

North Carroll Senior Snippets July 2025

North Carroll Senior and Community Center Newsletter

2328 Hanover Pike
Hampstead, Maryland 21074

Email:
Northcarrollsc@
carrollcountymd.gov

Hours: Monday - Thursday
8:00 A.M. — 4:00 P.M.
Friday
8:00 A.M. — 3:00 P.M.
Phone: 410.386.3900

Website:
[www.carrollcountymd.gov/
seniorcenters](http://www.carrollcountymd.gov/seniorcenters)

Center Manager:
Lori Ash

Center Assistant:
Sean Uhler

Center Custodian:
Craig Erbe

Center Closed

FRIDAY

July 4

In Observance of
July 4th Holiday

Mission Statement

The Carroll County Bureau of Aging & Disabilities is dedicated to providing the highest quality of services, programs and assistance to promote choice, dignity and independence for older adults, adults with disabilities, veterans and those who care for them.

July

Barbecues and picnics,
Swimmers soaking up the rays,
Bike rides in the country,
Shady spots on sunny days...
Summertime vacations,
Lemonade on front-
porch swings —
Special thoughts and memories
of July's most favorite things.

Special Meals



July 4th Special – July 3rd – Cheeseburger, Baked Beans, Pepper Slaw, Watermelon, Pie & Milk. R.S.V.P. by 10 am on June 26th



Potato Day Special – July 22nd – Bake Potatoes, Chili con Carne, Spinach Salad, Applesauce, Bread & Milk. R.S.V.P. by 10 am on July 15th



Meatloaf Special – July 30th – Meatloaf, Mashed Potatoes, Sliced Carrots, Applesauce, Bread & Milk. R.S.V.P. by 10 am on July 23rd.



Hot Dog – July 28th – Hot Dog, Baked Beans, Cole slaw, Fruit & Milk. R.S.V.P. by 10 am on July 21st



Italian Sub Special – July 9th – Italian Sub, Cole Slaw, Potato Salad, Fruit Cocktail & Milk, R.S.V.P. by 10 am on July 2nd



Meal Reservation Deadlines



Meal Reservation Deadlines

The regular daily meals (does not include Special meals) will need to be reserved no later than TWO business days by 10 am in advance of the meal.

Special meals deadlines will be one week prior to the meal date, and are noted on the menu.

To Eat Lunch On:	Reservation Deadline:
Monday	10 am the Thursday before
Tuesday	10 am the Friday before
Wednesday	10 am the Monday before
Thursday	10 am the Tuesday before
Friday	10 am the Friday before
Special Meal	10 am one week before

Please see kitchen manager in the dining room to sign up for lunches.

Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. Meatloaf w/Gravy Roasted Potatoes Cucumber Salad Mandarin Oranges Bread/Juice/Milk RSVP BY 6/26 @ 10AM	2. Roasted Pork Loin Dijon Cream Sauce Garlic Mashed Potatoes Peas & Mushrooms Fruit Cocktail Bread/Milk RSVP BY 6/27 @ 10AM	3. CHEESE-BURGER Baked Beans Pepper Slaw Watermelon Apple Pie Milk RSVP BY 6/26 @ 10AM	4. Center Closed
7. Salisbury Steak w/Mushroom Gravy Roasted Potatoes Seasoned Greens White Bean Salad Milk RSVP BY 7/2 @ 10AM	8. White Bean Chicken Chili Yellow Rice Pilaf Corn Muffin Milk Juice RSVP BY 7/3 @ 10AM	9. ITALIAN COLD CUT SUB Potato Salad Cole Slaw Fruit Cocktail Milk RSVP BY 7/2 @ 10AM	10. Pineapple Glazed Ham Au Gratin Potatoes Honey Maple Carrots Pineapple Bread/Milk RSVP BY 7/7 @ 10AM	11. Chicken w/Artichoke Sauce Lemon Rice Pilaf Green Beans Cinn. Apples Bread/Juice Milk RSVP BY 7/8 @ 10AM
14. Lentil & Spinach Soup Tuna Salad Sandwich Corn & Edamame Applesauce/Milk RSVP BY 7/9 @ 10AM	15. Pot Roast of Beef Chasseur Roasted Potatoes Seasoned Greens Mandarin Oranges Bread/Milk RSVP BY 7/10 @ 10AM	16. Creamy Chicken Piccata Brown Rice Buttered Carrots Green Pea & Pepper Salad Bread/Milk/Juice RSVP BY 7/11 @ 10AM	17. Pepperjack Cheese Burger Broccoli Slaw Tropical Fruit Fruit Yogurt RSVP BY 7/14 @ 10AM	18. Tuna Noodle Casserole Chickpea & Tomato Salad Cinn. Apples Bread/Milk Juice RSVP BY 7/15 @ 10AM
21. Chicken Breast w/ Ranch Cream Sauce Yellow Rice Pilaf Peas & Carrots Pineapple Tidbits Bread/Milk/Juice RSVP BY 7/16 @ 10AM	22. POTATO DAY Chili con Carne Spinach Salad Applesauce Bread/Juice/Milk RSVP BY 7/15 @ 10AM	23. Turkey Florentine Lemon Rice Pilaf Zucchini & Tomato Applesauce Fruit Yogurt RSVP BY 7/18 @ 10AM	24. Split Pea Soup Chicken Ceaser Salad Cornbread Loaf Spiced Apples Bread/Milk RSVP BY 7/21 @ 10AM	25. Roasted Pork Loin w/ Creamy Mushroom Sauce Cucumber Salad Mashed Potatoes Sliced Apple Bread/Milk RSVP BY 7/22 @ 10AM
28. HOT DOG DAY Baked Beans Cole Slaw Diced Pears Milk RSVP BY 7/21 @ 10AM	29. Corned Beef w/Mustard Dill Sauce Mashed Potatoes Braised Red Cabbage Corn & Pea Salad Tropical Fruit/Milk RSVP BY 7/24 @ 10AM	30. MEATLOAF SPECIAL Mashed Potatoes Sliced Carrots Applesauce Bread/Juice/Milk RSVP BY 7/23 @ 10AM	31. White Bean Soup Turkey-Ham Maccaroni Salad Spinach Salad w/ Grape Tomatoes Pineapple Tidbits Bread/Milk RSVP BY 7/28 @ 10AM	

Daily Activities

MONDAY

Start dates subject to change without notice

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am – 4:00 pm	Ongoing	None
Puzzles	8:00 am – 4:00 pm	Ongoing	None
Lending Library	8:00 am – 4:00 pm	Ongoing	None
Computer Lab	8:00 am – 4:00 pm	Ongoing	None
Ping Pong	12:00 pm - 3:00 pm	Ongoing	None
Woodcarving	9:00 am - 12:00 pm	Ongoing	None
Quilting Bee	9:00 am - 12:00 pm	Ongoing	None
Photograph for Beginners	10:00 am - 11:00 am	Ongoing	None
Hearts Card Game	10:30 am - 3:00 pm	Ongoing	None
Fun & Fitness	9:45 am - 10:45 am	10 - 12 weeks Starting July 7	\$30.00
Bingo	10:30 am - 2:00 pm	Ongoing	Nickel
Tai Chi II	11:00 am—12:00 pm	No Classes this session	\$30.00
Lunch	12:00 pm	Ongoing	By Reservation; See page 2 for fees
Tai Chi I (Beginners)	12:00 pm - 1:00 pm	No Classes this session	\$30.00

Any Suggestions? New classes being added! If you would like to suggest a new class please let Lori or Sean know. We are always looking to try new things.



Daily Activities⁵

TUESDAY

Start dates subject to
change without notice

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am – 4:00 pm	Ongoing	None
Puzzles	8:00 am – 4:00 pm	Ongoing	None
Lending Library	8:00 am – 4:00 pm	Ongoing	None
Computer Lab	8:00 am – 4:00 pm	Ongoing	None
Crochet & Knit	10:00 am - 12:00 pm	Ongoing	None
Pinochle	10:00 am	Ongoing	None
Silver Sneakers w/ Karalee	10:00 am - 11:00 am	10 - 12 weeks Starting July 1	\$30.00
Chair Pilates w/ Karalee 	11:15 am - 12:15 pm	10 - 12 weeks Starting July 1	Donations
Drama Club	10:30 am - 11:30 pm	Summer Break - Returning after Labor Day	None
Lunch	12:00 pm	Ongoing	By Reservation; See page 2 for fees
Kim's Music Group Acoustic Jam Class (Bluegrass/Folk)	July 8 & July 22 (2nd & 4th Tuesday of the month)	1:00 pm - 2:30 pm	Free
Kim's Music Group Acoustic Jam Class (Blues/Classic Rock)	July 1 & July 15 (1st & 3rd Tuesday of the month)	10:00 am - 11:30 am	Free
Mah Jong	1:00 pm - 3:00 pm	Ongoing	None
Line Dancing	1:00 pm - 2:30 pm	Ongoing	None

