

# HOT Lunches *Westminster Senior Center* APRIL 2023

**Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.**  
 Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.  
 Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.  
**Circle** days eating; on either **HOT** or **COLD** side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = Donation Up To \$5.27, includes accompanying younger spouses;  
 Under 60 Years Old = Full Price \$5.27, Paid Directly To Assistant Director **NAME:**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p>				
<p>3  <b>RSVP 3/27/23</b>                      CLASSIC BEEF TACO                      RANCHERO PINTO BEANS                      SOUTHWEST CABBAGE &amp; CORN SALAD                      MEXICAN RICE                      TORTILLA                      SOUR CREAM, CHEESE, LETTUCE &amp; SALSA</p>	<p>4  <b>RSVP 3/27/23</b>                      ROAST PORK LOIN W/ SWEET ONION GRAVY                      SAUERKRAUT                      BUTTERED NOODLES                      WHEAT BREAD                      FRUIT COCKTAIL</p>	<p>5  <b>RSVP 3/27/23</b>                      HONEY BBQ BEEF RIB PATTY                      COLE SLAW                      SANDWICH ROLL                      CHILLED PEARS                      FRUITED YOGURT</p>	<p>6  <b>“SPECIAL” Easter Lunch</b>  <b>RSVP 3/27/23</b>                      ROAST PORK LOIN W/ GRAVY                      GREEN BEAN CASSEROLE                      RED SKINNED POTATOES                      DINNER ROLL                      PEACHES                      FRUIT PIE</p>	<p>7  <b>CLOSED</b></p>
<p>10  <b>RSVP 4/3/23</b>                      SALISBURY STEAK W/ GRAVY                      ROASTED POTATOES                      HARVARD BEETS                      WHEAT BREAD                      AMISH NAVY BEAN SALAD</p>	<p>11  <b>RSVP 4/3/23</b>                      CHICKEN PARMESAN SANDWICH                      MARINARA SAUCE                      SHREDDED CHEESE                      BUTTERED CARROTS                      GREEN PEA SALAD</p>	<p>12  <b>RSVP 4/3/23</b>                      PINEAPPLE HAM                      AU GRATIN POTATOES                      BRAISED CABBAGE                      GREEK STYLE SALAD WITH FETA CHEESE                      WHEAT BREAD</p>	<p>13  <b>RSVP 4/3/23</b>                      ROAST CHICKEN LEG                      MAC &amp; CHEESE                      GREEN BEANS                      CORN MUFFIN                      CINNAMON APPLE SLICES</p>	<p>14  <b>RSVP 4/3/23</b>                      HOT DOG ROLL                      BAKED BEANS                      COLE SLAW                      DICED PEARS</p>
<p>17  <b>“SPECIAL” Sub Day</b>  <b>RSVP 4/10/23</b>                      ROAST TURKEY                      CHEDDAR CHEESE                      CONDIMENTST                      POTATO SALAD                      COLE SLAW                      FRUIT COCKTAIL</p>	<p>18  <b>RSVP 4/10/23</b>                      CREAM OF BROCCOLI SOUP                      BBQ CHICKEN SANDWICH                      FRESH RED CABBAGE SLAW                      APRICOT HALVES</p>	<p>19  <b>RSVP 4/10/23</b>                      TURKEY ALA KING                      MIXED VEGETABLES                      BROWN RICE                      BROCCOLI SLAW                      WHEAT BREAD</p>	<p>20  <b>RSVP 4/10/23</b>                      TOMATO MULTIBEAM SOUP                      TUNA SALAD SANDWICH                      WHEAT BREAD                      COPPER PENNIES                      HOT CINNAMON APPLES</p>	<p>21  <b>RSVP 4/10/23</b>                      BAKED CHICKEN LEG                      YELLOW RICE                      PEAS &amp; CARROTS                      DICED PINEAPPLE                      WHEAT BREAD</p>
<p>24  <b>RSVP 4/17/23</b>                      MEATBALL SUB                      CHEESE                      WHEAT ITALIAN ROLL                      GREEN BEANS                      MANDARIN ORANGES</p>	<p>25  <b>RSVP 4/17/23</b>                      GRILLED CHICKEN W/ CREAMY MUSHROOM SAUCE                      WILD RICE                      WAX &amp; GREEN BEANS                      WHEAT BREAD                      CINNAMON APPLESAUCE</p>	<p>26  <b>Volunteer Lunch</b>  <b>RSVP 4/17/23</b>                      FRIED CHICKEN                      MACARONI &amp; CHEESE                      COUNTRY GREEN BEANS                      COLE SLAW                      ROLLS                      CAKE</p>	<p>27  <b>RSVP 4/17/23</b>                      ROASTED PORK LOIN W/ GRAVY                      SEASONED KALE                      AU GRATIN POTATOES                      DINNER ROLL                      SLICED APPLES</p>	<p>28  <b>“SPECIAL” Baked Potato</b>  <b>RSVP 4/17/23</b>                      BAKED POTATO                      SPINACH SALAD                      GRAPE TOMATOES                      CHILI &amp; CHEESE                      SOUR CREAM                      WHEAT BREAD                      APPLESAUCE</p>

# COLD Lunches *Westminster Senior Center* APRIL 2023

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 Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

**Meal Price: 60 Years Old & Up = Donation Up To \$5.27, includes accompanying younger spouses;  
 Under 60 Years Old = Full Price \$5.27, Paid Directly To Assistant Director**

**Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the  
 HOT side of the menu, on the day of the substitution.**

**Write name on the menu & turn in white copy.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<b>RSVP 3/27/23</b> BOLOGNA, SALAMI & CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	<b>RSVP 3/27/23</b> TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	<b>RSVP 3/27/23</b> COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	<b>RSVP 3/27/23</b> EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	<b>CLOSED</b>
10	11	12	13	14
<b>RSVP 4/3/23</b> CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	<b>RSVP 4/3/23</b> COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	<b>RSVP 4/3/23</b> CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCOLATE MILK / JUICE	<b>RSVP 4/3/23</b> HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	<b>RSVP 4/3/23</b> TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE
17	18	19	20	21
<b>RSVP 4/10/23</b> BOLOGNA, SALAMI & CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	<b>RSVP 4/10/23</b> TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	<b>RSVP 4/10/23</b> COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	<b>RSVP 4/10/23</b> EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	<b>RSVP 4/10/23</b> TURKEY & CHEESE ON THIN BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE
24	25	26	27	28
<b>RSVP 4/17/23</b> CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	<b>RSVP 4/17/23</b> COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	<b>NO BOX LUNCH                      OPTION</b>	<b>RSVP 4/17/23</b> HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	<b>RSVP 4/17/23</b> TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE