

NEWS FLASH

WESTMINSTER SENIOR AND COMMUNITY CENTER



125 Stoner Ave
Westminster, MD 21157

410-386-3850

westminstersc@carrollcountymd.gov

<https://www.carrollcountymd.gov/seniorcenters>

JULY
2025

Center Summer Hours:

Monday-Thursday

8:00 am to 4:00 pm

Friday

8:00 am to 3:00 pm

Center Closed:

Friday, July 4

INFORMATION STATION

CENTER STAFF



CENTER MANAGER:
KATIE WOODEN

CENTER ASSISTANT:
ESTHER BALDWIN

CENTER CUSTODIAN:



Updating Your Membership Form

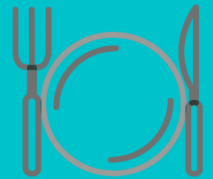
Every Senior Center Member MUST update their membership form YEARLY (around your birthday). This helps us keep our records up to date. If you are unsure if you have updated yet this year please check with Katie!



MEAL PROGRAM



Lunch is served at 11:30 am Monday - Friday



Reservations are required: Reservation Deadlines (RSVPs) are noted for each day. Otherwise, meals cannot be guaranteed. Call 410-386-3854 or see Center Assistant to learn how to sign up. Advanced notice of changes will be given when possible

Cost of lunch for seniors 60 and older is a donation up to \$6.31 for a Hot Lunch or \$7.24 for a Cold Lunch. Those 59 and younger must pay the full price of \$6.31 for a Hot Lunch or \$7.24 for a Cold Lunch. Spouses of adults over 60, regardless of age, may give a donation if they accompany their spouse. If they are not, they must pay full price if under 60.

Interested in Volunteering?

Stop by the front desk to pick up a Volunteer Application.



DON'T FORGET TO SIGN ON THE TOUCH SCREEN EACH TIME YOU COME TO THE CENTER!

HOT Lunches *Westminster Senior Center* JULY 2025

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = **HOT LUNCH** Donation Up To \$6.31, includes accompanying younger spouses;

Under 60 Years Old = **Full Price \$6.31**, Paid Directly To Assistant Director **NAME:**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	RSVP 6/25/25 MEAT LOAF / GRAVY HERB ROASTED POTATOES CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES	RSVP 6/25/25 PORK LOIN W/ DIJON CREAM SAUCE (NEW) PEAS & MUSHROOMS GARLIC MASHED POTATOES WHEAT BREAD FRUIT COCKTAIL	SPECIAL RSVP 6/25/25 CHEESEBURGER ON ROLL WITH GARNISH BAKED BEANS PEPPER SLAW WATERMELON PIE	 Wishing you a great Fourth of July!
RSVP 7/1/25 SALISBURY STEAK GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD AMISH BEAN SALAD	RSVP 7/1/25 WHITE BEAN CHICKEN CHILI YELLOW RICE PILAF CORNBREAD APPLESAUCE	SPECIAL RSVP 7/1/25 ITALIAN COLD CUT PROVLONE CHEESE ON CLUB ROLL GARNISH & DRESSING POTATO SALAD COLE SLAW FRUIT COCKTAIL	RSVP 7/1/25 PINEAPPLE GLAZED HAM AUGRATIN POTATOES ROASTED CARROTS WHEAT BREAD PINEAPPLETIDBITS	RSVP 7/1/25 CHICKEN W/ CREAMY ARTICHOKE SAUCE LEMON RICE PILAF SEASONED BEANS WHEAT BREAD CINNAMON APPLE SLICES
RSVP 7/8/25 LENTIL & SPINACH SOUP TUNA SALAD SANDWICH CORN & EDAMAME SALAD APPLESAUCE MILK	RSVP 7/8/25 “CRYIN JOHNNY’S HOT DOG TRUCK” HOT DOG WITH CHOICE OF TOPPINGS & ROLL VEGGIES FRUIT CUP JUICE AND MILK FOOD TRUCK	RSVP 7/8/25 CREAMY CHICKEN PICCATA BROWN RICE BUTTERED CARROTS WHEAT BREAD GREEN PEA & RED PEPPER SALAD CHOCOLATE MILK	RSVP 7/8/25 HAMBURGER W/ PEPPER JACK CHEESE ON ROLL LETTUCE / TOMATO KETCHUP BROCCOLI SLAW TROPICAL FRUIT YOGURT	RSVP 7/8/25 TUNA NOODLE CASSEROLE WHEAT BREAD CHICK PEA SALAD HOT CINNAMON APPLES MILK
RSVP 7/15/25 CHICKEN BREAST W/ TARRAGON SHALLOT CREAM RICE PILAF PEAS & CARROTS WHEAT BREAD CHICKPEA SALAD	SPECIAL RSVP 7/15/25 BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE	RSVP 7/15/25 (NEW) TURKEY FLORENTINE CASSEROLE LEMON RICE PILAF WHEAT BREAD MANDARIN ORANGES JUICE & YOGURT	RSVP 7/15/25 SPLIT PEA SOUP CHICKEN CAESAR SALAD CORNBREAD LOAF WHEAT BREAD HOT SPICED APPLES	RSVP 7/15/25 FISH FILLET ROLL SUCCOTASH FRUIT JUICE / MILK
RSVP 7/22/25 (NEW) CHICKEN DIVAN BROWN RICE WHEAT BREAD DICED PEACHES JUICE	RSVP 7/22/25 SLICED CORN BEEF MUSTARD DILL SAUCE MASHED POTATOES RED CABBAGE CORN & PEA SALAD WHEAT BREAD TROPICAL FRUIT	RSVP 7/22/25 (NEW) INDIAN BUTTER CHICKEN BROMBAY BROWN RICE INDIAN CUCUMBER TOMATO & ONION SALAD WHEAT BREAD MANDARIN ORANGES	RSVP 7/22/25 CHEESE PIZZA SALAD MIX / DRESSING FRUIT JUICE / MILK	1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch

COLD Lunches *Westminster Senior Center* JULY 2025

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$7.24**, includes accompanying younger spouses;

Under 60 Years Old = **Full Price \$7.24**, Paid Directly To Assistant Director

Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.

Write name on the menu & turn in white copy.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RSVP BOX LUNCH NOT AVAILABLE	RSVP ¹ BOX LUNCH NOT AVAILABLE	RSVP 7/22/25 ² CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	RSVP 7/22/25 ³ BOX LUNCH NOT AVAILABLE	CLOSED ⁴
RSVP ⁷ BOX LUNCH NOT AVAILABLE	RSVP 7/1/25 ⁸ TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	RSVP ⁹ BOX LUNCH NOT AVAILABLE	RSVP 7/1/25 ¹⁰ BOX LUNCH NOT AVAILABLE	RSVP ¹¹ BOX LUNCH NOT AVAILABLE
RSVP ¹⁴ BOX LUNCH NOT AVAILABLE	RSVP ¹⁵ BOX LUNCH NOT AVAILABLE	RSVP 7/8/25 ¹⁶ CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	RSVP ¹⁷ BOX LUNCH NOT AVAILABLE	RSVP ¹⁸ BOX LUNCH NOT AVAILABLE
RSVP ²¹ BOX LUNCH NOT AVAILABLE	RSVP ²² BOX LUNCH NOT AVAILABLE	RSVP ²³ BOX LUNCH NOT AVAILABLE	RSVP 7/15/25 ²⁴ EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	RSVP ²⁵ BOX LUNCH NOT AVAILABLE
RSVP ²⁸ BOX LUNCH NOT AVAILABLE	²⁹	³⁰	³¹	

Daily Activities

Activity	Time	Cost	Location
Billiards	8:00 am - 3:45 pm	None	Billiards Room
Computer Lab	8:00 am - 3:45 pm	None	Computer Lab
Exercise Equipment Room	8:00 am - 3:45 pm	None	Exercise Room
Bingo Penny Bingo	9:00 - 11:00 am	Penny per card	Game Room
Morning Table Talk Catch-up, Relax, Enjoy Coffee with your senior center friends.	9:00 - 11:00 am	None	Dining Room
Lunch	11:30 am	See menu for reservation deadlines & directions.	Dining Room
Walk the WSC Walking Path	8:00 am - 3:45 pm	Free	Backyard

*All Activities are subject to change without notice.

