

## Commission on Aging & Disabilities Meeting

**Meeting Date: November 8, 2017**

**Start Time: 10:00 am**

**Location: Bureau of Aging & Disabilities Library**

**Chairperson: Hermine Saunders**

**Vice-Chair: Ed Leister**

Topic	Discussion
<b>Attendance</b>	<b>Amy Baker, Val Cioeff, Bob Coen, Ruth Doxzen, Art Frotton, Ed Leister, Lauren Hickey, Jim McCarron, Rich Ottone, Gail Riley, Heather Robb, Vicki Ryan, Hermine Saunders, Celene Steckel, Carol Wheatley, Patty Whitson, Samantha Wilson</b>
<b>Acronyms</b>	<b>AAA</b> - Area Agency on Aging, <b>ADA</b> - American's w/Disabilities Act, <b>ADL</b> - Activities of Daily Living, <b>AIP</b> – Aging in Place, <b>BCC</b> – Board of County Commissioners, <b>BOAD</b> - Bureau of Aging and Disabilities, <b>COAD</b> – Commission on Aging and Disabilities. <b>CTS</b> – Carroll Transit System, <b>CIL</b> - Center for Independent Living, <b>DHMH</b> - Maryland Department of Health and Mental Hygiene, <b>FFP</b> – Federal Financial Participation, <b>LTCO</b> - Long Term Care Ombudsman, <b>M4A</b> - Maryland Association of Area Agencies on Aging, <b>MAP</b> - Maryland Access Point, <b>MFP</b> -Money Follows the Person, <b>MOU</b> – Memorandum of Understanding, <b>MWOA</b> - Medicaid Waiver for Older Adults, <b>NED</b> - Non-Elderly Disabled, <b>NFCSP</b> - National Family Caregiver Support Program, <b>OAA</b> - Older Americans Act, <b>OHCQ</b> - Office of Health Care Quality, <b>SALGHS</b> - Senior Assisted Living Group House Subsidy program, <b>SHIP</b> - State Health Insurance Program, <b>SIP</b> - Senior Inclusion Program, <b>SMP</b> - Senior Medicare Patrol, <b>SPDAP</b> - Senior Prescription Drug Assistance Program, <b>VTV</b> – Village to Village
<b>Call to Order-</b> Hermine Saunders	Hermine Saunders welcomed everyone and introductions were made.
<b>Approval of Minutes</b> – Hermine Saunders	Hermine Saunders requested approval of the September 2017 minutes as submitted. Gail Riley motioned 1 <sup>st</sup> and Ruth Doxzen 2 <sup>nd</sup> for approval. All were in favor to approve as submitted.
<b>Staff Presentation-</b> Keri Keefer	<p><u>Keri Keefer, Veteran Services Program of Carroll County at Bureau of Aging &amp; Disabilities</u> –</p> <ul style="list-style-type: none"> <li>• Services provided, such as those at VA centers: <ul style="list-style-type: none"> <li>○ Disability Compensation Claim</li> <li>○ Presumptive conditions</li> <li>○ Pension/Survivors Pension Claim</li> <li>○ Assistance with Medical Benefits</li> </ul> </li> <li>• Additional Services that Carroll County provides: <ul style="list-style-type: none"> <li>○ Veterans Shuttle</li> <li>○ Veterans Directed Home &amp; Community Based Services Program (for 5 veterans, there is a long waiting list)</li> <li>○ Grant funded Veterans Assistance</li> </ul> </li> <li>• Over \$7 million has been collected since inception in 2013 for Carroll County Veterans</li> <li>• Approximately 14,000 veterans living in Carroll County</li> <li>• HUD VASH Vouchers – received approval from the Commissioners to seek vouchers from VA <ul style="list-style-type: none"> <li>○ 10 vouchers to start – provides permanent housing with case management for homeless veterans</li> </ul> </li> </ul>

