water. Bring a hat, sunglasses, water bottle, binoculars (optional). Your feet WILL get wet so bring water shoes or old tennis shoes.

All of our kayaking programs listed below **REQUIRE pre-registration -- NO walk-in registrations will be accepted.** When arriving to the Park, please park in the upper Nature Center lot and walk down to the Yak Shak.

For youth under the age of 18, parental consent and a waiver are required to be signed the day of your paddle, and youth must be accompanied by a registered and participating parent/guardian.

When we venture out paddling, we are never certain of what Mother Nature holds for us. Discover the wonders of nature and learn the essential skills necessary to safely paddle on flat water. Paddle with the Naturalist. We typically see eagles, ospreys, owls, beavers, muskrats, blue and green herons, turtles, and so much more

Ages listed below / 1 session / \$20 person

YOUTH KAYAKING (Ages 9+)

Saturday, 11:30-1:30pm

#20PR17 May 2

ADULT KAYAK TOUR (Ages 16+)

Saturday, 8:30-10am

#20PR18 May 9

You MUST meet at the front gate at least 10 minutes before the program start time. We will enter the Park as a group and the gate will lock behind us. The sunrise will not wait and neither can we!

PINEY RUN BULLETIN BOARD

410-795-6043 / pineyrunpark@carrollcountymd.gov

Contact us about these or other upcoming opportunities or events.

ADOPT A CRITTER

The Nature Center's live animal collection requires constant care. Animals in need of sponsors include birds of prey, snakes, and turtles. Support the critters or sponsor a particular animal.

BIRTHDAY PARTIES

Looking for a wild time on your birthday? Nature Center birthdays include the use of the Yurt for 3 hours and a 45 minute naturalist-led program. Fee is \$175; set-up and clean-up are the responsibility of the scheduling parent. In a rush and don't have time for goody bags? No problem, we can make unique nature-related bags – \$5 per bag, with advanced notice.

ENVIRONMENTAL EDUCATIONAL CLASSES & FIELD TRIPS

Call to schedule a program - public, private or home school. Programs can be scheduled as Nature Center field trips or to have a naturalist come to your location: Carroll County groups \$4/person with a \$25 minimum; and out-of-county groups \$5/person with a \$50 minimum.

VOLUNTEER OPPORTUNITIES:

Junior Naturalist (Ages 12-18)

Saturdays, March 7, April 11 & May 16, 1-3pm

Need service hours for school? Junior Naturalists help with various projects throughout the park ranging from trail cleanup, invasive plant removal, gardening and bluebird monitoring. Students ages 12 & 13 must have a parent present at the park.

Project Stream Clean (Ages 6+)

Saturday, April 25, 10am-Noon

Looking for community service hours coupled with keeping the lake clean. We welcome the opportunity to host a stream and shoreline clean up. Bags, gloves and grabbers will be provided. Registration required please call us at 410-795-6043.

Front Desk Volunteers (Adults)

Interested in volunteering for the Nature Center front desk? Answer the phones, take program registrations, answer nature questions and sell items from the nature shop. No experience necessary; positive attitude and love of nature preferred.

SPECIAL EVENTS:

✓ MARK YOUR CALENDAR!

Perennial Swap (Adults)

Sunday, May 17, 1-3pm

Join local plant lovers and novice gardeners for our spring plant exchange. Meet behind the Nature Center to share the bounty of our perennial and herb beds, shrubs, trees and seeds. Please label your contributions and bring along any information to share about them. If you do not have anything to share, please come as there are usually plenty of extra plants needing homes.

Recreation Councils

Carroll County Arts Council
www.carrollcountycouncil.org

Carroll County Equestrian Council
www.carrollcountyequestriancouncil.org

Central Carroll Recreation Council
www.centralcarrollrec.org

Charles Carroll Recreation Council
 Contact Matt at mdecker@carrollcountymd.gov

Freedom Area Recreation Council
www.freedomarearec.org

North Carroll Recreation Council
www.northcarrollrec.org

Piney Run Recreation and Conservation Council
 Contact Deb at drottman@carrollcountymd.gov

West Carroll Recreation Council
www.gowcrc.org

Westminster Area Recreation Council
www.westminsterarearec.com

Winfield Recreation Council
www.winfieldrec.org

Woodbine Recreation Council
www.woodbinerec.org



Sign up for your
2020
membership



Become a member at
 Carroll County Department of
 Recreation & Parks' only off-leash
 area for dogs (located in Westminster
 at Bennett Cerf Park, on Manchester Road
 near Random House).

NEW! Small dog area that is designated for small dogs
 30 pounds or less.

**only
 \$30**

Membership applications are available online at bennettcerfdogpark.org

For more information call 410-386-2103

SEEKING NEW INSTRUCTORS...

Do you have a talent or skill to share ...want to make a few
 dollars teaching it to others? We are regularly in need of
 instructors, and we are presently seeking instructors for:

- Youth Programs
- Fitness

*Please contact us if you or someone you know possesses this or any other
 talent you think others would enjoy.*



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ccrecpark.org

IS YOUR COACH ON THE LIST

Help Keep Our Kids Safe

VERIFY THE LIST



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Healthy Carroll Families, with The Partnership for a
 Healthier Carroll County, and partnered with Carroll County
 Department of Recreation and Parks, is pleased to share
 Healthy Carroll Families' electronic media campaign with
 information designed to help you take the next step in your
 family-based approach to healthy weight. You may download
 the latest newsletter at
www.healthycarroll.org, or contact
ThePartnership@HealthyCarroll.org
 to receive Healthy Carroll Families by
 email.