Arts & Crafts Activities

Activity	Day	Time	Cost	Session Info/Location
Painting & Drawing All skill levels & medium forms. Instructor led class.	Mondays	12:30 - 3:00 pm	\$25	8 Weeks Next Session begins: July 7, 2025
Stained Glass – Space is limited-more info to come once space is available	Tuesdays, Wednesdays & Thursdays	T: 8:15 - 12:00 pm W: 8:15 - 12:00 pm Th: 12:00 - 3:45pm	\$15 one-time fee plus \$2 each class for materials	Craft Room
Clay Crafters – Space is limited-more info to come once space is available	Tuesdays	12:00 - 3:30 pm	\$15 one-time fee plus \$2 each class for materials	Ceramic Room
Quilting Circle & Smiling with Stitches – Quilting & Project Linus blanket community service group.	Thursdays	9:00 - 11:00 am	None	Craft Room; Must supply own material
NEW! Greeting Card Crafts Come make greeting cards, for all skill levels.	3rd Wednesday of each month	1:00 - 2:30 pm	\$15 for 3 cards	Craft Room Next Class: Wednesday, July 16

Exercise Classes

Activity	Day	Time	Cost	Session Info
Dance Fitness (<i>Low Intensity</i>) Fun music & dance moves for staying fit!	Monday, Wednesday, & Fridays	8:45 - 9:45 am	\$35/month ; includes Mon, Wed, & Fri	Session runs Monthly; 3x Weekly
Arthritis Exercise Class (<i>Low Intensity</i>)	Mondays	1:00 - 2:00 pm	Grant Funded	12 weeks Next Session Begins: July 7, 2025
Arthritis Exercise Class (<i>Low Intensity</i>)	Thursdays	1:00 - 2:00 pm	Grant Funded	12 weeks Next Session Begins: July 3, 2025
NEW DAY! Zumba Gold (<i>Moderate Intensity & Coordination</i>) With modifications for chair use!	Mondays starting July 7th	10:15 am-11:15 am	\$35	10-12 Weeks Next Session Begins: On Monday July 7th
NEW! Strength & Mobility <i>Low to Moderate Intensity</i>	Tuesdays	1:00 pm - 2:00 pm	Donation	8 Weeks Session Began: June 3, 2025
Yoga With modifications for chair use	Wednesdays	10:00 - 11:00 am	\$40	8 weeks Next Session Begins: August 6, 2025
Line Dance Class (<i>Moderate Intensity & Coordination</i>)	Thursdays	10:00 - 11:30 am	\$35 Includes Monday practice class	10-12 Weeks Session Began: May 22, 2025
NEW DAY! Line Dance Practice	Tuesdays starting July 8th	10:30 - 11:30 am	Included with Thursday's Class Fee	
Stretch & Strength Exercise Uses exercise videos	Tuesdays & Thursdays	T: 9:00 - 10:00 am Th: 8:45 - 9:45 am	Free	Drop-in
Walking Indoor Exercise Walk & stretch to Leslie Sansone exercise videos	Monday, Wednesday, & Fridays	M: 2:00 - 3:00 pm W: 1:30 - 2:30 pm F: 1:30 - 2:30 pm	Free	Drop-in
Pickleball Must have own equipment	Mondays, Wednesdays & Fridays	8:30 am - 11:30 am	\$10 one-time fee; Pay at WSC	Meets at Robert Moton Center Gym

*Start dates for sessions are subject to change. Please contact the Center with any questions.

Cards, Games & Entertainment

Activity	Day	Time	Session Info/Location
Carroll County Duplicate Bridge ACBL Sanctioned, Experienced Play	Mondays	11:30 am - 3:30 pm	Game Room; Sanctioned Play Dues
Pinochle	Fridays	11:30 am - 2:45 pm	Game Room
Progressive 500 Card	Wednesdays	11:30 - 3:30 pm	Game Room
Hand & Foot Card Game	Tuesdays	11:15 am - 3:30 pm	Game Room
Mahjong	Thursdays	12:30 - 3:30 pm	Game Room
Thinking Power Test your memory	Tuesdays	10:00 - 11:00 am	Dining Room
Wii Games: Bowling	Wednesdays	10:00 - 11:00 am	Dining Room TV
Prize Bingo: Come play for fun prizes!	Fridays	12:30 - 2:00 pm	Dining Room *No Prize Bingo on July 18

*All Activities are subject to change without notice.

