



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Pepperjack Turkey Burger</p> <p>WG Sandwich Roll <i>Lettuce/Tomato</i></p> <p>Fresh Broccoli Slaw</p> <p>Tropical Fruit</p> <p>Fruited Yogurt</p> <p><b>Sign up due by 10:00am 1/28</b></p>	<p>3</p> <p>Indian Butter Chicken</p> <p>Bombay Brown Rice</p> <p>Kachumber Salad</p> <p>Mandarin Oranges</p> <p>WG White Wheat Bread</p> <p><b>Sign up due by 10:00am 1/29</b></p>	<p>4</p> <p>Beef Pot Roast Au Jus <i>Horseradish Cream Sauce</i></p> <p>WG Sandwich Bun</p> <p>Honey Roasted Beets</p> <p>Fresh Cole Slaw</p> <p><b>Sign up due by 10:00am 1/30</b></p>	<p>5</p> <p>Creamy Chicken Casserole</p> <p>Yellow Rice Pilaf</p> <p>Seasoned Green Beans</p> <p>Diced Peaches</p> <p>WG White Wheat Bread</p> <p><b>Sign up due by 10:00am 2/2</b></p>	<p>6</p> <p>Cheddar Cheeseburger <i>Lettuce &amp; Tomato</i></p> <p>Corn O'Brien</p> <p>WG Hamburger Bun</p> <p>Creamy Cucumber Salad</p> <p><b>Sign up due by 10:00am 2/3</b></p>
<p>9</p> <p>Roast Pork Loin w/Dijon Cream Sauce</p> <p>Okra &amp; Tomatoes</p> <p>Garlic Mashed Potatoes</p> <p>WG White Wheat Bread</p> <p>Fruit Cocktail</p> <p><b>Sign up due by 10:00am 2/4</b></p>	<p>10</p> <p>Italian Sausage &amp; Cheese Sub</p> <p>Pepper &amp; Onion Strips</p> <p>Red Cabbage Slaw</p> <p>WG Italian Roll</p> <p>Fruited Yogurt</p> <p><b>Sign up due by 10:00am 2/5</b></p>	<p>11</p> <p>Chicken Breast Fricassee</p> <p>WG Brown Rice</p> <p>Mixed Vegetable</p> <p>WG White Wheat Bread</p> <p>Sliced Apple Snack Pack</p> <p><b>Sign up due by 10:00am 2/6</b></p>	<p>12</p> <p>Salisbury Steak w/ Mushroom Gravy</p> <p>Roasted Potatoes</p> <p>Seasoned Greens</p> <p>WG White Wheat Bread</p> <p>Amish White Bean Salad</p> <p><b>Sign up due by 10:00am 2/9</b></p>	<p>13 ♥ <b>SPECIAL</b> ♥</p> <p>Roast Eye Round of Beef Gravy/Au Jus Roll ♥</p> <p>♥ Mashed Potatoes Harvard Beets Green Bean Casserole Cherry Pie w/Whipped Topping</p> <p>♥ <b>Sign up due by</b> ♥ 10:00am 2/5</p>
<p>16 ☆ <b>President's Day</b> ☆</p> <p><b>CENTER CLOSED</b></p>	<p>17 <b>Chinese New Year</b></p> <p><b>\$12 paid at front desk when you sign up</b></p> <p><b>Choose 1</b></p> <p>General Tso's Chicken Kung Pao Chicken Four Seasons Beef Lo Mein</p> <p><i>Each meal comes with pork fried rice &amp; egg roll</i></p> <p><b>Sign up at front desk by 10:00am 2/6</b></p>	<p>18</p> <p>"Marry Me" Chicken Breast</p> <p>Lemon Rice Pilaf</p> <p>Seasoned Green Beans</p> <p>WG White Wheat Bread</p> <p>Cinnamon Apple Slices</p> <p><b>Sign up due by 10:00am 2/12</b></p>	<p>19</p> <p>Lentil &amp; Spinach Soup</p> <p>Tuna Salad Sandwich <i>Lettuce &amp; Tomato</i></p> <p>WG White Wheat Bread</p> <p>Corn &amp; Edamame</p> <p>Applesauce</p> <p><b>Sign up due by 10:00am 2/13</b></p>	<p>20</p> <p>Pot Roast of Beef w/ Stroganoff Sauce</p> <p>Roasted Potatoes</p> <p>WG White Wheat Bread</p> <p>Seasoned Green Beans</p> <p>Mandarin Oranges</p> <p><b>Sign up due by 10:00am 2/17</b></p>
<p>23 <b>SUB</b></p> <p>Danish Ham Sub</p> <p>Swish Cheese</p> <p>Lettuce, Tomato &amp; Onion Club Roll</p> <p>Potato Salad</p> <p>Cole Slaw</p> <p>Fruit Cocktail</p> <p><b>Sign up due by 10:00am 2/13</b></p>	<p>24</p> <p>Mediterranean White Bean Soup</p> <p>Turkey-Ham Maccaroni Plate</p> <p>Baby Spinach Bed</p> <p>Grape Tomatoes</p> <p>WG White Wheat Bread</p> <p>Pineapple Tidbits</p> <p><b>Sign up due by 10:00am 2/19</b></p>	<p>25</p> <p>Tuna Noodle Casserole</p> <p>WG White Wheat Bread</p> <p>Chickpea &amp; Tomato Salad</p> <p>Hot Cinnamon Apples</p> <p><b>Sign up due by 10:00am 2/20</b></p>	<p>26</p> <p>Chicken Breast w/Ranch Cream Sauce</p> <p>Yellow Rice Pilaf</p> <p>WG White Wheat Bread</p> <p>Peas &amp; Carrots</p> <p>Pineapple Tidbits</p> <p><b>Sign up due by 10:00am 2/23</b></p>	<p>27</p> <p>Meatball Sub</p> <p>WG White Wheat Italian Roll</p> <p>Seasoned Green Beans</p> <p>Mandarin Oranges</p> <p><b>Sign up due by 10:00am 2/24</b></p>
<p><b>Reservation Required</b></p> <p><b>by posted sign up date.</b></p> <p><i>To reserve a lunch fill out the colored lunch reservation book located in the hallway outside the dining room by the specified date. Cost of lunch for center members 60+ is a donation up to \$6.64 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.64. Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.64.</i></p>		<p>♥ ♥</p> <p><b>Chinese sign-up starts January 21<sup>st</sup></b></p> <p>♥ ♥</p>	<p><b>February 17th is a fundraiser for the Site Council.</b></p> <p>Box lunch can be ordered on 2/17 instead of the Chinese. Order box lunch in lunch book.</p>	