

---

+

•

○

# Battling Isolation

Jill Rosner RN, BSN, CCM

Rosner Healthcare Navigation

The  
Challenges of  
COVID-19  
and Beyond  
What isolates  
us?



Communication



# Hearing Loss



# Hearing Loss

- Hearing Loss can lead to dementia symptoms.
- Isolates the affected person who doesn't want to acknowledge the deficits or doesn't want to keep asking what was said.
- Frustrates the people around them.
- Over time people can “give up” and retreat into their own world



# Vision/Fear of Falling/Balance

- Vision loss leads to loss of independence in many
- Inability to read the paper, read a book perform daily activities- stay engaged
- Fear of Falling/Balance issues causes many to stay within their safety net of their home



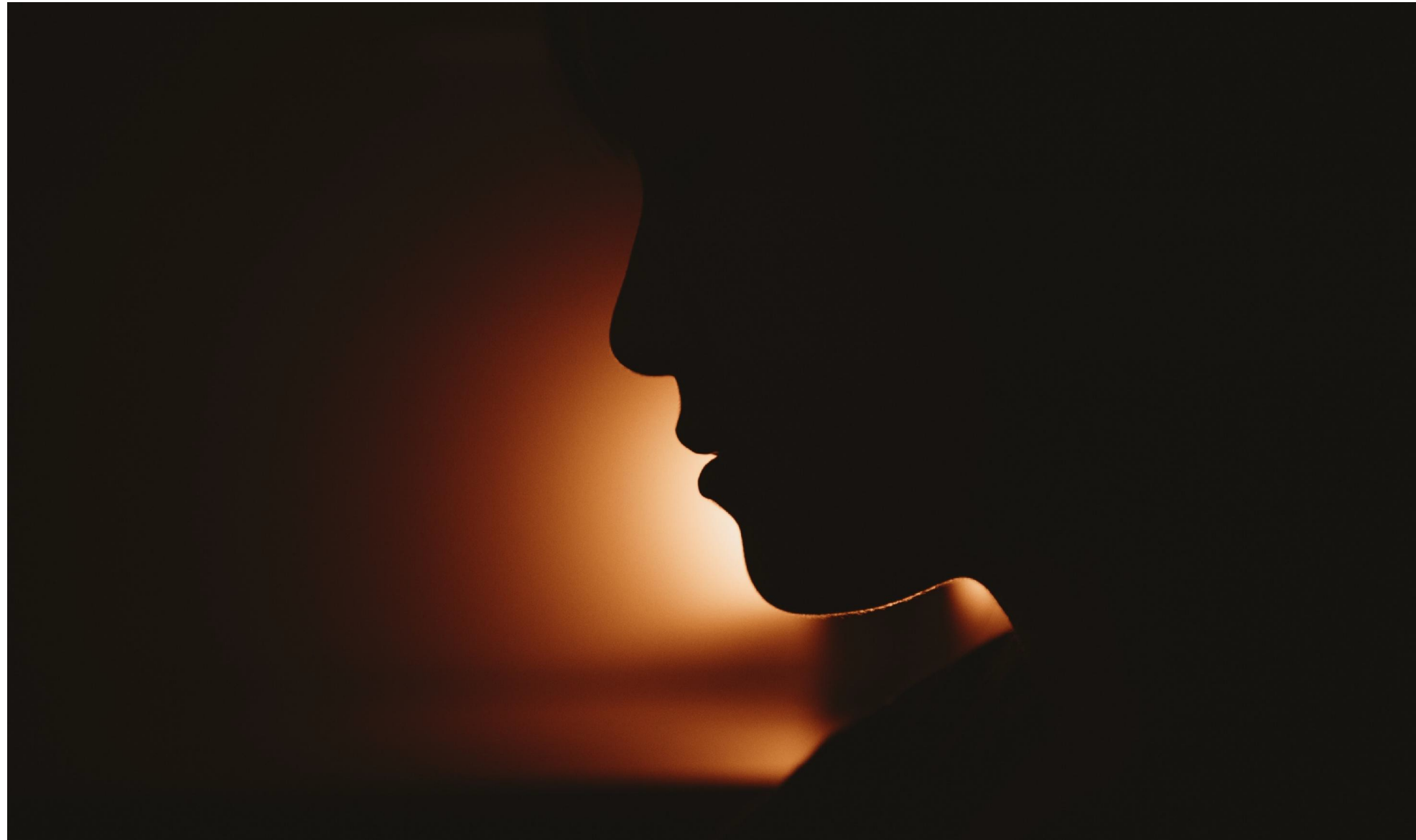


# The Dreaded Driving Debate

- When you are no longer safe to drive the world becomes smaller place
- Lack of public transportation  
–safety issues traveling on public transportation during Covid



# Depression and Anxiety



# Mental Health Suffers



- Covid vaccination for all of us is the single most effective way to get us all back to a “new normal”. Continuing to follow safety precautions.

Battling Isolation



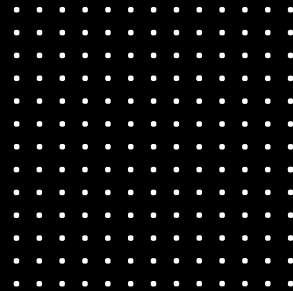


[www.captioncall.com](http://www.captioncall.com)

A free service for hearing impaired

Can be used with a hearing aid

Caption Call



## Grandpad

- Grandpad.net
- Video and phone call  
without the need of WiFi
- Many features

# Amazon CareHub

- Allows you to check in
- Monitors activities
- Some privacy concerns





“What mental health needs is more sunlight, more candor, and more unashamed conversation.” – Glenn Close



**stand up against stigma**

No Health without  
Mental Health