

Board of County Commissioners

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Carroll County Government

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FOR IMMEDIATE RELEASE

For more information, contact:
Nancy Ensor, 410-386-3833

Caregiving Course to Teach Fall Prevention & Safety

Westminster, MD, Tuesday, October 16, 2018 – Carroll County Bureau of Aging & Disabilities, in partnership with Carroll Community College, will be offering a series of courses titled “Hands on Skills for Caregivers,” to provide caregivers with helpful information on caring for a loved one in the comfort of their own home. Our next course will teach Fall Prevention and Safety. Objectives include learning to be aware of unsafe conditions, correcting the condition, and taking precautions to avoid problems. During the course, caregivers will practice moving their loved one within the home, such as from bed to chair or wheelchair to toilet using techniques to avoid injuring themselves or their loved one.

Fall Prevention and Safety for Caregivers will be held **Wednesday, October 24th** from 5-8pm at Carroll Community College, 1601 Washington Road, Westminster. Cost is \$35 per course and limited scholarships are available for those who qualify. Call Nancy Ensor at 410-386-3833 regarding scholarships.

To register, visit www.carrollcc.edu/instantenrollment and search course title “Fall Prevention and Safety” or, call Continuing Education and Training at 410-386-8100.

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CARROLL COUNTY

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 as soon as possible but no later than 72 hours before the scheduled event.