Daily Activities

WEDNESDAY

Start dates subject to
change without notice

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am – 4:00 pm	Ongoing	None
Puzzles	8:00 am – 4:00 pm	Ongoing	None
Lending Library	8:00 am – 4:00 pm	Ongoing	None
Computer Lab	8:00 am – 4:00 pm	Ongoing	None
Woodcarving (Small Group)	9:00 am - 12:00 pm	Ongoing	None
Arthritis Exercise with Chris Konior	10:00 am - 11:00 am	10 - 12 weeks Starting July 2	Grant Funded
Let's Dance Cardio Fitness	11:15 am - 12:15 pm	10 - 12 weeks Starting July 2	\$30.00
Bingo	10:30 am - 2:00 pm	Ongoing	Nickel
Lunch	12:00 pm	Ongoing	By Reservation; See page 2 for fees
Beginner Chi Kung	1:00 pm	10 - 12 weeks Starting July 2	Donation
Intermediate Chi Kung	 2:15 pm	10 - 12 weeks Starting July 2	Donation
Hand and Foot Card Game	1:00 pm	Ongoing	None

NOTE: In most cases, if classes are not full, you may join a class in progress without waiting until the next session begins. See center manager for details.

The Carroll County Bureau of Aging & Disabilities suggests that those interested in taking a physical activity program should consult with a medical professional before engaging in these activities. Physical exertion may be inappropriate for people with certain medical conditions. You must initial the Participation Agreement on the Membership Form prior to participating in these programs.

Daily Activities⁷

THURSDAY

Start dates subject to
change without notice

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am – 4:00 pm	Ongoing	None
Puzzles	8:00 am – 4:00 pm	Ongoing	None
Lending Library	8:00 am – 4:00 pm	Ongoing	None
Computer Lab	8:00 am – 4:00 pm	Ongoing	None
Pitch Card Game	9:00 am - 1:00 pm	Ongoing	None
Bible Discussion	10:00 am	Ongoing	None
Sing-A-Long Singers	10:00 am - 11:00 am	Summer Break - Returning after Labor Day	None
Stitchers & Needlecrafts	10:00 am - 12:00 pm	Ongoing	None
Silver Sneakers - Cardio Step	10:00 am - 11:00 am	10 - 12 weeks Starting July 3	\$30.00
Seated Yoga with Kate Cobb	11:30 am - 12:30 pm	10 - 12 weeks Starting July 3	\$30.00
Pinochle	10:00 am	Ongoing	None
500 Card Game	11:30 am - 2:00 pm	Ongoing	None
Lunch	12:00 pm	Ongoing	By Reservation; See page 2 for fees
Bridge	12:30 pm	Ongoing	None
Ukulele with Vince	July 10 & July 24 (2nd & 4th Thursday of the month)	1:00 pm - 2:30 pm	Free
Line Dancing - Practice	1:00 pm - 3:00 pm	Ongoing	None
Beading Bee	1:00 pm - 3:00 pm	Ongoing	None

Daily Activities⁸

FRIDAY

Start dates subject to
change without notice

Program	Time	Sessions	Cost
Exercise Equipment	8:00 am – 4:00 pm	Ongoing	None
Puzzles	8:00 am – 4:00 pm	Ongoing	None
Lending Library	8:00 am – 4:00 pm	Ongoing	None
Computer Lab	8:00 am – 4:00 pm	Ongoing	None
Tai Chi Intermediate	8:30 am - 9:30 am	No Classes this session	Donation
Ping Pong	12:00 pm - 3:00 pm	Ongoing	None
Fun & Fitness Exercise	10:00 am - 11:00 am	10 - 12 weeks Starting July 11	\$30.00
Strength & Mobility	11:15 am - 12:15 pm	10 - 12 weeks Starting July 11	\$30.00
Lunch	12:00 pm	Ongoing	By Reservation; See page 2 for fees
Scrabble	12:00 pm - 3:00 pm	Ongoing	None
Bridge	12:30 pm	Ongoing	None
Ballroom Dance - Instructional	12:30 pm - 1:30 pm	Ongoing	\$2.50 per person per class
Ballroom Dance - Social	1:30 pm - 3:00 pm	Ongoing	\$2.50 per person per class

