

APRIL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Ground Beef Stroganoff WG Butter Noodles WG Wheat Bread Creamy Cucumber Salad Mandarin Oranges</p> <p>Sign up due by 10:00am 3/26</p>	<p>2</p> <p>Roast Pork Loin w/Sweet Onion Gravy Peas & Mushrooms Garlic Mashed Potatoes WG Wheat Bread Fruit Cocktail</p> <p>Sign up due by 10:00am 3/27</p>	<p>3</p> <p>SPECIAL Honey BBQ Beef Rib Patty Fresh Cole Slaw WG Sandwich Roll Fiesta Black Beans Fruited Yogurt</p> <p><small>Free Carroll County Senior Center Cook Book with Lunch While Supplies Last</small></p> <p>Sign up due by 10:00am 3/28</p>	<p>4</p> <p>SPECIAL Beef Steak w/Red Wine Demi-Glaze White & Wild Rice Blend Roasted Root Vegetable Medley Pound Cake</p> <p>Sign up due by 10:00am 3/26</p>	<p>5</p> <p>Open Faced Turkey Sandwich w/Gravy Mashed Potatoes Dilled Carrots WG Wheat Bread Fruit Cocktail</p> <p>Sign up due by 10:00am 4/2</p>
<p>8</p> <p>TAKE HOME LUNCH</p>   <p>Jersey Mike's Italian Cold Cut Eclipse Viewing Glasses</p> <p>Sign up due by 10:00am 4/1</p>	<p>9</p> <p>FOOD TRUCK TAKE HOME LUNCH</p> <p>Cryin Johnnies Hot Dog Food Truck</p>  <p>Sign up due by 10:00am 4/2</p>	<p>10</p> <p>Maple-Peach Glazed Ham Au Gratin Potatoes Braised Cabbage WG Wheat Bread Pineapple Tidbits</p> <p>Sign up due by 10:00am 4/5</p>	<p>11</p> <p>SPECIAL Bratwurst in Beer Sauerkraut Peppers & Onions WG Club Roll Crumb Cake</p> <p>Sign up due by 10:00am 4/3</p>	<p>12</p> <p>Turkey Burger w/Cheese Lettuce & Tomato Cucumber & Onion Salad Baked Beans WG Sandwich Roll</p> <p>Sign up due by 10:00am 4/9</p>
<p>15</p> <p>Pot Roast of Beef w/Burgundy Gravy Roasted Potatoes Seasoned Greens WG Wheat Bread Mandarin Oranges</p> <p>Sign up due by 10:00am 4/10</p>	<p>16</p> <p>Chicken Cacciatore WG Brown Rice Buttered Carrots Green Pea & Red Pepper Salad WG Wheat Bread</p> <p>Sign up due by 10:00am 4/11</p>	<p>17</p> <p>Pepperjack Beef Burger WG Sandwich Roll Lettuce & Tomato Fresh Broccoli Slaw Tropical Fruit</p> <p>Sign up due by 10:00am 4/12</p>	<p>18</p> <p>Tomato Multibean Soup Tuna Salad Sandwich Lettuce & Tomato WG Wheat Bread Copper Pennies Salad Hot Cinnamon Apples Fruited Yogurt</p> <p>Sign up due by 10:00am 4/15</p>	<p>19</p> <p>Creamy Ranch Chicken Breast Yellow Rice Pilaf Peas & Carrots Moroccan Beet Salad WG Wheat Bread</p> <p>Sign up due by 10:00am 4/16</p>
<p>22</p> <p>SUB Meatball & Cheese Sub Cheese Garnish WG Wheat Italian Roll Green Beans Mandarin Oranges</p> <p>Sign up due by 10:00am 4/17</p>	<p>23</p> <p>Chicken Breast Paprika WG Lemon Rice Pilaf Wax Bean & Green Bean Medley WG Wheat Bread Cinnamon Applesauce</p> <p>Sign up due by 10:00am 4/18</p>	<p>24</p> <p>Split Pea Soup Chicken Salad Sandwich Lettuce & Tomato WG Sandwich Roll Fresh Cole Slaw Tropical Fruit</p> <p>Sign up due by 10:00am 4/19</p>	<p>25</p> <p>SPECIAL Stuffed Green Pepper (Peppers Stuffed w/Beef, Rice & Tomato w/Marinara Sauce) Diced Beets WG Wheat Bread Crumb Cake</p> <p>Sign up due by 10:00am 4/17</p>	<p>26</p> <p>SPECIAL Apple Almond Chicken (Skin-on Chicken Breast Stuffed w/Apples, Almonds and Raisins w/White Wine Sauce) White & Wild Rice Dilled Carrots Peas & Pearl Onions Butterscotch Pudding</p> <p>Sign up due by 10:00am 4/18</p>
<p>29</p> <p>SUB Roast Turkey Sliced Cheddar Lettuce, Tomato & Onion Kaiser Roll Potato Salad Cole Slaw Fruit Cocktail</p> <p>Sign up due by 10:00am 4/19</p>	<p>30</p> <p>WG Pasta Bake WG Wheat Bread Greek Cucumber/Tomato Salad Feta Cheese Garnish</p> <p>Sign up due by 10:00am 4/25</p>	<p>Reservation Required by posted sign up date.</p> <p><i>To reserve a lunch fill out a menu with your name and clearly mark the lunches you want. Turn the menu in at the front desk.</i></p> <p>Cost of lunch for center members 60+ is a donation up to \$6.09 (full cost of meal).</p> <p>Per grant requirements, those under 60 must pay the full price of \$6.09</p> <p>Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.09.</p>		