Upcoming Special Events

Program	Date	Time	Session Info
Legal Aid	Wednesday, July 2	1:00 pm - 4:00 pm	Free; no appointment needed, just stop in!
Nutrition with Terry Serio	Thursday, July 3	10:00 am	Join us for a monthly nutrition program
4th of July Lunch	Thursday, July 3	11:30 am	Reservations required for lunch
Postage Stamp Collector Club	Thursday, July 10	11:00 am - 12:00 pm	Free in the Craft Room
Greeting Card Craft	Wednesday, July 16	1:00 - 2:30 pm	See flyer for details
Senior Night Out	Tuesday, July 22	4:00 - 7:00 pm	See flyer for details
July & August Birthday Treat @ Lunch	Wednesday, July 23	11:30 am	Reservations required for lunch
Senior Day @ the 4H Fair	Thursday, July 31	11:30 am	See flyer for details

*Special Events are subject to change without notice.

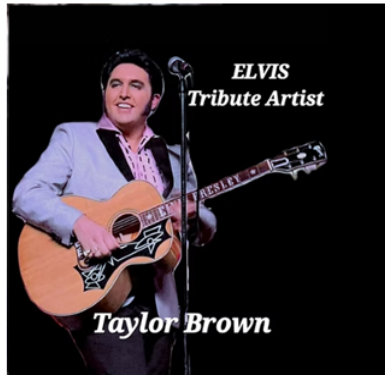
The Carroll County Bureau of Aging and Disabilities would like to invite you to join us for:
Senior Day at the 4-H Fair



July 31, 2025



Featuring
the musical talents of
Elvis Tribute Artist: Taylor Brown



Taylor Brown is an Elvis Tribute Artist who has been bringing the King's legendary energy to life since 2012. With every performance, Taylor recreates the excitement of an authentic Elvis show, guaranteed to have you tapping your feet and singing along. He's a favorite across Maryland and along the East Coast, even earning a fantastic 2nd place finish at the prestigious Lake George Elvis Festival!
Prepare for a high-energy, fun-filled tribute that truly celebrates the magic of Elvis.

Schedule of Events

<u>Thursday, July 31st</u>	<u>Friday, August 1st</u>
7:30 - 8:30 am - Senior exhibits may be entered in Blizzard Hall. For pre-registrations information, you may contact your local senior center. Pre-registrations will be accepted from Monday, July 28, 2025 through Wednesday, July 30, 2025 at 1:00 pm. Pre-registrations are limited to 5 per person.	9:00 am - 11:00 am - Senior Exhibits open for display Noon - Senior Exhibits Released Note: All exhibits must be picked up at the fair on Friday Aug 1 between 11:30 am and 12:30 pm. Items not picked up by 12:30 pm will be taken to the Bureau of Aging & Disabilities - 125 Stoner Ave, Westminster, MD 21157 to be picked up beginning Aug 4th.
9:00 to 11:30 am - Judging of senior entries	Contact your local senior center for entry rules, exhibit categories, registration paperwork or questions.
11:30 am - Senior exhibits open for display until 10:00 pm and Friday, August 1, 9:00- 11:00 am	Mt Airy - 410-386-3961 North Carroll - 410-386-3900 South Carroll - 410-386-3700 Taneytown - 410-386-2700 Westminster - 410-386-3850
12:30 - 1:30 pm - Entertainment by Elvis Tribute Artist: Taylor Brown under the big white tent!! Refreshments will be served.	

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600, 1.888.302.8978, MD Relay 7-1-1/1.800.735.2258 as soon as possible but no later than 72 hours before the scheduled event. Email: ada@carrollcountymd.gov

Senior Night Out

Tuesday, July 22

4:00 pm - 7:00 pm

Dinner @ 5:00 pm

Dinner Menu:

Spaghetti & Meatballs

Caesar Salad

Fruit

Roll

Milk & Juice

**Entertainment @ 6:00 pm:
September Song; preview
performance of The Hunchback of
Notre Dame**

**Cost- 60 & Older: Donation
Under 60: \$6.31**

**Sign up by 10:00 am on July 16 at
the front desk**

Understanding the progression of U.S. postal stamps from concept to use.

