

# NEWS FLASH

## WESTMINSTER SENIOR AND COMMUNITY CENTER



125 Stoner Ave  
Westminster, MD 21157

410-386-3850

[westminstersc@carrollcountymd.gov](mailto:westminstersc@carrollcountymd.gov)

<https://www.carrollcountymd.gov/seniorcenters>



# August 2025

### **Center Summer Hours:**

**Monday–Thursday**

8:00 am to 4:00 pm

**Friday**

8:00 am to 3:00 pm

# INFORMATION STATION

## CENTER STAFF



**CENTER MANAGER:**  
KATIE WOODEN

**CENTER ASSISTANT:**  
ESTHER BALDWIN

**CENTER CUSTODIAN:**



## Updating Your Membership Form

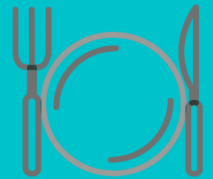
Every Senior Center Member MUST update their membership form YEARLY (around your birthday). This helps us keep our records up to date. If you are unsure if you have updated yet this year please check with Katie!



## MEAL PROGRAM



Lunch is served at 11:30 am Monday - Friday



Reservations are required: Reservation Deadlines (RSVPs) are noted for each day. Otherwise, meals cannot be guaranteed. Call 410-386-3854 or see Center Assistant to learn how to sign up. Advanced notice of changes will be given when possible

Cost of lunch for seniors 60 and older is a donation up to \$6.31 for a Hot Lunch or \$7.24 for a Cold Lunch. Those 59 and younger must pay the full price of \$6.31 for a Hot Lunch or \$7.24 for a Cold Lunch. Spouses of adults over 60, regardless of age, may give a donation if they accompany their spouse. If they are not, they must pay full price if under 60.

## Interested in Volunteering?

Stop by the front desk to pick up a Volunteer Application.