Upcoming Special Events

Program	Date	Time	Cost
Live Music with Vince	July 15 (3rd Tuesday of the month)	1:00 pm	Free
Birthday Celebration	July 8 (2nd Tuesday of the month)	12:30 pm	Free
Project Linus	July 10 (2nd Thursday of the month)	10:00 am - 12:00 pm	Free
TLC Group	July 16 (3rd Wednesday of the month)	10:00 am - 12:00 pm	Free
Pillowcase Project	July 1 & July 23 (2nd Friday & 4th Wednesday of the month)	9:00 am - 2:00 pm	Free
Wednesday Book Club	July 9 (2nd Wednesday of the month)	11:00 am	Free
Thursday Book Club	July 10 (2nd Thursday of the month)	1:00 pm	Free
Site Council Meeting	July 22 (4th Tuesday of the month)	10:00 am	Free
Information and Assistance	None in July (4th Wednesday of the month)	10:00 am	Free

More information can be found on the Center's Activity Bulletin Board in the main hallway.

CARROLL TRANSIT SERVICE

Call 410-363-0622



Carroll Transit provides transportation to the senior center Monday through Friday **by appointment only.**

- Seniors can ride at a reduced rate—\$2.00 one way—to the Senior Centers between the hours of 9 AM—3 PM
- Seniors riding the Carroll Transit buses to/from the Senior Centers should contact Carroll Transit Service to arrange their ride. Please call 410-363-0622.
- Reservations and cancellations are accepted 7:00 AM to 5:00 PM, Monday through Friday. **If you do not cancel your ride, you will be charged a \$2.00 no-show fee!**
- If the senior needs to cancel their ride during the week to the Senior Center, it is the SENIOR'S responsibility to call Carroll Transit and make the cancellation.
- If you have difficulty reaching Carroll Transit, please contact the Senior Center so we may assist you.

Carroll Transit Service TICKET SALES

For seniors age 60+ who reside in Carroll County & ride to North Carroll Senior Center we have a limited supply of Carroll Transit Service tickets that we can sell for a donation. **Donation** books are limited to **two (2)** books per person while our supply lasts.

We have an additional supply of tickets that seniors may purchase, up to **eight (8) \$5.00 books** per month.

There is a limited amount of these Carroll Transit tickets each month. They are available to seniors on the first 5 business days of each month. Please see Lori for Carroll Transit Service tickets. CTS tickets cannot be sold to businesses or agencies.

Look What's Happening!



North Carroll Senior Center **Site Council Meeting**

Everyone is welcome to our next Site Council meetings are on the 4th Tuesday of the month at 10:00 am

This meeting is open to all senior center members. Please stop by & see what we are planning and how you can help. Your input and ideas are welcome!



Monthly Birthday Celebration on the **2nd Tuesday of every month !!**

Everyone is invited to a birthday party. We will be honoring everyone who has a birthday during the month. We will celebrate with a birthday song at 12 pm.

After lunch, we will serve ice cream and cake.
Please join us.



Project Linus Matinee meets the 2nd Thursday of the month from 10 am—3 pm.

We welcome anyone who would like to make blankets for Project Linus.



Pillowcase Project

This group meets the **2nd Friday and 4th Wednesday** of the month from 9 am to 2:30 pm. You can also help with cutting and making kits. kits are available for you to make at home.

TLC (Tender Loving Care Circle) Group - meets the **3rd Wednesday** of the month from 9 am—2 pm. We make comfort items (blankets, prayer shawls, etc.) for children in hospitals, shelters, and in need.



Please Sign In EVERY Day you visit

Whenever you come to NCSC to:

Eat a meal, take a class, use exercise equipment,
take a trip, or participate in any other activity,

**PLEASE SCAN YOUR SENIOR CENTER CARD AT THE
FRONT DESK. FORGOT YOUR CARD?? USE YOUR PHONE
NUMBER!!**

Touch the blocks for all of the activities you are doing for the day.
Enter your volunteer hours.

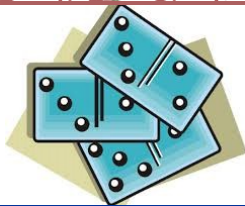
Done

Don't forget to touch when you have completed your sign-in. The statistics we gather are important to justify our continued funding. Thanks!

NCSC Resources

come learn, use, play, enjoy

BOARD GAMES



We play board games on these days:

* Mah-Jong on Tuesdays at 1 pm

* Scrabble on Fridays at 12 pm

Other games are available -

Please let us know what you'd like to play!

