

# HOT Lunches *Westminster Senior Center* OCTOBER 2025

**Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.**

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

**Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.**

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.64, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.64, Paid Directly To Assistant Director** **NAME:**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

|   |   |   |   |   |
|---|---|---|---|---|
| <p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p>  |   | <p>1<br/>RSVP 9/25/25</p> <p>CHEDDAR CHEESE BURGER ON ROLL<br/>L.T.KETCHUP<br/>CORN O'BRIEN<br/>CREAMY CUCUMBER SALAD<br/>JUICE<br/>MILK</p>                                | <p>2<br/>RSVP 9/25/25</p> <p>PORK LOIN W/ DIJON CREAM SAUCE<br/>OKRA &amp; TOMATOES<br/>GARLIC MASHED POTATOES<br/>WHEAT BREAD<br/>FRUIT COCKTAIL<br/>JUICE<br/>CHOCOLATE MILK</p>        | <p>3<br/>RSVP 9/25/25</p> <p>ITALIAN SAUSAGE &amp; CHEESE SUB ROLL<br/>PEPPER AND ONIONS<br/>RED CABBAGE SLAW<br/>YOGURT<br/>JUICE</p>  |
| <p>6<br/>RSVP 9/29/25</p> <p>CHICKEN BREAST<br/>FRICASSEE<br/>BROWN RICE PILAF<br/>MIXED VEGETABLES<br/>WHEAT BREAD<br/>APPLE PACK<br/>JUICE<br/>MILK</p> | <p>7<br/>SPECIAL SUB DAY<br/>RSVP 9/29/25</p> <p>SLICED HAM SUB<br/>CHEDDAR CHEESE CLUB ROLL / MAYO<br/>L.T. ONION<br/>POTATO SALAD<br/>COLE SLAW<br/>FRUIT COCKTAIL<br/>MILK</p> | <p>8<br/>RSVP 9/29/25 NEW</p> <p>REUBEN SAMMY<br/>CASSEROLE<br/>ZUCCHINI &amp; TOMATOES<br/>WHEAT BREAD<br/>FRUIT COCKTAIL<br/>JUICE<br/>CHOCO. MILK<br/>(NEW)</p>          | <p>9<br/>RSVP 9/29/25</p> <p>CR. OF BROCCOLI SOUP<br/>BBQ CHICKEN ROLL<br/>COLE SLAW<br/>YOGURT<br/>JUICE</p>   | <p>10<br/>RSVP 9/29/25</p> <p>SLICED HAM W/ RAISIN SAUCE<br/>AU GRATIN POTATOES<br/>HONEY MAPLE CARROTS<br/>WHEAT BREAD<br/>PINEAPPLE TIDBITS<br/>JUICE &amp; CHOCO. MILK</p> |
| <p>13</p>   | <p>14<br/>RSVP 10/7/25</p> <p>LENTIL &amp; SPINACH SOUP<br/>TUNA SALAD<br/>SANDWICH<br/>CORN &amp; EDAMAME SALAD<br/>APPLESAUCE<br/>MILK</p>                                      | <p>15<br/>RSVP 10/7/25</p> <p>POT ROAST OF BEEF<br/>STROGANOFF SAUCE<br/>ROASTED POTATOES<br/>SEASONED GREENS<br/>WHEAT BREAD<br/>MANDARIN ORANGES<br/>JUICE &amp; MILK</p> | <p>16<br/>SPECIAL OKTOBERFEST<br/>RSVP 10/7/25</p> <p>BRATWURST W/ ONIONS &amp; PEPPERS CLUB ROLL<br/>BRAISED RED CABBAGE<br/>RED SKIN POTATOES<br/>WALDORF SALAD<br/>DESSERT / CIDER</p> | <p>17<br/>RSVP 10/7/25</p> <p>TURKEY BURGER W/ PEPPER JACK CHEESE ON ROLL<br/>L.T.KETCHUP<br/>BROCCOLI SLAW<br/>TROPICAL FRUIT<br/>YOGURT &amp; JUICE</p>                     |
| <p>20<br/>RSVP 10/14/25</p> <p>BEEF HOT DOG ON ROLL<br/>VEGETARIAN BEANS<br/>SAUERKRAUT<br/>FRUIT CUP<br/>JUICE &amp; MILK</p>                            | <p>21<br/>RSVP 10/14/25</p> <p>CHICKEN W/ CREAMY ARTICHOKE SAUCE<br/>LEMON RICE PILAF<br/>SEASONED BEANS<br/>WHEAT BREAD<br/>CINNAMON APPLE SLICES<br/>MILK &amp; JUICE</p>       | <p>22<br/>RSVP 10/14/25</p> <p>MEATBALL SUB<br/>CHEESE GARNISH<br/>WHEAT ITALIAN ROLL<br/>GREEN BEANS<br/>MANDARIN ORANGES<br/>JUICE MILK</p>                               | <p>23<br/>RSVP 10/14/25</p> <p>CHICKEN ALFREDO<br/>ZUCCHINI &amp; TOMATOES<br/>CINNAMON APPLESauce<br/>JUICE<br/>YOGURT</p>   | <p>24<br/>RSVP 10/14/25</p> <p>HAM GREEN BEANS AND POTATOES<br/>FRUIT<br/>BREAD<br/>JUICE<br/>MILK</p>  |
| <p>27<br/>RSVP 10/21/25</p> <p>SPLIT PEA SOUP<br/>CHICKEN CAESAR SALAD<br/>CORNBREAD LOAF<br/>HOT SPICED APPLES<br/>MILK</p>                              | <p>28<br/>RSVP 10/21/25</p> <p>MEATLOAF &amp; GRAVY<br/>GREEN BEANS<br/>BROWN RICE<br/>WHEAT BREAD<br/>DICED PEACHES<br/>JUICE<br/>MILK</p>                                       | <p>29<br/>RSVP 10/21/25</p> <p>GREEK CHICKEN BOWL<br/>PEARLED BARLEY<br/>DICED CHICKEN<br/>W/ GREEK SALAD<br/>FETA CHEESE<br/>APRICOT HALVES<br/>JUICE<br/>MILK (NEW)</p>   | <p>30<br/>RSVP 10/21/25</p> <p>SLICED CORN BEEF<br/>MUSTARD DILL SAUCE<br/>MASHED POTATOES<br/>RED CABBAGE<br/>CORN &amp; PEA SALAD<br/>WHEAT BREAD<br/>TROPICAL FRUIT<br/>MILK</p>       | <p>31<br/>RSVP 10/21/25</p> <p>VEGETABLE SOUP<br/>SALTINES<br/>PROTEIN<br/>FRUIT<br/>JUICE<br/>MILK</p>   |

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Under 60 Years Old = **Full Price \$7.24**, Paid Directly To Assistant Director

**Prefer a COLD lunch instead? Circle day of the Cold lunch. Write “COLD” on the HOT side of the menu, on the day of the substitution.**

**Write name on the menu & turn in white copy.**

**MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**

|  |           |            |                |  |
|--|-----------|------------|----------------|--|
|  | <b>NO</b> | <b>BOX</b> | <b>LUNCHES</b> |  |
|  |           |            |                |  |
|  |           |            |                |  |
|  |           |            |                |  |
|  |           |            |                |  |