

HOT Lunches *Westminster Senior Center* DECEMBER 2022

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = Donation Up To \$5.27, includes accompanying younger spouses;
Under 60 Years Old = Full Price \$5.27, Paid Directly To Assistant Director

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<u>NAME</u>	1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch		RSVP 11/28/22 SPLIT PEA SOUP SWISS CHEESE BURGER ON ROLL LETTUCE / TOMATO COLE SLAW TROPICAL FRUIT	RSVP 11/28/22 PORK LOIN & GRAVY SEASONED KALE AU GRATIN POTATOES TOMATO BASIL SALAD WHEAT DINNER ROLL APPLE SNACK PACK
RSVP 11/28/22 CHICKEN FAJITAS TORTILLA MEXICAN RICE SOUR CREAM & SALSA GARNISH DICED PEACHES	RSVP 11/28/22 TURKEY AND GRAVY MASHED POTATOES TROPICAL BEETS CORN & PEA SALAD WHEAT BREAD TROPICAL FRUIT	"SPECIAL" HOLIDAY SPECIAL RSVP 11/28/22 STRAWBERRY SPINACH SALAD PORK TENDERLOIN WITH APPLE STUFFING CANDIED SW. POTATOES STEAMED BROCCOLI CRANBERRY RELISH BREAD AND DESSERT	RSVP 11/28/22 MULTI BEAN SOUP CHICKEN SALAD FRESH SPINACH GRAPE TOMATOES PEPPER SLAW MANDARIN ORANGES WHEAT BREAD	RSVP 11/28/22 MEATLOAF & MUSHROOM GRAVY GARLIC MASHED POTATOES PEAS & PEARL ONIONS WHEAT BREAD CINNAMON APPLES
RSVP 12/7/22 BBQ PORK LOIN BAKED BEANS SANDWICH ROLL COLE SLAW PINEAPPLE TIDBITS	RSVP 12/7/22 CHICKEN POPPYSEED CASSEROLE WHITE & WILD RICE SEASONED WAX BEANS WHEAT BREAD DICED PEACHES	RSVP 12/7/22 BEEF HOT DOG & ROLL BAKED BEANS COLE SLAW DICED PEARS	"SPECIAL" SANTA LUNCH RSVP 12/7/22 ROAST BEEF / GRAVY RED SKIN POTATOES GREEN BEAN CASSEROLE AMBROSIA SALAD DINNER ROLL PIE	RSVP 12/7/22 FRANKS CUT UP WITH BAKED BEANS CHILLED PEARS CORN BREAD WHEAT BREAD YOGURT
RSVP 12/12/22 CHICKEN BREAST COQ AU VIN BROWN RICE MIXED VEGETABLES WHEAT BREAD APPLE SNACK PACK	"SPECIAL" BAKED POTATO RSVP 12/12/22 BAKED POTATO SPINACH SALAD GRAPE TOMATOES CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE	RSVP 12/12/22 SALISBURY STEAK & GRAVY PARSLIED M. POT. HARVARD BEETS WHEAT BREAD AMISH NAVY BEAN SALAD	RSVP 12/12/22 CHICKEN PARMESAN SANDWICH (ROLL) MARINARA SAUCE SHREDDED CHEESE GLAZED CARROTS GREEN PEA SALAD	RSVP 12/12/22 PINEAPPLE HAM AU GRATIN POTATOES BRAISED CABBAGE WHEAT BREAD GREEK SALAD WITH FETA CHEESE
MERRY CHRISTMAS AND HAPPY HOLIDAYS	RSVP 12/20/22 BBQ PORK RIBLET YELLOW RICE PILAF PEAS & CARROTS WHEAT BREAD CUCUMBER & ONION SALAD	RSVP 12/20/22 POT ROAST OF BEEF & BURGUNDY GRAVY SEASONED GREENS WHEAT BREAD MANDARIN ORANGES	"SPECIAL" NEW YEARS LUNCH RSVP 12/20/22 PORK LOIN & GRAVY SAUERKRAUT MASHED POTATOES GREEN BEANS DINNER ROLL FRUIT	RSVP 12/20/22 TURKEY ALA KING DILLED CARROTS SEASONED BR. RICE WHEAT BREAD BROCCOLI SLAW

COLD Lunches *Westminster Senior Center* DECEMBER 2022

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**Meal Price: 60 Years Old & Up = Donation Up To \$5.27, includes accompanying younger spouses;
 Under 60 Years Old = Full Price \$5.27, Paid Directly To Assistant Director**

**Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the
 HOT side of the menu, on the day of the substitution.**

Write name on the menu & turn in white copy.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 RSVP 11/28/22 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	2 RSVP 11/28/22 TURKEY & CHEESE ON THIN BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE
5 RSVP 11/28/22 CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	6 RSVP 11/28/22 COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	7 RSVP 11/28/22 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCOLATE MILK / JUICE	8 RSVP 11/28/22 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	9 RSVP 11/28/22 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE
12 RSVP 12/7/22 BOLOGNA, SALAMI & CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	13 RSVP 12/7/22 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	14 RSVP 12/7/22 COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	15 RSVP 12/7/22 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	16 RSVP 12/7/22 TURKEY & CHEESE ON THIN BREAD CARROT PACK SALAD OF THE DAY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE
19 RSVP 12/12/22 CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	20 RSVP 12/12/22 COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	21 RSVP 12/12/22 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCOLATE MILK / JUICE	22 RSVP 12/12/22 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	23 RSVP 12/12/22 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE
26 CLOSED	27 RSVP 12/20/22 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	28 RSVP 12/20/22 COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	29 RSVP 12/20/22 EGG SALAD ON BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	30 RSVP 12/20/22 TURKEY & CHEESE ON THIN BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE