

WELCOME TO WINTER WITH CARROLL COUNTY RECREATION & PARKS!

WHAT'S INSIDE

4 Adaptive Recreation Program	ns
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5 Arts & Enrichment Programs

6-7 Special Events & Programs

7 Trips

8 EPIC Programs

9-11 Health & Wellness Programs

12-16 Athletic & Sports Programs

17-22 Nature & Environment Programs

22-23 Memberships

25-26 Registration Form & Waiver

27-28 Information Page

UPCOMING EVENTS AND PROGRAMS

December 2 & 3, Santa Wagon Rides, pg. 18

December 7, Santa Calling, pg. 3

December 15, Jingle Bell Hop, pg. 4

December 16, A Martin Cabin Christmas, pg. 20

December 27-29, Winter Nature Experience, pg. 19

March 2 & 3, Maple Fest, pg. 21

April 13, 1st Annual Car Show, pg. 7

REGISTRATION

2023 Winter Program Registration

for Carroll County residents opens on Wednesday November 8, 2023 and on Wednesday November 15, 2023 for Out-of-County residents.

Phone

410-386-2103, Monday - Friday, 8am - 5pm

Online

Visit ccrec.recdesk.com

Walk-In

Visit our Recreation & Parks office at: 300 South Center Street, Westminster, MD 21157

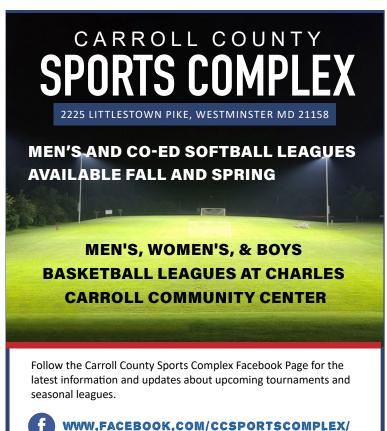
By Mail

Send completed registration form and a check payable to *Carroll County Comissioners* to:

Carroll County Department of Recreation & Parks 300 South Center Street Westminster, MD 21157









For more information on the Sports Complex contact Becky Kishter at 410-857-4832 or bkishter@carrollcountymd.gov.

1/2 PRICE DOG PARK MEMEBERSHIPS ARE AVAILABLE STARTING SEPT. 1 AND EXPIRE ON DEC. 31, 2023



BENNETT CERF DOG PARK

(near Random House)

544 Manchester Road Westminster, MD 21157



SOUTH CARROLL DOG PARK

(behind South Carroll Senior & Comm. Center)

5928 Mineral Hill Road Eldersburg, MD 21784

To sign up for a Carroll County Recreation & Parks Dog Parks membership, visit ccrec.recdesk.com!



See pricing and more information on page 22.

Adaptive Recreation Programs

Open Gym!

Thursdays, November 30 - January 4 from 11 - 11:45 am at Robert Moton Center 10+ years • 6 Sessions

Program #23WG01.07

"All-Inclusive" Open Gym Program will consist of various lite aerobic activities for all participants to choose from including: "Drumming" an easy to follow rhythmic exercise program to music using drum sticks on balls; SNAG (golf) and basketball toss. Everyone must register.

Instructor: Candy Ranlet

Adaptive Rec Participant: \$25 per person Care Giver/One-on_One/Parent: \$10 per person

AR Walk Carroll(Cranberry Mall)

Wednesdays, December 6 - January 24 from 10:30 am - 12 pm at The Cranberry Mall 10+ years • 8 Sessions

Due and the #33/MC01 00

Program #23WG01.08

Walk Carroll, is a walking program for citizens of Carroll County. Adaptive Recreation will walk on Wednesdays, at Cranberry Mall from 10:30 -12. Program will start December 6th and end January 24th 8 sessions. If weather is pleasant we will walk outdoors, dress for the weather. Everyone must register. Walk when you can and at your own pace!

Instructor: AR Specialist and Volunteers
Adaptive Rec Participant: \$0 per person
Care Giver/One-on_One/Parent: \$0 per person

Jingle Bell Hop - Carroll Springs School

Friday, December 15 from 6 - 8:30 pm at Carroll Springs School

12+ years

Program #23WG01.09

All-Inclusive Jingle Bell Hop Dance & Social is open to all individuals siblings/parents and care givers. Dance will be held Friday, December 15th, at Carroll Springs School 495 South Center Street Westminster. Visit Santa, drop off your letter, and dance the night away with our DJ! Lite refreshments- sandwiches, chips, beverages & cookies will be served. Walk-Ins the night of the dance will be charged \$18 at the door. REGISTER EARLY!

Instructor: AR Specialist

Adaptive Rec Participant: \$15 per person Care Giver/One-on_One/Parent: \$15 per person



Easy Duo Cooking - New!

Wednesday, January 17 from 4 - 6:30 pm at Charles Carroll - Multipurpose Room 18+ years

Program #23WG01.10

Grab a partner and join us for an evening of preparing a simple meal and then dine in a relaxed setting, table set for two at the New Charles Carroll Building. There will be four cooking stations, two individuals at each. All ingredients and cooking utensils will be provided. Recreation & Parks Staff will assist group in meal preparation. The menu for this evening will be an Italian pasta dish with shredded chicken & herbs, rolls & butter, and a beverage.

Instructor: AR Specialist

Per couple: \$40

Z-Fitness

at the Robert Moton Center

Session 1 • Tuesdays, January 9 - February 6 from 6 - 6:30 pm

Program #23WG01.11

Session 2 • Tuesdays, February 20 - March 19 from 6 - 6:30 pm Program #23WG01.12

14 + years • 5 Sessions

All Inclusive Program that's open to all; with emphasis on Adaptive Recreation participants, siblings, parents and caregivers. A multi-cultural dance-exercise experience with energizing music for a fun workout! Easy to follow-all abilities welcome. Everyone must register.

Instructor: Melanie Haifley

Adaptive Rec Participant: \$25 per person
Care Giver/One-on_One/Parent: \$28 per person
Adaptive Rec Participant(Non-Resident): \$28 per person
Care Giver/One-on_One/Parent (Non-Resident): \$28 per person

Special Olympics
Carroll County Special Olympics
Contact Laurie Brewer for more information.

410-236-1571 • Ibrewer10@verizon.net

Arts & Enrichment Programs

Explore & Wonder: STEM

Wednesdays, November 8 - December 13 from 6:30 - 7:30 pm Program #23WG02.06 @ Freedom Elementary School
Tuesdays, January 2 - February 6 from 6:30 - 7:30 pm
Program #23WG02.07 @ Freedom Elementary School
4 - 7 years • 6 sessions

Are you ready for a STEM challenge? This program engages students in critical thinking and engineering structures using various materials. Concepts addressed would include chain reaction, balancing, measuring, and building structures. Each student would receive a building kit that will include all the materials they need to complete the activities during the program. This program is open to children 4-7. These kits would be theirs to keep at the end of the program.

Instructor: Michele Dean

Resident: \$75 per person • Non-Resident: \$77 per person

Explore & Wonder: A World of Color in Art

Tuesdays, November 14 - December 19 from 6:30 - 7:30 pm Program #23WG02.08 @ Mechanicsville Elementary School Thursdays, January 4 - February 8 from 5:45 - 7 pm Program #23WG02.09 @ the Robert Moton Center 4 - 7 years • 6 sessions

Do you love painting? Drawing? Sculpture? Come wonder and explore the world of color in Art! This program provides opportunities for students to experience various art mediums such as watercolor, clay, painting, and paper collage. Children will listen to stories (such as The Dot, The Artist Who Painted a Blue Horse, Sky Color) and then create work of art that corresponds to the literature. Children will receive an art kit with this program.

Instructor: Michele Dean

Resident: \$75 per person • Non-Resident: \$77 per person

Explore & Wonder: Winter Wonderland Fun

Thursdays, January 4 - February 8 from 4 - 5:15 pm at the Robert Moton Center

4 - 6 years • 6 sessions • **Program #23WG02.10**

Let's have some winter wonderland fun! Participants will learn about winter through stories, games, math, literacy, and art projects! This class is open to children ages 4-6. Students will receive a Big Adventure Learning Kit at the end of the 6-week session.

Instructor: Michele Dean

Resident: \$75 per person • Non-Resident: \$77 per person

Instructors Wanted

Health, Wellness, Enrichment, Art, for Westminster and Charles Carroll Community Center.

Contact ccrec@carrollcountymd.gov

Sliced Wood Snowman Craft

Thursday, January 11 from 6 - 7:30 pm at the Charles Carroll Community Center 12+ years • Program #23WG02.11

Join us for a cozy evening at Charles Carroll Community Center. The winter themed craft will consist of three coaster sized wood slices to place together to create a snowman. Light refreshments will be provided. Wear craft friendly clothes.

Instructor: Rec & Parks Staff

Resident: \$15 per person • Non-Resident: \$16 per person

PAVILION RENTALS

To reserve a pavilion, visit <u>ccrecpark.org</u>, or you can call our offices at 410-386-2103.

- Bennett Cerf Park
- Deer Park
- Freedom Park
- Krimgold Park
- Leister Park
- Mayeski Park
- Double Pipe Creek Park
- Landon C. Burns Park
- Piney Run Park
- Sandymount Park
- North Carroll Community Pond
- Westminster Community Pond
- Westminster Veterans Memorial Park



For more information, visit <u>ccrecpark.org</u>, or call 410-386-2103.

LEISTER PARK

LANDON BURNS PARK



Special Events & Programs

Gingerbread House Decorating

Friday, December 8 from 6 - 7:30 pm at Charles Carroll Community Center 5+ years • Program #23WG09.08

Join us in groups of 2-4 for one house. We will provide all materials and you bring the creativity! At the end of the evening popular vote will receive a gift certificate. Light refreshments will be provided.

Instructor: Recreation & Parks Staff Resident: \$39 • Non-Resident: \$43

New Year's Puzzle Palooza: Jigsaw Competition

Wednesday, January 3 from 6 - 8:30 pm at Charles Carroll Community Center 10+ years • Program #23WG09.09

Come join the fun! Teams consisting of 2-4 people will race against each other to finish a 750-piece jigsaw puzzle. Teams will receive the same puzzle and have 2 hours to complete it. Games will promptly begin at 6:15pm. Gift card prizes will be given to the 1st and 2nd place winners. Light refreshments will be offered.

Instructor: Recreation & Parks Staff Resident: \$39 • Non-Resident: \$43

Teen Time

Tuesday, January 16 from 5:30 - 7:30 pm at Charles Carroll Community Center 11 - 15 years • Program #23WG09.10

Come hang with your friends after school! The Charles Carroll Community Center will have free play available for 6th-10th graders. Teens will have access to the gym, activity room and lounge area. Participants are welcome to bring their own sports equipment, craft supplies or their favorite book to read in the lounge. One staff member will be onsite. Teens will be self-supervised within the building and may not exit until an adult sign's them out.

Instructor: Recreation & Parks Staff Resident: \$10 • Non-Resident: \$12

Schools's Out Fun Day

Friday, January 26 from 8:30 am - 4:30 pm Drop off/Pick up at the Robert Moton Center 5 - 11 years • Program #23WG09.11

No school, no problem! The recreation and parks staff will be offering on and offsite activities for school aged children. We will travel to the Charles Carroll Community Center. We will be spending our time in the gym, craft room and playground (weather permitting). Children must provide their own peanut free lunch.

Instructor: Recreation & Parks Staff Resident: \$60 • Non-Resident: \$63

FOLLOW US ON SOCIAL MEDIA!









@ccrecpark

Galentine Puzzle Palooza: Jigsaw Competition

Thursday, February 8 from 6 - 8:30 pm at Charles Carroll Community Center 10+ years • Program #23WG09.12

Gather your gal pals for an early Galentine's celebration! Teams consisting of 2-4 people will race against each other to finish a 750-piece jigsaw puzzle. Teams will receive the same puzzle and have 2 hours to complete it. Games will promptly begin at 6:15pm. Gift card prizes will be given to the 1st and 2nd place winners. Light refreshments will be offered.

Instructor: Recreation & Parks Staff Resident: \$39 • Non-Resident: \$43

Cocoa & Cookie Decorating

Friday, February 23 from 6 - 7:15 pm at Charles Carroll Community Center 3+ years • Program #23WG09.13

Join us inside for a warm and relaxing night of cookies and cocoa. Two cookies per person to decorate and a cocoa bar for your enjoyment.

Instructor: Recreation & Parks Staff Resident: \$11 • Non-Resident: \$12

Teen Time

Tuesday, February 27 from 5:30 - 7:30 pm at Charles Carroll Community Center 11 - 15 years • Program #23WG09.14

Come hang with your friends after school! The Charles Carroll Community Center will have free play available for 6th-10th graders. Teens will have access to the gym, activity room and lounge area. Participants are welcome to bring their own sports equipment, craft supplies or their favorite book to read in the lounge. One staff member will be onsite. Teens will be self-supervised within the building and may not exit until an adult sign's them out.

Instructor: Recreation & Parks Staff Resident: \$10 • Non-Resident: \$12

Raffle - Girl of the Year™ 2023 - Kavi Sharma™

Winner announced on December 18 8+ years • Program #23WG09.15

Perfect holiday gift for that special loved one. We are raffling off Kavi Sharma™, Girl of the Year™ 2023. \$5.00 for 1 entry to win from November 20-24 and \$7.00 from November 25-December 17. Raffle closes on Sunday, December 17. The winner will be announced on Facebook Monday, December 18, 2023. Winners must be able to pick the doll up from Recreation and Parks by 4:00 pm, Thursday, December 21, 2023. Proceeds from this raffle support the Family Summer Festival, scheduled for June 28 at Freedom Park. Evening event w/The Reagan Years.

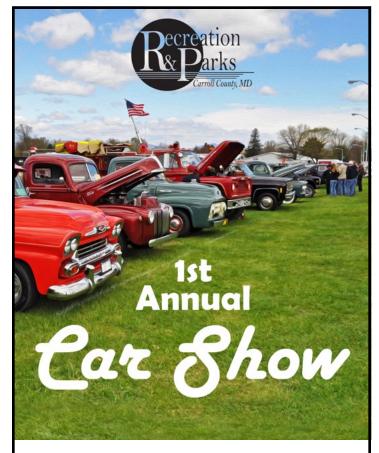
Instructor: Recreation & Parks Staff 1 Entry(11/20/23-11/24/23): \$5 1 Entry(11/25/23-12/17/23): \$7

Raffle - LEGO Ski & Climbing Center

Winner announced on December 18 7+ years • Program #23WG09.16

Perfect holiday gift for that special loved one. We are raffling off the LEGO Ski & Climbing Center. \$5.00 for 1 entry to win from November 20-24 and \$7.00 from November 25-December 17. Raffle closes on Sunday, December 17. The winner will be announced on Facebook Monday, December 18, 2023. Winners must be able to pick the prize up from Recreation and Parks by 4:00 pm, Thursday, December 21, 2023. Proceeds from this raffle support the Family Summer Festival, scheduled for June 28 at Freedom Park. Evening event w/The Reagan Years.

Instructor: Recreation & Parks Staff 1 Entry(11/20/23-11/24/23): \$5 1 Entry(11/25/23-12/17/23): \$7



Location: Entrance off of Gist Road
Saturday, April 13, 2024, from 9am - Noon
Fee: \$20 (Registration ends on March 13, 2024)
Applications available at the Robert Moton
Center, 300 S Center Street Westminster

or <u>ccrecpark.org</u>
Spectator fee: Free
All proceeds benefit the Youth Fishing Rodeos

Interested Food Trucks or Sponsors may contact
Jamie at jnoel@carrollcountymd.gov

Philadelphia Flower Show Bus Trip

Tuesday, March 5 from 7 am - 7 pm Departing from Carroll County Farm Museum at 7:15 am. Returning at 6:30 pm.

Program #23WG10.01

The PHS Philadelphia Flower Show is the nation's largest and longest-running horticultural event and features stunning displays by the world's premier floral and landscape designers. From the dazzling array of colors, unique shapes and textures, and rich fragrances of gorgeous floral displays and gardens come feelings of excitement and celebration. This year's theme brings the electrifying presence of today's most dynamic designers of floral arrangements, lush gardens, and landscapes to visitors from around the world

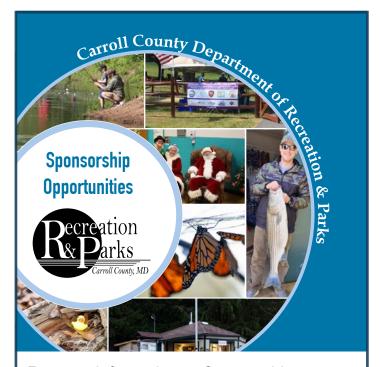
Instructor: Recreation & Parks Staff

Resident: \$105 per person • Non-Resident: \$110 per person

Recreation & Parks Trips Refund Policy

Requests for refunds must be submitted in writing at least one month prior to the start date of the trip unless there is a specific date listed in the course description. After the deadline has passed, there will be no refunds, absolutely NO exceptions. Any tickets purchased are the property of the registrant and is their responsibility to retrieve from the respective destination/location

Requests can be submitted to ccrec@carrollcountymd.gov with a subject line of Refund Request.



For more information on Sponsorship
Opportunities please contact Carroll
County Department of Recreation & Parks
at 410.386.2103

or email at ccrec@carrollcountymd.gov.

EPIC Programs



CORPORATE WORK DAYS

Get out of the office and into nature by participating in a team building work day at a Carroll County Recreation & Parks Park!

- Plantings
- Trail Maintenance
- Bridges • Pipe Crossings
- Erosions
 - And more!

For more information or to schedule a corporate volunteer work day, contact us at ccrec@carrollcountymd.gov.





EPIC - Line Dancing

Tuesdays, December 5 - January 30 from 11 am - 12 pm at Robert Moton Center gymnasium

20-80 years • 8 sessions • Program #23WG14.03

Join this fun mind and body fitness program! Enjoy the many health benefits of line dancing. Improve your balance and coordination! Increase your cardiovascular health and your memory! Come for the social outlet and boost your mood! This program will be paced on participant's abilities. It is geared toward adults age 50+, however, all adults 18+ are welcome. Breaks will be taken to cool down and socialize. Be sure to dress in comfortable clothing and bring a water bottle.