CARD GAMES

We play card games on the following days:



*Hearts— Mondays at 10:30 am *Pinochle—Tuesdays & Thursdays at 10 am

*Canasta—Mondays at 1 pm *Pitch— Tuesdays & Thursdays at 9 am

*Bridge — Thursdays at 12:30 pm *Hand & Foot—Wednesdays at 1 pm

*500 Cards — Thursdays at 11:30 am

EXERCISE EQUIPMENT ROOM Open Daily

Please make sure that you have clothing and footwear suitable for physical activity. **Bring in shoes with clean soles or wipe off your shoes before getting on equipment. Dirt from shoes causes excessive wear and tear especially to the treadmill belts.**

We request all users to wipe off machines after each use to prevent the spread of disease.

Monetary donations are welcomed to pay for maintenance and for new machines. Donations of paper towels and hand sanitizer are also welcomed. This room is busiest in the mornings and less crowded after lunch.



LENDING LIBRARY Open Daily

Materials are checked out on the honor system. **Please return all borrowed books within one month, so that other seniors may enjoy these materials.**

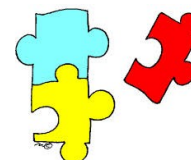
Limit books borrowed to 2 per week. We accept current books in good condition as donations for our library.

Check the Magazine table in the library for free books in the "Free books" bin



JIGSAWS PUZZLES Anytime

Put puzzles together in the Card/Game Room, by yourself or with a group. Many puzzles are in progress, all help is appreciated and all are welcome to assist.



COMPUTER LAB Open Daily

Several desktop computers, all with Internet access await you . Please bring your own paper if you would like to use the printer.

WIFI—Use CCG_GUEST in your settings to access the Internet



Let's Have Some Fun!



By: Vincent Vigliotti and Friends

Live

**Music at North Carroll Senior Center
Join Vince Vigliotti & friends as they
perform on**

July 15th At 1:00 pm

**Come and join us for an hour of live music and fun!
It's FREE**

Music

**Ukulele with
Vince**



**The 2nd & 4th Thursdays
of every month**

1pm

In the Gathering Room

NEW CLASS



New
Class
Alert!

Chair Pilates tones the entire body from head to toe and improves balance by challenging the muscles with bodyweight, coordination, and spring resistance. The chair is an excellent piece of equipment for both seated and standing work.

Chair Pilates

Tuesdays at 11:15 am

with Karalee

New Session Starting
July 1st

Improve your
balance



NEW CLASS!!



Beginner Chi Kung

Wednesdays -1 pm

In the Activities Room

Chi Kung (sometimes spelled Qigong) is an ancient Chinese holistic health practice. Chi literally means energy/breathe & Kung = work. It is a predecessor of & the foundation for Tai Chi. Using physical movements to limber the body while coordinating the breathe with visualization exercises the practitioners strive to improve their overall well-being & longevity. Jason was introduced to Chi Kung training through the traditional martial arts & have been practicing since he was 6 years old. He caters his classes to the current capabilities of his students confidently knowing that their limitations will be surpassed so that more advanced training can be made available to them.

NEW CLASS!!

Intermediate Chi Kung

Wednesdays 2:15 pm

In the Activities Room

As our Chi Kung evolves, literally, one step closer to Tai Chi we need to begin moving (forwards, backwards, & side to side). In this class we'll be adding to our Chi Kung movements stepping and turning. Gracefully transitioning from one movement to the next as we travel throughout the room.

Participants must have attended at least one session of Beginner Chi Kung.

Music Class



Blues/Rock Jam Class 1st & 3rd Tuesday of the month 10:30 AM

This instrumental group will have fun playing and singing classic rock and blues favorites from the 60s & 70s. Learn basic blues chord progressions, easy improvisation techniques and how to apply them to familiar songs. All

levels of musicians are welcome (if you are an advanced player, please be willing to share your knowledge!) Singers also welcome. For more info call Kim Myers, 443-821-5776

Music Class



Bluegrass/Folk Jam Class 2nd & 4th Tuesday of the month 1:00 PM

A casual jam group for acoustic musicians of all levels... (guitar, fiddle, banjo, mandolin, accordion, string bass, cajon, etc.) and singers. Beginners are welcome! If you're an advanced player, please be willing to share your knowledge with others. This is a learning environment, and a positive experience for everyone!

We also welcome some audience members who would like to sit in on our class.

Trips!!!

