

# Carroll County Health Department

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**Public Health**  
Prevent. Promote. Protect.

## National Public Health Week April 3<sup>rd</sup>-9<sup>th</sup>

April 3<sup>rd</sup> – 9<sup>th</sup> is National Public Health Week. Like a doctor protects your health, public health professionals help to protect your community.

They promote wellness by encouraging healthy behaviors and making healthy choices easy choices. They make sure food and water supplies are safe. They track disease outbreaks and test vaccines. They develop policies to ensure that people have access to quality health services. Public health saves money and improves quality of life.

The theme of National Public Health Week 2017 is Healthiest Nation 2030 – turning the United States into the healthiest nation in just one generation.

The Carroll County Health Department programs help people quit smoking; provide nutrition assistance for mothers and young children; assist with mental health and substance use issues; provide dental services and hearing and vision screenings for children; monitor food, water, and air quality; prevent and monitor infectious diseases; and much more.

Upcoming programs include an Anti-Rabies Clinic on April 23<sup>rd</sup> from 2-4 pm at the Agricultural Center in Westminster. Licensed veterinarians will administer the rabies vaccine to dogs, cats, and ferrets for just \$7 per pet. Animal must be on a leash or in a carrier. On May 4, from 6-8 pm at Trinity Lutheran Social Hall in Westminster, local experts will provide heroin and opioid prevention education. For more information on these and other health department programs and services, visit <http://cchd.maryland.gov>, like them on [Facebook](#), or call 410-876-2152.

For more information on public health, watch this video from the National Association of County and City Health Officials at <http://www.naccho.org/advocacy/phlogo/video.cfm> or visit <http://www.nphw.org/>.

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