**DON'T FORGET TO  
SIGN ON THE TOUCH  
SCREEN EACH TIME  
YOU COME TO THE  
CENTER!**

# HOT Lunches *Westminster Senior Center* **AUGUST 2025**

**Reservations REQUIRED: Reservation Deadlines (RSVP 5/4.25 4/29.25 4/29.25s) are noted for each day.**

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

**Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.**

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.31, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.31, Paid Directly To Assistant Director** **NAME:**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch				<sup>1</sup> <b>RSVP 7/28/25</b>  CHICKEN CORDON BLUE ON ROLL BAKED BEANS BROCCOLI SALAD W/ CRANBERRY DRESSING YOGURT / JUICE
<sup>4</sup> <b>RSVP 7/28/25</b>  BEEF POT ROAST AU JUS ROLL HONEY ROASTED BEETS COLE SLAW JUICE / MILK	<sup>5</sup> <b>RSVP 7/28/25</b>  CREAMY CHICKEN CASSEROLE YELLOW RICE GREEN BEANS WHEAT BREAD DICED PEACHES JUICE & MILK	<sup>6</sup> <b>RSVP 7/28/25</b>  MEAT LOAF / GRAVY HERB ROASTED POTATOES CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES JUICE & MILK	<sup>7</sup> <b>RSVP 7/28/25</b>  PORK LOIN W/ DIJON CREAM SAUCE OKRA & TOMATOES G MASHED POTATOES WHEAT BREAD FRUIT COCKTAIL CHOCOLATE MILK JUICE	<sup>8</sup> <b>RSVP 7/28/25</b>  BEEF HOT DOG ON ROLL VEGETARIAN BEANS FRUIT CUP JUICE & MILK
<sup>11</sup> <b>RSVP 8/5/25</b>  CHICKEN BREAST FRICASSEE BROWN RICE PILAF MIXED VEGETABLES WHEAT BREAD APPLE PACK JUICE & MILK	<sup>12</sup> <b>RSVP 8/5/25</b>  SALISBURY STEAK MUSHROOM GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD AMISH BEAN SALAD JUICE & MILK	<sup>13</sup> <b>RSVP 8/5/25</b>  WHITE BEAN CHICKEN CHILI YELLOW RICE PILAF CORN MUFFIN APPLESAUCE JUICE / MILK	<sup>14</sup> <b>RSVP 8/5/25</b>  CR. OF BROCCOLI SOUP BBQ CHICKEN ROLL RED CABBAGE SLAW YOGURT & JUICE	<sup>15</sup> <b>SPECIAL SUB DAY RSVP 8/5/25</b>  TURKEY COMBO SUB AMERICAN CHEESE GARNISH POTATO SALAD COLESLAW FRUIT COCKTAIL JUICE / MILK
<sup>18</sup> <b>RSPV 8/12/25</b>  CHICKEN BREAST W/ CREAMY ARTICHOKE SAUCE LEMON RICE PILAF SEASON GREEN BEANS WHEAT BREAD APPLE SLICES JUICE & MILK	<sup>19</sup> <b>RSVP 8/12/25</b>  LENTIL & SPINACH SOUP TUNA SALAD SANDWICH CORN & EDAMAME SALAD APPLESAUCE MILK	<sup>20</sup> <b>RSVP 8/12/25</b>  POT ROAST OF BEEF CHASSEUR ROASTED POTATOES SEASONED GREENS WHEAT BREAD MANDARIN ORANGES JUICE & MILK	<sup>21</sup> <b>SPECIAL HAWAIIAN LUA RSVP 8/12/25</b>  PULLED PORK SANDWICH SWEET POTATOES BROCCOLI SALAD PINEAPPLE TIDBITS PIE & MILK	<sup>22</sup> <b>RSVP 8/12/25</b>  ENGLISH MUFFIN PIZZA CHEESE OR PEPPERONI SALAD MIX / DRESSING FRUIT JUICE / MILK
<sup>25</sup> <b>SPECIAL B.POTATO DAY RSVP 8/18/25</b>  BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE JUICE&MILK	<sup>26</sup> <b>RSVP 8/18/25</b>  CHICKEN BREAST & RANCH CREAM SAUCE RICE PILAF PEAS & CARROTS WHEAT BREAD PINEAPPLE TIDBITS JUICE & MILK	<sup>27</sup> <b>RSVP 8/18/25</b>  MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES JUICE & MILK	<sup>28</sup> <b>RSVP 8/18/25</b>  TURKEY FLORENTINE CASSEROLE LEMON RICE PILAF ZUCCHINI & TOMATOES WHEAT BREAD JUICE & YOGURT	<sup>29</sup> <b>RSVP 8/18/25</b>  SPLIT PEA SOUP CHICKEN CAESAR SALAD CORNBREAD LOAF WHEAT BREAD HOT SPICED APPLES MILK



## COLD Lunches *Westminster Senior Center* AUGUST 2025

**Reservations REQUIRED: Reservation Deadlines (RSVP 5/4.25 4/29.25s) are noted for each day.**  
 Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.  
 Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$7.24**, includes accompanying younger spouses;  
 Under 60 Years Old = **Full Price \$7.24**, Paid Directly To Assistant Director

**Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.**

**Write name on the menu & turn in white copy.**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<b>RSVP</b> BOX LUNCH NOT AVAIAABLE
<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP 7/28/25</b> COLD FRIED CHICKEN PATTY ON ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE
<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP 8/5/25</b> COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE
<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP 8/12/25</b> COLD FRIED CHICKEN PATTY ON ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE
<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP 8/18/25</b> CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE	<b>RSVP</b> BOX LUNCH NOT AVAIAABLE



# Daily Activities

Activity	Time	Cost	Location
<b>Billiards</b>	8:00 am - 3:45 pm	None	Billiards Room
<b>Computer Lab</b>	8:00 am - 3:45 pm	None	Computer Lab
<b>Exercise Equipment Room</b>	8:00 am - 3:45 pm	None	Exercise Room
<b>Bingo</b> Penny Bingo	9:00 - 11:00 am	Penny per card	Game Room
<b>Morning Table Talk</b> Catch-up, Relax, Enjoy Coffee with your senior center friends.	9:00 - 11:00 am	None	Dining Room
<b>Lunch</b>	11:30 am	See menu for reservation deadlines & directions.	Dining Room
<b>Walk the WSC Walking Path</b>	8:00 am - 3:45 pm	Free	Backyard

\*All Activities are subject to change without notice.