Instructor: Charlene "Candy" Ranlet

Resident: \$34 per person • Non-Resident: \$37 per person

EPIC - Belly Dancing

Tuesdays, December 5 - January 30 from 1:30 - 2:30 pm at Robert Moton Center Activity Room

50-80 years • 8 sessions • Program #23WG14.04

Come explore one of the oldest forms of dance, BELLY DANCE, and discover it's many health benefits. "Shimmy" into improved balance, posture, strength, coordination, flexibility and confidence. We will learn basic dance moves and incorporate them into easy and fun routines. Feel empowered through Belly Dance!

Instructor: Charlene "Candy" Ranlet

Resident: \$40 per person • Non-Resident: \$43 per person

EPIC - Puzzle Palooza Jigsaw Competition

Friday, January 19 from 10:30 am - 1 pm at Robert Moton Center

40+ years • **Program #23WG14.05**

Come join the fun! Teams consisting of 2-4 people will race against each other to finish a 500-piece jigsaw puzzle. Teams will receive the same puzzle and have 2 hours to complete it. Games will promptly begin at 10:45am. Gift card prizes will be given to the 1st and 2nd place winners. Light refreshments will be offered. Instructor: Recreation & Parks Staff

Resident: \$37 per person • Non-Resident: \$41 per person



Health & Wellness Programs

Pickleball for Beginners

at The Robert Moton Center

16+ years • 5 sessions

Mondays, November 20 - December 18 from 5 - 6 pm

Program #23WG04.34

Mondays, January 8 - February 5 from 5 - 6 pm

Program #23WG04.35

Mondays, February 19 - March 18 from 5 - 6 pm

Program #23WG04.36

No experience necessary. Come join the fun and learn how to play pickleball! Whether you are a beginner or simply want to improve your skills, this is the class for you. We will learn serves, volleys, and dinking as well as discuss paddle and feet positions for better attacks and volleys. The classes will be mostly instruction and application of skills. Each night we will add additional information until we put it all together and play pickleball towards the end of the 5-week sessions. No supplies needed just come with a fun attitude and willingness to learn. Please make sure to wear proper foot wear (Tennis shoe is preferred, but any type of sneaker will be ok to start this class).

Instructor:William Gill

Resident: \$52 per person • Non-Resident: \$55 per person

Pickleball Beginner 2

at The Robert Moton Center

16+ years • 5 sessions

Mondays, November 20 - December 18 from 6 - 7 pm

Program #23WG04.37

Mondays, January 8 - February 5 from 6 - 7 pm

Program #23WG04.38

Mondays, February 19 - March 18 from 6 - 7 pm

Program #23WG04.39

This class is designed for the person who took Pickleball for Beginners 1 or has played socially but doesn't feel comfortable with all the rules of the game. This class will be an extension of the Beginner class to keep working on serves, returns, volleying, and scoring. This class will be 50% instruction and 50% play to reinforce already learned skills and create muscle memory. No supplies needed just come with a fun attitude and willingness to learn. Please make sure to wear proper footwear (tennis shoe is preferred but any type of sneaker will be ok to start this class).

Instructor: William Gill

Resident: \$52 per person • Non-Resident: \$55 per person



Visit **ccrecpark.org** for the latest information about Recreation & Parks programs and to register.

Pickleball 3

at The Robert Moton Center

16+ years • 5 sessions

Mondays, November 20 - December 18 from 7 - 8 pm

Program #23WG04.40

Mondays, January 8 - February 5 from 7 - 8 pm

Program #23WG04.42

Mondays, February 19 - March 18 from 7 - 8 pm

Program #23WG04.44

Tuesdays, November 21 - December 19 from 4:30 - 5:30 pm

Program #23WG04.41

Tuesdays, January 9 - February 6 from 4:30 - 5:30 pm

Program #23WG04.43

Tuesdays, February 20 - March 19 from 4:30 - 5:30 pm

Program #23WG04.45

This class is designed for players who have taken pickleball beginner and Level 2 and feel they are ready to move to the next level. If you want to improve your skills, this is the class for you! We will work on bettering already learned skills of serves, dinking, and volleys. This class will focus on shot placement. For this class, you should have your own paddle but no supplies needed-just come with a fun attitude and willingness to learn. This class will be 80% instruction and application of new information and 20% playing and applying what we learned. Please make sure to wear proper footwear (tennis shoe is preferred but any type of sneaker will be ok to start this class).

Instructor: William Gill

Resident: \$52 per person • Non-Resident: \$55 per person



Yoga in the Park(inside edition)

at The Robert Moton Center Activity Room 14+ years

Tuesdays, December 5 - 26 from 6 - 6:45 pm ● 4 sessions Program #2WFG04.46

Resident: \$48 per person • Non-Resident: \$50 per person Tuesdays, January 2 - 30 from 6 - 6:45 pm • 5 sessions Program #2WFG04.47

Resident: \$60 per person • Non-Resident: \$62 per person Tuesdays, February 6 - 27 from 6 - 6:45 pm • 4 sessions

Program #2WFG04.48

Resident: \$48 per person • Non-Resident: \$50 per person Come enjoy an all-levels yoga program. Bring a towel or yoga mat for the program. Ages 17 and younger must be joined with a

participating adult.

Instructor: Mallory Kusterer

Health & Wellness Programs

Belly Dancing

Wednesdays, December 6 - January 24 from 6:30 - 7:30 pm at Robert Moton Center

18+ • 8 sessions • **Program #23WG04.49**

Come explore one of the oldest forms of dance, BELLY DANCE, and discover it's many health benefits. "Shimmy" into improved balance, posture, strength, coordination, flexibility and confidence. We will learn basic dance moves and incorporate them into easy and fun routines. Feel empowered through Belly Dance!

Instructor: Charlene Ranlet

Resident: \$50 per person • Non-Resident: \$53 per person

Line Dancing - Beginner

Thursdays, December 7 - February 1 from 6 - 7 pm at Westminster Senior & Community Center 12+ • 8 sessions • Program #23WG04.50

Line dancing is a FUN body and mind exercise. Enjoy the many health benefits while learning dance steps to a variety of music genres, including big circle and cowboy contras. Got a line dance you always wanted to learn? This is a great program for teens as well as adults. Each week, we will review previously taught dances and learn a few new ones. Be sure to wear comfortable shoes and clothing. Bring a water bottle. A small break will be taken midclass. All levels welcome- no experience is needed.

Instructor: Charlene Ranlet

Resident: \$40 per person • Non-Resident: \$43 per person

Line Dancing - Intermediate

Thursdays, December 7 - February 1 from 7 - 8 pm at Westminster Senior & Community Center 12+ • 8 sessions • Program #23WG04.51

Line Dancing is a FUN body exercise. Enjoy the many health benefits while learning dance steps to a variety of music genres, including big circle and cowboy Contras. Got a line dance you always wanted to learn? This is a great program for teens as well as adults. Each week we will review previously taught dances and learn a few new ones. Be sure to wear comfortable shoes and clothing. Bring a water bottle. A small break will be taken midclass. We recommend some experience as this program runs at a faster pace with more difficult dances and less review times. Instructor: Charlene Ranlet

Resident: \$40 per person • Non-Resident: \$43 per person



Weights, Cardio & More

at Taneytown Senior & Community Center

14+ years • 5 sessions

Wednesdays, January 3 - 31 from 6:30 - 7:30 pm

Program #23WG04.52

This fun interval training class is a total body workout! Certified Fitness Trainer will lead you through a variety of fitness exercises to strengthen and build muscle. Be ready for cardio bursts, core training and more surprises to keep you on your toes. **Each class may be different. Are you ready? LET'S GO!

Instructor: Yvette Castillo

Resident: \$60 per person • Non-Resident: \$62 per person



Clogging - Beginner I/II (no class 1/15 & 2/19)

Mondays, January 8 - March 11 Beg. I @ 3:50pm, Beg. II @ 4:50 pm at Robert Moton Center

8+ • 8 sessions • <u>Program #23WG04.54</u>

A fun contemporary American Folk Dance for all to enjoy (and it's easier than you think!) Each level is *1/2 hour in length.
*Beginner I is held at 3:50pm; Beginner II time is held at 4:20pm.
Beginner I students will learn basic fundamentals working on form, movement, sounds/steps, combining into simple dance routinesno experience needed. Please wear a thin-soled shoe (leather sole works best) or tennis shoe. Taps may be purchased at a \$26 fee.
Beginner II will continue learning basic steps & routines, working on team dance formations as well, and is for those having completed approx. 1 year of Beginner instruction. WHITE clogging shoes are required.

Instructor: Becky Morehouse

Resident: \$40 per person • Non-Resident: \$43 per person



Visit **ccrecpark.org** for the latest information about Recreation & Parks programs and to register.

Health & Wellness Programs

Clogging - Intermediate & Advanced (no class 1/15 & 2/19) Mondays, January 8 - March 11, Int. @ 5pm, Adv. @ 6pm at Robert Moton Center

14+ • 8 sessions • **Program #23WG04.55**

A fun contemporary American Folk Dance for all to enjoy! Each class level is 1 hour . Intermediate level meets at 5pm and requires 2+ years' experience. Advanced meets at 6pm and is for the well-experienced clogger. WHITE clogging shoes with jingle taps are required for group dance. We will learn new routines/steps, and practice while working on group dance form, accuracy and precision; sessions include some free dance time.