## Commission on Aging & Disabilities Meeting

**Meeting Date: November 8, 2017**

**Start Time: 10:00 am**

**Location: Bureau of Aging & Disabilities Library**

**Chairperson: Hermine Saunders**

**Vice-Chair: Ed Leister**

<p><b>Old Business</b> – Hermine Saunders</p>	<p><u>Veterans History Project, Celene Steckel</u> – Approximately 18 veterans were interviewed for the Veterans History Project at Carroll Media Center.</p>
<p><b>New Business</b> – Hermine Saunders</p>	<p><u>Voting of Commission Chair and Vice-Chair, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• Nominations             <ul style="list-style-type: none"> <li>○ Chair – Hermine Saunders</li> <li>○ Vice-Chair – James McCarron</li> </ul> </li> <li>• Please note that only current approved members can vote. Motions to close nominations, Val Cioeff 1<sup>st</sup> and Gail Riley 2<sup>nd</sup>.</li> <li>• Unanimous votes for Hermine Saunders as Chair and James McCarron as Vice-Chair</li> <li>• Successive 3 year terms expiring on 12/31/2017:             <ul style="list-style-type: none"> <li>○ Karen Gauvin representing Health Department</li> <li>○ Ed Leister representing Westminster</li> <li>○ Elizabeth MacDougall representing Sykesville/Eldersburg</li> </ul> </li> <li>• AERS Department representative for Carroll County Health Department will be applying for Karen’s open position.</li> <li>• Carol Wheatley will begin representing Westminster on 1/1/2018, replacing Ed Leister.</li> <li>• Amy Baker, Behavioral Health with the Carroll County Health Department is applying for At-Large position, replacing Carol Wheatley.</li> <li>• Vacancies:             <ul style="list-style-type: none"> <li>○ Sykesville/Eldersburg</li> <li>○ Family Representative for Developmental Disabilities</li> </ul> </li> </ul> <p><u>Long Term Advisory Council (LTAC) Health &amp; Wellness Cluster Update, Ed Leister</u> – Unanimous vote for Bob Coen to replace Ed Leister whose term expires on 12/31/2017. Bob is also the liaison for McDaniel College’s Aging in Place.</p> <ul style="list-style-type: none"> <li>• Futurist Presentation by Johns Hopkins Dr. Jay Herson             <ul style="list-style-type: none"> <li>○ YouTube video to be forwarded to the Commission</li> <li>○ Bob Coen, Celene Steckel, and Jim McCarron attended</li> <li>○ 2047 Carroll County (a lot are trends):                 <ul style="list-style-type: none"> <li>▪ Learning Centers, K-12</li> <li>▪ College, Life Long Learning</li> <li>▪ Education is at no cost, will use bit coins</li> <li>▪ Information to be stored on cloud</li> <li>▪ Employment will be by short contracts</li> <li>▪ Health insurance will not be tied to jobs</li> <li>▪ Groceries to be ordered online and delivered by drones</li> </ul> </li> </ul> </li> </ul>

## Commission on Aging & Disabilities Meeting

**Meeting Date: November 8, 2017**

**Start Time: 10:00 am**

**Location: Bureau of Aging & Disabilities Library**

**Chairperson: Hermine Saunders**

**Vice-Chair: Ed Leister**

	<p><u>Holiday Breakfast Celebration, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• Monday, December 18<sup>th</sup></li> <li>• 9:00 – 10:30 a.m.</li> <li>• Currently scheduled for BOAD Library but will look into moving to the Westminster Senior Center Multi-Purpose Room.</li> <li>• Breakfast will be provided</li> </ul>
<p><b>Bureau of Aging &amp; Disabilities</b> – Celene Steckel</p>	<p><u>FY2019 Budget, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• Capital Improvement Projects:             <ul style="list-style-type: none"> <li>○ Expand Westminster Senior Center (Dining Room and extra room)</li> <li>○ Expand Taneytown Senior Center (remodel storage area)</li> <li>○ Loan Closet and Demonstration Area</li> </ul> </li> <li>• Facilities Budget:             <ul style="list-style-type: none"> <li>○ Coffee bar moved at Westminster Senior Center</li> <li>○ Walking trail reworked at Westminster Senior Center</li> </ul> </li> <li>• COAD letter of support for projects and budget. Celene will have available for members to sign.</li> </ul> <p><u>Medicare Open Enrollment, Celene Steckel</u> – thru December 7, 2017.</p> <p><u>Staffing Update, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• Veteran Services Program – case manager opening (hope to increase hours)</li> <li>• Ombudsman Assistant – job just closed, great group of applicants.</li> </ul> <p><u>Senior Inclusion Program, Rich Ottone</u> –</p> <ul style="list-style-type: none"> <li>• Working with Guardianship to make holiday cards and snowflakes and will help deliver.</li> <li>• Gift Exchange with Citizen Services to take place December 20<sup>th</sup>.</li> <li>• Licensing renewal soon</li> <li>• Quality Assurance Plan due in December. State released rate study to go from day of service to hours of service. Next Wednesday there is a Town Meeting to learn more.</li> <li>• Cost report</li> </ul> <p><u>Senior Centers, Patty Whitson</u> –</p> <ul style="list-style-type: none"> <li>• Flu Vaccines were provided at all the senior centers.</li> <li>• Veterans Day programs are being held at all senior centers.</li> <li>• The Partnership for a Healthier Carroll County has been moving their Healthy Aging Chalkboards to each of the senior centers.</li> <li>• Legal Aid and Tax Assistance are being provided.</li> </ul>

