

WWW.CCRECPARK.ORG • 410-386-2103 • 300 S. CENTER STREET, WESTMINSTER, MD 21157

# **WELCOME TO FALL WITH CARROLL COUNTY RECREATION & PARKS!**

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# **UPCOMING EVENTS AND PROGRAMS**

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# REGISTRATION

2022 Fall Program Registration

for Carroll County residents opens on Wednesday August 10, 2022 and on Wednesday August 17, 2022 for Out-of-County residents.

#### Phone

410-386-2103, Monday - Friday, 8am - 5pm

### Online

Visit ccrec.recdesk.com

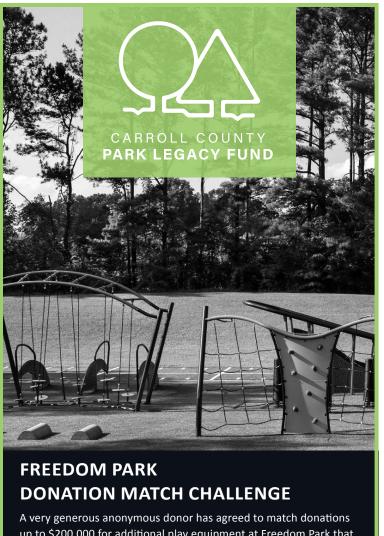
### Walk-In

Visit our Recreation & Parks office at: 300 South Center Street, Westminster, MD 21157

### By Mail

Send completed registration form and a check payable to Carroll County Comissioners to:

> Carroll County Department of Recreation & Parks 300 South Center Street Westminster, MD 21157



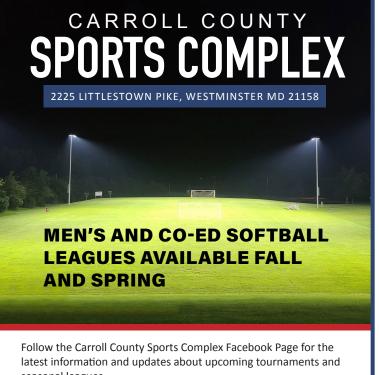
up to \$200,000 for additional play equipment at Freedom Park that would be unique and a destination attraction. Donations are being accepted from individuals, clubs and businesses. Donations are being accepted now through December 2022, play equipment to be installed in 2023.



To donate today scan the QR code or visit ccrecpark.org









WWW.FACEBOOK.COM/CCSPORTSCOMPLEX/

For more information on the Sports Complex contact Becky Kishter at 410-857-9023 or bkishter@carrollcountymd.gov.

# SIGN UP FOR YOUR 2022 DOG **PARK MEMBERSHIP!**

1/2 PRICE DOG PARK MEMEBERSHIPS ARE AVAILABLE STARTING SEPT. 1 AND EXPIRE ON DEC. 31, 2022



**BENNETT CERF DOG PARK** 

(near Random House)

544 Manchester Road Westminster, MD 21157



**SOUTH CARROLL DOG PARK** 

(behind South Carroll Senior & Comm. Center)

5928 Mineral Hill Road Eldersburg, MD 21784

To sign up for a Carroll County Recreation & Parks Dog Parks membership, visit ccrec.recdesk.com!



See pricing and more information on page 22.

### **Special Events & Programs**

### School's Out Fun Day

Friday, October 21 from 8:30-4:30pm at Robert Moton Center 5-11 years • **Program #22FG09.01** 

No school, no problem! The recreation and parks staff will be offering on and offsite activities for school aged children. We will be heading to the South Hanover Lanes (Hanover, PA) in the morning and returning to the Robert Moton Center for lunch, a craft (Halloween slime) and a movie (TBD) in the afternoon. Lunch includes 2 slices of pizza, chips and a drink.

Instructor: Recreation & Parks Staff

Resident: \$50 per person • Non-Resident: \$53 per person

### Halloween Kids Bash

Friday, October 28 from 6-8pm at Deer Park 1-12 years • Program #22FG09.02

Come in costume and celebrate Halloween with Carroll County Recreation & Parks. We will be spending the evening decorating trick or treat bags, hunting candy by flashlight and watching "It's the Great Pumpkin, Charlie Brown". There will be 4 rounds of flashlight candy hunts that begin at 6:30pm divided by age groups: 3 & under, 4-6 years, 7-9 years and 10-12 years. The movie will begin at 7:15pm and runs for approximately 25 minutes. Please bring a flashlight, chair(s)

Instructor: Recreation & Parks Staff

and/or blanket for the movie.

Resident: \$5 Child(w/an adult) • Non-Resident: \$6 Child(w/an adult)

### School's Out Fun Day

Tuesday, November 8 from 8:30-4:30pm at Robert Moton Center 5-11 years • Program #22FG09.03

No school, no problem! The recreation and parks staff will be offering on and offsite activities for school aged children. We will be heading to the Magic Elm Skating Rink (Hanover, PA) in the morning and returning to the Robert Moton Center for lunch, a craft (tie-dye) and a movie (TBD) in the afternoon. Lunch includes 2 slices of pizza, chips and a drink.

Instructor: Recreation & Parks Staff

Resident: \$50 per person • Non-Resident: \$53 per person

# FOLLOW US ON social media!









@ccrecpark

### **Veteran's Pickleball Classic**

Saturday, November 12 from 8:30am - 7pm Sunday, November 13 from 8:30am to 5pm at Panther Plex, 1400 Panther Drive, Hampstead, 21074 18+ years

Women's Doubles • Program #22FG09.04 Men's Doubles • Program #22FG09.05 Mixed Doubles • Program #22FG09.06 T-Shirts • Program #22FG09.07

PLEASE JOIN US FOR OUR ANNUAL PICKLEBALL CLASSIC! Saturday & Sunday, November 12, & 13. Check-in at 8:15 am - play starts at 8:45 am. Please register early, as tournament will be cancelled should the minimum number of players not be met by October 1, 2022.

18+ years • \$20 per player (includes t-shirt); \$10/person additional category; Registration will close on October 15, 2022. LATE REGISTRATION - will be \$30 per player, \$15.00 for additional category, no t-shirts for late registrations. Categories offered: Men's Doubles, Women's Doubles, and Mixed Doubles. 6 courts of play.

Groups will be formed by age based on registration (and ratings, if possible): 18+, 30+, 40+, 50+, 60+ and 70+ / Ratings: 2.5 3.0 3.5 4.0 4.5 Late Registration Deadline is October 31 (absolutely no refunds after this

All proceeds go toward the support of Carroll County Veterans.

Instructor: Recreation & Parks Staff Resident: \$20 per person



at Deer Park

Maximum Age 12 • Program #22FG09.02

Come in costume and celebrate Halloween with Carroll County Recreation & Parks. We will be spending the evening decorating trick or treat bags, hunting candy by flashlight and watching "It's the Great Pumpkin, Charlie Brown". There will be 4 rounds of flashlight candy hunts that begin at 6:30pm divided by age groups: 3 & under, 4-6 years, 7-9 years and 10-12 years. The movie will begin at 7:15pm and runs for approximately 25 minutes. Please bring a flashlight, chair(s) and/or blanket for the movie. Instructor: Recreation & Parks Staff

Resident: \$5 Child(w/an adult) Non-Resident: \$6 Child(w/an adult)

### **Arts & Enrichment Programs**

### **Exploring Watercolor**

Tuesdays, September 13 - October 18 from 6:30-8pm at Freedom Elementary School

7+ years • 6 sessions • Program #22FG02.01

A watercolor class for all levels, students will try out washes and dry brush techniques, learn how to create a mood with color and brushstrokes and experiment with fun effects you can get by using masking fluid or by combining oil pastel with the painting. Most importantly, participants will experience the fun of expressing themselves through color and images. A \$20 materials fee is due to the instructor at the first class.

Instructor: Suzanne Brault

Resident: \$66 per person • Non-Resident: \$69 per person

### **Homeschool Hand Building with Clay**

Tuesdays, September 14 - October 19 from 12:30-2pm at Robert Moton Center Activity Room 7-18 years • 6 sessions • **Program #22FG02.02** 

Parents are welcome to observe this class or register as a particpant. It's great fun to learn how to make things out of clay. Basic techniques will be demonstrated for making pinch pots, which can then be made into small cups, bowls, even little pitchers. Students will be shown how to roll out slabs of clay that can be used for making mugs or boxes, even little models of houses. Techniques used for making small animal sculptures and small figures will be taught, perhaps even gargoyles! Once the students have used these techniques to make whatever pieces they wish. they then will have the opportunity to glaze them. Bring plastic bags to keep your work moist and a box to carry your work home in between classes. A \$25 materials fee is due to the instructor at the first class - firing/glazing included.

Instructor: Suzanne Brault

Resident: \$66 per person • Non-Resident: \$69 per person

### **Hand Building with Clay**

Wednesdays, September 21 - October 19 from 6:30-8pm at Freedom Elementary School

7+ years • 5 sessions • Program #22FG02.03

This class can be for both kids and adults. It's great fun to learn how to make things out of clay. Basic techniques will be demonstrated for making pinch pots, which can then be made into small cups, bowls, even little pitchers. Students will be shown how to roll out slabs of clay used for making mugs, boxes, even little models of houses. Once students have completed their mold, they will then have an opportunity to glaze them. Bring a plastic bag to keep your work moist and a box to carry your work home in between classes. A \$25 material fee is due to the instructor at the first class.