# Arts & Crafts Activities

Activity	Day	Time	Cost	Session Info/Location
<b>Painting &amp; Drawing</b> All skill levels & medium forms. Instructor led class.	Mondays	12:30 - 3:00 pm	\$25	8 Weeks <b>Next Session begins:</b> September 8, 2025
<b>Stained Glass</b> – Space is limited-more info to come once space is available	Tuesdays, Wednesdays & Thursdays	T: 8:15 - 12:00 pm W: 8:15 - 12:00 pm Th: 12:00 - 3:45pm	\$15 one-time fee plus \$2 each class for materials	Craft Room
<b>Clay Crafters</b> – Space is limited-more info to come once space is available	Tuesdays	12:00 - 3:30 pm	\$15 one-time fee plus \$2 each class for materials	Ceramic Room
<b>Quilting Circle &amp; Smiling with Stitches</b> – Quilting & Project Linus blanket community service group.	Thursdays	9:00 - 11:00 am	None	Craft Room; Must supply own material
<b>NEW! Greeting Card Crafts</b> Come make greeting cards, for all skill levels.	3rd Wednesday of each month	1:00 - 2:30 pm	\$15 for 3 cards	Craft Room <b>Next Class:</b> Wednesday, August 20

# Exercise Classes

Activity	Day	Time	Cost	Session Info
<b>Dance Fitness</b> ( <i>Low Intensity</i> ) Fun music & dance moves for staying fit!	Monday, Wednesday, & Fridays	8:45 - 9:45 am	<b>\$35/month</b> ; includes Mon, Wed, & Fri	Session runs Monthly; 3x Weekly
<b>Arthritis Exercise Class</b> ( <i>Low Intensity</i> )	Mondays	1:00 - 2:00 pm	Grant Funded	12 weeks <b>Session Began:</b> July 7, 2025
<b>Arthritis Exercise Class</b> ( <i>Low Intensity</i> )	Thursdays	1:00 - 2:00 pm	Grant Funded	12 weeks <b>Session Began:</b> July 3, 2025
<b>NEW DAY! Zumba Gold</b> ( <i>Moderate Intensity &amp; Coordination</i> ) With modifications for chair use!	<b>Mondays</b>	10:15 am-11:15 am	<b>\$35</b>	10-12 Weeks <b>Session Began:</b> July 7, 2025
<b>NEW! Strength &amp; Mobility</b> <i>Low to Moderate Intensity</i>	Tuesdays	1:00 pm - 2:00 pm	<b>\$35</b>	8 Weeks <b>Next Session Begins:</b> August 5, 2025
<b>Yoga</b> With modifications for chair use	Wednesdays	10:00 - 11:00 am	<b>\$40</b>	8 weeks <b>Next Session Begins:</b> August 6, 2025
<b>Line Dance Class</b> ( <i>Moderate Intensity &amp; Coordination</i> )	Thursdays	10:00 - 11:30 am	<b>\$35</b> Includes Tuesdays practice class	10-12 Weeks <b>Next Session Begins:</b> September 4, 2025
<b>NEW DAY! Line Dance Practice</b>	<b>Tuesdays</b>	10:30 - 11:30 am	Included with Thursday's Class Fee	
<b>Stretch &amp; Strength Exercise</b> Uses exercise videos	Tuesdays & Thursdays	T: 9:00 - 10:00 am Th: 8:45 - 9:45 am	Free	Drop-in
<b>Walking Indoor Exercise</b> Walk & stretch to Leslie Sansone exercise videos	Monday, Wednesday, & Fridays	M: 2:00 - 3:00 pm W: 1:30 - 2:30 pm F: 1:30 - 2:30 pm	Free	Drop-in
<b>Pickleball</b> Must have own equipment	Mondays, Wednesdays & Fridays	8:30 am - 11:30 am	\$10 one-time fee; Pay at WSC	Meets at Robert Moton Center Gym

\*Start dates for sessions are subject to change. Please contact the Center with any questions.

