

Board of County Commissioners

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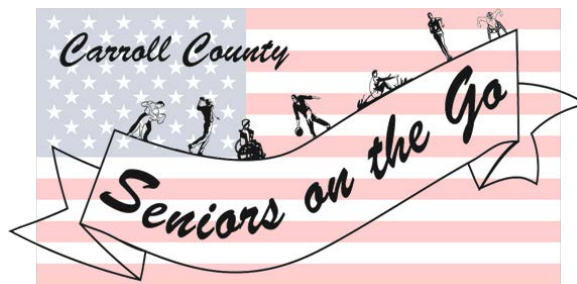
Carroll County Government

225 North Center Street
Westminster, Maryland 21157
410-386-2043; 1-888-302-8978
fax 410-386-2485
MD Relay 711/800-735-2258

FOR IMMEDIATE RELEASE

Contact: Leslie Wagner
410-386-3818

The Carroll County Commissioners Invite You to Join Them at the 12th Annual Seniors on the Go – An Aging & Disabilities Expo



Westminster, Monday, April 3, 2017 – Carroll County Commissioners would like to invite you to the 12th Annual Seniors on the Go – An Aging and Disabilities Expo taking place on Wednesday, April 5th from 9am to 2pm at the Shipley Arena, Carroll County Ag Center. This year we will be celebrating and honoring our Veterans and showcasing Veteran Services Programs and organizations.

This is a wonderful, fun way for older adults, people with disabilities, Veterans and those who care for them to see what is available in their communities. With over 130 vendors, 13 health screenings, 8 program demonstrations, 3 informational seminars, and vendor prize bingo (with over 30 vendor donated prizes), there is something for everyone. Lunch is also available for purchase from 11:00-1:00.

The health screenings area will feature balance screenings, blood pressure screenings, grip strength, and memory assessments. Assessments are also available for Diabetes, fall risk and stroke. Information is also provided on advance directives, Parkinson's disease, breast health and Breast Cancer early detection. In addition we will have seated massages and skin analysis available to detect current skin damage. The Sheriff's Department will also be on-site to collect unused and expired medications. The Hero Dogs program will be showcasing their special, furry companions to Maryland Veterans.

Seminars will include: "What You Need to Know About Nursing Homes and Assisted Living Facilities: Meet your State and Local Long Term Care Ombudsman"; Carroll County State's Attorney's Office sharing, "Scams & Thieves: What Every Senior Should Know to Prevent Becoming

CARROLL COUNTY

ACCESSIBILITY NOTICE: The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600, 1.888.302.8978, MD Relay 7-1-1/1.800.735.2258 or email ada@ccg.carr.org as soon as possible but no later than 72 hours before the scheduled event.

a Victim of Scam"; and VA Benefits and Services 101: Presented by the Carroll County Veteran Services Program.

This free event offers handicap accessible shuttle buses throughout the day with car side pick up and shuttle to the entrance of the Expo. For more information on this event please contact Carroll County Bureau of Aging & Disabilities at 410-386-3800.

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