Instructor: Suzanne Brault

Resident: \$55 per person • Non-Resident: \$59 per person





### **Big Apple One Day Trip**

Saturday, December 3 from 7-11pm (approx. return time) County Office building parking lot, 225 N. Center Street, Westminster, no later than 6:50am (bus will depart at 7am). 18+ years • **Program #22FG10.01** 

Enjoy a day on your own in the Big Apple! The motorcoach bus will drop you off at Bryant Park, in back of the New York Public Library on 6th Ave, between 40th-41st Streets. The day is your to plan! Go shopping, catch a show, see Central Park or the 911 Museum.

Early Bird Discount: register by September 30, 2022: \$70 resident/\$75 non-resident.

Regular Registration: closes on October 24, \$77 resident/\$82 nonresident

Late Registration: after October 24, \$82 resident/\$87 non-resident. Youth under the age of 18 must be accompanied by a paying adult. Fee includes roundtrip motorcoach transportation and driver's gratuity. Food is on your own.



### **Recreation & Parks Trips Refund Policy**

Requests for refunds must be submitted in writing at least one month prior to the start date of the trip unless there is a specific date listed in the course description. After the deadline has passed, there will be no refunds, absolutely NO exceptions. Any tickets purchased are the property of the registrant and is their responsibility to retrieve from the respective destination/location.

Requests can be submitted to ccrec@carrollcountymd.gov with a subject line of Refund Request.

# PAVILION RENTALS

To reserve a pavilion, visit ccrecpark.org, or you can call our offices at 410-386-2103.

- Bennett Cerf Park
- Deer Park
- Freedom Park
- Krimgold Park
- Leister Park
- Mayeski Park

- Double Pipe Creek Park
- Landon C. Burns Park
- Piney Run Park
- Sandymount Park
- North Carroll Community Pond
- Westminster Community Pond
- Westminster Veterans Memorial Park



For more information, visit ccrecpark.org, or call 410-386-2103.



### **EPIC Programs**



### CORPORATE WORK DAYS

Get out of the office and into nature by participating in a team building work day at a Carroll County Recreation & Parks Park!

- Plantings Bridges
- Trail Maintenance • Pipe Crossings
- Erosions • And more!

For more information or to schedule a corporate volunteer work day, contact us at ccrec@carrollcountymd.gov



### **EPIC - Flex & Balance Fitness**

Tuesdays, September 6- October 25 from 11-11:45am at Leister Park upper parking lot

18+ years • 8 sessions • **Program # 22FG14.02** 

As we age, our flexibility and sense of balance diminish. This program will incorporate stretching and balance exercises to help improve and maintain your flexibility and balance. The exercises in this program will, at times, incorporate the use of a chair, which will be provided. Individuals will need to be able to stand for at least short periods of time. The program is geared toward age 50+, however all adults 18 or older are welcome to register. Meet in the upper parking lot.

experience people in carroll

Instructor: Theresa Whalen

Resident: \$60 per person • Non-Resident: \$63 per person

### **EPIC - Line Dancing**

Tuesdays, September 6- November 8 from 10:45-11:45am no class 10/25, 11/1 at Robert Moton Center gymnasium 50-80 years • **Program #22FG14.01** 

Join this fun fitness program at the Robert Moton Center gymnasium! This program will be paced on participants' abilities, with time to socialize. Come for the exercise, stay for the enjoyment. Program is geared toward adults age 50+, however all adults 18+ are welcome.

Breaks will be taken to cool down and socialize. Be sure to dress in

comfortable clothing and bring a water bottle.

Instructor: Becky Kishter

Resident: \$34 per person • Non-Resident: \$37 per person



### "We canceled it because you didn't register!"

Sometimes excellent programs with amazing instructors are canceled when too many people wait until the last minute to register. Our classes are self-supporting and we must meet a minimum number of participants before a class or program will run.

Interested in a program, don't hesitate — register today!







### **EPIC - Belly Dancing**

Tuesdays, September 6- November 8 (no class 10/25 & 11/1) from 1:30-2:30pm

at Robert Moton Center Activity Room

50-80 years • 8 sessions • **Program #22FG14.03** 

Come explore one of the oldest forms of dance, BELLY DANCE, and discover it's many health benefits. "Shimmy" into improved balance, posture, strength, coordination, flexibility and confidence. Feel empowered through Belly Dance!

Instructor: Khandi

Resident: \$34 per person • Non-Resident: \$37 per person

### **EPIC - Drum It Up**

Tuesdays and Thursdays, September 6 - 29 from 9:45-10:30am at Robert Moton Center Activity Room 50-80 years

9/6 - 10/29 • **Program #22FG14.04** 

10/11 - 11/3 • Program #22FG14.05

Drum It Up! Energize your mind and body with this rhythmical drumming and movement class using fitness balls and drumsticks. No experience required and appropriate for individuals that need to sit in a chair.

Instructor: Lisa Carroll

Resident: \$48 per person • Non-Resident: \$56 per person

### **EPIC - Lucky Stripes Senior Bowling Group**

Thursdays, September 29 - November 3 from 10-11:30am at Greenmount Bowl, 1625 N. Main St. Hampstead 50+ • 6 sessions • **Program #22FG14.06** 

Come out this fall to enjoy the game of bowling, socialize and grab lunch at Greenmount Bowl in Hampstead. The registration fee includes 4 games per session and shoe rental.

Instructor: Recreation & Parks Staff

Resident: \$40 per person • Non-Resident: \$42 per person

### **Line Dancing - Beginner**

Thursdays, September 8 - November 17 from 6-7pm no class 10/6, 11/3, 11/10 at Westminster Senior & Community Center 12+ • 8 sessions • Program #22FG04.01

Dancing is one of the best exercises and is certainly great fun! Come join Rec & Parks to learn the steps to some popular line dances. Some routines are danced at weddings and festivals, some are old standbys and some are choreographed to the latest songs. We use a variety of genres so there is a favorite for everyone! This is a great program for teens as well as adults - it's good, fun exercise for all!

Each session includes review of previous songs as well as practice sheets. Be sure to wear comfortable shoes & clothing and bring bottled water. A small break is taken about mid-class. No experience is needed so come join the fun! Encourage a friend to sign up with you for added enjoyment!

Instructor: Becky Kishter

Resident: \$40 per person • Non-Resident: \$43 per person

### **Line Dancing - Intermediate**

Thursdays, September 8 - November 17 from 7-8pm no class 10/6, 11/3, 11/10 at Westminster Senior & Community Center 12+ • 8 sessions • Program #22FG04.02

Dancing is one of the best exercises and is certainly great fun! Come join Rec & Parks to learn the steps to some popular line dances. We use a variety of genres so there is a favorite for everyone! This is a great program for teens as well as adults - it's good, fun exercise for all! Some experience is required as this is a more fast paced program using intermediate level routines. Each session includes review of previous songs as well as practice sheets. Be sure to wear comfortable shoes & clothing and bring bottled water. A small break is taken about mid-class. Encourage a friend to sign up with you for added enjoyment!

Instructor: Becky Kishter

Resident: \$40 per person • Non-Resident: \$43 per person

### Yoga in the Park

Tuesdays, September 6- October 11 from 6-6:45pm (no class 9/27) at Westminster Veterans Memorial Park 14+ years • 5 sessions • **Program #22FG04.03** 

Come enjoy an all-levels yoga program outside at the beautiful and new Westminster Veterans Memorial Park. Bring a towel or yoga mat for the program. Ages 17 and younger must be joined with a participating adult.

Instructor:Mallory Kusterer

Resident: \$53 per person • Non-Resident: \$56 per person

Drop-In • Program # 22FG04.03-A

Resident: \$10 per person • Non-Resident: \$11 per person

### **Health & Wellness Programs**

### Yoga in the Park

Tuesdays, October 18- November 22 from 6-6:45pm at Robert Moton Center

14+ years • 6 sessions • Program #22FG04.04

Come enjoy an all-levels yoga program at the Robert Moton Center. Bring a towel or yoga mat for the program. Ages 17 and younger must be joined with a participating adult.

Instructor:Mallory Kusterer

Resident: \$53 per person • Non-Resident: \$56 per person

Drop-In • Program #22FG04.04-A

Resident: \$10 per person • Non-Resident: \$11 per person

### Zumba® (Wednesdays)

Wednesdays, September 7- October 12 from 6:30-7:30pm at North Carroll Senior & Community Center 16+ years • 5 sessions • **Program #22FG04.05** 

Wednesdays, October 19- November 30 from 6:30-7:30pm at North Carroll Senior & Community Center 16+ years • 5 sessions • **Program # 22FG04-06** 

Zumba® takes the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party! Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Come dance with us!

Instructor: Alexandra Shilling

Resident: \$52 per person • Non-Resident: \$54 per person

Drop-In • Program #22FG04.05-A

Resident: \$10 per person • Non-Resident: \$11 per person

Drop-In • Program #22FG04.06-A

Resident: \$10 per person • Non-Resident: \$11 per person



### Zumba® (Mondays)

Mondays, September 12- October 17 from 6:30-7:30pm at North Carroll Senior & Community Center 16+ years • 5 sessions • Program #22FG04.07

Mondays, October 24- November 28 from 6:30-7:30pm at North Carroll Senior & Community Center 16+ years • 5 sessions • **Program #22FG04-08** 

Zumba® takes the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party! Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Come dance with us!