Prior to 1847 Stamp-less mail was handled by private mail carriers, provisional post offices and by ships captains. Letters were hand stamped and could be paid upon delivery of the letter if not paid by the sender. Ships captains who carried mail would, upon arrival at the port, advertise in the local paper, listing the names of individuals who had mail. In 1842 the first carrier service was the City Dispatch Post in New York.

Stamp-less mail was eventually phased out with the arrival of the adhesive postage stamp in July, 1847.

Essays:

Once a requirement for a stamp was decided, it went through a variety of steps before reaching post offices. Requests were made for the designs of the stamp which were submitted to postal authorities for consideration. They were basically trial designs.'

Proofs:

Once a design is selected it was sent as a trial proof for design approval. These proofs were trial printings before going into production. They were printed on card or India paper. There are quite a variety of proof styles.

Specimens:

Specimen stamps were sample stamps and were printed with the word "Specimen" on U.S. stamps as they were not to be used as postage. These were sent to postal unions to show what a valid stamp should look like.

Essays, proofs and specimens are collectable by many stamp enthusiast's as they are not as popular for collection and are therefore less expensive.

Photos show a stamp-less letter from 1838, an Essay stamp of Scott 114 along with the final version released to post offices, a Proof stamp of Scott 3, and a Scott 77 "Specimen" (stamped in red ink) next the actual stamp.



NEW CLASS!

Let's Make Some Cards!

Greeting Card Crafts



Wednesday, July 16
1:00 - 2:30 pm
in the Craft room

Cost: \$15.00 for 3 Cards

Supplies for cards will be provided.

*Bring adhesives
of your choice!*

Come make greeting cards with our newest instructor Arleen. This class will be held on the 3rd Wednesday of each month.

**If you are interested in taking the class please let
Katie know by 10 am on Friday, July 11.**

Payment will be collected on the day of the class.