# Cards, Games & Entertainment

Activity	Day	Time	Session Info/Location
<b>Carroll County Duplicate Bridge</b> ACBL Sanctioned, Experienced Play	Mondays	11:30 am - 3:30 pm	Game Room; Sanctioned Play Dues
<b>Pinochle</b>	Fridays	11:30 am - 2:45 pm	Game Room
<b>Progressive 500 Card</b>	Wednesdays	11:30 - 3:30 pm	Game Room
<b>Hand &amp; Foot Card Game</b>	Tuesdays	11:15 am - 3:30 pm	Game Room
<b>Mahjong</b>	Thursdays	12:30 - 3:30 pm	Game Room
<b>Thinking Power</b> Test your memory	Tuesdays	10:00 - 11:00 am	Dining Room
<b>Wii Games: Bowling</b>	Wednesdays	10:00 - 11:00 am	Dining Room TV
<b>Prize Bingo:</b> Come play for fun prizes!	Fridays	12:30 - 2:00 pm	Dining Room <b>*No Prize Bingo on August 15</b>

\*All Activities are subject to change without notice.

# Upcoming Special Events

Program	Date	Time	Session Info
Legal Aid	Wednesday, August 6	1:00 pm - 4:00 pm	Free; no appointment needed, just stop in!
Nutrition with Terry Serio	Thursday, August 7	10:00 am	Join us for a monthly nutrition program
Postage Stamp Collector Club	Thursday, August 14	11:00 am - 12:00 pm	Free in the Craft Room
Let's Make Some Cards Greeting Card Craft	Wednesday, August 20	1:00 - 2:30 pm	See flyer for details
Luau Lunch & Entertainment	Thursday, August 21	11:30 am	Reservations required for lunch
Senior Night Out	Tuesday, August 26	4:00 - 7:00 pm	See flyer for details

\*Special Events are subject to change without notice.



# Let's Make Parfaits!

**Tuesday, August 12**

12:30 pm in the Dining Room

Want a healthy & delicious dessert or snack? Come join Lisa as she shows us how to make this tasty treat. All supplies will be provided!



**Please sign up at the front desk by August 8!**

Space is limited to 20 people so don't wait to sign up!

## **A Message from the WSC Site Council:**

A special thanks to everyone who supports our boutique. It thrives on the generosity of those who buy things, as well as those that make donations. We are gratefully accepting gently used items, including jewelry (no clothes, books, records or dishes). The money made from the boutique items go towards entertainment and special events. If you have any questions about what we will accept, please call 410-386-3850 or talk to Katie.

Thank you, thank you, thank you!  
Your WSC Site Council Board



# **Senior Night Out**

Tuesday, August 26

4:00 pm - 7:00 pm  
Dinner @ 4:30 pm

## **Dinner Menu:**

Ham

Green Beans & Potatoes

Pickled Beets

Fruit

Bread

Milk & Juice

**Entertainment @ 5:00 pm:  
Music Bingo**

**Cost- 60 & Older: Donation  
Under 60: \$6.31**

**Sign up by 10:00 am on August 20  
at the front desk**



# Why is this stamp worth so much?

Pictured below is the U.S. Postal stamp Scott 264. Normal value for this stamp in mint condition mint is \$17. This one is valued at \$1600.00 !

Why so much?

If possible, collectors try to get desired stamps in Mint condition. The better the condition, the higher the value. Collectors look for Centering, Soundness, Gum, overall appearances, grading, all of which impact value.

