



# October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1) <b>RSVP by 9/26</b>  Cheddar Cheeseburger Corn O'Brien Creamy Cucumber Salad Apple Juice	2) <b>RSVP by 9/29</b>  Roasted Pork Loin Dijon sauce Mashed Potatoes Okra & Tomatoes Fruit Cocktail Fruit Punch Chocolate Milk	3) <b>RSVP by 9/30</b>  Italian Sausage & Cheese Sub Cabbage Slaw Juice Yogurt
6) <b>RSVP by 10/1</b>  Chicken Fricassee Rice Pilaf Mixed Vegetables Apple Slices Wheat Bread	7) <b>RSVP by 9/30</b>  <b>Ham &amp; Cheddar Cheese Sub L,T,O Kaiser Roll Potato Salad Cole Slaw Fruit Cocktail</b>  <b>SUB DAY</b>	8) <b>RSVP by 10/3</b>  Reuben Sammy Casserole Zucchini & Tomatoes Fruit Cocktail Wheat Bread Juice Chocolate Milk  <b>NEW!</b>	9) <b>RSVP by 10/6</b>  BBQ Chicken Sandwich Cream of Broccoli Soup Cabbage Slaw Apricot Halves	10) <b>RSVP by 10/7</b>  Ham Slice & Raisin Sauce Au Gratin Potatoes Maple Carrots Pineapple Tidbits Wheat Bread Juice Chocolate Milk
13)  <b>CLOSED FOR HOLIDAY</b>	14) <b>RSVP by 10/9</b>  Tuna Salad Sandwich Lentil & Spinach Soup Corn & Edamame Applesauce	15) <b>RSVP by 10/10</b>  Beef Stroganoff Roasted Potatoes Seasoned Greens Mandarin Oranges Wheat Bread Juice	16) <b>RSVP by 10/9</b>  <b>Bratwurst Peppers &amp; Onions Potatoes Red Cabbage Waldorf Salad Dessert</b>  <b>Oktoberfest</b>	17) <b>RSVP by 10/14</b>  Pepperjack Turkey Burger Broccoli Slaw Tropical Fruit Yogurt Juice
20) <b>RSVP by 10/13</b>  All Beef Hot Dogs Baked Beans Cole Slaw Fruit Cocktail Juice	21) <b>RSVP by 10/16</b>  Creamy Ranch Chicken Rice Pilaf Peas & Carrots Pineapple Tidbits Wheat Bread Juice	22) <b>RSVP by 10/17</b>  Meatball Sub Green Beans Mandarin Oranges Juice	23) <b>RSVP by 10/20</b>  Chicken Alfredo Zucchini & Tomatoes Cinnamon Applesauce Juice Yogurt	24) <b>RSVP By 10/21</b>  Pork Loin & Mushroom Sauce Cucumber Salad Mashed Potatoes Dinner Roll Apple Slices Chocolate Milk
27) <b>RSVP by 10/22</b>  Chicken Caesar Salad Split Pea Soup Cornbread Apples	28) <b>RSVP by 10/23</b>  Meatloaf & Gravy Green Beans Brown Rice Diced Peaches Wheat Bread Juice	29) <b>RSVP by 10/24</b>  Greek Chicken Grain Bowl Apricots Juice  <b>NEW!</b>	30) <b>RSVP 10/27</b>  Corned Beef & Mustard Dill Sauce Mashed Potatoes Braised Red Cabbage Corn & Pea Salad Tropical Fruit	31) <b>RSVP 10/24</b>  <b>Baked Potato Chili Con Carne Spinach Salad Applesauce Wheat Bread Fruit Punch</b>  <b>BAKED POTATO</b>

- ♦ **Cost of lunch for Center members 60+ years is a donation up to \$6.64 (full cost of meal).**
- ♦ **Per grant requirements, individuals age 50-59 years must pay the full price.**
- ♦ **Spouses of members 60+ years, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.64.**