

Commission on Aging & Disabilities Meeting

Meeting Date: May 8, 2019

Start Time: 10:00 am

Location: Multi-Purpose Room, Westminster Senior & Community Center

Chairperson: Hermine Saunders

Vice-Chair: Jim McCarron

Topic	Discussion
Attendance	Dan Andersen, Katrina Bauer, Dan Bowler, Larry Burbank, Bob Coen, Marisa Cooke, Doc Doxzen, Dave Drezner, Art Frotton, Gail Gannon, Lauren Hickey, Heather Hughes, Diane Martin, Jim McCarron, Rich Ottone, Commissioner Ed Rothstein, Hermine Saunders, Celene Steckel, Leslie Wagner, Carol Wheatley
Acronyms	AAA - Area Agency on Aging, ADA - American's w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, MDH - Maryland Department of Health , FFP – Federal Financial Participation, LTAC – Long Term Advisory Council, LTCO - Long Term Care Ombudsman, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHCQ - Office of Health Care Quality, SALGHS - Senior Assisted Living Group House Subsidy program, SHIP - State Health Insurance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day.
Call to Order and Establishment of Quorum- Hermine Saunders	Hermine Saunders called the meeting to order. A quorum was established with 11 members present. Everyone went around the room and introduced themselves. Diane Martin has accepted a position with University of Maryland Baltimore County so this will be her last meeting. Katrina Bauer informed everyone that this would also be her last meeting.
Commissioner's Comments – Commission Ed Rothstein	The budget has been approved and is now available for public comment. There are public meetings scheduled at the libraries and so far the response has been at a minimum. Commissioner Rothstein expressed his interest in more community engagement. Many of the municipalities are having their elections and he encouraged everyone to get out and vote because every vote matters.
Approval of Minutes – Hermine Saunders	Hermine requested approval of the March 2019 minutes as submitted. Dan Andersen motioned 1 st and Doc Doxzen 2 nd for approval. All were in favor to approve as submitted.
Old Business – Hermine Saunders	None
New Business – Hermine Saunders	<u>Maryland Statewide Commissions on Aging Summit 2019, Hermine Saunders</u> – September 17 th at the North Laurel Community Center. Theme is Healthy Aging in Maryland and Making Maryland Age Friendly. This is sponsored by the Howard County Commission on Aging and provides an opportunity for all county Commissions to share and learn. Email Leslie if interested in attending. <u>DDA Final Rule Overview, Rich Ottone</u> – The Final Rule was adopted in 2014 with compliance by all Maryland agencies by 2019, but they have pushed that back to 2022. The Senior Inclusion Program had a positive visit with DDA last week. The Final Rule has a person-centered approach to services and a lot of documentation is required which has been a struggle for their staff. With the choices and options available to participants, the staff must capture that in time increments for the day. They are considering a

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	<p>change in name for the program, or not having a name at all. Having a vehicle has made a difference in the program meeting requirements. In the last three years the program has gone from 25 to 30 trips in the community to 134 in year two, and they are on track to reach over 250 trips this year. They have adjusted their schedule of opening and closing times for trips that may be for longer time frames or further away. DDA will be evaluating the program every six months and they welcome their visit so they can hear recommendations and success of other programs. Dan B., who is a family member of someone with developmental disabilities, noted that the State of Maryland took the ruling further than other states, pushing the disabled out in to the community 100% of time, unless they are at home. He noted that he has met with Rich and Celene about possibly expanding the SIP program to other senior centers for those disabled senior adults in local programs who don't necessarily want to be out in the community all the time. He also announced that Change, Inc. has merged with PenMar effective July 1, 2019.</p> <p><u>Carroll Together/AIP Sub-Committee Update, Jim McCarron</u> – Carol and Dan A. are developing a toolkit. At their last meeting they discussed the presentations from Montgomery and Howard Counties. Jim visited the Taneytown Senior & Community Center to ask those present about aging in place and the village concept. Feedback noted that many of those services are currently provided at the local senior centers. He would like to visit other groups in the county to ask the same questions. Broadmead will present at their June 12th meeting.</p> <p><u>Communities for Life Update, Diane Martin</u> – Diane passed the business plan on to Dan A. The State has noted that a successful model would need to include a parent organization. They met with the Partnership for a Healthier Carroll County and Carroll Hospital. The State will be following up with the Partnership. Integrate is interested in participating.</p> <p><u>2019 Seniors on the Go Expo Update, Leslie Wagner</u> – Leslie reported there were 2,000 attendees with 325 staff, volunteers, vendors, screeners and therapists in the arena providing services and support throughout the day. The COAD table was busy most of the day and they were able to have many Community Needs Surveys completed.</p> <p><u>Area Plan: Needs Assessment Survey and Community Meetings, Celene Steckel</u> – To date over 500 surveys have been completed and entered into the system. Two Community Meetings will take place next week when the survey results will be reviewed and the Bureau's services will be presented by Patty and Gina. Monday, May 13th at 12:30pm at South Carroll Senior & Community Center and Wednesday, May 15th at 10am at the Westminster Senior & Community Center. Celene would like Commission members to attend at least one, if not both. Email Leslie with which meeting you will be attending and if you would like to say a few words. The interesting answer so far on the completed surveys has been that many have never received services from BOAD. The most responded group has been between the ages of 70 and 79. Please keep your name badge to wear at events and meetings when you are representing the Commission. Celene will be going before the Commissioners on May 23rd to present the Area Plan. They received notification last Friday on funding and it is only \$15,000 less than actual funding from the last fiscal year. If money becomes available throughout the year the State will provide additional funds. Hermine and Jim will need to review the Area Plan and sign.</p>
<p>Bureau of Aging & Disabilities – Celene Steckel</p>	<p><u>Senior & Community Centers, Celene Steckel</u> –</p> <ul style="list-style-type: none"> • Older Americans Month is May and a special meal will be provided at each of the five senior and community centers.

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	<p>Seven days advance reservation is required. May 16th at 10am the Commissioners will have a special proclamation for Older Americans Month.</p> <p><u>Aging & Disabilities Services, Celene Steckel</u> –</p> <ul style="list-style-type: none"> • Census 2020 – Several Aging staff are on the Complete Count Committee. A campaign will be launched in the next couple of months. • New Website – The new county website is up and running. Please take the time to review the Bureau’s webpages and give feedback to Leslie. • Senior Center Operating Fund Grant - BOAD would like to use the \$12,000 that is available to contract a Dietician/Nutritionist to provide nutrition counseling and complete care plans for those 147 who has been assessed at our five senior and community centers as having a higher risk for malnourishment. BOAD would like to use the competitive side of the grant to contract a consultant to create a provider/referral relationship so that we can utilize the billable component of providing evidence-based health promotion programs that we currently have in the county. Leslie will look into how information on the various food pantries and meals are available to the community. Last year’s grant money was used for the swipe capability for payment of classes and events at the senior and community centers. It has been a great success, which shows that it was needed. • A lot of outreach is being done with BOAD. Gina is on a panel for an Aging with Grace Event at Carroll Hospital on May 20th and they will also have a table with the Bureau of Housing at the Touch a Truck event at Career & Tech Center. <p><u>Other Updates and Announcements, BOAD Staff</u> –</p> <ul style="list-style-type: none"> • World Elder Abuse Awareness Day Event will be June 14, 2019 at the South Carroll Senior & Community Center with a panel discussion on mapping the process if any type of abuse is suspected, including where to go, who can help, and which agency to contact. Many local agencies and organizations will have informational tables. COAD will also be having a table and Leslie will be in touch to seek volunteers. This year’s theme is Lifting up Voices and the Senior Singers have been contacted about performing. The Sheriff’s Office bloodhound and handler will also be present to talk about when older adults are missing. There is a Father’s Day lunch following and reservations are required seven days in advance. The planning committee will look into inviting staff from various senior living and care locations. • The Ombudsman Program has done several in-service trainings regarding Resident Rights and the Rights of Residents to Sexual Expression.
<p>Area Reports – COAD Members</p>	<p><u>Larry Burbank, Veterans</u> – Thirty-five Veterans at the Expo expressed interest in being interviewed this fall for CMC’s Veterans Project. The Veterans Program at Carroll Lutheran Village was well attended.</p> <p><u>Bob Coen, Adults with Disabilities</u> – Image has merged with VME. They would like to support Aging in Place and would be another good resource for the toolkit.</p> <p><u>Carol Wheatley, Westminster</u> – Fifty Older Driver MVA surveys were completed at the Expo. If anyone would like the Older</p>

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Next Meeting Date	The next meeting date is Wednesday, July 10, 2019 at 10:00 a.m. in the Multi-Purpose Room at the Westminster Senior & Community Center.