



Monday

Tuesday

Wednesday

Thursday

Friday

**Reservation Required  
by posted sign up date.**

To reserve a lunch fill out the golden colored lunch reservation book located in the hallway outside the dining room by the specified date.

Cost of lunch for center members 60+ is a donation up to \$6.64 (full cost of meal).

Per grant requirements, those under 60 must pay the full price of \$6.64

Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.64.



1

**CENTER  
CLOSED**

2

Roast Pork Loin w/Dijon Cream Sauce  
Okra & Tomatoes  
Garlic Mashed Potatoes  
WG White Wheat Bread  
Fruit Cocktail

**Sign up due by  
10:00am 12/29**

5  
Italian Sausage & Cheese Sub  
Pepper & Onion Strips  
Red Cabbage Slaw  
WG Italian Roll  
Fruited Yogurt

**Sign up due by  
10:00am 12/30**

6  
Chicken Breast Fricassee  
WG Brown Rice Pilaf  
Mixed Vegetables  
WG White Wheat Bread  
Sliced Apple Snack Pack

**Sign up due by  
10:00am 12/31**

7  
Salisbury Steak w/  
Mushroom Gravy  
Roasted Potatoes  
Seasoned Greens  
WG White Wheat Bread  
Amish Navy Bean Salad

**Sign up due by  
10:00am 1/2**

8  
Reuben Sammy Casserole  
Zucchini & Tomatoes  
Fruit Cocktail  
WG Wheat Bread

**Sign up due by  
10:00am 1/5**

9  
Cream of Broccoli Soup  
BBQ Chicken Sandwich  
WG Hamburger Roll  
Fresh Cole Slaw  
Fruited Yogurt

**Sign up due by  
10:00am 1/6**

12  
Sliced Ham w/Raisin  
Sauce  
Au Gratin Potatoes  
Honey Maple Carrots  
Pineapple Tidbits  
WG White Wheat Bread

**Sign up due by  
10:00am 1/7**

13  
Marry-Me Chicken  
Lemon Rice Pilaf  
Seasoned Green Beans  
WG White Wheat Bread  
Cinnamon Apple Slices

**Sign up due by  
10:00am 1/8**

14  
Lentil & Spinach Soup  
Tuna Salad Sandwich  
*Lettuce & Tomato*  
WG White Wheat Bread  
Corn & Edamame  
Applesauce

**Sign up due by  
10:00am 1/9**

15  
**SPECIAL**  
Broccoli & Cheese Stuffed  
Chicken  
Mashed Potatoes w/Gravy  
Green Bean Casserole  
WG White Wheat Bread  
Apple Pie w/Whipped  
Topping

**Sign up due by  
10:00am 1/7**

16  
Creamy Chicken Piccata  
WG Brown Rice  
Buttered Carrots  
WG White Wheat Bread  
Green Pea & Red Pepper  
Salad

**Sign up due by  
10:00am 1/13**

19  
**CENTER  
CLOSED**

20  
**SPECIAL**  
Roast Beef Sandwich  
*Lettuce, Tomato & onion*  
Sandwich Roll  
Potato Salad  
Cole Slaw  
Fruit Cocktail

**Sign up due by  
10:00am 1/9**

21  
Chicken Breast w/Ranch  
Cream Sauce  
Yellow Rice Pilaf  
WG White Wheat Bread  
Peas & Carrots  
Pineapple Tidbits

**Sign up due by  
10:00am 1/15**

22  
Meatball Sub  
WG White Italian Roll  
Seasoned Green Beans  
Mandarin Oranges

**Sign up due by  
10:00am 1/16**

23  
Chicken Alfredo  
Zucchini & Tomatoes  
Cinnamon Applesauce  
Fruited Yogurt

**Sign up due by  
10:00am 1/20**

26  
Roasted Pork Loin w/  
Creamy Mushroom Sauce  
German Cucumber Salad  
Garlic Mashed Potatoes  
WG White Wheat Dinner  
Roll  
Sliced Apple Snack Pack

**Sign up due by  
10:00am 1/21**

27  
Chicken Caeser Salad  
WG Cornbread Loaf  
Hot Spiced Apples

**Sign up due by  
10:00am 1/22**

28  
Classic Meatloaf w/Gravy  
Seasoned Green Beans  
WG Brown Rice  
WG White Wheat Bread  
Diced Peaches

**Sign up due by  
10:00am 1/23**

29  
Greek Chicken Grain Bowl  
*(Pearled Barley, Chicken,  
Greek Salad & Feta Cheese)*  
Apricot Halves

**Sign up due by  
10:00am 1/26**

30  
Sliced Corned Beef w/  
Mustard Dill Sauce  
WG White Wheat Bread  
Mashed Potatoes  
Braised Red Cabbage  
Corn & Pea Salad  
Tropical Fruit

**Sign up due by  
10:00am 1/27**