

## Commission on Aging & Disabilities Meeting

Meeting Date: December 9, 2015

Start Time: 10:30 am

Location: Bureau of Aging & Disabilities Library

Chairperson: Lorna Rice

Vice-Chair: Ed Leister

| Topic  | Discussion   |
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| <b>Attendance</b>  | <b>Oscar Baker, Kimberly Boucher, Larry Burbank, Robert Coen, Jan Flora, Karen Gauvin, Erin Inman, Diann Linton, Lorna Rice, Gail Riley, Hermine Saunders, Peter Turner, Gina Valentine, Patty Whitson, Brad Zebal</b>   |
| <b>Acronyms</b>  | <b>AAA</b> - Area Agency on Aging, <b>ADA</b> - American's w/Disabilities Act, <b>ADL</b> - Activities of Daily Living, <b>AIP</b> – Aging in Place, <b>BCC</b> – Board of County Commissioners, <b>BOAD</b> - Bureau of Aging and Disabilities, <b>COAD</b> – Commission on Aging and Disabilities. <b>CTS</b> – Carroll Transit System, <b>CIL</b> - Center for Independent Living, <b>DHMH</b> - Maryland Department of Health and Mental Hygiene, <b>FFP</b> – Federal Financial Participation, <b>LTCO</b> - Long Term Care Ombudsman, <b>M4A</b> - Maryland Association of Area Agencies on Aging, <b>MAP</b> - Maryland Access Point, <b>MFP</b> -Money Follows the Person, <b>MOU</b> – Memorandum of Understanding, <b>MWOA</b> - Medicaid Waiver for Older Adults, <b>NED</b> - Non-Elderly Disabled, <b>NFCSP</b> - National Family Caregiver Support Program, <b>OAA</b> - Older Americans Act, <b>OHCQ</b> - Office of Health Care Quality, <b>SALGHS</b> - Senior Assisted Living Group House Subsidy program, <b>SHIP</b> - State Health Insurance Program, <b>SIP</b> - Senior Inclusion Program, <b>SMP</b> - Senior Medicare Patrol, <b>SPDAP</b> - Senior Prescription Drug Assistance Program, <b>VTV</b> – Village to Village |
| <b>Call to Order and Approval of Minutes-</b><br>Lorna Rice  | Lorna Rice requested approval of the November 2015 minutes as submitted. Gail Riley motioned 1 <sup>st</sup> and Hermine Saunders 2 <sup>nd</sup> for approval. All were in favor to approve as submitted.   |
| <b>Service Awards-</b><br>Erin Inman   | Lorna Rice and Oscar Baker were presented plaques for their service to the Commission on Aging & Disabilities.   |
| <b>Citizen Services &amp; Bureau of Aging &amp; Disabilities-</b> Gina Valentine, Patty Whitson & Erin Inman | <p><u>Bureau of Aging &amp; Disabilities, Gina Valentine</u> – The Medicaid Waiver Registry will close on December 31, 2015. Individuals will no longer be able to call and find out what number they are on the statewide registry. As of January 1, 2016, individuals who wish to be added to the registry must contact the MAP staff at the BOAD to complete the Level One screen. The Level One screen is a standardized assessment that is designed to determine the service needs of an individual. Once the Level One screen is complete, their score is ranked by their level of need. The new process is designed to identify those with the highest level of need and reduce wait time on the registry list.</p> <p>In July the BOAD assumed the responsibility for all Veteran's shuttle registrations. In order for someone to register for the Veteran's Shuttle proof of residency and Veteran status is required. There are currently 150 Veterans registered for the shuttle. The Veteran's shuttle currently operates two vans and serves approximately 40-50 passengers per month. Plans are in place to purchase a third van.</p>   |

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A Living Well Chronic Disease Self-Management (CDSMP) Workshop will be offered on Mondays, January 11<sup>th</sup>-February 16<sup>th</sup>, 2016 from 1:00- 3:30 PM at the Finksburg Library. The BOAD is looking for volunteers interested in training to become Certified CDSMP Lay Leaders. The BOAD will offer Lay Leader training for the Living Well CDSMP workshop at the Westminster Senior Center, on Mondays and Wednesdays, February 22<sup>nd</sup>, 24<sup>th</sup>, 29<sup>th</sup> & March 2<sup>nd</sup>, 2016. The training is free of charge; however, registration and attendance at all four sessions is required.

