

Commission on Aging & Disabilities Meeting

Meeting Date: September 13, 2017

Start Time: 10:00 am

Location: Westminster Senior Center Multi-Purpose Room

Chairperson: Hermine Saunders

Vice-Chair: Ed Leister

Topic	Discussion
Attendance	Larry Burbank, Val Cioeff, Bob Coen, Ruth Doxzen, Arthur Frotton, Ed Leister, Diann Linton, Elizabeth MacDougall, Jim McCarron, Rich Ottone, Renee Patterson, Gail Riley, Heather Robb, Hermine Saunders, Celene Steckel, Leslie Wagner, Carol Wheatley
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities. CTS – Carroll Transit System, CIL - Center for Independent Living, DHMH - Maryland Department of Health and Mental Hygiene, FFP – Federal Financial Participation, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village
Call to Order- Hermine Saunders	Hermine Saunders welcomed everyone and introductions were made. New members were advised that the Commission on Aging & Disabilities is an open meeting and all minutes and agendas are posted online. Anyone can attend but only members are allowed to vote.
Old Business – Hermine Saunders	<u>New Member Recruiting, Celene Steckel</u> – Currently the only open position is for a family member of an individual with a disability. If you know of someone please contact Celene.
Approval of Minutes – Hermine Saunders	Hermine Saunders requested approval of the July 2017 minutes as submitted. Gail Riley motioned 1 st and Art Frotton 2 nd for approval. All were in favor to approve as submitted.
Staff Presentation- Celene Steckel	<p><u>N4A Conference Update, Celene Steckel</u> – National Association for Area Agencies on Aging (N4A)</p> <ul style="list-style-type: none"> • The SHIP program, which provides Medicare counseling with one paid staff and 8 volunteers, is currently unfunded. If the funding is cut then we will have to look at other funding sources for this important program. N4A is lobbying and has forwarded guidance via an email on how to communicate with elected officials. Hermine has asked that the email be forwarded to all Commission members. • Many innovative ideas were presented. Celene shared that many of the programs and services that we offer through the Carroll County Bureau of Aging & Disabilities and Senior Centers are not only innovative in Maryland, but nationwide. • One such idea was a program where volunteers can visit seniors in their homes and assist in setting up computers, smart devices and phones. We offer similar teachings at our senior centers but this would provide on-site visits. All volunteers have been screened with a background check. <p><u>MaCO Update, Celene Steckel</u> – Maryland Association of Counties</p> <ul style="list-style-type: none"> • New initiative “Dementia Friendly America” is nationwide and Celene would like to bring to Carroll County. By the year

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	<p>2030, there is projected to be over 60,000 Carroll County citizens over the age of sixty. Dementia Friendly America would be a community movement, whereas businesses would brainstorm on ways to be welcoming to those experiencing dementia. Celene will go before the Board of County Commissioners next Thursday to ask for their approval. If approved, the Commission on Aging & Disabilities would look for ways that businesses can be more dementia friendly. An example given was a grocery chain would register citizen volunteers that will become a dementia friend after watching a few short educational videos. These dementia friends would then sit and have coffee in a designated area of the store while the caregiver is shopping.</p> <p><u>AIP – Current Programs and Wish List, Celene Steckel –</u></p> <ul style="list-style-type: none"> • Next Thursday, September 21st at 10am, Celene, Christine Kay and Gina Valentine will go before the Board of County Commissioners to present on a review of programs and services currently offered at the Bureau as well as new programs they could offer as part of Aging in Place in Carroll County. • In addition to Dementia Friendly America, they would like to have a durable medical equipment re-use and repair center. The Bureau could work with local Lions Clubs, who may be able to assist in delivery. This center would be a one-stop, part-time shop and would be coordinated by volunteers as well as an opportunity for supportive employment with Change, Arc and SIP. Services provided would be cleaning of equipment, intake, and distribution. She will be visiting Howard County’s Loan Closet on Friday. • As part of the AIP Wish List, a paid Volunteer Coordinator position. This would expand volunteer services like Caring Carroll, who have 120 volunteers, and could offer in-kind support. The volunteer program would include a time-bank system database with an exchange of volunteer services by hour.
<p>New Business – Hermine Saunders</p>	<p><u>Liaison role to BOAD program staff, Hermine Saunders</u> – Hermine asked the members to be thinking about what areas of BOAD they would like to link with.</p> <p><u>Long Term Advisory Council (LTAC) Health & Wellness Cluster Update, Ed Leister and Bob Coen</u> – Guidelines and direction have been relayed to the Council and clusters. Ed Singer, Health Officer for Carroll County, is the director of the Health & Wellness Cluster. Social determinants of health were discussed. This is an important topic in many communities and BOAD impacts those areas and works with Carroll Hospital as it relates to the Aging & Disabilities population.</p>
<p>Bureau of Aging & Disabilities – Celene Steckel</p>	<p><u>Staffing Update, Celene Steckel</u> –</p> <ul style="list-style-type: none"> • Veteran Services Program – 2 vacancies. • North Carroll Senior Center Assistant Manager – Susan Jones will begin September 21st. • Office Technician – Barry’s old job. They are currently interviewing. <p><u>Senior Inclusion Program, Rich Ottone</u> –</p> <ul style="list-style-type: none"> • Two clients have passed away. One had retired last year and one was currently attending. They will be having a memorial services for both at the senior center so that clients and staff can attend.

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<p>Area Reports – COAD Members</p>	<p><u>Larry Burbank, Veterans</u> – October 21st and 28th 10am – 2pm the Veterans History Project will be interviewing Carroll County Veterans at the Community Media Center. These interviews will be aired on local Comcast channel 19 as well as on CMC’s website Veterans Day weekend, as well as included in the Library of Congress. Leslie will forward flyers and pertinent information via email to the Commission members.</p> <p><u>Diann Linton, Mt. Airy</u> – The crab feast at the Mt. Airy Senior Center was great and well attended.</p> <p><u>Art Frotton, Finksburg</u> – Attended the first of McDaniel College’s Aging Conferences. It was on Balance and Hearing and he learned quite a bit.</p> <p><u>Bob Coen, Adults with Disabilities</u> – He will assist with making recommendations for wheelchair accessible paths in Carroll County.</p> <p><u>Carol Wheatley, At-Large</u> – MVA Resource Guide for Aging Drivers. Will bring copies to hand out at the November meeting.</p>
<p>Educational Programs offered through the COAD on Aging & Disability Issues – Celene Steckel</p>	<p>November’s meeting – Veteran Services Program of Carroll County.</p>
<p>Next Meeting Date</p>	<p>The next meeting date is Wednesday, November 8, 2017 at 10:00 am at the Bureau of Aging & Disabilities Library.</p>