


# FAMILY FUN CHALLENGES

Check off the days as you complete the challenges and share your photos with us on our Facebook page @ccrecpark

MAY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> <input type="checkbox"/> Select a team name for your family and create a sign, banner or logo.	<b>2</b> <input type="checkbox"/> Take a walk or bike ride and record your miles to celebrate National Fitness Day. _____ miles _____ minutes
<b>3</b> <input type="checkbox"/> Wear 2 different colored shoes all day to celebrate National 2 Different Colored Shoe Day.	<b>4</b> <input type="checkbox"/> May the 4th be with you. Hans Solo says... <b>Jedi training!</b>	<b>5</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes	<b>6</b> <input type="checkbox"/> <b>National Nurses Day,</b> thank a nurse today!	<b>7</b> <input type="checkbox"/> Do yoga for 10 minutes.	<b>8</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes	<b>9</b> <input type="checkbox"/> Create something new out of all of those lonely lost socks (like a sock puppet) for National Lost Sock Memorial Day.
<b>10</b> <input type="checkbox"/> Clean your room for National Clean Up Your Room Day! <i>Happy Mother's Day</i>	<b>11</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes	<b>12</b> <input type="checkbox"/> Create an indoor or outdoor obstacle course.	<b>13</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes	<b>14</b> <input type="checkbox"/> It's time to dance! Indoor or outdoor dance party.	<b>15</b> <input type="checkbox"/> Do yoga for 10 minutes.	<b>16</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes
<b>17</b> <input type="checkbox"/> Play a game outside with your family for Outdoor Game Day!	<b>18</b> <input type="checkbox"/> Jump rope with your family for 20 minutes. <i>One person jumping at a time.</i>	<b>19</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes	<b>20</b> <input type="checkbox"/> Do yoga for 10 minutes.	<b>21</b> <input type="checkbox"/> Take a walk or bike ride and record your miles.	<b>22</b> <input type="checkbox"/> Play your favorite board game, card game, or outdoor game.	<b>23</b> <input type="checkbox"/> Make and fly a kite!
<b>24</b> <input type="checkbox"/> Bird Watching - spot a bird and research it.	<b>25</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes	<b>26</b> <input type="checkbox"/> Create an indoor or outdoor scavenger hunt and complete it.	<b>27</b> <input type="checkbox"/> <b>Handstand Challenge</b> - with help and supervision, see how long you can hold your handstand against a wall.	<b>28</b> <input type="checkbox"/> Do yoga for 10 minutes.	<b>29</b> <input type="checkbox"/> Take a walk or bike ride and record your miles. _____ miles _____ minutes	<b>30</b> <input type="checkbox"/> Hike in a park today!
<b>31</b> <input type="checkbox"/> Picnic Day! Pack a picnic and lay out a blanket to enjoy your snacks.	<div>  <div> <b>FAMILY TEAM NAME</b> </div> </div>					

Complete the challenges to be entered to win a \$25 Recreation & Parks gift card and family gift pack! Send your completed calendar to [ccrec@carrollcountymd.gov](mailto:ccrec@carrollcountymd.gov) by June 10 to be entered into the prize drawing.