**Men's, Co-ed & Church
 SOFTBALL & SOCCER LEAGUES
 start April**



Carroll County Department of Recreation & Parks
 410-386-2103 / mdecker@carrollcountymd.gov

HOW TO REGISTER

Online OR Phone It In: Go to ccrecpark.org. Click the appropriate Program Guide icon (lower left corner) and view the pdf or print it out. You may continue on to our Registration Site by choosing the words, "Online Program Registration & Payment" where you can view all listings by category with their respective descriptions, add program(s) to your cart, and follow screen instructions to complete your transaction. Payment must be made at time of registration (Visa, MasterCard, Discover) -OR- call R&P 410-386-2103 Monday-Friday 8am-5pm, using your credit card. All online and phone registrations are processed immediately and payment confirmation is sent via email.

Mail It In: Complete registration form and mail along with your check (payable to Carroll County Commissioners) to address noted on the bottom of the form (NO cash/credit card payments via mail). Provide all information requested on the form to ensure prompt processing. No confirmation will be sent; your canceled check is your receipt.

Walk It In: You may register in person Monday-Friday 8am-5pm with cash, credit card, or check payment at Carroll County Department of Recreation & Parks, located in the Robert Moton Center, 300 S. Center Street, Westminster.

Registrations of all types (phone, online, mail, or in person) are processed in the order in which we receive accurately completed forms and correct fees.

EARLY BIRD DISCOUNT*: Sign up early and save! A discount of \$5 is available for course registrations (*only where "★" is located)

postmarked, hand delivered or registered online no later than February 20, 2020. *Note the exceptions printed with each course or program section.

SENIOR DISCOUNT*: Carroll County citizens who are 60+ years of age are offered to use up to a 20% discount (rounded down to the next whole dollar, i.e., \$5.60 would be a \$5 discount) on course registration fees (*only where "★" is located) if they are the participant of the course. *Note the exceptions printed with each course description or program section.

**You may apply only one discount. Not offered for Bus Trips, Adaptive Recreation, and Nature Center programs.*

INCLEMENT WEATHER POLICY:

When the Carroll County Public Schools are closed or close early due to weather or other emergency conditions, all Carroll County Recreation & Parks programs are also canceled for that day. For weekend/non-school days, once the Snow Emergency Plan is in effect for Carroll County, no Recreation & Parks activities take place. Visit the state weather website: www.chart.state.md.us/StormInfo/snow_emergency_plans.asp. Should the "Plan" be lifted any time during that day, all activities remain canceled for that day. Program registrants of programs listed in this guide will be contacted once make-up dates are established.

CELL PHONES: As a courtesy to other participants, we respectfully request that program registrants make every effort not to use their cell phones during classroom instruction, while riding on buses, participating in guided tours, etc.

SMOKING POLICY: Smoking is **not allowed** in any county, school facility, or county park.

Contact Jamie Noel

STILL HAVE QUESTIONS? Carroll County Department of Recreation & Parks
410-386-2103 jnoel@carrollcountymd.gov

SPRING

REGISTRATION FORM



Participant's LAST Name _____

FIRST _____

Parent/Guardian (if applicable) _____

Street Address _____

City _____ State _____ Zip _____

Phone: Home _____ Work or Cell _____

Email _____ Participant's Date of Birth _____

Emergency Name & Number (other than parent above) _____

Waiver of Liability: By my signature below, I acknowledge that there are inherent risks and dangers associated with recreation programs, that Carroll County Department of Recreation & Parks does not provide any registrant medical or hospitalization insurance whatsoever, and therefore, I hold Carroll County Commissioners and their agents harmless from all claims of injury, damage or loss which may result from my, or my child(ren)'s participation in the program/s listed below.

Authorization for Use of Photographic Likeness: I agree to allow Carroll County Department of Recreation & Parks to take and utilize photographic images of the registered individual/s for the purpose of promotion and publicizing of Department programs and/or events. If I prefer to not allow the above registered participant/s to be photographed, I will call 410-386-2103 to register my request.

Signature _____

Participant's Signature (Parent/Guardian's Signature if participant is under the age of 18) _____ Date ____/____/____

Program Name	Program #	# Attending	Per Person Fee	Total \$
1.				
2.				
3.				
4.				
Comments/Special Instructions:				
Choose ONE of the following discount options (only if program indicates applicable)...				
Early Bird Discount - pay in full no later than February 20, 2020 and deduct \$5 per course, only where applicable				-
Senior Citizen Discount - deduct up to 20% off of the course fee (round down to next whole dollar), only where applicable				-
SUBTOTAL:				
GRAND TOTAL				

Save a Stamp!
Register online at
ccrecpark.org
or call
410-386-2103

Please be sure to sign the form above

Make checks payable to Carroll County Commissioners and mail to:

Carroll County Department of Recreation & Parks
300 S. Center Street
Westminster, MD 21157



Carroll County Commissioners

Stephen A. Wantz, President
Ed Rothstein, Vice President
C. Richard Weaver, 2nd Vice President
C. Eric Bouchat
Dennis E. Frazier

Carroll County Department of
Recreation & Parks
300 S. Center Street
Westminster, MD 21157



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Register
online at
ccrecpark.org or
call today to pay via
credit card!

*Visa, Mastercard, Discover

Register Early

Register by February 20th to
receive an early bird discount "🐦" of
\$5 per program, where eligible!