Instructor: Alexandra Shilling

Resident: \$40 per person • Non-Resident: \$46 per person

Drop-In • Program #22FG04.07-A

Resident: \$10 per person • Non-Resident: \$11 per person

Drop-In • Program #22FG04.08-A

Resident: \$10 per person • Non-Resident: \$11 per person

### **Workout Mamas Mommy & Me Fitness**

Mondays, September 19 - November 28 from 9:30-10:15am at Robert Moton Center 6 sessions • Program #22FG04.14

Looking for a fun way to get fit, make friends, and have fun? Join Emily for 45 minutes of stroller-friendly interval training suitable for all fitness levels. Pregnant and postpartum moms are encouraged to join (must be at least 8 weeks postpartum and cleared for physical activity), and kids of all ages are welcome to attend with or without a stroller. Be sure to bring a yoga mat and water bottle to class.

Resident: \$61 per person • Non-Resident: \$65 per person

### Pickleball Beginner Level I

Instructor: Workout Mamas

Mondays, September 26 - October 17 from 4:30 - 5:30pm at The Robert Moton Center Class on October 24 & 31 will be held at Sandymount Park 16+ years • 6 sessions • Program #22FG04.11

BEGINNER: No experience necessary. Come join the fun and learn how to play pickleball! Whether you are a beginner or simply want to improve your skills, this is the class for you. We will learn serves, volleys, and dinking as well as discuss paddle and feet positions for better attacks and volleys. No supplies are needed just come with a fun attitude and willing to learn. Please make sure to wear proper foot wear (Tennis shoe is preferred, but any type of sneaker will be ok to start this class)

Instructor:William Gill

Resident: \$52 per person • Non-Resident: \$55 per person

### **Health & Wellness Programs**



### Pickleball Beginner/Intermediate Level II

Mondays, September 26 - October 17 from 5:30 - 6:30pm at The Robert Moton Center
Class on, October 24 & 31 will be held on at Sandymount Park
16+ years • 5 sessions • Program #22FG04.12

BEGINNER/INTERMEDIATE: If you want to improve your skills, this is the class for you! We will work on improving learned skills of serves, dinking and volleys. No supplies are needed just come with a fun attitude and willing to learn. Please make sure to wear proper foot wear (Tennis shoe is preferred but any type of sneaker will be ok to start this class).

Instructor: William Gill

Resident: \$52 per person • Non-Resident: \$55 per person

### Pickleball - Intermediate Level III

Mondays, September 26 - October 17 from 6:30 - 7:30pm at The Robert Moton Center
Class on, October 24 & 31 will be held at Sandymount Park
16+ years • 5 sessions • Program #22FG04.13

INTERMEDIATE: Program Description: A continue of level 2 If you want to improve your skills, this is the class for you! We will work on improving learned skills of serves, dinking and volleys. This class will focus on shot placement and 3rd shot drop vs. drive. For this class you should have your own paddle but no supplies are needed just come with a fun attitude and willing to learn. Please make sure to wear proper foot wear (Tennis shoe is preferred but any type of sneaker will be ok to start this class).

Instructor: Becky Morehouse

Resident: \$52 per person • Non-Resident: \$55 per person

### Clogging - Beginner I/II

Mondays, September 19 - November 28 from 6:30 - 7:30pm(\*1/2hr) no class 10/10, 10/31, 11/14 at The Robert Moton Center

8+ years • 8 sessions • **Program #22FG04.09** 

A fun contemporary American Folk Dance for all to enjoy (and it's easier than you think!) Each level is \*1/2 hour in length with approximate start time of 6:30pm for Beg I and 7pm Beg II - based on registration numbers (schedule will be announced). Beginner I students will learn basic fundamentals working on form, movement, sounds/steps, combining into simple dance routines-no experience needed. Please wear a thin-soled shoe (leather sole works best) or tennis shoe. Taps may be purchased at a \$26 fee. Beginner I level requires no experience and Beginner II is for those having completed approx. 1 year of Beginner lessons.

Instructor:Becky Morehouse

Resident: \$40 per person • Non-Resident: \$43 per person

### Clogging - Intermediate + Advanced

Mondays, September 19 - November 28 from(4:30 -Int. 5:30-Adv.) no class 10/10, 10/31, 11/14 at Robert Moton Center 14+ years • 8 sessions • Program #22FG04.10

A fun contemporary American Folk Dance for all to enjoy! The Intermediate level requires 2+ years' experience and advanced is for the well-experienced clogger - wear WHITE clogging shoes with jingle taps. We will learn new routines/steps and practice while working on group dance form, accuracy and precision. Classes are 1 hour in length and include some free dance time.

Instructor:Becky Morehouse

Resident: \$55 per person • Non-Resident: \$59 per person



### **Athletic & Sports Programs**

### **Tennis Tots**

Tuesdays, September 13 - October 18 from 4-4:45pm at Winters Mill High School 4-6 years • 6 sessions

Program #22FG03.46

Designed specifically for young children to develop basic racquet handling skills and court movement; equipment provided. A perfect way to introduce your tots to tennis! Parental supervision is required. No refunds for weather cancellations or rescheduling conflicts. Bring a water bottle and wear sunscreen.

Instructor: Steve French

Resident: \$110 per person • Non-Resident: \$115 per person

### **Tennis Beginnner**

Mondays, September 12 - October 17 from 5:30-6:30pm at Winters Mill High School 7-12 years • 6 sessions

Program #22FG03.47

This program will help children new to the sport develop basic tennis strokes including forehand, backhand, volleying and overhead. Participants will also learn scoring and boundaries for both singles and doubles play. Equipment is provided or bring your own. We will safely social distance and sanitize equipment. No refunds for weather cancellations or rescheduling conflicts. Bring water bottle and wear sunscreen.

Instructor: Steve French

Resident: \$120 per person • Non-Resident: \$125 per person

### Tennis Advanced Beginnner

Mondays, September 12 - October 17 from 4:30-5:30pm at Winters Mill High School 13-17 years • 6 sessions Program #22FG03.49

A program designed for the older, or the advanced beginner to intermediate level player. This course will help develop tennis strokes and perfect technique. Equipment is provided or bring your own. We will safely social distance and sanitize equipment. No refunds for weather cancellations or rescheduling conflicts.

Instructor: Steve French

Resident: \$140 per person • Non-Resident: \$145 per person

### Future Stars Soccer Clinics (4-6 years old)

Tuesdays, September 6 - October 25 from 4:30-5:20pm at Freedom Park 4-6 years • 8 sessions Program #22FG03.01

Future Star is the perfect introduction to the fun world of soccer. Children are introduced to the basics of soccer in a play-oriented yet structured format, using child-friendly but realistic soccer equipment. Each child is given the opportunity to work within their ability level but taught in a group environment. The Future Stars program will help little ones make friends, increase social skills and mental health, creating happier kids in the sport. These kids are our future soccer stars.

Instructor: Brazilian United Corporation

Resident: \$130 per person • Non-Resident: \$135 per person

### **Tennis Adult Beginnner**

Tuesdays, September 13 - October 18 from 5-6pm at Winters Mill High School 17+ years • 6 sessions

Program #22FG03.48

A program for those new to the sport to develop basic tennis strokes including forehand, backhand, volleying and overhead. Participants will learn scoring and boundaries for singles and doubles play, equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Bring a water bottle and wear sunscreen.

Instructor: Steve French

Resident: \$120 per person • Non-Resident: \$125 per person

### **Brazilian Soccer Clinics**

Tuesdays, September 6 - October 25 from 5:30-6:30pm at Freedom Park 7-10 years • 8 sessions

Program #22FG03.02

The Brazilian soccer clinics are open to all kids and soccer levels to learn the genuine Brazilian Soccer. Developing skills and abilities by learning from an international experienced coach.

We create the best environment to increase the kid's footwork, soccer skills, tactical, physical and mental health since BUC's philosophy goes beyond soccer. The clinic is a 1-hour session to experience high-intensity and quality training.

Instructor: Brazilian United Corporation

Resident: \$130 per person • Non-Resident: \$135 per person

### **Brazilian Soccer Clinics**

Tuesdays, September 6 - October 25 from 6:30-7:30pm at Freedom Park
11-15 years • 8 sessions
Program #22FG03.03

The Brazilian soccer clinics are open to all kids and soccer levels to learn the genuine Brazilian Soccer. Developing skills and abilities by learning from an international experienced coach.

We create the best environment to increase the kid's footwork, soccer skills, tactical, physical and mental health since BUC's philosophy goes beyond soccer. The clinic is a 1-hour session to experience high-intensity and quality training.

Instructor: Brazilian United Corporation

Resident: \$130 per person • Non-Resident: \$135 per person



### **Athletic & Sports Programs**

### **Level 5 Athletics: Soccer Juniors**

Level 5's Soccer Juniors (ages 3-4) program is designed to introduce or provide a continued path in and around the game of soccer. Our experience uses age-appropriate games and exercises from around the globe to deliver sessions that are healthy, informative and fun. Our team atmosphere helps develop both social and life skills, even for our youngest soccer players. Our unique method of soccer instruction helps children become familiar with athletics, to properly play the world's most popular game early on. Our innovative, skills-based curriculum helps teach character building and development while keeping the children on their feet. The program uses creative games and the weekly sessions focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork, and being brave. We will expose your child to the fun of soccer and provide the foundation needed to get started in the sport. \*Only one weather make-up class will be provided at the end of the session

Sundays, September 11 - October 23 from 1-1:45pm at Sandymount Park 3-4 years • 7 sessions

Program #22FG03.04

Sundays, September 11 - October 23 from 2-2:45pm at Sandymount Park 3-4 years • 7 sessions

Mondays, September 12 - October 24 from 3:30-4:15pm at Sandymount Park 3-4 years • 7 sessions

Program #22FG03.06

Program #22FG03.05

Mondays, September 12 - October 24 from 4:30-5:15pm at Sandymount Park 3-4 years • 7 sessions

Program #22FG03.07

Wednesdays, September 14 - October 26 from 3:30-4:15pm at Cape Horn Park 3-4 years • 7 sessions

Program #22FG03.08

Wednesdays, September 14 - October 26 from 4:30-5:15pm at Cape Horn Park 3-4 years • 7 sessions

Program #22FG03.09

Fridays, September 16 - October 28 from 3:30-4:15pm at Sandymount Park 3-4 years • 7 sessions

Program #22FG03.10

Fridays, September 16 - October 28 from 4:30-5:15pm at Sandymount Park 3-4 years • 7 sessions

Program #22FG03.11

Saturdays, September 17 - October 29 from 9-9:45am at Deer Park 3-4 years • 7 sessions

Program #22FG03.12

Saturdays, September 17 - October 29 from 10-10:45am at Deer Park

3-4 years • 7 sessions Program #22FG03.13

Saturdays, September 17 - October 29 from 11-11:45am at Deer Park

3-4 years • 7 sessions Program #22FG03.14

Instructor: Level 5 Athletics

Resident: \$81 per person • Non-Resident: \$85 per person

### **Level 5 Athletics: Soccer Stars**

Level 5's Soccer Stars (ages 5-7) program is designed to introduce or provide a continued path in and around the game of soccer. Our experience uses age-appropriate games and exercises from around the globe to deliver sessions that are healthy, informative and fun. Our team atmosphere helps develop both social and life skills, even for our youngest soccer players. Our unique method of soccer instruction helps children become familiar with athletics, to properly play the world's most popular game early on. Our innovative, skills-based curriculum helps teach character building and development while keeping the children on their feet.

The program uses creative games and the weekly sessions focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and being brave. We will expose your child to the fun of soccer and provide the foundation needed to get started in the sport. \*Only one weather make-up class will be provided at the end of the session

Sundays, September 11 - October 23 from 1-1:45pm at Sandymount Park 5-7 years • 7 sessions

Program #22FG03.15

Sundays, September 11 - October 23 from 2-2:45pm at Sandymount Park 5-7 years • 7 sessions

Program #22FG03.16

Mondays, September 12 - October 24 from 3-4:15pm at Sandymount Park 5-7 years • 7 sessions

Program #22FG03.17



### **Athletic & Sports Programs**

Mondays, September 12 - October 24 from 4:30-5:15pm at Sandymount Park 5-7 years • 7 sessions

Program #22FG03.18

Wednesdays, September 14 - October 26 from 3:30-4:15pm at Cape Horn Park 5-7 years • 7 sessions

Program #22FG03.19

Wednesdays, September 14 - October 26 from 4:30-5:15pm at Cape Horn Park 5-7 years • 7 sessions

Program #22FG03.20

Fridays, September 16 - October 28 from 3:30-4:15pm at Sandymount Park 5-7 years • 7 sessions

Program #22FG03.21

Fridays, September 16 - October 28 from 4:30-5:15pm at Sandymount Park 5-7 years • 7 sessions

Program #22FG03.22

Saturdays, September 17 - October 29 from 9-9:45am at Deer Park 5-7 years • 7 sessions

Program #22FG03.23

Saturdays, September 17 - October 29 from 10-10:45am at Deer Park

5-7 years • 7 sessions Program #22FG03.24

Saturdays, September 17 - October 29 from 11-11:45am at Deer Park 5-7 years • 7 sessions

Program #22FG03.25

Instructor: Level 5 Athletics

Resident: \$81 per person • Non-Resident: \$85 per person

Tae Kwon do (Beginner Youth)

Mondays, September 12 - November 21 from 6-7pm at Mechanicsville Elementary School 5-9 years • 11 sessions

Program #22FG03.26

Tuesdays, September 13 - November 22 from 5-6pm at Linton Springs Elementary School 5-9+ years • 11 sessions

Program #22FG03.31

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$62 per person • Non-Resident: \$65 per person Resident: \$57 per sibling • Non-Resident: \$60 per sibling

### Tae Kwon do

Mondays & Wednesdays, September 12 - November 21 from 7-8:30pm at Mechanicsville Elementary School

8+ years • 21 sessions

Program #22FG03.30

Instructor: Master Wesley

Resident: \$167 per person • Non-Resident: \$170 per person Resident: \$162 per sibling • Non-Resident: \$165 per sibling

### Tae Kwon do (Beginner to Black Belt)

Mondays, September 12 - November 21 from 7-8:30pm at Mechanicsville Elementary School 8+ years • 11 sessions

Program #22FG03.27

Tuesdays, September 13 - October 22 from 6-7:30pm at Linton Springs Elementary School 8+ years • 11 sessions

Program #22FG03.32

Wednesdays, September 14 - November 23 from 7-8:30pm at Mechanicsville Elementary School

8+ years • 11 sessions Program #22FG03.29

Thursdays, September 15 - November 17 from 6-7:30pm at Linton Springs Elementary School

8+ years • 10 sessions Program #22FG03.34

Instructor: Master Wesley

Resident: \$87 per person • Non-Resident: \$90 per person Resident: \$82 per sibling • Non-Resident: \$85 per sibling



### **Athletic & Sports Programs**

### Tae Kwon do (Beginner to Black Belt)

Tues. & Thurs., September 13 - November 22 from 6-7:30pm at Mechanicsville Elementary School

8+ years • 21 sessions Program #22FG03.35

Instructor: Master Wesley

Resident: \$167 per person • Non-Resident: \$170 per person Resident: \$162 per sibling • Non-Resident: \$165 per sibling

### Tae Kwon do (Intermediate Youth)

Wednesdays, September 14 - November 23 from 6-7pm

at Mechanicsville Elementary School

5-9 years • 11 sessions

Program #22FG03.28

Thursdays, September 15 - November 17 from 5-6pm

at Linton Springs Elementary School

5-9 years • 10 sessions **Program #22FG03.33** 

Instructor: Master Wesley

Resident: \$62 per person • Non-Resident: \$65 per person Resident: \$57 per sibling • Non-Resident: \$60 per sibling

### **Introduction to Martial Arts**

Wednesday, first class will be held on Oct. 5 from 6-7pm at Tristar Martial Arts of Westminster

4-6 years • 6 session

#### Program #22FG03.36

Get started on your journey into martial arts with this 6 week program. Your child will learn about respect and self-discipline as well as how to deal with bullies as they earn their white belt. No experience necessary.

After the first lesson students may pick one of the four options. Wednesdays at 6pm, Thursdays at 4:40pm, Fridays at 5:20pm -OR-Saturdays at 9:40am

Instructor: Tristar Martial Arts of Westminster

Resident: \$69 per person • Non-Resident: \$72 per person

### "We canceled it because you didn't register!"

Sometimes excellent programs with amazing instructors are canceled when too many people wait until the last minute to register. Our classes are self-supporting and we must meet a minimum number of participants before a class or program will run.

Interested in a program,
don't hesitate — register today!

### **Introduction to Martial Arts**

Tuesday, first class will be held on Oct. 4 from 6-7pm at Tristar Martial Arts of Westminster

7+ years • 12 session Program #22FG03.37

Get started on your journey into martial arts with this 6 week program. Learn the basics of Japanese martial arts and earn your white belt. No experience necessary. After the first lesson students will proceed with 2 sessions for 6 weeks (40 minutes). Students may pick two of the four options. Monday at 7:20pm, Tuesday at 6pm, Wednesday at 5:20pm, -OR- Saturday 9:40am

Instructor: Tristar Martial Arts of Westminster

Resident: \$89 per person • Non-Resident: \$92 per person

### **Pre-School Gymnastics**

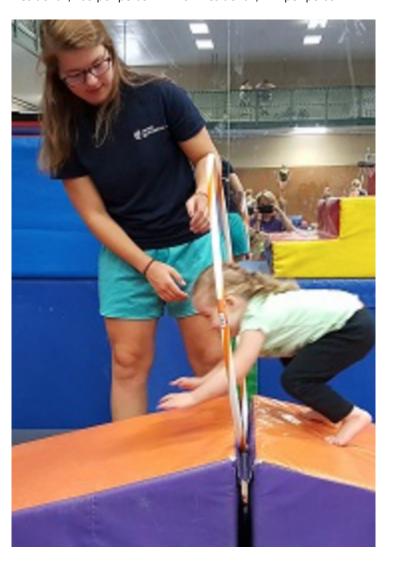
Thursdays, October 20-December 15 from 9-9:45am at Carroll Gymnastics, Inc. 3-4 years • 8 sessions

### Program #22FG03.38

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc.

Resident: \$165 per person • Non-Resident: \$172 per person



### **Athletic & Sports Programs**

### Mommy & Me Gymnastics

Thursdays, October 20-December 15 from 9-9:45am at Carroll Gymnastics, Inc. 2-3 years • 8 sessions

### Program #22FG03.39

Designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment. Student/instructor ratio 7:1.

Instructor: Carroll Gymnastics, Inc.

Resident: \$165 per person • Non-Resident: \$172 per person

### **Homeschool Girls Gymnastics**

Thursdays, October 20-December 15 from 10-11am at Carroll Gymnastics, Inc. 6-17 years • 8 sessions

### Program #22FG03.40

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1. Complete the Carroll Gymnastics, Inc. COVID-19 policy that can be found at www.carrollgymnastics.com

Instructor: Carroll Gymnastics, Inc.

Resident: \$185 per person • Non-Resident: \$192 per person

### **Homeschool Boys Gymnastics**

Thursdays, October 20-December 15 from 11-12am at Carroll Gymnastics, Inc. 6-17 years • 8 sessions

### Program #22FG03.41

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1. Complete the Carroll Gymnastics, Inc. COVID-19 policy that can be found at www.carrollgymnastics.com

Instructor: Carroll Gymnastics, Inc.

Resident: \$185 per person • Non-Resident: \$192 per person

### **Kindergarten Gymnastics**

Thursdays, October 20-December 15 from 4:30-5:15pm at Carroll Gymnastics, Inc.
Kindergarten • 8 sessions

### Program #22FG03.42

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc.

Resident: \$165 per person • Non-Resident: \$172 per person



### **Tumbling Gymnastics**

Thursdays, October 20-December 15 from 7:30-8:30pm at Carroll Gymnastics, Inc. 6-17 years • 8 sessions

### Program #22FG03.43

Designed for all levels. Students will learn basic tumbling skills using the floor, trampoline and tumble track. Student/instructor ratio 8:1. Instructor: Carroll Gymnastics, Inc.

Resident: \$185 per person • Non-Resident: \$192 per person

### **Boys Basic Gymnastics**

Saturdays, October 22-December 17 from 10-11am at Carroll Gymnastics, Inc. 6-17 years • 8 sessions

### Program #22FG03.44

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1. Instructor: Carroll Gymnastics, Inc.

Resident: \$185 per person • Non-Resident: \$192 per person

### **Girls Basic Gymnastics**

Saturdays, October 22-December 17 from 11-12am at Carroll Gymnastics, Inc. 6-17 years • 8 sessions

### Program #22FG03.45

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc.

Resident: \$185 per person • Non-Resident: \$192 per person



### **Adaptive Recreation Programs**

### **Turkey Harvest Wreath Activity**

Friday, October 7 from 5-7pm at RMC

#### Program #22FG01.01

Just in time for Autumn/Thanksgiving create your own Turkey Harvest Wreath. Participants will get to personalize their grapevine wreath. All supplies provided including beautiful natural wild turkey feathers. Refreshments of apple cider and cookies will be served upon completion of activity!

Instructor: AnnMarie AR Participant: \$25 per person

Care Giver/one-on-one/Parent: \$5 per person

Individual: \$25 per person

### Adaptive Rec Walk Carroll (Wednesdays Deer Park)

Wednesdays, September 7 - October 26 from 10-12pm at Deer Park

10+ years • 8 Sessions

### Program #22FG01.02

Walk Carroll, is a walking program for citizens of Carroll County. Adaptive Recreation will walk on Wednesdays, at Deer Park, from 10-12. Program will start September 7th and end October 26th / 8 sessions. . Dress for the weather. Everyone must register. Walk when you can and at your own pace!

### Adaptive Rec Z-Fitness (Tuesdays)

Tuesdays, September 13 - October 11 from 6-6:30pm at Carroll Springs School

14+ years • 5 Sessions

### Program #22FG01.03

All Inclusive Program that's open to all; with emphasis on Adaptive Recreation participants, siblings, parents and caregivers. A multi-cultural dance-exercise experience with energizing music for a fun workout! Easy to follow-all abilities welcome. Everyone must register.

Instructor: Melanie Haifley

AR Participant(Resident): \$25 per person AR Participant(Non-Resident): \$28 per person

Care Giver/one-on-one/Parent(Resident): \$28 per person Care Giver/one-on-one/Parent(Non-Resident): \$28 per person

### Friday Night Social

Firday, September 23 from 6-7:30pm at Sheppard Chase Gym(RMC) 12+ years

Program #22FG01.05

Firday, Novmeber 4 from 6-7:30pm at Sheppard Chase Gym(RMC) 12+ years

#### Program #22FG01.06

This event is exclusive to Special Olympics and Adaptive Recreation participants their siblings/parents/caregivers, Friday September 23, 6-7:30pm. A portion of the Proceeds support Special Olympics of Carroll County.

Instructor: AR Specialist

Adaptive Rec Participant \$6 per person Care Giver/one-on-one/Parent: \$6 per person



### **Adaptive Rec Z-Fitness (Tuesdays)**

Tuesdays, October 25 - November 29 (no class 11/8) from 6-6:30pm

at Carroll Springs School 14+ years • 5 Sessions

Program #22FG01.04

All Inclusive Program that's open to all; with emphasis on Adaptive Recreation participants, siblings, parents and caregivers. A multi-cultural dance-exercise experience with energizing music for a fun workout! Easy to follow-all abilities welcome. Everyone must register.

Instructor: Melanie Haifley

AR Participant(Resident): \$25 per person AR Participant(Non-Resident): \$28 per person

Care Giver/one-on-one/Parent(Resident): \$28per person Care Giver/one-on-one/Parent(Non-Resident): \$28 per person

### Fit 4 Me Program

This class is designed to incorporate the concepts of the components of fitness. We will work on cardiovascular development, flexibility, muscular endurance and strength impact body composition.



Ymaryland.org



### **Nature & Environment Programs**





### **Creek Critters**

Saturdays from 10-11am at Piney Run Nature Center 5-10 years

### Program #22FG06.01

With dip nets and buckets in hand, let's head to the lake to see what we can find. Shoes that can get wet are recommended. Instructor: Max Bukowitz.

Resident: \$7 per person • Non-Resident: \$9 per person

### Let's Talk Turkey!

Saturdays from 10-11am at Piney Run Nature Center 5-10 years

### **Program #22FG06.02**

Let's explore some fun facts about our large feathery friend. Following a little discussion, we will create a whimsical centerpiece for your family's holiday.

Instructor: Max Bukowitz.

Resident: \$10 per person • Non-Resident: \$12 per person

### **Piney Run Nature Center Information**

### Nature Center Hours (3/1-11/30)

Wednesday-Saturday | 11am-5pm Sunday | Noon-5pm Mondays & Tuesdays | Closed

### Nature Center Hours (12/1-2/28)

Monday-Friday | 11am-4pm Saturday, Sunday & Holidays | Closed

Phone: 410-795-6043 Email: pineyrunpark@carrollcountymd.gov

**In case of inclement weather...** if snow/icy conditions or heavy rains/thunderstorms are in the forecast, call before coming to a program to see if the program has been cancelled or postponed. If Carroll County Government is closed, the Park and Nature Center are closed. If Carroll County Schools are closed, delayed, or dismissed early, Nature Center programs that fall during those time periods are cancelled as well (please see Inclement Weather Policy for Recreation & Parks programs in the back of this brochure).

### **Piney Run Park Information**

### **Park Open-Season Hours**

Open All Week | 7am-Sunset

Entrance fees collected at the gatehouse: \$6/vehicle for Carroll County Residents; \$12 for non-residents. Season passes are available for \$75/vehicle for Carroll County residents; \$100/vehicle for non-residents.

\*Vehicle entry fees are waived for Nature Center programs in this section for preregistered participants only (must be registered 24-hours before the program).

#### Park "Off-Season" Hours (12/1-2/28)

Monday-Friday | 8am-4pm Saturday & Sunday | Closed

No vehicle entry fee is collected during the "off-season", there is no boating, visitors are still welcome to walk the trails and fish from the shore.

### **Piney Run Nature Center Volunteer Opportunities**

### **Front Desk Volunteers**

Interested in volunteering for the Nature Center front desk? We need nature loving volunteers to answer the phones, take program registration, weed gardens and help with general upkeep. Age: Adult

17

### **Nature & Environment Programs**

### **Fall Hiking at Piney Run Park**

Friday, September 2 from 9-11am Friday, October 7 from 9-11am

Friday, November 4 from 9-11am

at Piney Run Nature Center

18+ years • 3 sessions

#### **Program #22FG06.03**

Learn the trails of Piney Run Park. Each month, we will explore a different section of Piney Run Park to see what makes each trail unique. Dress for outdoors and meet at Piney Run Nature Center, unless directed otherwise.

Instructor: Max Bukowitz.

Resident: \$21 per person • Non-Resident: \$23 per person

### **Nature and Nurture**

Fridays 9/9/22, 10/14/22, 11/4/22 from 10-10:30am at Piney Run Nature Center

3-5 years • 3 sessions

#### Program #22FG06.04

Please join us as we explore our beautiful park. Each month we learn what lives and thrives at Piney Run Park! Parent/Guardian is required to stay. Dress for the weather as we do go outside.

Instructor: Max Bukowitz.

Resident: \$18 per person • Non-Resident: \$20 per person

### **Basket Weaving Class**

Saturday, September 10 from 9am-3pm at Piney Run Nature Center

18+ years

### Program #22FG06.05

Piney Run Recreation and Conservation council is pleased to offer a new basket weaving class with Joan Betzold. During this class, Joan guides the participants through the necessary steps to weave their own hand-crafted basket. This basket will be yours to keep and take home at the end of the class.

Instructor: Joan Betzold

Resident: \$45 per person • Non-Resident: \$45 per person

#### **Art in Nature**

Saturday, September 25 from 10 - 11am at Piney Run Park Nature Center 5-10+ years

Program #22FG06.06

# Don your hiking boots and join us for a hike in the woods. While hiking let's look for sticks and stones to create art, not break bones! Other art supplies will be provided by Piney Run Nature Center.

Instructor: Max Bukowitz

Resident: \$7 per person • Non-Resident: \$8 per person

### **Batty for Halloween**

Saturday October 29 from 10-11am at Piney Run Park Nature Center 3-5 years

#### Program #22FG06.07

Let's go batty for Halloween! Don your best costume, and march to the park. We will parade around our park and entertain our critters! With some games, snacks and crafts, we hope you join us for the fun. Instructor: Max Bukowitz

Resident: \$7 per person • Non-Resident: \$8 per person



### Oh My Gourd!

Saturday, October 15 from 10am - 12pm at Piney Run Park Nature Center 18+ years

#### Program #22FG06.08

While the big orange gourd gets a lot of attention, what about the other types of gourds? We will convert a bottle gourd into a charming bird house.

Instructor: Max Bukowitz

Resident: \$25 per person • Non-Resident: \$28 per person

### **Fall for Colors**

Saturday, November 12 from 10-11am at Piney Run Park Nature Center 3-5 years

### Program #22FG06.09

The days are getting shorter, why not try to catch the sun while we can. Using the beautiful leaves of fall, wax paper and some heat, we will create one of a kind suncatchers.

Instructor:

Resident: \$7 per person • Non-Resident: \$8 per person



### **Nature & Environment Programs**

### Hashawha Environmental Center/Bear Branch

### **Feeding Frenzy**

Thursday, September 8 from 10-11am at Hashawha Environmental Center/Bear Branch

Program #22SG06.10

Thursday, October 13 from 10-11am at Hashawha Environmental Center/Bear Branch

#### Program #22SG06.11

Thursday, November 10 from 10-11am at Hashawha Environmental Center/Bear Branch

### Program #22FG06.12

Join the Naturalist as she feeds the animal ambassadors that call Hashawha home. Learn about what they eat, how they eat it, and meet some animals up close and personal! You will even be able to help feed some of the animals! Parents/Guardians are required to stay.

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

### **Benefits of Meditating Outside**

Saturday, September 10 from 5-6pm at Hashawha Environmental Center/Bear Branch 15+ years

### Program #22FG06.13

Join us for a presentation on the benefits of meditating in nature. Participants will learn about the benefits of meditation, the benefits of spending time in nature and what happens when we combine the two. There will be time for questions and group discussion after a meditation demonstration. This is a great program for those who haven't started a meditation practice yet. Program will be held outside. Instructor: Kristina Duncan

Resident: \$15 per person • Non-Resident: \$16 per person

### Full Moon Yoga and Meditation - Entire Fall Series

Saturday, September 10 from 6-7:30pm • Program #22FG06.14 Sunday, October 9 from 6-7:30pm • Program #22FG06.15 Saturday, November 8 from 6-7:30pm • Program #22FG06.16 at Hashawha Environmental Center/Bear Branch

15+ years • 3 sessions

#### Program #22FG06.17

Awaken your energy and find your flow with a nature-inspired full moon yoga practice and meditation. A 60 minute yoga practice is followed by a 30 minute guided meditation. **Sept 10** is a Corn or Harvest Moon Practice honoring the harvest, migration and autumn equinox. **Oct 9** is a Hunter's Moon Practice honoring the autumn color and preparation for winter. **Nov 8** is a Beaver moon Practice honoring the chilly weather ahead and the coming holiday season. These practices could be just what you need to energize your body and calm you mind. **Instructor: Christine Gallo** 

Resident: \$55 per person • Non-Resident: \$56 per person

Single Rate Resident: \$20 per person Single Rate Non-Resident: \$21 per person

### Full Moon Yoga and Meditation - Harvest Moon

Saturday, September 10 from 6-7:30pm at Hashawha Environmental Center/Bear Branch 15+ years

#### Program #22FG06.14

Awaken your energy and find your flow with a nature-inspired full moon yoga practice and meditation. A 60 minute yoga practice is followed by a 30 minute guided meditation.

Sept 10 is a Corn or Harvest Moon Practice honoring the harvest, migration and autumn equinox.

These practices could be just what you need to energize your body and calm you mind.

Instructor: Christine Gallo

Resident: \$20 per person • Non-Resident: \$21 per person

#### **Planetarium Show**

Saturday, September 10 from 7:30-8:30pm • Program #22FG06.18 Saturday, October 8 from 7:30-8:30pm • Program #22FG06.19 Saturday, November 12 from 7:30-8:30pm • Program #22FG06.20 at Hashawha Environmental Center/Bear Branch

3 sessions

Bear Branch Nature Center has exciting opportunities for amateur astronomers of all levels. Our Planetarium allows visitors a chance to participate in guided tours of the night sky, visit the planets of our Solar System and listen to tales of constellations throughout history.

Instructor: Westminster Astronomical Society

Resident: \$5 per person • Non-Resident: \$6 per person

### **Monarch Madness Festival**

Sunday, September 11 from 11-4pm at Hashawha Environmental Center/Bear Branch

### Program #22FG06.21

Celebrate the arrival of fall by learning about the amazing annual migration of the Monarch Butterfly! Say goodbye to the butterflies we've been raising as they begin their long journey South to Mexico. List of Events:

Monarch Tagging Demonstration
Butterfly Themed Games and Crafts

Live Animals

Naturalist-Led Planting for Pollinators Presentation Plant Swap (Bring seeds, native plants or houseplant propagations and trade for something you don't have!)

Food and Drinks available for purchase.

Instructor: Bear Branch Staff

Family of 5 or less(resident): \$30 per person Family of 5 or less(non-resident): \$31 per person



### **Nature & Environment Programs**

### **Meditation in Nature - Full Series**

Monday, September 12 from 5-5:45pm • Program #22FG06.22 Monday, September 26 from 5-5:45pm • Program #22FG06.23 Monday, October 10 from 5-5:45pm • Program #22FG06.24 Monday, October 24 from 5-5:45pm • Program #22FG06.25 Monday, Novmeber 7 from 5-5:45pm • Program #22FG06.26 Monday, Novmeber 21 from 5-5:45pm • Program #22FG06.27 at Hashawha Environmental Center/Bear Branch

15+ years • 6 sessions

### Program #22FG06.28 (full series)

Come join our meditation group outside of Bear Branch Nature Center. Please bring anything you will need to feel comfortable for the 30 min meditation session; a towel, yoga mat, etc. There will be some time available after to share any thoughts or questions.

Instructor: Kristina Duncan

Individual sessions:

Resident: \$20 per person • Non-Resident: \$21 per person

Full sessions:

Resident: \$100 per person • Non-Resident: \$105 per person

### **Nature Scouts**

Wednesdays, September 14 - November 2 from 6:30-8pm at Hashawha Environmental Center/Bear Branch

### Program #22FG06.29

Let's go on adventures, play and learn together! Nature Scouts is an 8-week program designed for families to reconnect with each other and the natural world. We will learn about the natural world through play, creativity, research and adventure; and we encourage getting dirty and silly. Weekly themes for this session include: Nature Names and Journal, Just a Tiny Seed, Night Time is Neat, The Garden Game, Animals Among Us, Creature Features, Clay Leaf Art and I am Nature.

\*The cost of the program is per family (up to 5) as we encourage families spending time and learning about nature together.

\*Any person over the initial 5 will be an additional \$25..

Instructor: Christine Gallo

Family of 5 or less(resident): \$120 per person Family of 5 or less(non-resident): \$125 per person



### **Nature Therapy Walk - Summer Celebration Walk**

**Summer Celebration** - Saturday, September 17 from 9:30-12pm

Program #22FG06.30

New Moon - Sunday, October 30 from 9:30-12pm

Program #22FG06.31

**Thanksgiving Walk** - Sunday, November 20 from 9:30-12pm **Program #22FG06.32** 

at Hashawha Environmental Center/Bear Branch

12+ years • 3 sessions

"Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves." – John Muir If that sounds good, join us for a nature therapy walk and see what nature can offer you. A nature therapy walk isn't a hike, vigorous exercise, or a bath. It is slowing down and taking in nature through our senses by combining a slow walk with mediation and imagination. The following guided walks are offered by an Association of Nature and Forest Therapy (ANFT) certified guide:

### **Sept 17 Summer Celebration Walk**

#### Oct 30 New Moon Walk

### **November 20 Thanksgiving Walk**

\*Participants are encouraged to bring water and a snack, wear comfortable shoes, and dress for the weather.

