

# NATIONAL FAMILY CAREGIVERS SUPPORT PROGRAM

## Carroll County

### S U P P O R T G R O U P S

#### *Grandparents Raising Grandchildren*

meets in a casual and welcoming environment, offering support to grandparents who are raising grandchildren. Grandparents have the opportunity to meet other caregivers, develop a network of support and receive information about services available. The support group is open to older adults raising grandchildren under 18 years of age.



Second Wednesday from 5:30PM—7:00PM

#### *Caregivers of Older Adults*

is an ongoing support group that is designed to help caregivers cope with the challenges of caring for their relatives. Caregivers have the opportunity to share their experiences, participate in educational discussions and receive comfort and positive reinforcement to help guide them through what can be a difficult journey.



Second Tuesday from 4:30PM—6:00PM

Bureau of Aging & Disabilities, 125 Stoner Ave, Westminster



To register please contact Mary Jane Overby at 410-386-3833 or [moverby@carrollcountymd.gov](mailto:moverby@carrollcountymd.gov). Visit our website [www.carrollcountymd.gov/aging-and-disabilities](http://www.carrollcountymd.gov/aging-and-disabilities) for more information about our programs.



The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email [ada@carrollcountymd.gov](mailto:ada@carrollcountymd.gov) as soon as possible but no later than 72 hours before the scheduled event.