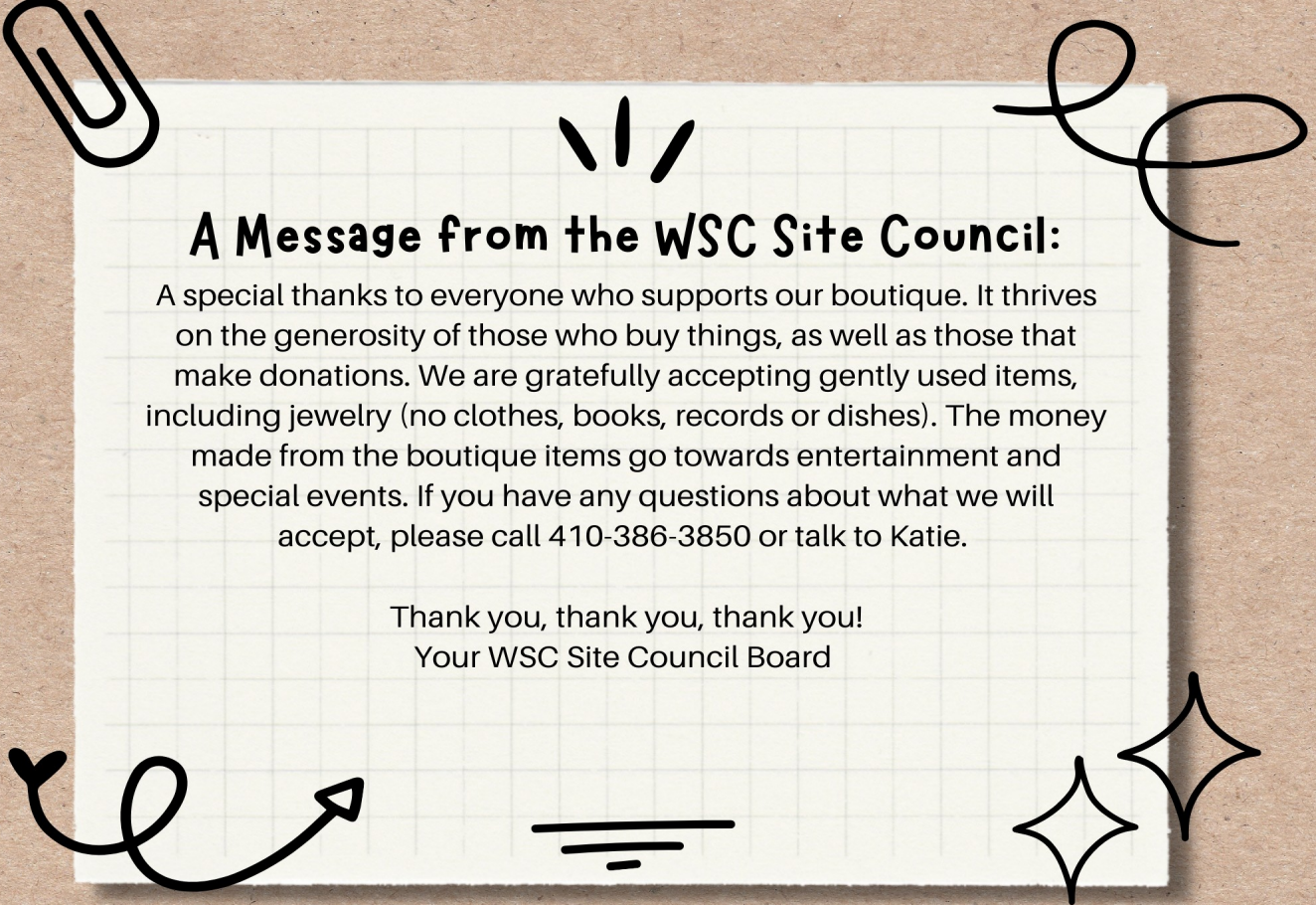


Essential Home Goods Bingo

Wednesday, July 9 at 12:30 pm
in the Dining Room

Let's have some fun! Come join Lisa
for bingo and have a chance to win
home good prizes like paper towels,
toilet paper, dish soap and more!

Bingo prizes requested by center members. No
sign up necessary, just come by for a fun time!



A Message from the WSC Site Council:

A special thanks to everyone who supports our boutique. It thrives on the generosity of those who buy things, as well as those that make donations. We are gratefully accepting gently used items, including jewelry (no clothes, books, records or dishes). The money made from the boutique items go towards entertainment and special events. If you have any questions about what we will accept, please call 410-386-3850 or talk to Katie.

Thank you, thank you, thank you!
Your WSC Site Council Board

All Aboard the Strasburg Railroad!

Lancaster, PA

Tuesday, September 23, 2025

Includes train ride and lunch at Hershey Farms Restaurant

Family Style Lunch Menu: Fried Chicken, Roast Beef, Baked Ham, Mashed Potatoes, Bred Filling, Green Beans, Buttered Corn, Sweet & Sour Relishes, Homemade Rolls, Shoo-fly Pie, Apple Pie, and hand-dipped Vanilla Ice Cream.



Cost: \$85.00 per person

Bus Leaves WSC at 8:30 am &
Returns to WSC by 4:00 pm

Sign up begins July 1st

If interested, please sign up at the Front Desk. Payment due at time of sign up! Payment will be held until day of the trip.

All trip times, cost & package offers are subject to change depending on participation and weather.

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Americans with Disabilities Act Coordinator, 410.386.3600, 1.888.302.8978, MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.



Age-Friendly Carroll County Focus Group

As a Senior and Community Center member, are you interested in voicing your views on making Carroll County friendlier for all ages? Carroll County has joined the AARP Network of Age-Friendly States and Communities. We want Carroll County to be the place that everyone will choose to live, grow and stay as they age. Your input is essential in identifying gaps and barriers in services for older citizens and those with disabilities and prioritizing needs. Please bring your phone or tablet with you to the session. Coffee and light snacks will be available.

Please sign up for one of the following 90 minutes sessions by contacting Lois Romeo lromeo@carrollcountymd.gov or 410-386-3830 with your choice of session, contact information and any special accommodations:

Westminster Senior and Community Center
125 Stoner Ave, Westminster, MD 21157
Wednesday, July 16, 2025 At 9:30 A.M

South Carroll Senior and Community Center
5928 Mineral Hill Rd., Sykesville, MD 21784
Thursday, July 24, 2025 at 9:30 A.M.

