

# HOT Lunches

# Westminster Senior Center

# APRIL 2024

**Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.**

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

**Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.**

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.09, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.09, Paid Directly To Assistant Director NAME:**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>RSVP 3/26/24</b> <sup>1</sup></p> <p>GROUND BEEF STROGANOFF BUTTERED NOODLES CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES</p>	<p><b>RSVP 3/26/24</b> <sup>2</sup></p> <p>PORK LOIN / SWEET ONION GRAVY PEAS &amp; MUSHROOMS GARLIC MASHED POT. WHEAT BREAD FRUIT COCKTAIL</p>	<p><b>RSVP 3/26/24</b> <sup>3</sup></p> <p>HONEY BBQ BEEF RIB PATTY ON ROLL FIESTA BLACK BEANS COLE SLAW FRUITED YOGURT</p>	<p><b>RSVP 3/26/24</b> <sup>4</sup></p> <p>CHICKEN BREAST COQ AU VIN BROWN RICE MIXED VEGETABLES WHEAT BREAD APPLE SNACK PACK</p>	<p><b>RSVP 3/26/24</b> <sup>5</sup></p> <p>TURKEY &amp; GRAVY MASHED POTATOES DILLED CARROTS WHEAT BREAD FRUIT CUP</p>
<p><b>RSVP 4/3/24</b> <sup>8</sup></p> <p>SALISBURY STEAK GRAVY ROASTED POTATOES HARVARD BEETS WHEAT BRAED AMISH BEAN SALAD</p>	<p><b>RSVP 4/3/24</b> <sup>9</sup></p> <p>CR. OF BROCCOLI SOUP BBQ CHICKEN ROLL RED CABBAGE SLAW APRICOTS</p>	<p><b>RSVP 4/3/24</b> <sup>10</sup></p> <p>MAPLE / PEACH GLAZED HAM AU-GRATIN POTATOES BRAISED CABBAGE WHEAT BREAD PINEAPPLE TIDBITS</p>	<p><b>"SPECIAL"</b> <sup>11</sup> <b>BAKED POTATO</b> <b>RSVP 4/3/24</b></p> <p>BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI &amp; CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE</p>	<p><b>RSVP 4/3/24</b> <sup>12</sup></p> <p>TURKEY BURGER SLICED CHEESE ROLL LETTUCE / TOMATO BAKED BEANS CUCUMBER ONION SALAD</p>
<p><b>RSVP 4/9/24</b> <sup>15</sup></p> <p>ROAST BEEF &amp; BURGUNDY GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD MANDARIN ORANGES</p>	<p><b>RSVP 4/9/24</b> <sup>16</sup></p> <p>CHICKEN CACCITORE BROWN RICE BUTTERED CARROTS WHEAT BREAD GREEN PEA &amp; RED PEPPER SALAD</p>	<p><b>RSVP 4/9/24</b> <sup>17</sup></p> <p>PEPPER JACK BEEF PATTY ON ROLL LETTUCE TOMATO GARNISH BROCCOLI SLAW TROPICAL FRUIT</p>	<p><b>RSVP 4/9/24</b> <sup>18</sup></p> <p>TOMATO BEAN SOUP TUNA SALAD SANDWICH COPPER PENNIES CINNAMON APPLES YOGURT</p>	<p><b>RSVP 4/9/24</b> <sup>19</sup></p> <p>CHEESE PIZZA CAESAR SALAD CROUTONS APRICOT HALVES</p>
<p><b>RSVP 4/16/24</b> <sup>22</sup></p> <p>MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p>	<p><b>RSVP 4/16/24</b> <sup>23</sup></p> <p>CHICKEN BREAST PAPRIKA LEMON RICE PILAF WAX &amp; GREEN BEAN MEDLEY WHEAT BREAD CINNAMON APPLESAUCE</p>	<p><b>RSVP 4/16/24</b> <sup>24</sup></p> <p>SPLIT PEA SOUP CHICKEN SALAD SANDWICH LETTUCE / TOMATO COLE SLAW TROPICAL FRUIT</p>	<p><b>RSVP 4/16/24</b> <sup>25</sup></p> <p>PORK LOIN &amp; GRAVY SEASONED KALE GARLIC M. POTATOES GERMAN CUCUMBER SALAD WHEAT DINNER ROLL APPLE SNACK PACK YOGURT</p>	<p><b>BOX LUNCH ONLY</b></p> <p>SEE OTHER SIDE</p>
<p><b>"SPECIAL"</b> <sup>29</sup> <b>SUB DAY</b> <b>RSVP 4/19/23</b></p> <p>ROAST TURKEY &amp; CHEESE ON KAISER ROLL CONDITMENTS POTATO SALAD COLE SLAW FRUIT COCKTAIL</p>	<p><b>RSVP 4/19/24</b> <sup>30</sup></p> <p>HOT DOG MEAL CNDITMENTS BAKED BEANS COLE SLAW DICED PEARS</p>			<p><b>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</b></p>

# COLD Lunches

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APRIL 2024

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Under 60 Years Old = **Full Price \$6.99**, Paid Directly To Assistant Director

**Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.**

**Write name on the menu & turn in white copy.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 <b>RSVP 3/19/24</b></p> <p>BOLOGNA, SALAMI &amp; CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>2 <b>RSVP 3/19/24</b></p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p>3 <b>RSVP 3/19/24</b></p> <p>COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE</p>	<p>4 <b>RSVP 3/19/24</b></p> <p>EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>5 <b>RSVP 2/26/24</b></p> <p>TURKEY &amp; CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>
<p>8 <b>RSVP 2/26/24</b></p> <p>CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>9 <b>RSVP 2/26/24</b></p> <p>COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>10 <b>RSVP 2/26/24</b></p> <p>CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>	<p>11 <b>RSVP 2/26/24</b></p> <p>HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>12 <b>RSVP 2/26/24</b></p> <p>TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE</p>
<p>15 <b>RSVP 3/5/24</b></p> <p>BOLOGNA, SALAMI &amp; CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>16 <b>RSVP 3/5/24</b></p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p>17 <b>RSVP 3/5/24</b></p> <p>COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE</p>	<p>18 <b>RSVP 3/5/24</b></p> <p>EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>19 <b>RSVP 3/5/24</b></p> <p>TURKEY &amp; CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>
<p>22 <b>RSVP 3/12/24</b></p> <p>CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>23 <b>RSVP 3/12/24</b></p> <p>COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>24 <b>RSVP 3/12/24</b></p> <p>CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>	<p>25 <b>RSVP 3/12/24</b></p> <p>HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p>26 <b>RSVP 3/12/24</b></p> <p>TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE</p>
<p>29 <b>RSVP 3/19/24</b></p> <p>BOLOGNA, SALAMI &amp; CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p>30 <b>RSVP 3/19/24</b></p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>			