



SOUTH CARROLL SENIOR CENTER December Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Reservation Required
by posted sign up date.

To reserve a lunch call the front desk at

410-386-3700

Cost of lunch for center members 60+ is a donation up to \$5.27 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$5.27

Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$5.27.

Merry Christmas To All



1

Split Pea Soup
Swiss Cheese Burger
Lettuce/Tomato
WG Hamburger Bun
Cole Slaw
Tropical Fruit

**Sign up due by
10:00am 11/28**

2

Roasted Pork Loin w/Gravy
Seasoned Kale
Au Gratin Potatoes
WG Wheat Dinner Roll
Sliced Apple Snack Pack

**Sign up due by
10:00am 11/29**

5

Chicken Fajitas
Sour Cream & Salsa
WG Tortilla
Mexican Rice
Diced Peaches

**Sign up due by
10:00am 11/30**

6

SPECIAL

Baked Pork Chop
w/Marsala Sauce

Scalloped Potatoes
Peas & Pearl Onions
WG Wheat Bread
Chilled Mandarin Oranges
Cherry Crisp

**Sign up due by
10:00am 11/28**

7

WEENIE WEDNESDAY

Hot Dog

With All The Fixings

Cole Slaw Baked Beans
Diced Pears



**Sign up due by
10:00am 11/29**

8

Multi Bean Soup
Deli Style Chicken Salad
Baby Spinach Bed
Grape Tomatoes
WG Wheat Bread
Pepper Slaw
Mandarin Oranges

**Sign up due by
10:00am 12/5**

9

SPECIAL

Maple Glazed Pork Loin with Cranberry Nut Dressing

Oven Roasted Red Potatoes
Sauteed Green Beans
Macaroni Salad
Rolls & Butter
Dessert

NO G&G

**Sign up due by
10:00am 11/30**

12

SPECIAL

Apple Stuffed Chicken
(Skin on Chicken Breast Stuffed w/Apples, Almonds & Raisins w/White Wine Sauce)
White & Wild Rice Blend

Dilled Carrots
Peas & Carrots
Butterscotch Pudding

**Sign up due by
10:00am 12/2**

13

Chicken Poppyseed Casserole
White & Wild Rice Blend
Waxed Beans
Diced Peaches
WG Wheat Bread

**Sign up due by
10:00am 12/8**

14

Mexican Black Bean Soup
Classic Beef Taco
WW Tortilla
Sour Cream & Cheddar Cheese
Southwest Cabbage & Corn Salad
Mexican Rice
Romaine Lettuce
Tomato Salsa

**Sign up due by
10:00am 12/9**

15

SPECIAL

Roast Beef w/Gravy
Red Skinned Potatoes
Green Bean Casserole
WG Dinner Roll
Fruit Ambrosia
Cherry Pie w/Whipped Topping

NO G&G

**Sign up due by
10:00am 12/7**

16

Cheese Pizza Romaine Salad

Caesar Salad Dressing

Croutons



**Sign up due by
10:00am 12/8**

19

Chicken Breast Cog Au Vin
WG Brown Rice Pilaf
Mixed Vegetables
WG Wheat Bread
Sliced Apple Snack Pack

**Sign up due by
10:00am 12/14**

20

POTATO BAR

Baked Potato
Spinach Salad w/Grape Tomatoes
Ranch Dressing
Chile Con Carne
Cheddar Cheese & Sour Cream

WG Wheat Bread
Apple Sauce
**Sign up due by
10:00am 12/12**

21

Salisbury Steak w/Gravy
Parslied Mashed Potatoes
Harvard Beets
Amish Navy Bean Salad
WG Bread
**Sign up due by
10:00am 12/16**

22

Chicken Parmesan Sandwich w/Marinara Sauce & Shredded Cheese
WG Sandwich Roll
Green Pea Salad
Glazed Carrots
**Sign up due by
10:00am 12/19**

23

Pineapple Ham
Au Gratin Potatoes
Braised Cabbage
Greek Style Salad w/Feta Cheese
WG Wheat Bread

**Sign up due by
10:00am 12/20**

26

CENTER CLOSED



27

BBQ Pork Riblet
Yellow Rice Pilaf
Peas & Carrots
Cucumber & Onion Salad
WG Wheat Bread

**Sign up due by
10:00am 12/21**

28

Pot Roast of Beef w/Burgundy Gravy
Seasoned Greens
WG Wheat Bread
Mandarin Oranges

**Sign up due by
10:00am 12/22**

29

SPECIAL

Roast Pork Loin w/Gravy
Sauerkraut
Mashed Potatoes
Green Beans
Fresh Diced Fruit
WG Wheat Dinner Roll

**Sign up due by
10:00am 12/20**

30

Turkey Ala King
Dilled Carrots
Brown Rice
Fresh Broccoli Slaw
WG Wheat Bread

**Sign up due by
10:00am 12/27**