Instructor: Becky Morehouse

Resident: \$55 per person • Non-Resident: \$59 per person

Zumba® Fitness w/Yvette

at Taneytown Senior & Community Center

13+ years ● 6 sessions

Tuesdays, January 2 - February 6 from 6:30 - 7:30 pm

Program #23WG04.56

Tuesdays, February 13 - March 19 from 6:30 - 7:30 pm

Program #23WG04.57

The perfect combo of fun and fitness has made Zumba classes a world-wide phenomenon. Dance to great music, with great people, and burn a ton of calories without even realizing it. Lets shake it up together!

Instructor: Yvette Castillo

Resident: \$60 per person • Non-Resident: \$62 per person

FREE WELLNESS PROGRAMS

Carroll County
Health Department

cchd.maryland.gov

Take Off Pounds Sensibly Support for your weight loss journey

410-876-4981

410-070-4901

Laurie.Stover@maryland.gov
*Free memberships for a limited time



NATIONAL DIABETES PREVENTION PROGRAM Virtual or in-person classes to help prevent diabetes

410-876-4819

Lauren.Harrison@maryland.gov





Nicotine Cessation Program

Virtual, in-person and phone counseling available 410-876-4449



Carroll County Arts Council Programs/Events

26th Annual Festival of Wreaths

Friday, November 24 – Sunday, December 3 | 10am – 7pm Daily A holiday wonderland of creativity and generosity! This annual auction fundraiser for the Carroll County Arts Council features over 100 unique theme wreaths and holiday art pieces that range from whimsical to wacky to wonderful.

FREE

Motown & More: A Holiday Celebration

Saturday, November 25 at 7pm

This exuberant ensemble presents Motown classics from The Temptations, Jackson 5, Stevie Wonder, The Supremes, and more with a holiday twist!

Tickets: \$25 - 28

Free Family Holiday Shorts

Sunday, November 26 at 3pm

Bring the whole family to this afternoon of FREE shorts celebrating Native American Heritage Day and the holiday season.

FREE - No tickets required

THE NUTCRACKER: Kids Edition

Saturday, December 2 at 2pm

The Ballet Theatre of Maryland presents an abbreviated version of the classic ballet that's perfect for families with young children.

Tickets: \$10 – 22

A One-Man Christmas Carol

Sunday, December 3 & Sunday, December 10 at 2pm

One hour! One man! 18 characters! One holiday sized story of redemption! Acting as A Christmas Carol author Charles Dickens, actor Jimi Kinstle presents the classic tale in an energetic, emotional one-man show.

Tickets: \$18 - 20

A Charlie Brown Jazz Christmas feat. the Eric Byrd Trio Saturday, December 16 at 3pm & 6pm and Sunday, December 17 at 6pm

This annual holiday family favorite features a screening of A Charlie Brown Christmas followed by a performance of the cartoon's iconic Vince Guaraldi jazz score from the Eric Byrd Trio.

Tickets: \$10 - 25

Arigato

January 15 – February 24

A new exhibit featuring a stunning collection of art from both established and local artists inspired by Japanese anime or manga. See paintings, digital illustrations, cosplay, and even some original sketches and storyboards from beloved anime projects.

FREE

Gymnastics

Parent & Tot Gymnastics

Thursdays, January 4 - February 22 from 9 - 9:45 am at Carroll Gymnastics, Inc.

2 - 3 years • 8 sessions

Program #23WG03.38

Designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment. Student/instructor ration 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$165 per person • Non-Resident: \$170 per person

Preschool Gymnastics

Thursdays, January 4 - February 22 from 9 - 9:45 am at Carroll Gymnastics, Inc.

3 - 4 years • 8 sessions

Program #23WG03.39

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$165 per person • Non-Resident: \$170 per person

Homeschool Girls Gymnastics

Thursdays, January 4 - February 22 from 9:45 - 10:45 am at Carroll Gymnastics, Inc.

6 - 17 years • 8 sessions

Program #23WG03.40

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$190 per person

Homeschool Boys Gymnastics

Thursdays, January 4 - February 22 from 10:45 - 11:45 am at Carroll Gymnastics, Inc.

6 - 17 years • 8 sessions

Program #23WG03.41

Designed for the beginning gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$190 per person

Kindergarten Gymnastics

Thursdays, January 4 - February 22 from 4:30 - 5:15 pm at Carroll Gymnastics, Inc.

5 + years • 8 sessions

Program #23WG03.42

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$165 per person • Non-Resident: \$170 per person

Tumbling Gymnastics

Thursdays, January 4 - February 22 from 7:30 - 8:30 pm at Carroll Gymnastics, Inc.

6 - 17 years • 8 sessions

Program #23WG03.43

Designed for all levels. Students will learn basic tumbling skills using the floor, trampoline and tumble track. Student/instructor ratio 8:1. Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$190 per person

Boys Basic Gymnastics

Saturdays, January 6 - February 24 from 10 - 11 am at Carroll Gymnastics, Inc.

6 - 17 years • 8 sessions

Program #23WG03.44

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$190 per person

Girls Basic Gymnastics

Saturdays, January 6 - February 24 from 12 - 1 pm at Carroll Gymnastics, Inc.

6 - 17 years • 8 sessions

Program #23WG03.45

Designed for the beginning gymnast. Students will learn basic skill on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

Instructor: Carroll Gymnastics, Inc

Resident: \$185 per person • Non-Resident: \$190 per person



Martial Arts

Introduction to Martial Arts

Friday, first class will be held on January 5 from 5:20 - 6 pm at Tristar Martial Arts of Westminster

4 - 6 years

Program #23WG03.46

Get started on your journey into martial arts with this 6 week program. Your child will learn about respect and self-discipline as well as how to deal with bullies as they earn their white belt. No experience necessary. After the first lesson students may pick one of the four options. Wednesdays at 6pm, Thursdays at 4:40pm, Fridays at 5:20pm-OR- Saturdays at 9:40am.

Instructor: Tristar Martial Arts of Westminster

Resident: \$69 per person • Non-Resident: \$72 per person

Introduction to Martial Arts

Saturday, first class will be held on January 6 from 9:40 - 10:20 am at Tristar Martial Arts of Westminster

7 + years

Program #23WG03.47

Get started on your journey into martial arts with this 6 week program. Learn the basics of Japanese martial arts and earn your white belt. No experience necessary. After the first lesson students will proceed with 2 sessions for 6 weeks (40 minutes). Students may pick two of the four options. Monday at 7:20pm, T uesday at 6pm, Wednesday at 5:20pm,-OR- Saturday 9:40am.

Instructor: Tristar Martial Arts of Westminster

Resident: \$89 per person • Non-Resident: \$92 per person

Tae Kwon Do (Beginner Youth)

5 - 9 years • 9 sessions

Mondays, November 27 - February 5 from 6 - 7 pm

at Mechanicsville Elementary School

Program #23WG03.48

Tuesdays, November 28 - February 6 from 5 - 6 pm

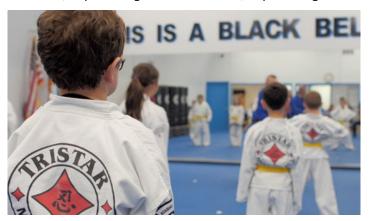
at Linton Springs Elementary School

Program #23WG03.49

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$62 per person • Non-Resident: \$65 per person Resident: \$57 per sibling • Non-Resident: \$60 per sibling



Tae Kwon Do (Intermediate Youth)

5 - 9 years • 9 sessions

Wednesdays, November 29 - February 7 from 6 - 7 pm

at Mechanicsville Elementary School

Program #23WG03.50

Thursdays, November 30 - February 8 from 5 - 6 pm at Linton Springs Elementary School

Program #23WG03.51

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$62 per person • Non-Resident: \$65 per person Resident: \$57 per sibling • Non-Resident: \$60 per sibling

Tae Kwon Do (Beginner - Black Belt)

10 + years • 11 sessions

Mondays, November 27 - February 5 from 7 - 8:30 pm

at Mechanicsville Elementary School

Program #23WG03.52

Tuesdays, November 28 - February 6 from 6 - 7:30 pm at Linton Springs Elementary School

Program #23WG03.53

Wednesdays, November 29 - February 7 from 7 - 8:30 pm at Mechanicsville Elementary School

Program #23WG03.54

Thursdays, November 30 - February 8 from 6 - 7:30 pm

at Linton Springs Elementary School

Program #23WG03.55

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$87 per person • Non-Resident: \$90 per person Resident: \$82 per sibling • Non-Resident: \$85 per sibling

Tae Kwon Do (Beginner - Black Belt)

10 + years • 20 sessions

Mon. & Wed., November 27 - February 7 from 7 - 8:30 pm at Mechanicsville Elementary School

Program #23WG03.56

Tues. & Thurs., November 28 - February 8 from 6 - 7:30 pm at Linton Springs Elementary School

Program #23WG03.57

Tae Kwon do is a Korean system of self-defense. We teach the traditional style with real world applications. We start each class with a stretching program, then begin an excellent cardiovascular workout with blocking, kicking, and punching. We work on self-defense against striking, kicking and holds.

Instructor: Master Wesley

Resident: \$167 per person • Non-Resident: \$170 per person Resident: \$162 per sibling • Non-Resident: \$165 per sibling



Visit **ccrec.recdesk.com** for the latest information about Recreation & Parks programs and to register.