Looking forward to hearing from older residents across the county!

Help us Design & Build Age-Friendly Carroll County

We want deep roots that allow Carroll County to be a place that everyone will choose to live, work and play as they age.

Help us build the priorities for our future by taking the survey* by September 15th

https://carrollcountymd.qualtrics.com/jfe/form/SV_aVP8njulgrT1peC



***Survey is available in
English and Spanish**



Turning 65 or retiring soon and not sure what to do about Medicare??

Carroll County's State Health Insurance Assistance Program (SHIP) is here to help!

We invite you to attend our free informational Transitioning to Medicare workshops to learn more.

We offer these two-part workshops monthly in collaboration with the Carroll County Public Library.



SHIP
State Health Insurance
Assistance Program

Navigating Medicare



SMP
Senior Medicare Patrol

Preventing Medicare Fraud

Please register for live sessions at:

<https://ccpl.librarymarket.com/events/month>

****Pre-Recorded sessions can also be accessed at any time using the links listed below.**



Transitioning to Medicare Part 1

All workshops start at 5:00pm!! Registration is required!!

July 9th, 2025-In person @ Westminster Public Library (50 E Main St)

August 5th, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)

August 6th, 2025-Webinar

September 17th, 2025-In person @ Westminster Public Library (50 E Main St)

October 15th, 2025-Webinar

November 12th, 2025-In person @ Westminster Public Library (50 E Main St)

December 3rd, 2025-Webinar

****Pre-Recorded Session on YouTube: <https://www.youtube.com/watch?v=1nlioLxPweM>**

**Original Medicare (Parts A, B, & D), Advantage Plans (Part C), Supplemental Plans (Medigap),
Fraud & Abuse, & Medicare Savings Programs.**

Transitioning to Medicare Part 2

All workshops start at 5:00pm!! Registration is required!!

July 16th, 2025-In person @ Westminster Public Library (50 E Main St)

August 12th, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)

August 13th, 2025-Webinar

September 24th, 2025-In person @ Westminster Public Library (50 E Main St)

October 22nd, 2025-Webinar

November 19th, 2025-In person @ Westminster Public Library (50 E Main St)

December 10th, 2025-Webinar

****Pre-Recorded Session on YouTube: <https://www.youtube.com/watch?v=zVA4jvmmRQA>**

Take a closer look at Medicare Supplemental Plans and Advantage Plans.

Sponsored by: Carroll County Bureau of Aging & Disabilities: 125 Stoner Ave, Westminster, MD 21157

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event. This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$26,681 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government

Upcoming Westminster Senior Center 2025 Bus Trips

Hickory Bridge Trip: Lunch & Christmas Show

Ortanna, PA

Tuesday, December 16, 2025

Cost: \$80.00 per person includes Show Ticket

Sign up begins September 1st

See trip flyer at center for more information!



NOTE:

Payment due on day of sign-up

Payment will be held until date of trip.

Sign up in person by the Deadline Date.

Costs are non-refundable, except in the case of illness or family emergency

All others-refunds will be made if you find someone to purchase your seat.

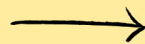
The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Americans with Disabilities Act Coordinator, 410.386.3600, 1.888.302.8978, MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.

Inclement Weather Policy for Carroll County Senior Centers

Senior and Community Centers are **OPEN** at 8:00 am in inclement weather **UNLESS**:

The **Carroll County Government Offices are closed** then the **Carroll County Senior Centers are closed.**

The **Carroll County Government opens late or closes early** then the **Carroll County Senior Centers open late or close early.**



- Modified meals may be served
- Call your Senior Center to see if programs/classes have been cancelled
- **Carroll Transit System (CTS) may run on a modified schedule. Please call them to confirm or cancel your ride.**

CTS: 410-386-5550

*Please note- decisions regarding the operating schedules of the Carroll County Senior Centers are based only on the Carroll County Government. The Senior Centers do not follow the Carroll County Public School System operating schedules.

For info on closures and delays listen to local radio or TV stations, visit the Carroll County Government website or call your Senior Center.

Trailblazer Shuttle Riders- Please follow the postings specific to Carroll Transit System delays and closings.