Desired centering is where the design is perfectly centered, all margins equal. The more off center, the lesser the value or grade.

Soundness refers to the condition of the stamp. No creases, no tears, no thin spots, no missing perforation tabs, no repairs.

The adhesive gum on the back of mint stamps should be without a hinge or hinge residue, no missing original gum, (not re-gummed) or disturbed.

If a stamp appears to meet these standards, they should be sent in for grading. Several grading systems are used, the most common being either the ASG (American Stamp Grading) or the PSE (Professional Stamp Experts). The scale going from 1 to 100.

Grading scales are VG (60) , VG/F (65.) F (70), F/VF (75), VF (80), VF/XF (85), XF (90), SF/S (95). SUPERB 98), GEM (100).

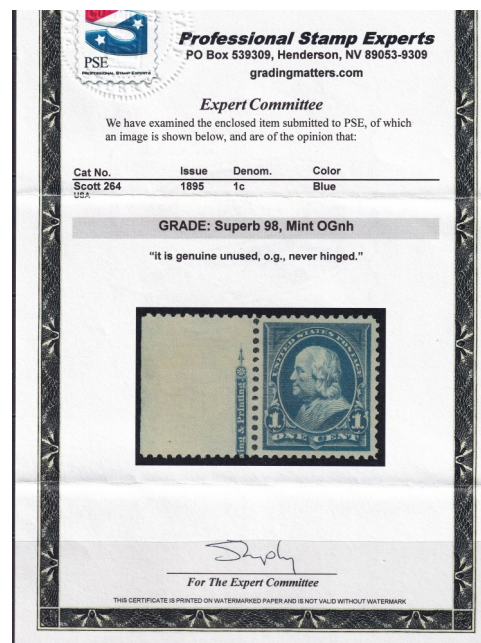
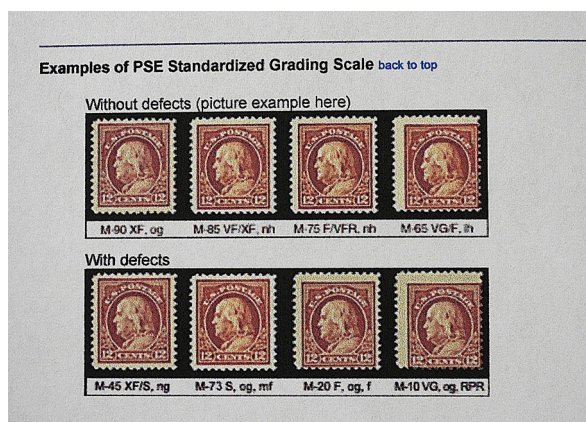
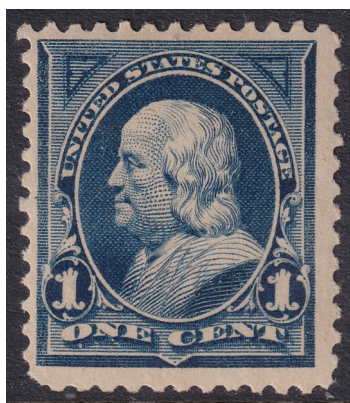
Scott 264 was graded at 98, which is considered Post Office Fresh. Only a GEM would be higher in value and GEMS are extremely rare.

(see photo of a 12 cent stamp at various grades)

This will be the last article posted for the Senior Center stamp club page.



If readers have questions regarding stamps they can leave a message with the front desk or office and I will respond.





# NEW CLASS!

## Let's Make Some Cards!

### Greeting Card Crafts



3<sup>rd</sup> Wednesday of each month  
1:00 - 2:30 pm  
in the Craft room

*Bring adhesives  
of your choice!*

Cost: \$15.00 for 3 Cards  
Supplies for cards will be provided.

Come make greeting cards with our newest  
instructor Arleen.

**If you are interested in taking the class please let Katie  
know by 10 am on the 2<sup>nd</sup> Friday of the month**  
Payment will be collected on the day of the class.

# SMART STEPS: DIGITAL SAFETY SERIES

This workshop is designed to equip older adults and community members at risk of digital fraud with practical tools to stay safe online.

*Delivered by the Carroll Technology and Innovation Council in collaboration with the Carroll County Sheriff's Office.*

## CLASSES THAT WILL BE HELD:

Risky Business - Scam and Fraud Prevention (August 11<sup>th</sup>)

Protecting your information and Passwords (August 18<sup>th</sup>)

AI and Disinformation (August 25<sup>th</sup>)



**CARROLL COUNTY  
SHERIFF'S OFFICE**  
CARROLL COUNTY, MARYLAND  
Sheriff James T. DeWees



**Carroll Technology  
& Innovation Council**



Westminster Senior and Community Center  
125 Stoner Ave, Westminster, MD 21157

**AUGUST  
11,18,25**

**10AM - 11AM**

*To sign up for these classes, please call **410-386-3850** or email **[train@carrolltechcouncil.org](mailto:train@carrolltechcouncil.org)***



# All Aboard the Strasburg Railroad!

Lancaster, PA

Tuesday, September 23, 2025

## Includes train ride and lunch at Hershey Farms Restaurant

Family Style Lunch Menu: Fried Chicken, Roast Beef, Baked Ham, Mashed Potatoes, Bred Filling, Green Beans, Buttered Corn, Sweet & Sour Relishes, Homemade Rolls, Shoo-fly Pie, Apple Pie, and hand-dipped Vanilla Ice Cream.



Cost: \$85.00 per person

Bus Leaves WSC at 8:30 am &  
Returns to WSC by 4:00 pm

Sign up begins July 1st

If interested, please sign up at the Front Desk. Payment due at time of sign up! Payment will be held until day of the trip.

All trip times, cost & package offers are subject to change depending on participation and weather.

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Americans with Disabilities Act Coordinator, 410.386.3600, 1.888.302.8978, MD Relay 7-1-1/1.800.735.2258 or email [ada@carrollcountymd.gov](mailto:ada@carrollcountymd.gov) as soon as possible but no later than 72 hours before the scheduled event.





Formerly Seniors On The Go Expo

**Thursday, September 10, 2025 - 9:00 a.m. to 2:00 p.m.**

**Shipley Arena, Carroll County Ag Center - 706 Agricultural Center Drive, Westminster MD**

**FREE Admission**  
**FREE Health Screenings**  
**Vendor Prize BINGO**  
**Speakers & Seminars**  
**Community Program &**  
**Fitness Demonstration**

**FREE Shuttle Service**  
**Grab & Go Lunches**  
**Prescription Medication Disposal**  
**Designated Veterans Area**  
**FREE Complementary**  
**Therapies**



**For more information call 410-386-3800**  
**[agingexpo@carrollcountymd.gov](mailto:agingexpo@carrollcountymd.gov)**

Official Expo  
Media Sponsors

**Carroll County**  
**Times**



The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email [ada@carrollcountymd.gov](mailto:ada@carrollcountymd.gov) as soon as possible but no later than 72 hours before the scheduled event.

# **Aging Your Way – Health & Wellness Expo**

Formerly known as “Seniors on the Go Expo”

**Wednesday, Sept. 10<sup>th</sup>**



## **Do you need ride to the Expo?**

**CTS will be providing rides to seniors from Senior Centers to Shipley Arena and back**

### **How to reserve a ride from Senior Center to Expo:**

- Call CTS at 410-753-6300 to reserve a ride. Spaces are reserved on a first come first serve basis.  
**If experiencing issues, contact Senior Center Manager.**
- Rides to the Expo and back will cost **\$2.00 each way.**
- Buses will **pick up and drop off seniors on your center's parking lot.**
- Confirm pick up times with your Senior Center Manager the day before the Expo.

**Senior Centers are closed on this date!**

# **Help us** **Design & Build** **Age-Friendly Carroll County**

**We want deep roots that allow Carroll County to be a place that everyone will choose to live, work and play as they age.**

**Help us build the priorities for our future by taking the survey\* by September 15th**

[https://carrollcountymd.qualtrics.com/jfe/form/SV\\_aVP8njulgrT1peC](https://carrollcountymd.qualtrics.com/jfe/form/SV_aVP8njulgrT1peC)



**\*Survey is available in  
English and Spanish**





# Turning 65 or retiring soon and not sure what to do about Medicare??

**Carroll County's State Health Insurance Assistance Program (SHIP) is here to help!**

We invite you to attend our free informational Transitioning to Medicare workshops to learn more.

We offer these two-part workshops monthly in collaboration with the Carroll County Public Library.



Please register for live sessions at:

<https://ccpl.librarymarket.com/events/month>

**\*\*Pre-Recorded sessions can also be accessed at any time using the links listed below.**



## **Transitioning to Medicare Part 1**

***All workshops start at 5:00pm!! Registration is required!!***

**July 9<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)**

**August 5<sup>th</sup>, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)**

**August 6<sup>th</sup>, 2025-Webinar**

**September 17<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)**

**October 15<sup>th</sup>, 2025-Webinar**

**November 12<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)**

**December 3<sup>rd</sup>, 2025-Webinar**

**\*\*Pre-Recorded Session on YouTube: <https://www.youtube.com/watch?v=1nlioLxPweM>**

**Original Medicare (Parts A, B, & D), Advantage Plans (Part C), Supplemental Plans (Medigap),  
Fraud & Abuse, & Medicare Savings Programs.**

## **Transitioning to Medicare Part 2**

***All workshops start at 5:00pm!! Registration is required!!***

**July 16<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)**

**August 12<sup>th</sup>, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)**

**August 13<sup>th</sup>, 2025-Webinar**

**September 24<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)**

**October 22<sup>nd</sup>, 2025-Webinar**

**November 19<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)**

**December 10<sup>th</sup>, 2025-Webinar**

**\*\*Pre-Recorded Session on YouTube: <https://www.youtube.com/watch?v=zVA4jvmmRQA>**

**Take a closer look at Medicare Supplemental Plans and Advantage Plans.**

**Sponsored by: Carroll County Bureau of Aging & Disabilities: 125 Stoner Ave, Westminster, MD 21157**

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email [ada@carrollcountymd.gov](mailto:ada@carrollcountymd.gov) as soon as possible but no later than 72 hours before the scheduled event. This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$26,681 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government

# Upcoming Westminster Senior Center 2025 Bus Trips

## Hickory Bridge Trip: Lunch & Christmas Show

Ortanna, PA

Tuesday, December 16, 2025

Cost: \$80.00 per person includes Show Ticket

Sign up begins September 1st

See trip flyer at center for more information!



### NOTE:

Payment due on day of sign-up

Payment will be held until date of trip.

Sign up in person by the Deadline Date.

Costs are non-refundable, except in the case of illness or family emergency

All others-refunds will be made if you find someone to purchase your seat.

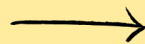
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## Inclement Weather Policy for Carroll County Senior Centers

Senior and Community Centers are **OPEN** at 8:00 am in inclement weather **UNLESS**:

The Carroll County Government Offices are closed then the Carroll County Senior Centers are closed.

The Carroll County Government opens late or closes early then the Carroll County Senior Centers open late or close early.



- Modified meals may be served
- Call your Senior Center to see if programs/classes have been cancelled
- **Carroll Transit System (CTS) may run on a modified schedule. Please call them to confirm or cancel your ride.**

CTS: 410-386-5550

\*Please note- decisions regarding the operating schedules of the Carroll County Senior Centers are based only on the Carroll County Government. The Senior Centers do not follow the Carroll County Public School System operating schedules.

For info on closures and delays listen to local radio or TV stations, visit the Carroll County Government website or call your Senior Center.

Trailblazer Shuttle Riders- Please follow the postings specific to Carroll Transit System delays and closings.