Dance Fitness

SHINE Dance Fitness

16+ years • 7 sessions

Sundays, December 3 - January 14 from 9:30 - 10:30 am

at the Robert Moton Center • Program #23WG03.58

Mondays, December 4 - January 29 from 7 - 8 pm at the Mt. Airy Elementary • Program #23WG03.59

Sundays, January 21 - February 25 from 9:30 - 10:30 am

at the Robert Moton Center • Program #23WG03.60

Mondays, February 5 - March 18 from 7 - 8 pm

at the Mt. Airy Elementary • Program #23WG03.61

SHINE Dance Fitness TM brings original routines to life using hit music and choreography for all abilities. Rooted in jazz, ballet, and hip-hop, this workout gives you a creative outlet to escape from daily stress. Each class includes the perfect balance of high cardio and toning to ensure you receive a full-body workout with real results. SHINE is a mood-lifting experience that leaves you feeling capable, confident, and connected to a supportive community. Instructor: Olga Baranova

Resident: \$60 per person • Non-Resident: \$62 per person

Introduction to Dance Combo Class

3 - 4 years

Saturdays, January 6 - March 16 from 9:30 - 10:15 am

9 sessions • Program #23WG03.62

at the Robert Moton Center

Sundays, January 7 - March 17 from 9:30 - 10:15 am

11 sessions • Program #23WG03.63

at the South Carroll Senior Center

Fun and energizing class for kids 3 to 4. This is the introductory foundational class consisting of rhythmic movements, foundational instructions based in ballet and modern, and intro/basic tumbling. This class is jammed packed with games and toys your little ones won't even realize they are learning to dance!

Instructor: Dance Solutions Youth Outreach

Resident: \$150 per person • Non-Resident: \$153 per person

Hip Hop

7 - 11 years • 11 sessions

Sundays, January 7 - March 17 from 10:30 - 11:15 am

Program #23WG03.64

at the South Carroll Senior Center

Tuesdays, January 9 - March 19 from 6 - 7 pm

Program #23WG03.65

at Piney Ridge Elementary School

Dancers, explore urban dance fusion using hip hop! Learn new steps each day and make new friends while learning about coordination and body movement. Learn how to choreograph, organize, and lead youth in the creation of a Broadway number across the various dance styles (from jazz to hip hop). Wear closed-toed shoes.

Instructor: Dance Solutions Youth Outreach

Resident: \$150 per person • Non-Resident: \$153 per person



Soccer

Brazilian United Future Stars Soccer

Fridays, January 5 - February 16 from 4:30-5:20 pm

at Carroll Springs School

4 - 6 years • 7 sessions

Program #23WG03.66

The Future Star is the perfect introduction to the fun world of soccer. It creates an extremely playful environment that engages the imagination of little ones, while teaching basic soccer techniques in a natural manner. At Brazilian United, soccer is utilized as a tool for motor and cognitive development, ensuring a fun-filled experience! Our coaches interact with players differently, aiming to help your child adapt well among friends and to this exciting new sport they are exploring.

Instructor: Brazilian United Corporation

Resident: \$130 per person • Non-Resident: \$135 per person

BUC: Futsal Clinic (Ages 7-10)

Fridays, January 5 - February 16 from 5:30-6:30 pm at Carroll Springs School 7 - 10 years • 7 sessions

Program #23WG03.67

Experience authentic training for children led by an experienced international coach. Enhance skills, including footwork, soccer techniques, tactics, physical abilities, and mental sharpness. The Brazilian United methodology goes beyond soccer, promoting overall well-being, improved soft skills, developing core abilities. Join us to elevate your game!!

Instructor: Brazilian United Corporation

Resident: \$79 per person • Non-Resident: \$82 per person

BUC: Futsal Clinic (Ages 11-15)

Fridays, January 5 - February 16 from 6:30-7:30 pm at Carroll Springs School
11 - 15 years • 7 sessions

Program #23WG03.68

Experience authentic training for children led by an experienced international coach. Enhance skills, including footwork, soccer techniques, tactics, physical abilities, and mental sharpness. The Brazilian United methodology goes beyond soccer, promoting overall well-being, improved soft skills, developing core abilities. Join us to elevate your game!!

Instructor: Brazilian United Corporation

Resident: \$79 per person • Non-Resident: \$82 per person

Basketball

Men's Basketball League

Thursdays, January 4 - March 21 from 6:30 - 11 pm at Charles Carroll Community Center 18+ years

Program #23WG03.69

Men's Basketball League played on Thursday nights. Games run in the window of 6-11pm at the new Charles Carroll Community Center gymnasium. A schedule will be provided after registration closes. Registration deadline is December 22, 2023. Team Registration Only with minimum 6-8 players. For Individual sign ups contact Becky Kishter at bkishter@carrollcountymd.gov to be entered on a free agent list for teams seeking more players.

Instructor: Brad Gist Team: \$600 per team



Women's Basketball League

Sundays, January 7 - March 10 from 11 - 3:30 am at Charles Carroll Community Center 18+ years

Program #23WG03.70

Running for over 30 years! Ten-week season with officials, play-offs and a championship game. Registration is by Team Only, however, we always have room for experienced individual basketball players. Email Becky Kishter at bkishter@carrollcountymd.gov to be added to a free agent list. Games held Sundays at the new Charles Carroll Community Center gymnasium between 11:30am and 3:30pm. Schedule will be provided once registration closes. Registration deadline is December 20th.

Instructor: Teri Leatherwood Team: \$600 per team

High School Boys Basketball - TEAM

Sundays, January 7 - March 10 from 4 - 9 pm at Charles Carroll Community Center Grades 9 - 12

Program #23WG03.71

A program for High School aged boys to play basketball. Games are played Sunday evenings at the new Charles Carroll Community Center, 3719 Littlestown Pike, Westminster from January-March. A schedule will be provided once registration closes. Registration deadline is December 20, 2023.

Instructor: Brad Gist Team: \$575 per team



"We canceled it because you didn't register!"

Sometimes excellent programs with amazing instructors are canceled when too many people wait until the last minute to register. Our classes are self-supporting and we must meet a minimum number of participants before a class or program will run.

Interested in a program, don't hesitate — register today!

Piney Run Park & Nature Center

Magical Maple Trees

Wednesday, February 28 from 10 - 11 am at Piney Run Park Nature Center 2 - 12 years • Program #23WG06.53

Maple trees can turn sunshine and water into delicious maple syrup! Learn to identify and tap a maple tree and then enjoy pancakes and syrup at the nature center.

Instructor: Piney Run Staff

Resident: \$7 per person • Non-Resident: \$10 per person

Hashawha Environmental Center/Bear Branch

Mindful Movement for Families

at Hashawha Environmental Center/Bear Branch • 3 + years Saturday, December 2 from 10 - 10:45 am

Program #23WG06.54

Saturday, January 6 from 10 - 10:45 am

Program #23WG06.55

Saturday, February 3 from 10 - 10:45 am

Program #23WG06.56

Mindfulness isn't just good for adults. It's also good for kids, and it's good for families to practice mindfulness together. Mindfulness can improve confidence, increase our ability to focus, promote relaxation, and lead to healthier lifestyles. Movement increases body awareness and builds strength and flexibility. This class gets us mindfully moving in a fun and playful way. Have you ever moved and sounded like a bee? How about an elephant? Have you ever ran across the floor like a beetle? In this class, you just might. Wear comfortable clothes you can move in, and bring water and yoga mats if you have them (mats not required). The recommended minimum age is 3, but families of all ages are welcome.

Instructor: Christine Gallo

Family of 5 or less(Resident): \$20 • (Non-Resident): \$21

Additional Child or Adult: \$5





Kids in Space - Planetarium Show - The Bears

Saturday, December 9 from 10 - 11:30 am at Hashawha Environmental Center/Bear Branch 5 + years • Program #23WG06.57

Have a budding astronomer in your family? Want to learn more about the fabulous stories of constellations? Join the Naturalist in the Planetarium to focus on a different winter constellation each month. The show will be followed by a star craft to take home! Register for each session individually, or all three at a discounted price! *This program is geared towards youth ages 5- 16 years old. **Adults that wish to stay for the show need to pre-register as space is limited in the planetarium!

Instructor: Bear Branch Nature Center Staff

Resident: \$7 per person • Non-Resident: \$8 per person



Kids in Space - Planetarium Show - Whole Series

at Hashawha Environmental Center/Bear Branch

5 + years • **Program #23WG06.58**

Have a budding astronomer in your family? Want to learn more about the fabulous stories of constellations? Join the Naturalist in the Planetarium to focus on a different winter constellation each month. The show will be followed by a star craft to take home! Register for each session individually, or all three at a discounted price!

December 9, 10-11:30 am: Ursa Major and Ursa Minor the Bears January 20, 10-11:30 am: Orion the Mighty Hunter February 18, 10-11:30 am: Taurus the Bull

*This program is geared towards youth ages 5- 16 years old. **Adults that wish to stay for the show need to pre-register as space is limited in the planetarium!

