

## July 2025 Menu **North Carroll Lunch** MENU SUBJECT TO CHANGE WITHOUT NOTICE

Cost of lunch for center members 60+ is a donation up to \$6.31 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.31. Spouses of adults 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.31.

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Meatloaf w/Gravy Roasted Potatoes Cucumber Salad Mandarin Oranges Bread/Juice/Milk RSVP BY 6/26 @ 10AM	2. Roasted Pork Loin Dijon Cream Sauce Garlic Mashed Potatoes Peas & Mushrooms Fruit Cocktail Bread/Milk RSVP BY 6/27 @ 10AM	3. <b>CHEESEBURGER</b> <b>Baked Beans</b> <b>Pepper Slaw</b> <b>Watermelon</b> <b>Apple Pie</b> <b>Milk</b> <b>RSVP BY 6/26 @ 10AM</b>	4.  Center Closed
7. Salisbury Steak w/ Mushroom Gravy Roasted Potatoes Seasoned Greens White Bean Salad Milk RSVP BY 7/2 @ 10AM	8. White Bean Chicken Chili Yellow Rice Pilaf Corn Muffin Milk Juice RSVP BY 7/3 @ 10AM	9. <b>ITALIAN COLD CUT SUB</b> <b>Potato Salad</b> <b>Cole Slaw</b> <b>Fruit Cocktail</b> <b>Milk</b> <b>RSVP BY 7/2 @ 10AM</b>	10. Pineapple Glazed Ham Au Gratin Potatoes Honey Maple Carrots Pineapple Tidbits Bread/Milk RSVP BY 7/7 @ 10AM	11. Chicken w/ Artichoke Sauce Lemon Rice Pilaf Green Beans Cinnamon Apple Slices Bread/Juice/Milk RSVP BY 7/8 @ 10AM
14. Lentil & Spinach Soup Tuna Salad Sandwich Corn & Edamame Applesauce Milk RSVP BY 7/9 @ 10AM	15. Pot Roast of Beef Chasseur Roasted Potatoes Seasoned Greens Mandarin Oranges Bread/Milk RSVP BY 7/10 @ 10AM	16. Creamy Chicken Piccata Brown Rice Buttered Carrots Green Pea & Pepper Salad Bread/Milk/Juice RSVP BY 7/11 @ 10AM	17. Pepperjack Cheese Burger Broccoli Slaw Tropical Fruit Fruit Yogurt RSVP BY 7/14 @ 10AM	18. Tuna Noodle Casserole Chickpea & Tomato Salad Cinnamon Apples Bread/Milk/Juice RSVP BY 7/15 @10AM
21. Chicken Breast w/ Ranch Cream Sauce Yellow Rice Pilaf Peas & Carrots Pineapple Tidbits Bread/Milk/Juice RSVP BY 7/16 @ 10AM	22. <b>POTATO DAY</b> <b>Chili con Carne</b> <b>Spinach Salad</b> <b>Applesauce</b> <b>Bread/Juice/Milk</b> <b>RSVP BY 7/15 @10AM</b>	23. Turkey Florentine Lemon Rice Pilaf Zucchini & Tomato Applesauce Fruit Yogurt RSVP BY 7/18 @10AM	24. Split Pea Soup Chicken Ceaser Salad Cornbread Loaf Hot Spiced Apples Bread/Milk RSVP BY 7/21 @10AM	25. Roasted Pork Loin w/ Creamy Mushroom Sauce German Cucumber Salad Mashed Potatoes Sliced Apple Pack Bread/Milk RSVP BY 7/22 @10AM
28. <b>HOT DOG DAY</b> <b>Baked Beans</b> <b>Cole Slaw</b> <b>Diced Pears</b> <b>Milk</b> <b>RSVP BY 7/21 @ 10AM</b>	29. Corned Beef w/ Mustard Dill Sauce Mashed Potatoes Braised Red Cabbage Corn & Pea Salad Tropical Fruit/ Milk RSVP BY 7/24 @ 10AM	30. <b>MEATLOAF SPECIAL</b> <b>Mashed Potatoes</b> <b>Sliced Carrots</b> <b>Applesauce</b> <b>Bread/Juice/Milk</b> <b>RSVP BY 7/23 @ 10AM</b>	31. White Bean Soup Turkey-Ham Maccaroni Salad Spinach Salad w/ Grape Tomatoes Pineapple Tidbits Bread/Milk RSVP BY 7/28 @ 10AM	