Instructor: Christine Gallo

Resident: \$25 per person • Non-Resident: \$26 per person

### Meet the Beekeeper

Saturday, September 17 from 10-11am • Program #22FG06.33
Saturday, October 15 from 10-11am • Program #22FG06.34
at Hashawha Environmental Center/Bear Branch
12+ years • 2 sessions

Join the Carroll County Beekeepers Association (CCBA) for an interactive, hands-on presentation on honeybees and beekeeping. Take a close look at the observation hive, discover what honeybees are doing this time of year and learn the basics of starting a hive of your own.

Instructor: Carroll County Beekeepers Association
Resident: \$7 per person • Non-Resident: \$8 per person

### Owl Prowl

Friday, September 23 from 7-10pm • Program #22FG06.35 Saturday, October 15 from 7-10pm • Program #22FG06.36 at Hashawha Environmental Center/Bear Branch

10+ years • 2 sessions

What goes Hoot in the night? Owls of course! Join the Naturalist for an in-depth look at the hunters of the night sky. We will begin indoors to learn some background information about owls and understand owl-calling etiquette. We will then head outside to call for the wild owls that live around Hashawha. Be prepared for the weather and darkness! While we hope to be able to call in some owls, nature is wild and undecisive — we will take an up close look at our Owl Ambassadors after attempting to call in the wild residents. Instructor: Bear Branch Staff

Resident: \$10 per person • Non-Resident: \$11 per person

### **Nature & Environment Programs**





# Environmental Field Trips

# Are you an elementary school teacher looking for a fun, educational field trip for your class?

Bear Branch Nature Center field trips include a 45-minute naturalistled presentation and hands-on, outdoor activities based on grade level (aligned with the Carroll County science curriculum).

Piney Run Nature Center offers a myriad of programs for students to experience, whether looking at the lake or learning about the critters that call Piney Run home.

For more details about each Nature Centers field trip offerings, contact Bear Branch Nature Center at 410-386-3580 or Piney Run Nature Center at 410-795-6043.

### **Wilderness First Aid**

Friday & Saturday, September 24 & 25 from 9am - 6pm at Hashawha Environmental Center/Bear Branch

16+ years • 2 Sessions

#### Program #22FG06.37

This Wilderness First Aid course is perfect for the outdoor enthusiast or trip leader who wants a basic level of first aid training for short trips with family, friends and outdoor groups. Taught through a combination of lecture and hands-on, outdoor simulations, this two-day course provides the information needed to assess and treat many common injuries and medical emergencies. Dress for the weather, as much of the class time will be spent outside. This course is hosted by the Friends of Hashawha and Bear Branch and taught through Campaign Pay it Forward.

Instructor: Campaign Pay it Forward

Resident: \$185 per person • Non-Resident: \$195 per person

### Run for the Raptors

Saturday, October 1 from 8:30 - 11am at Hashawha Environmental Center/Bear Branch

### Program #22FG06.38

Looking for a great trail run to help a great cause? Sign up for the annual Run for the Raptors 5k run or 2k walk at Hashawha Environmental Center and Bear Branch Nature Center! Both routes will take you past our Raptor mews to see our incredible birds of prey. All of our birds have been permanently injured and proceeds will support the care of these birds. Fastest male and female runners win a half gallon of maple syrup and all runners will receive a T-shirt! Registration begins at 8:30, run starts at 9, walk starts at 9:15 and prizes will be awarded at 10:30. Register by September 10th for guaranteed T-shirt size.

Instructor: Friends of Hashawha and Bear Branch 2K walk: \$25 per person • 5K run: \$35 per person

### Haunted History Hike

Sunday, October 23 from 7-9pm at Hashawha Environmental Center/Bear Branch 10+ years

### Program #22FG06.39

Do you dare to explore Hashawha in the dark? Discover what's inside the Martin Cabin, meet some night hunters that travel by wing and foot and take a walk in the dark as your trail guide speaks of the ghosts that haunt the area. Bring closed-toed hiking shoes and a flashlight. Due to the nature of this event, it is recommended for those 10 years and older.

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person



Visit **ccrec.recdesk.com** for the latest information about Recreation & Parks programs and to register.



### **Hunters of the Sky**

Saturday, November 5 from 2-3:30pm at Hashawha Environmental Center/Bear Branch

### Program #22FG06.40

Join the Naturalist (and Falconer) to learn all about the hunters of the sky - RAPTORS! Meet live birds of prey up close, learn how they hunt and what they eat, and even discover what falconry is all about. There will be hands-on opportunities such as dissecting an owl pellet and feeling feathers and falconry equipment.

Instructor: Bear Branch Staff

Resident: \$10 per person • Non-Resident: \$11 per person

### **Family Duck Hunt**

Saturday, November 12 from 2-4pm at Hashawha Environmental Center/Bear Branch

#### Program #22FG06.41

Join us for our first annual duck hunt! It's a fall hunt for all ages where rubber ducks will be hidden all along the vista trail and around the nature center. Turn in regular ducks for kid friendly prizes or find a specialty duck for a family prize basket! Instructor: Friends of Hashawha and Bear Branch

Family of 5 or less(resident): \$25 per person Family of 5 or less(non-resident): \$26 per person

### **Talk Turkey Campfire**

Saturday, November 19 from 4 - 5:30pm at Hashawha Environmental Center/Bear Branch

### Program #22FG06.42

It's nearly Turkey-Time! Join us at Bear Branch Nature Center for a gobbling-good campfire! Bundle up around the fire and enjoy time with friends and family while chowing down on smore's and learning all about Wild Turkeys! You may even learn to talk Turkey by the end of the evening! Remember to bring your favorite lawn chair or blanket! \*If it gets too chilly around the fire, we will move indoors for the program portion. Dress for the weather!

\*This is an all-ages program; please register each family member who will be attending. Children 2 years and under are free and not required

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

### 2022 Dog Park Memberships:

### Bennett Cerf Dog Park & South Carroll Dog Park

Membership for 2022

18+ years

Bennett Cerf Dog Park • Program #22YR05.01 South Carroll Dog Park • Program #22YR05.03

Both Dog Parks • Program #22YR05.02

Membership is for the 2022 year (January through December); registration is accepted anytime during the year. The dog park is a great place to socialize and exercise your dog. Park hours are sunrise to sunset, 365 days a year (maintenance days are posted

Bennett Cerf Dog Park **OR** South Carroll Dog Park Up to 2 Dogs: \$30 • Additional Dogs: \$5 per dog

**Both** Bennett Cerf Dog Park **AND** South Carroll Dog Park Up to 2 Dogs: \$50 • Additional Dogs: \$5 per dog

### Adopt a Critter

Membership for 2022 • Program #22YR05.11

Piney Run Nature Center's live animal collection requires constant care. Support the critters or sponsor a particular animal! The sponsors will get a picture of the critter they are sponsoring in the mail and be invited to a private program which will include the sponsored animals and light refreshments.

Resident/Non-Resident: \$30 per person





# **BEAR BRANCH & PINEY RUN** NATURE CENTER MEMBERSHIPS

Nature Center Members play an important role within our parks and membership has numerous privileges! Membership benefits include early and discounted registration for Nature Camps, 10% discount in the gift shop at both Nature Centers, discounts for several other council-sponsored events, free admission to Piney Run Park for Council events at the Nature Center and invitations to 'Members Only' programs. As a member you also know that you are helping to support quality environmental education programs at the Nature Centers in Carroll County.

Register online at ccrecpark.org or use the form below to mail in with a check payable to: Carroll County Commissioners



### NATURE CENTER MEMBERSHIP RATES

Family	\$25	Individual	\$15	Senior	\$8	Student	\$10	Lifetime	\$250
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Enclosed is a che	eck for <b>\$</b>	for a/an	FAMIL	∕ □INDIVIE	UAL	SENIOR (62+)		UDENT	LIFETIME
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### **Recreation Council Information**



CARROLL COUNTY ARTS COUNCIL www.carrollcountyartscouncil.org



CARROLL COUNTY EQUESTRIAN COUNCIL www.carrollcountyequestriancouncil.org



CENTRAL CARROLL RECREATION COUNCIL www.centralcarrollrecreation.org



CHARLES CARROLL RECREATION COUNCIL Contact Matt Decker at mdecker@carrollcountymd.gov



FREEDOM AREA RECREATION COUNCIL www.freedomarearec.org



NORTH CARROLL RECREATION COUNCIL www.northcarrollrec.org



PINEY RUN RECREATION & CONSERVATION COUNCIL Contact Max Bukowitz at 410-795-6043



WEST CARROLL RECREATION COUNCIL www.gowcrc.org



**WESTMINSTER AREA** RECREATION COUNCIL www.westminsterarearec.com



WINFIELD RECREATION COUNCIL www.winfieldrec.org



WOODBINE WOODBINE RECREATION COUNCIL www.woodbinerec.org

> FRIENDS OF HASHAWHA AND BEAR BRANCH Contact Michelle Scott at FriendsofHBB@gmail









Story Strolls are free family-friendly activities that the whole family can enjoy together and bond through literacy while spending time outdoors exploring our community parks. Featured books along the trails will be rotated and each park has additional partners unique to the stroll. Story Strolls are currently located at Deer Park and Leister Park with more coming soon!