Instructor: Bear Branch Nature Center Staff

Resident: \$18 per person • Non-Resident: \$19 per person

Planetarium Show

at Hashawha Environmental Center/Bear Branch Saturday, December 9 from 7:30 - 8:30 pm

Program #23WG06.59

Saturday, January 13 from 7:30 - 8:30 pm

Program #23WG06.60

Saturday, February 10 from 7:30 - 8:30 pm

Program #23WG06.61

5 + years

Orion is one of the most recognizable winter constellations. See the secrets unveiled with telescopes and learn about the lore. Free star party at the observatory after the show; weather permitting.

Instructor: Westminster Astronomical Society

Resident: \$7 per person • Non-Resident: \$8 per person

Feeding Frenzy

at Hashawha Environmental Center/Bear Branch Thursday, December 14 from 10 - 11 am

Program #23WG06.62

Thursday, January 11 from 10 - 11 am

Program #23WG06.63

Thursday, February 15 from 10 - 11 am

Program #23WG06.64

Join the Naturalist as she feeds the animal ambassadors that call Hashawha home. Learn about what they eat, how they eat it, and meet some animals up close and personal! You will even be able to help feed some of the animals! *Parents/Guardians are required to stay. ** 2 years and under are free and not required to register.

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

Piney Run Nature Center Information

Nature Center Hours (3/1-11/30)

Wednesday-Saturday | 11am-5pm Sunday | Noon-5pm Mondays & Tuesdays | Closed

Nature Center Hours (12/1-2/28)

Monday-Friday | 11am-4pm Saturday, Sunday & Holidays | Closed

Phone: 410-795-6043 Email: pineyrunpark@carrollcountymd.gov

In case of inclement weather... if snow/icy conditions or heavy rains/thunderstorms are in the forecast, call before coming to a program to see if the program has been cancelled or postponed. If Carroll County Government is closed, the Park and Nature Center are closed. If Carroll County Schools are closed, delayed, or dismissed early, Nature Center programs that fall during those time periods are cancelled as well (please see Inclement Weather Policy for Recreation & Parks programs in the back of this brochure).

Piney Run Park Information

Park Open-Season Hours

Open All Week | 7am-Sunset

Entrance fees collected at the gatehouse: \$6/vehicle for Carroll County Residents; \$12 for non-residents. Season passes are available for \$75/vehicle for Carroll County residents; \$100/vehicle for non-residents.

*Vehicle entry fees are waived for Nature Center programs in this section for preregistered participants only (must be registered 24-hours before the program).

Park "Off-Season" Hours (12/1-2/28)

Monday-Friday | 8am-4pm Saturday & Sunday | Closed

No vehicle entry fee is collected during the "off-season", there is no boating, visitors are still welcome to walk the trails and fish from the shore.

Piney Run Nature Center Volunteer Opportunities

Front Desk Volunteers

Interested in volunteering for the Nature Center front desk? We need nature loving volunteers to answer the phones, take program registration, weed gardens and help with general upkeep. Age: Adult

Mindfulness for Kids

at Hashawha Environmental Center/Bear Branch • 11 - 13 years Thursday, December 14 from 5 - 5:30 pm

Program #23WG06.65

Thursday, January 11 from 5 - 5:30 pm

Program #23WG06.66

Thursday, February 8 from 5 - 5:30 pm

Program #23SW06.67

Perfect for kids aged 11–13 who want to learn more about mindfulness and how it can benefit them in their daily lives. Whether your child is dealing with stress or anxiety or just wants to learn how to be more present, this event is a great place to start. Kids will learn simple mindfulness techniques that can help them reduce stress, increase focus, and improve overall well-being. Held outside, weather permitting.

Instructor: Kristina Duncan

Resident: \$10 per person • Non-Resident: \$11 per person

Winter Nature Experience Even in winter, Hashawha is full of life and wonder. This overnight experiences gives children the opportunity

Wednesday, December 27th - Friday, December 29th

to explore the forests and fields while learning more about

the plants and animals that call this beautiful place home.

Open to children ages 9 - 12 years old

Deadline to register is December 1st, 2023

Registration Fee (\$175) covers lodging in the cabins, meals, and instruction!

Please email: hashawha@carrollcountymd.gov for an application.







Visit **ccrecpark.org** for the latest information about Recreation & Parks programs and to register.

Crafts and Cocoa

Thursday, December 21 from 1 - 2 pm at Hashawha Environmental Center/Bear Branch

Program #23WG06.68

It is the shortest day of the year! At a little under eight hours of daylight, come cuddle up at Bear Branch Nature Center for delicious cocoa and fun winter-themed crafts. We'll even meet one of our animal ambassadors! *This is an all-ages program; please register each family member who will be attending. 2 years and under are free and not required to register.

Instructor: Bear Branch Staff

Resident: \$10 per person • Non-Resident: \$11 per person

Teen Meditation

at Hashawha Environmental Center/Bear Branch • 14 - 18 years Thursday, December 21 from 5 - 6 pm

Program #23WG06.69

Thursday, January 18 from 5 - 6 pm

Program #23WG06.70

Thursday, February 15 from 5 - 6 pm

Program #23SW06.71

Join us for an evening of relaxation and mindfulness at Teen Meditation. This is a great opportunity for teenagers, aged 14-18, to unwind and learn how to manage stress and anxiety. Whether you're new to meditation or have been practicing for a while, this event is open to all teenagers who are looking to improve their mental health and overall well-being. Held outside, weather permitting.

Instructor: Kristina Duncan

Resident: \$10 per person • Non-Resident: \$11 per person



Reptile Round-Up

Sunday, January 7 from 3 - 4 pm at Hashawha Environmental Center/Bear Branch Program #23WG06.72

Snakes, Lizards, and Turtles – Oh My! While the wild reptiles are hibernating, meet some of Bear Branch Nature Center's Ambassador reptiles in the comfort of a heated building! The Naturalist will introduce you to the many species that call Hashawha home as well as some that are found far away from Maryland. This hands-on presentation will allow an up-close and personal experience with the cold and scaley variety. *This is an all-ages program; please register each family member who will be attending. 2 years and under are free and not required to register.

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

Virtual Moonlight Meditation

from Hashawha Environmental Center/Bear Branch • 18 + years

Monday, January 8 from 7 - 8pm

Program #23WG06.73

Monday, January 22 from 7 - 8pm

Program #23WG06.74

Monday, February 12 from 7 - 8pm

Program #23WG06.75

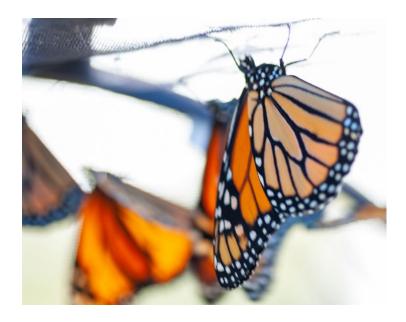
Monday, February 26 from 7 - 8pm

Program #23WG06.76

Take an hour on the second and fourth Mondays of the month to settle your mind. For beginners and experienced meditators, join our online community for a mindfulness and nature-based guided meditation practice. For those of you who don't think you can meditate: Yes, you can! The goal is not to empty the mind of thoughts; it's to notice those thoughts and not get carried away by them. This practice, of training attention and awareness, can help you achieve a mentally clear and emotionally calm state. The link will be provided prior to the session.

Instructor: Christine Gallo

Resident: \$10 per person • Non-Resident: \$11 per person



Kids in Space - Planetarium Show - Orion

Saturday, January 20 from 10 - 11:30 am at Hashawha Environmental Center/Bear Branch 5 + years • Program #23WG06.77

Have a budding astronomer in your family? Want to learn more about the fabulous stories of constellations? Join the Naturalist in the Planetarium to focus on a different winter constellation each month. The show will be followed by a star craft to take home! Register for each session individually, or all three at a discounted price! *This program is geared towards youth ages 5-16 years old. **Adults that wish to stay for the show need to pre-register as space is limited in the planetarium!

Instructor: Bear Branch Nature Center Staff

Resident: \$7 per person • Non-Resident: \$8 per person

Nature Scouts - Winter Session

Wednesdays, January 24 - March 13 from 6 - 7:30 pm at Hashawha Environmental Center/Bear Branch

Program #23WG06.78

Let's go on adventures, play, and learn together! Nature Scouts is an 8-week program designed for families to reconnect with each other and the natural world. We will learn about the natural world through play, creativity, research, and adventure; and we encourage getting dirty and silly. Weekly themes for the winter session include: Winter Textures, Owls in the Night, Bugsicles, Skywalking, Naturally Creative, and Seeds!. Sessions are outside, weather permitting. *The cost of the program is per family (up to 5) as we encourage families spending time with each other and learning about nature together.

Instructor: Christine Gallo and Kristina Duncan

Family of 5 or less(Resident): \$120 • (Non-Resident): \$125

Additional Child or Adult: \$25

Full Moon Yoga and Meditation - Winter Series

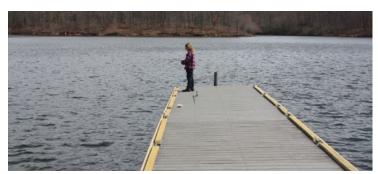
Thursday January 25 & Saturday, February 24 from 6 - 7:30 pm at Hashawha Environmental Center/Bear Branch

Program #23WG06.79

Join us in-person or online for the two winter sessions of Full Moon Yoga and Meditation; Wolf Moon Yoga and Meditation in January and Snow Moon Yoga and Meditation in February. For each session, a 60 minute yoga practice is followed by a 30 minute guided meditation. If you join in person, yoga will be inside and meditation will be outside, weather permitting. For virtual participants, the session link will be provided prior to the session.