Medicare Open Enrollment ended December 7<sup>th</sup>. The SHIP Program Coordinator, Tina Herrero-Backe and volunteers were booked through the open enrollment period.

Crisis Intervention Trained (CIT) Officers are available at the Carroll County Sheriff's Office and the Westminster City and Manchester Police Departments. The CIT Officers are available on request and have been trained to de-escalate crisis situations.

The Hoarding Task Force has been working to identify a specially trained professional organizer who is willing to work with clients in Carroll County. The goal of the task force is to help individuals create a safe environment and remain in their homes.

A new Case Manager will be starting with the Waiver unit on December 31, 2015. This position was vacant due to the internal promotion of another staff member.

Federal Financial Participation (FFP) will replace the BOADs current source of MAP funding. Through FFP staff will be able to bill for Medicaid related activities. More information will be shared as it becomes available.

Citizen Services & Senior & Community Centers, Patty Whitson – Ms. Christine Kay has been hired by the BCC, effective January 7, 2016, to serve as the new Director of Citizen Services. Copies of the five Senior & Community Center newsletters were made available for attendees.

Seniors on the Go- An Aging & Disabilities Expo, Erin Inman – The 11<sup>th</sup> annual Seniors on the Go – An Aging & Disabilities Expo will be held on Wednesday, April 6, 2016 from 9:00 AM – 2:00 PM at The Shipley Arena, Carroll County Agricultural Center. To date, 22 vendors have registered as exhibitors for the Expo. Approximately 1,600 people attended the event last year. The COAD has approximately 750 pocket magnifiers left over from last year's Expo and \$388.82 remaining in the COAD's budget which can be used to purchase additional pocket magnifiers or

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|                                   | <p>another item for the Expo. An Expo Subcommittee was created and Peter Turner agreed to serve as Chair. Bob Coen, Gail Riley, and Larry Burbank also agreed to work on the subcommittee.</p>  |
| <b>Old Business</b>               | <p><u>Chair/Vice Chair Nominations &amp; Vote for 2016</u> – Nominations for Chair/Vice Chair for 2016 were conducted via email and an additional nomination was made at this meeting.<br/>Members recommended for nomination were: Hermine Saunders, Ed Leister, and Bob Coen.<br/>Members declining any nomination were: Hermine Saunders</p> <p>Bob Coen was asked to accept the nomination of Chair of the Commission on Aging and Disabilities to which he said yes. Ed Leister was asked via email to keep his position of Vice Chair to which he said yes. Bob Coen was unanimously voted as Chair for 2016 and Ed Leister was unanimously voted as Vice Chair for 2016.</p> <p><u>Member Recruiting Update, Erin Inman</u> – The COAD is currently in need of representatives from Finksburg, Mt. Airy, Union Bridge, New Windsor and a family representative for developmental disabilities. Letters and applications were sent to 8 potential applicants. Three individuals from Westminster, Sykesville and Manchester submitted their applications. The applications were sent to the BCC for consideration on 10/14/15 and 11/9/15.</p>  |
| <b>Area Reports/Announcements</b> | <p><u>Veteran’s Report, Larry Burbank</u> – The SS John W. Brown, Carroll County Veteran’s Cruise, has been rescheduled and confirmed for October 1, 2016. Larry will provide additional information as it becomes available. Larry attended Winters Mill High School’s Veteran’s Day program on November 11<sup>th</sup>. Breakfast was provided to attendees and Larry displayed some of his Army aviation items and a 50<sup>th</sup> anniversary Vietnam banner. Larry recently interviewed Mr. Charles Young for the Community Media Center. Two additional interviews have been scheduled for spring 2016. Larry presented a DVD copy of the Charles Young interview and Larry’s notes are available upon request.</p> <p><u>Carroll County Health Department, Karen Gauvin</u> – Confirmed flu cases have been reported in Maryland. If you know of someone who needs the flu shot but is unable to pay for the vaccine, assistance is available through the CCHD.</p> <p><u>Hampstead, Kimberly Boucher</u> – The new health and wellness group in Hampstead will be holding their second meeting the 2<sup>nd</sup> week in January the topic will be adrenal fatigue and alternative measures to increase vitality.</p> |
| <b>Next Meeting Date</b>          | <b>Next meeting date is Wednesday, January 13, 2016 at 10:30 am at the Bureau of Aging &amp; Disabilities Library</b>   |