YOU MAY SIGN UP FOR ALL TRIPS NOW



UP COMING EVENTS FOR NORTH CARROLL SENIOR CENTER FOR 2025

July 10 Fisherman's Crab Feast and Amish Market

Sept. 9 Charlestown Casino Trip - \$45 per person - Sign up immediately

Nov. 19 Toby's Dinner Theatre - Elf Holiday Musical - \$115 per person

Dec. 10 American Music Theatre - Deck the Halls show with lunch at Shady Maple - \$115 per person

Any Questions contact Sharon Dyas or LeVerne for additional information 410-374-5602

Information for you

Turning 65 or retiring soon and not sure what to do about Medicare??

Carroll County's State Health Insurance Assistance Program (SHIP) is here to help!

We invite you to attend our free informational Transitioning to Medicare workshops to learn more.

We offer these two-part workshops monthly in collaboration with the Carroll County Public Library.



Navigating Medicare



Preventing Medicare Fraud

Please register for live sessions at:

<https://ccpl.librarymarket.com/events/month>

****Pre-Recorded sessions can also be accessed at any time using the links listed below.**



Transitioning to Medicare Part 1

All workshops start at 5:00pm!! Registration is required!!

July 9th, 2025-In person @ Westminster Public Library (50 E Main St)

August 5th, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)

August 6th, 2025-Webinar

September 17th, 2025-In person @ Westminster Public Library (50 E Main St)

October 15th, 2025-Webinar

November 12th, 2025-In person @ Westminster Public Library (50 E Main St)

December 3rd, 2025-Webinar

****Pre-Recorded Session on YouTube: <https://www.youtube.com/watch?v=1nlioLxPweM>**

Original Medicare (Parts A, B, & D), Advantage Plans (Part C), Supplemental Plans (Medigap), Fraud & Abuse, & Medicare Savings Programs.

Transitioning to Medicare Part 2

All workshops start at 5:00pm!! Registration is required!!

July 16th, 2025-In person @ Westminster Public Library (50 E Main St)

August 12th, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)

August 13th, 2025-Webinar

September 24th, 2025-In person @ Westminster Public Library (50 E Main St)

October 22nd, 2025-Webinar

November 19th, 2025-In person @ Westminster Public Library (50 E Main St)

December 10th, 2025-Webinar

****Pre-Recorded Session on YouTube: <https://www.youtube.com/watch?v=zVA4jvmmRQA>**

Take a closer look at Medicare Supplemental Plans and Advantage Plans.

Sponsored by: Carroll County Bureau of Aging & Disabilities: 125 Stoner Ave, Westminster, MD 21157

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event. This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$26,681 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government

Happy 100th Birthday



We would like to wish **Gulla Vandergucht** a wonderful
100th Birthday!

*100 years have come and gone, A
century full of tales to be spun.
Celebrate with joy and glee, Here's
to a life lived beautifully!*

Chinese Auction

**CHINESE
AUCTION**



July 21st - 25th

How does a Chinese auction work?

Here's how it works: Guests purchase bundles of tickets and use them to “bid” on the prizes they want to win. Each prize has its own pot or container, and guests can place as many tickets as they'd like into each one—boosting their chances of winning a specific item.

Winners will be drawn on Monday, July 28th after BINGO!

In the Main Hallway



Puzzle Contest Champs



Congratulations!
1st Place WINNERS
Ann & Nancy

**Next Puzzle challenge
coming in September!**

Summer Fun!!!



*Thank you to all
that performed in
our wonderful
concert!*



Save The Dates For These Upcoming Special Events

JULY:

July 4, Center Closed for July 4th Holiday

July 10, Crab Deck Bus Trip

July 21 - 25, Chinese Auction - Buy tickets and place them in the containers to be drawn. Winners will be drawn after Bingo on July 28th

July 28, 2:30pm, Ice Cream Social after Bingo - You must signup by July 21st to receive an Ice Cream

SEPTEMBER:

Sept. 1, Center Closed for Labor Day Holiday

Sept. 10, Center Closed - "Aging Your Way EXPO" at the Carroll County Ag Center

OCTOBER:

Oct. 13, Center Closed for Columbus Day Holiday

NOVEMBER:

Nov. 27 & 28, Center Closed for Thanksgiving Holiday

NOTE: Travel Office hours:

Monday & Wednesday 9am - 2 pm in the dining room.

Tuesday 9am - 11am *Only when actively signing up participates for trips.

See Office door for hours and up coming trips.



Snack Shop OPEN!!!

Days & Hours: Monday - Friday 9:30 am to 2:30 pm

Every Item \$1.00

Now offering SODA & WATER!

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