Instructor: Christine Gallo and Kristina Duncan

Resident: \$35 per person • Non-Resident: \$36 per person



Full Moon Yoga and Meditation - Wolf Moon

Thursday, January 25 from 6 - 7:30 pm at Hashawha Environmental Center/Bear Branch

15 + years • Program #23WG06.80

January's full moon is the Wolf Moon; one of protection, introspection, and a deeper connection to intuitiveness. Deepen your connection with yourself and nature during this 60 minute yoga practice and 30 minute guided meditation. If you join in person, yoga will be inside and meditation will be outside, weather permitting. For virtual participants, the session link will be provided prior to the session.

Instructor: Christine Gallo and Kristina Duncan

Resident: \$20 per person • Non-Resident: \$21 per person

The Survival Game

Friday, January 26 from 10 am - 12 pm at Hashawha Environmental Center/Bear Branch

10 + years • **Program #23WG06.81**

Have you ever wanted to know what it's like to be a mouse trying to survive in the wild? What about knowing what it feels like to be a top predator? Now's your chance! Join the Naturalist to play the game that Hashawha is most known for- The Survival Game! This high-energy game is all the best parts of tag, capture the flag, and hide and seek all while simulating a natural ecosystem!

Instructor: Bear Branch Staff

Resident: \$7 per person • Non-Resident: \$8 per person

Sweetheart Campfire

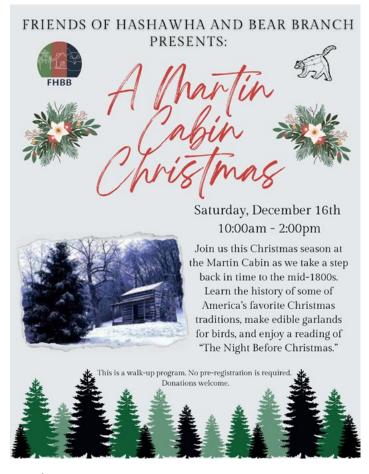
Friday, February 16 from 6 - 7 pm at Hashawha Environmental Center/Bear Branch Program #23WG06.82

Love is in the air! Enjoy a cozy evening around the campfire to learn the history of chocolate-making and meet some animal "love" birds. Indulge in some gourmet smores and take home a bag of homemade candy to eat yourself, or share with a sweetheart.

Instructor: Bear Branch Nature Center Staff

Resident: \$10 per person • Non-Resident: \$11 per person





Maple Magic

Saturday, February 17 from 10 - 11:30 am at Hashawha Environmental Center/Bear Branch

Program #23WG06.83

Can't wait for our Maple Sugarin' Festival to get your maple fix? Join us for an afternoon of maple sugarin' a little early! We'll take a short hike to the maple stand to learn how to tap a tree for collecting sap. Then return to the nature center to learn methods Native Americans, Colonists, and current-day Maple Makers would use to turn sap into syrup. Test your taste buds by seeing if you can tell which syrup sample is the real deal! By the end of the program, you'll have all the knowledge you need to make syrup of your own! This program is weather-dependent. *This is an all-ages program; please register each family member who will be attending. 2 years and under are free and not required to register.

Instructor: Bear Branch Nature Center Staff

Resident: \$7 per person • Non-Resident: \$8 per person



Kids in Space - Planetarium Show - Taurus

Sunday, February 18 from 10 - 11:30 am at Hashawha Environmental Center/Bear Branch 5 + years • Program #23WG06.84

Have a budding astronomer in your family? Want to learn more about the fabulous stories of constellations? Join the Naturalist in the Planetarium to focus on a different winter constellation each month. The show will be followed by a star craft to take home! Register for each session individually, or all three at a discounted price! *This program is geared towards youth ages 5- 16 years old. **Adults that wish to stay for the show need to pre-register as space is limited in the planetarium!

Instructor: Bear Branch Nature Center Staff

Resident: \$7 per person • Non-Resident: \$8 per person

Full Moon Yoga and Meditation - Snow Moon

Saturday, February 24 from 6 - 7:30 pm at Hashawha Environmental Center/Bear Branch 15 + years • Program #23WG06.85

February's full moon is the Snow Moon; one of stillness, silence, and tranquility, like that of freshly fallen snow. Pause your busy schedule and find your own tranquility with this 60 minute yoga practice followed by a 30 minute guided meditation. If you join in person, yoga will be inside and meditation will be outside, weather permitting. For virtual participants, the session link will be provided prior to the session.

Instructor: Christine Gallo and Kristina Duncan

Resident: \$20 per person • Non-Resident: \$21 per person











Environmental Field Trips

Are you an elementary school teacher looking for a fun, educational field trip for your class?

Bear Branch Nature Center field trips include a 45-minute naturalistled presentation and hands-on, outdoor activities based on grade level (aligned with the Carroll County science curriculum).

Piney Run Nature Center offers a myriad of programs for students to experience, whether looking at the lake or learning about the critters that call Piney Run home.

For more details about each Nature Centers field trip offerings, contact Bear Branch Nature Center at 410-386-3580 or Piney Run Nature Center at 410-795-6043.

2024 Dog Park Memberships: Bennett Cerf Dog Park & South Carroll Dog Park

Membership for 2024

18+ years

Bennett Cerf Dog Park • Program #24YR05.01

South Carroll Dog Park • Program #24YR05.02

Both Dog Parks • Program #24YR05.03

Membership is for the 2024 year (January through December); registration is accepted anytime during the year. The dog park is a great place to socialize and exercise your dog. Park hours are sunrise to sunset, 365 days a year (maintenance days are posted as needed).

Bennett Cerf Dog Park **OR** South Carroll Dog Park Up to 2 Dogs: \$30 • Additional Dogs: \$5 per dog

Both Bennett Cerf Dog Park **AND** South Carroll Dog Park Up to 2 Dogs: \$50 ● Additional Dogs: \$5 per dog

Adopt a Critter

Membership for 2024 • Program #24YR05.11

Piney Run Nature Center's live animal collection requires constant care. Support the critters or sponsor a particular animal! The sponsors will get a picture of the critter they are sponsoring in the mail and be invited to a private program which will include the sponsored animals and light refreshments.

Resident/Non-Resident: \$30 per person





Nature Center Members play an important role within our parks and membership has numerous privileges! Membership benefits include early and discounted registration for Nature Camps, 10% discount in the gift shop at both Nature Centers, discounts for several other council-sponsored events, free admission to Piney Run Park for Council events at the Nature Center and invitations to 'Members Only' programs. As a member you also know that you are helping to support quality environmental education programs at the Nature Centers in Carroll County.

Register online at ccrecpark.org or use the form below to mail in with a check payable to: Carroll County Commissioners

J.								•	
NATURE C	ENTER	MEMBERS	SHIP RA	TES					
Family	\$25	Individual	\$15	Senior (62+ years)	\$8	Student	\$10	Lifetime	\$250
Enclosed is a cha	ock for ¢	for a /an	EARAUV	INDIVIE	NIAI	SENIOR (62.1)	CT	TUDENT	LIFETIME
Enclosed is a che		bership for B				SENIOR (62+) PINEY RUN NA		TUDENT	LIFETIME
NAME									
STREET ADDRESS	5	-		M X	1	7			
CITY			_	STATE		B	ZIF	P CODE	
PHONE				EMAIL ADDRES	ss	100	1		
Contri	butions in ex	ccess of your memi	bership fee al	<mark>re tax deduct</mark> ible a	and are eari	marked for the Cari	roll County I	Park Legacy Fur	nd.
	-	-	-		All and	of the last		-	



Recreation Council Information



CARROLL COUNTY ARTS COUNCIL www.carrollcountyartscouncil.org



CARROLL COUNTY EQUESTRIAN COUNCIL www.carrollcountyequestriancouncil.org



CENTRAL CARROLL RECREATION COUNCIL www.centralcarrollrecreation.org



CHARLES CARROLL RECREATION COUNCIL
Contact Becky Kirshter at bkishter@carrollcountymd.gov



FREEDOM AREA RECREATION COUNCIL www.freedomarearec.org



NORTH CARROLL RECREATION COUNCIL www.northcarrollrec.org



PINEY RUN RECREATION & CONSERVATION COUNCIL Contact Patrick Carney at 410-795-6043



WEST CARROLL RECREATION COUNCIL www.gowcrc.org



WESTMINSTER AREA RECREATION COUNCIL www.westminsterarearec.com



WINFIELD RECREATION COUNCIL www.winfieldrec.org



WOODBINE RECREATION COUNCIL www.woodbinerec.org



FRIENDS OF HASHAWHA AND BEAR BRANCH Contact Michelle Scott at FriendsofHBB@gmail









Story Strolls are free family-friendly activities that the whole family can enjoy together and bond through literacy while spending time outdoors exploring our community parks. Featured books along the trails will be rotated and each park has additional partners unique to the stroll. Story Strolls are currently located at Deer Park and Leister Park with more coming soon!







