2020 RUN FOR THE ROLL MARATHON

MAY 20–JUNE 20, 2020

Recreation & Parks
Carroll County MD

ccrecpark.org

Recreation & Parks
Carroll County MD

2020 RUN FOR THE ROLL MARATHON

5K • 10K • Half • Full

May 20 through June 20, 2020

Let's do our part to help flatten the curve and continue to keep a good social distance while joining together virtually as a community to stay active! Carroll County Recreation & Parks is holding a Virtual Marathon where you can choose to walk or run a 5K, 10K, half, or full marathon between May 20 and June 20, 2020.

It's **free** to participate and those who complete their goal by June 20, 2020 will receive a digital Certificate of Achievement **AND** be entered into a drawing to win a $25 VISA gift card!

Completed forms must be received by June 29, 2020 for a chance to win. Prize drawing will be on July 1, 2020.

Registration

No need to register for the free marathon, simply download your 2020 Run for the Roll Marathon Log and get active! **Individuals participating in the marathon to receive a medal and/or t-shirt must register by May 28, 2020 at ccrecpark.org and download their 2020 Run for the Roll Marathon Log.**

Remember to keep a good social distance (of at least 6 feet) and record your progress. Snap pics and video along the way and share them with us on our Facebook page, @ccrecpark.

Optional Registration

Program #20SG81	Includes 2020 Run for the Roll Marathon T-Shirt	$20
Program #20SG82	Includes 2020 Run for the Roll Marathon T-Shirt + Medal	$25

Recreation & Parks
Carroll County MD
ccrecpark.org

300 S Center Street, Westminster, MD
410-386-2103
ccrecpark
ccrecpark

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication, or who has a complaint should contact The Department of Citizen Services at 410-386-3600 or 1-888-302-8978, or MD Relay 711/1-800-735-2258, as soon as possible but no later than 72 hours before the scheduled event.

MARATHON LOG

Recreation & Parks Carroll CountyMD

2020 RUN FOR THE ROLL MARATHON

5K: 3.1 Miles • **10K**: 6.2 Miles • **Half**: 13.1 Miles • **Full**: 26.2 Miles

Participant Name

☐ 5K ☐ 10K ☐ Half ☐ Full

DATE	MILES	MINUTES

DATE	MILES	MINUTES

TOTAL MILES	TOTAL MINUTES

Keep going! You're doing great!

Email completed Marathon Log to ccrec@carrollcountymd.gov by June 29 with the subject line ***Completed 2020 Run for the Roll Marathon Log***.

Recreation & Parks Carroll CountyMD

300 S Center Street, Westminster, MD

410-386-2103

ccrecpark.org

ccrecpark

ccrecpark

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication, or who has a complaint should contact The Department of Citizen Services at 410-386-3600 or 1-888-302-8978, or MD Relay 711/1-800-735-2258, as soon as possible but no later than 72 hours before the scheduled event.

T-SHIRT FORM

Participant Name

Mailing Address

Select your t-shirt size:

ADULT SIZES

☐ S ☐ M ☐ L ☐ XL

YOUTH SIZES

☐ S (6-8) ☐ M (10-12) ☐ L (14-16) ☐ XL (18-20)

Additional Registered Participants

Participant Name

ADULT ☐ S ☐ M ☐ L ☐ XL

YOUTH ☐ S (6-8) ☐ M (10-12) ☐ L (14-16) ☐ XL (18-20)

Participant Name

ADULT ☐ S ☐ M ☐ L ☐ XL

YOUTH ☐ S (6-8) ☐ M (10-12) ☐ L (14-16) ☐ XL (18-20)

Participant Name

ADULT ☐ S ☐ M ☐ L ☐ XL

YOUTH ☐ S (6-8) ☐ M (10-12) ☐ L (14-16) ☐ XL (18-20)

Recreation & Parks Carroll County, MD

300 S Center Street, Westminster, MD

410-386-2103

ccrecpark.org

ccrecpark

ccrecpark

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication, or who has a complaint should contact The Department of Citizen Services at 410-386-3600 or 1-888-302-8978, or MD Relay 711/1-800-735-2258, as soon as possible but no later than 72 hours before the scheduled event.

PRINTABLE RUNNERS BIB

2020 RUN FOR THE ROLL MARATHON

Recreation & Parks
Carroll County MD

ccrecpark.org