# **INFORMATION**

#### ADA STATEMENT

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410-386-3600 or 1-888-302-8978 or MD Relay 711/1-800-735-2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.

### **COVID-19 STATEMENT**

COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal authorities and the State of Maryland recommend social distancing to prevent the spread of COVID-19. Contracting COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participation in programs and activities through Carroll County Department of Recreation & Parks could increase the risk of contracting COVID-19.

#### FEES & PAYMENT

Full payment is due at the time of registration. To make a payment with a credit card visit ccrec.recdesk.com, walk-in or give us a call at 410-386-2103 (Monday-Friday, 8am-5pm). Checks should be payable to Carroll County Commissioners and can be mailed to:

> Carroll County Department of Recreation & Parks 300 S. Center Street Westminster, MD 21157

### CANCELLATIONS

Carroll County Recreation & Parks reserves the right to cancel a program or activity at its discretion. If a program or activity is cancelled, registrants will be contacted and a full refund will be issued within 10-14 business days.

#### WITHDRAW/REFUND POLICY

Programs or Pavilion Rentals only - All refund requests must be submitted in writing, 10 days prior to the start of the program, unless noted in the description. Requests can be submitted to ccrec@carrollcountymd.gov with a subject line of Program Withdraw.

- Refunds will either be credited back to the credit card used, returned by check (if paid by cash or check) or in the form of a household credit to be used at a later time.
- Full refunds are given only if a program is cancelled or there are extenuating circumstances prior to the start date of the program.
- Cancelled program refunds will be automatically processed for
- Written requests received prior to the start date, will forfeit \$10 of the fee for the program as an administrative fee. Fees that cannot be recovered will be deducted from the refund.
- Any request received after the start date will be considered on a case by case basis and prorated.
- Refund requests for medical reasons shall be accompanied by a physician's note.
- Request for refunds must be submitted no later than 15 days after the end of the program.
- Refunds are not available for programs that meet 1-3 times.
- Participants with consistent discipline problems will be dropped from the program without any possible refund.
- No refunds will be given for weather cancellations or rescheduling conflicts.
- Participants may transfer to another program, without a penalty, if transfer request is received prior to the start of the program.

Please contact the Registration Office at 410-386-2103 for any questions about withdrawal from recreation programs.

#### INCLEMENT WEATHER

When Carroll County Public Schools are closed or dismiss early due to weather or other emergency conditions, all Carroll County Recreation & Parks programs and activities scheduled for that day are cancelled.

For weekend/non-school days, once the Snow Emergency Plan is in effect for Carroll County, no Recreation & Parks programs or activities will take place. Should the Snow Emergency Plan be lifted any time during that day, all programs and activities will remain cancelled for that day. Program registrants will be contacted once a make-up date(s) is/are established.

To check the status of the Snow Emergency Plan visit the state weather website at www.chart.state.md.us/StormInfo/ snow\_emergency\_plans.asp

#### **CELL PHONES**

As a courtesy to other participants, we respectfully request that program registrants make every effort not to use their cell phones during program instruction.

#### SMOKING POLICY

Smoking is not allowed in any county school, facility, or park.

### MAKE A DONATION

You can make a tax-deductible donation to Carroll County Park Legacy Fund by visiting ccrec.recdesk.com or stop in our office located within the Robert Moton Center, 300 S Center Street, Westminster, MD 21157.

### VOLUNTEER

Carroll County Recreation & Parks has volunteer opportunities available. Contact us at 410-386-2103 for more information on volunteering in our community through our Recreation Councils.

### YOUTH VOLUNTEER SERVICE HOURS

Dates/times/opportunities available listed below, contact Lisa Carroll at lcarroll@carrollcountymd.gov, or visit ccrecpark.org and click on the Volunteer Opportunities button.

### SPONSORSHIPS

If you would like to become involved with Carroll County Recreation & Parks programs, events and activities through sponsorships and advertising, contact the Department at ccrec@carrollcountymd.gov.

### **QUESTIONS? CONTACT US!**

www.ccrecpark.org • 410-386-2103 • ccrec@carrollcountymd.gov

### RECREATION COUNCIL PROGRAMS & REFUNDS

Each Recreation Council has their own registration process and inturn their own refund policy check with your local Recreation Council. For Recreation Council information see page 17 or visit ccrecpark.org and select Volunteer Recreation Council.

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# **REGISTRATION FORM**

### FALL 2022 PROGRAMS & EVENTS

PARTICIPANT'S LAST NAME	FIRST NA	ME		DA	// ATE OF BIRTH
PARENT/GUARDIAN'S NAME (if applical	ble)				
STREET ADDRESS					
CITY	STATE			ZIP CODE	
PHONE (home)	PI	HONE (wo	rk or cell)		
EMAIL ADDRESS					
EMERGENCY CONTACT NAME		MERGENC	CY PHONE (Is t	nis a cell phone?	Yes □ No)
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Program Name  Comments/Special Instructions	Pro			Per Person Fee \$ \$	**************************************
See the reverse of this form for t	missioners and mail to:		# Attending	Per Person Fee \$ \$ \$ \$	**************************************

WAIVER OF LIABILITY, COVID-19 INFORMATION & AUTHORIZATION FOR USE OF PHOTOGRAPHIC LIKENESS

### **Waiver of Liability**

I, in my legal capacity as parent/legal guardian of the minor(s) named on the *Carroll County Department of Recreation and Parks Registration Form*, or as a participating adult over the age of eighteen (18), recognize and acknowledge that there are certain risks of physical injury, property damages and expenses which my child(ren) or I may sustain as a result of participating in this Program. I further agree on behalf of the minor(s) named on the *Carroll County Department of Recreation and Parks Registration Form* or myself, heirs, representatives, executors, administrators and assigns to assume all risk and agree to fully release, discharge, indemnify, hold harmless and defend Carroll County Government and its employees, volunteers, agents, and servants from any and all claims for personal injury, property damage, death or accident of any kind arising out of or in any way related to the participation in the Program, however the injury or damage occurs.

### **COVID-19 Information**

I, on behalf of my child(ren) or myself, acknowledge and understand that the novel COVID-19 virus is an extremely contagious virus and is believed to be spread mainly from person to person contact and that the Carroll County Government does not warrant or guarantee that you, your child(ren), your spouse, or anyone else will not be exposed to or infected with the COVID-19 virus as a result of my or my child(ren)'s participation in the Program. I have independently evaluated the risks of being exposed to or infected by the COVID-19 virus and have determined to participate or allow my child(ren) to participate in the Program. Finally, understanding those risks, I, for myself, my child(ren), my spouse, or legal representatives, heirs, and assigns, hereby agree to assume full responsibility and liability for the risk of bodily injury, illness, permanent disability, and/or death which may result from exposure to or infection with COVID-19 before, during, and after participating in the Program. Due to the strenuous nature of some activities, the participant, or if the participant is a child, the child(ren)'s parent or guardian is encouraged to consult with a physician concerning the participant's fitness to participate in the Program.

### Authorization for Use of Photographic Likeness

I agree to allow the Carroll County Department of Recreation and Parks to take and utilize photographic images of the registered individual(s) for the purpose of promoting and publicizing of the Department's programs and/or events. If I prefer to not allow the above registered participant(s) to be photographed, I will call 410-386-2103 to register my request.

PARTICIPANT'S SIGNATURE	//
Parent(s) and/or Legal Guardian(s) signature if participant is under the age of 18.	DATE
Tarent(5) and or Legar Guardian(5) Signature in participant is under the age of 10.	
PRINTED NAME	



Carroll County Department of Recreation and Parks
WAIVER OF LIABILITY, COVID-19 INFORMATION &
AUTHORIZATION FOR USE OF PHOTOGRAPHIC LIKENESS



### **Carroll County Department of Recreation & Parks**

300 S. Center Street Westminster, Maryland 21157



PRSRT STD **US POSTAGE PAID** WESTMINSTER, MD PERMIT NO. 347

### **CARROLL COUNTY DEPARTMENT OF RECREATION & PARKS**

### PARKS & FACILITY LOCATIONS

**BARK HILL PARK** 

**BENNETT CERF PARK & DOG PARK** 

CAPE HORN PARK

CARROLL COUNTY EQUESTRIAN CENTER

CARROLL COUNTY SPORTS COMPLEX

CHERRYTOWN ROAD PARK

DEER PARK

**DOUBLE PIPE CREEK PARK** 

FREEDOM PARK

GILLIS FALLS RESERVOIR SITE

HASHAWHA/BEAR BRANCH NATURE CENTER

HAP BAKER FIREARMS FACILITY

**HODGES PARK** 

KATE WAGNER FIELDS

KRIMGOLD PARK

LANDON C. BURNS PARK

LEISTER PARK

MAYESKI PARK

**NEW WINDSOR COMMUNITY ROOM** 

NORTH CARROLL COMMUNITY POND

**OBRECHT ROAD PARK** 

**OLD LIBERTY ROAD** 

PINEY RUN PARK & NATURE CENTER

**ROBERT MOTON CENTER** 

SALT BOX PARK

SANDYMOUNT PARK

SOUTH CARROLL DOG PARK

UNION MILLS RESERVOIR

WESTMINSTER COMMUNITY POND

WESTMINSTER VETERANS MEMORIAL PARK

WINFIELD PARK