## Commission on Aging & Disabilities Meeting

**Meeting Date: November 8, 2017**

**Start Time: 10:00 am**

**Location: Bureau of Aging & Disabilities Library**

**Chairperson: Hermine Saunders**

**Vice-Chair: Ed Leister**

	<ul style="list-style-type: none"> <li>• Living Healthy, Living Well with Chronic Conditions workshops are being held at South Carroll Senior Center and Taneytown Senior Center. North Carroll just finished a successful series.</li> <li>• September's crab feast – 962 crabs and October's crab feast – 832.</li> <li>• Upcoming Events:             <ul style="list-style-type: none"> <li>○ Holiday Bazaars</li> <li>○ Thanksgiving and Christmas Meals</li> <li>○ New Arthritis Exercise Fitness Classes</li> <li>○ Community Service Projects</li> <li>○ Nutrition Information</li> </ul> </li> <li>• Taneytown Senior Center:             <ul style="list-style-type: none"> <li>○ Pumpkin People</li> <li>○ Walk Maryland Day</li> <li>○ Letters from Santa</li> </ul> </li> <li>• Mt. Airy Senior Center:             <ul style="list-style-type: none"> <li>○ 181 Troop package have been sent by the Malinaks</li> </ul> </li> </ul> <p><u>BOAD Interns, Celene Steckel</u> –</p> <ul style="list-style-type: none"> <li>• Commissioners Office Intern has been working on a Time Banking System, which is different than volunteering.</li> <li>• Katie Pass, working on her Masters in Gerontology at McDaniel College.             <ul style="list-style-type: none"> <li>○ Complete Aging in Place survey by 12/31/2017</li> <li>○ 4 Undergraduates have volunteered to help</li> <li>○ MOU will be modified and processed for signatures.</li> </ul> </li> </ul>
<p><b>Area Reports – COAD Members</b></p>	<p><u>Bob Coen, Adults with Disabilities</u> –</p> <ul style="list-style-type: none"> <li>• Check Therapeutic Rec for Wheelchair Clubs in Carroll County.</li> <li>• Rock Steady at the Mall – Elizabeth at Carroll Hospital</li> </ul> <p><u>Art Frotton, Finksburg</u> –</p> <ul style="list-style-type: none"> <li>• Armory on Rt. 97 – Veterans Independence Project (VIP)</li> <li>• 501(3)(c) Status – County will not run – Non-Profit group (VIP) will</li> <li>• Committee – Frank Valenti</li> <li>• Services to be offered:             <ul style="list-style-type: none"> <li>○ Behavioral Health</li> <li>○ Addictions</li> <li>○ Homeless – even families</li> </ul> </li> </ul>

## Commission on Aging & Disabilities Meeting

**Meeting Date:** November 8, 2017

**Start Time:** 10:00 am

**Location:** Bureau of Aging & Disabilities Library

**Chairperson:** Hermine Saunders

**Vice-Chair:** Ed Leister

	<ul style="list-style-type: none"><li>○ Little houses (back end of property)</li><li>● Possibly Veteran Services Staff may work out of this location</li></ul>
<b>Educational Programs offered through the COAD on Aging &amp; Disability Issues – Celene Steckel</b>	January's meeting – Living Healthy, Living Well with Chronic Conditions
<b>Next Meeting Date</b>	<b>The next meeting date is Wednesday, January 10, 2018 at 10:00 am at the Bureau of Aging &amp; Disabilities Library.</b>