REGISTRATION FORM

WINTER 2023 | 2024 PROGRAMS & EVENTS

PARTICIPANT'S LAST NAME FI	FIRST NAME			DA	DATE OF BIRTH		
PARENT/GUARDIAN'S NAME (if applicable)							
STREET ADDRESS							
CITY STATE	STATE			ZIP CODE	ZIP CODE		
PHONE (home)		PHONE (work or cell)					
EMAIL ADDRESS							
EMERGENCY CONTACT NAME	ERGENCY CONTACT NAME EMERGENCY PHONE (Is this a cell ph						
See the reverse of this form for the Waiver of Lia	bility ar	nd Authoriza	ation for Use o	of Photographic	Likeness.		
Program Name	Pro	ogram #	# Attending	Per Person Fee	Total \$		
				\$	\$		
				\$	\$		
				\$	\$		
				\$	\$		
Comments/Special Instructions	,						
Make checks payable to Carroll County Commissioners and ma	ail to:			SUBTOTAL	\$		
Carroll County Department of Recreation and Parks	u.i .U.		Membership	-			
300 S. Center Street Westminster, MD 21157		тс			\$		

WAIVER OF LIABILITY, COVID-19 INFORMATION & AUTHORIZATION FOR USE OF PHOTOGRAPHIC LIKENESS

Waiver of Liability

I, in my legal capacity as parent/legal guardian of the minor(s) named on the *Carroll County Department of Recreation and Parks Registration Form*, or as a participating adult over the age of eighteen (18), recognize and acknowledge that there are certain risks of physical injury, property damages and expenses which my child(ren) or I may sustain as a result of participating in this Program. I further agree on behalf of the minor(s) named on the *Carroll County Department of Recreation and Parks Registration Form* or myself, heirs, representatives, executors, administrators and assigns to assume all risk and agree to fully release, discharge, indemnify, hold harmless and defend Carroll County Government and its employees, volunteers, agents, and servants from any and all claims for personal injury, property damage, death or accident of any kind arising out of or in any way related to the participation in the Program, however the injury or damage occurs.

<u>Authorization for Use of Photographic Likeness</u>

I agree to allow the Carroll County Department of Recreation and Parks to take and utilize photographic images of the registered individual(s) for the purpose of promoting and publicizing of the Department's programs and/or events. If I prefer to not allow the above registered participant(s) to be photographed, I will call 410-386-2103 to register my request.

PARTICIPANT'S SIGNATURE	DATE	
Parent(s) and/or Legal Guardian(s) signature if participant is under the age of 18.		
PRINTED NAME		



INFORMATION

ADA STATEMENT

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410-386-3600 or 1-888-302-8978 or MD Relay 711/1-800-735-2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.

FEES & PAYMENT

Full payment is due at the time of registration. To make a payment with a credit card visit ccrec.recdesk.com, walk-in or give us a call at 410-386-2103 (Monday-Friday, 8am-5pm). Checks should be payable to Carroll County Commissioners and can be mailed to:

Carroll County Department of Recreation & Parks 300 S. Center Street Westminster, MD 21157

CANCELLATIONS

Carroll County Recreation & Parks reserves the right to cancel a program or activity at its discretion. If a program or activity is cancelled, registrants will be contacted and a full refund will be issued within 10-14 business days.

WITHDRAW/REFUND POLICY

Programs or Pavilion Rentals only- All refund requests must be submitted in writing, 10 days prior to the start of the program, unless noted in the description. Requests can be submitted to ccrec@carrollcountymd.gov with a subject line of Program Withdraw.

- Refunds will either be credited back to the credit card used, returned by check (if paid by cash or check) or in the form of a household credit to be used at a later time.
- Full refunds are given only if a program is cancelled or there are extenuating circumstances prior to the start date of the program.
- Cancelled program refunds will be automatically processed for 100% refund.
- Written requests received prior to the start date, will forfeit \$10
 of the fee for the program as an administrative fee. Fees that
 cannot be recovered will be deducted from the refund.
- Any request received after the start date will be considered on a case by case basis and prorated.
- Refund requests for medical reasons shall be accompanied by a physician's note.
- Request for refunds must be submitted no later than 15 days after the end of the program.
- Refunds are not available for programs that meet 1-3 times.
- Participants with consistent discipline problems will be dropped from the program without any possible refund.
- No refunds will be given for weather cancellations or rescheduling conflicts.
- Participants may transfer to another program, without a penalty, if transfer request is received prior to the start of the program.

Please contact the Registration Office at 410-386-2103 for any questions about withdrawal from recreation programs.

INCLEMENT WEATHER

When Carroll County Public Schools are closed or dismiss early due to weather or other emergency conditions, all Carroll County Recreation & Parks programs and activities scheduled for that day are cancelled.

For weekend/non-school days, once the Snow Emergency Plan is in effect for Carroll County, no Recreation & Parks programs or activities will take place. Should the Snow Emergency Plan be lifted any time during that day, all programs and activities will remain cancelled for that day. Program registrants will be contacted once a make-up date(s) is/are established.

To check the status of the Snow Emergency Plan visit the state weather website at www.chart.state.md.us/StormInfo/snow emergency plans.asp

CELL PHONES

As a courtesy to other participants, we respectfully request that program registrants make every effort not to use their cell phones during program instruction.

SMOKING POLICY

Smoking of any kind, including vaping, is not allowed in any county school, facility, or park.

MAKE A DONATION

You can make a tax-deductible donation to the Carroll County Park Legacy Fund by visiting ccrec.recdesk.com or stop in our office located within the Robert Moton Center, 300 S Center Street, Westminster, MD 21157.

VOLUNTEER

Carroll County Recreation & Parks has volunteer opportunities available. Contact us at 410-386-2103 for more information on volunteering in our community through our Recreation Councils.

YOUTH VOLUNTEER SERVICE HOURS

Visit ccrecpark.org and click on the Volunteer Opportunities button.

SPONSORSHIPS

If you would like to become involved with Carroll County Recreation & Parks programs, events and activities through sponsorships and advertising, contact the Department at ccrec@carrollcountymd.gov.

QUESTIONS? CONTACT US!

www.ccrecpark.org • 410-386-2103 • ccrec@carrollcountymd.gov

RECREATION COUNCIL PROGRAMS & REFUNDS

Each Recreation Council has their own registration process and in-turn their own refund policy, check with your local Recreation Council. For Recreation Council information see page 17 or visit ccrecpark.org and select Volunteer Recreation Council.



Carroll County Department of Recreation & Parks

300 S. Center Street Westminster, Maryland 21157



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CARROLL COUNTY DEPARTMENT OF RECREATION & PARKS

PARKS & FACILITY LOCATIONS

BARK HILL PARK

Peace N Plenty Drive (off Bark Hill Road), Union Bridge 21797

BENNETT CERF PARK & DOG PARK

544 Manchester Road, Westminster 21157

CAPE HORN PARK

2500 Cape Horn Road, Hampstead 21074

CARROLL COUNTY EQUESTRIAN CENTER

2512 Grimville Road, Mount Airy 21771

CARROLL COUNTY SPORTS COMPLEX

2225 Littlestown Pike, Westminster 21158

CHARLES CARROLL PARK & COMMUNITY CENTER

3719 Littlestown Pike, Westminster 21158

CHERRYTOWN ROAD PARK

Cherrytown Road, Westminster 21157

DEER PARK

637 Deer Park Road, Westminster 21157

DOUBLE PIPE CREEK PARK

7577 Middleburg Road, Detour 21757

FREEDOM PARK

1111 Raincliffe Road Sykesville 21784

GILLIS FALLS RESERVOIR SITE

Woodhine 21797

HASHAWHA/BEAR BRANCH NATURE CENTER

300 John Owings Road, Westminster 21158

HAP BAKER FIREARMS FACILITY

1400 Baltimore Boulevard, Westminster 21157

HODGES PARK

5630 Hodges Road, Sykesville 21784

KATE WAGNER FIELDS

1100 Gist Road, Westminster 2115

KRIMGOLD PARK

5355 Woodbine Road, Woodbine 21797

LANDON C. BURNS PARK

700 Gist Road. Westminster 21157

LEISTER PARK

4134 Black Rock Road, Hampstead 21074

MAYESKI PARK

1300 W. Old Liberty Road, Sykesville 21784

NEW WINDSOR COMMUNITY ROOM

1100 Green Valley Road, New Windsor 21776

NORTH CARROLL COMMUNITY POND

OBRECHT ROAD PARK

100 F. Ohrecht Road, Sykesville 2178/

200 21 021 00110 11000, 0 11001 1110 2210 1

OLD LIBERTY ROAD

100 W. Old Liberty Road, Sykesville 21784

PINEY RUN PARK & NATURE CENTER

30 Martz Road, Sykesville 21784

ROBERT MOTON CENTER

300 S. Center Street, Westminster 21157

SALT BOX PARK

Gillis Falls Road, Woodbine 21797

SANDYMOUNT PARK

2250 Old Westminster Pike, Westminster 21157

SOUTH CARROLL DOG PARK

5928 Mineral Hill Road, Eldersburg, 21784

UNION MILLS RESERVOIR

220 John Owings Road, Westminster 21158

WESTMINSTER COMMUNITY POND

30 College View Boulevard, Westminster 21157

WESTMINSTER VETERANS MEMORIAL PARK

Hook Road, Westminster 21157

WINFIELD PARK

Salem Bottom Road (opposite Winfield Elementary), Westminster 21157