

NEWS FLASH

WESTMINSTER SENIOR AND COMMUNITY CENTER



125 Stoner Ave
Westminster, MD 21157

410-386-3850

westminstersc@carrollcountymd.gov

<https://www.carrollcountymd.gov/seniorcenters>

December 2025

Center Hours:

Monday-Friday

8:00 am to 4:00 pm

Center Closing from 11:00 am to 2:00 pm:

Thursday, December 18

Center Closing at 1:00 pm:

Wednesday, December 24

Center Closed:

Thursday, December 25

Friday, December 26

Thursday, January 1



INFORMATION STATION

CENTER STAFF

CENTER MANAGER:
KATIE WOODEN

CENTER ASSISTANT:
ESTHER BALDWIN

CENTER CUSTODIAN:
JOHN HOOVER



Updating Your Membership Form

Every Senior Center Member MUST update their membership form YEARLY (around your birthday). This helps us keep our records up to date. If you are unsure if you have updated yet this year please check with Katie!

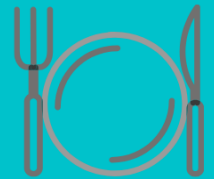
NEW
LUNCH
PRICE



MEAL PROGRAM



Lunch is served at 11:30 am Monday - Friday



Reservations are required: Reservation Deadlines (RSVPs) are noted for each day. Otherwise, meals cannot be guaranteed. Call 410-386-3854 or see Center Assistant to learn how to sign up. Advanced notice of changes will be given when possible

Cost of lunch for seniors 60 and older is a donation up to \$6.64 for lunch. Those 59 and younger must pay the full price of \$6.64 for lunch.

Spouses of adults over 60, regardless of age, may give a donation if they accompany their spouse. If they are not, they must pay full price if under 60.

Interested in Volunteering?

Stop by the front desk to pick up a Volunteer Application.



**DON'T FORGET TO
SIGN ON THE TOUCH
SCREEN EACH TIME
YOU COME TO THE
CENTER!**

HOT Lunches *Westminster Senior Center* DECEMBER 2025

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = HOT LUNCH Donation Up To \$6.64, includes accompanying younger spouses;

Under 60 Years Old = Full Price \$6.64, Paid Directly To Assistant Director **NAME:**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RSVP 11/24/25 1 CREAMY CHICKEN CASSEROLE SEASONED GREEN BEANS YELLOW RICE PILAF WHEAT BREAD DICED PEACHES JUICE / MILK	RSVP 11/24/25 2 SPLIT PEA SOUP CHICKEN CAESAR SALAD CORNBREAD LOAF HOT SPICED APPLES MILK	RSVP 11/24/25 3 MEATLOAF & GRAVY GREEN BEANS BROWN RICE WHEAT BREAD DICED PEACHES JUICE & MILK	RSVP 11/24/25 4 GREEK CHICKEN BOWL PEARLED BARLEY DICED CHICKEN W/ GREEK SALAD FETA CHEESE APRICOT HALVES JUICE & MILK	SPECIAL CHRISTMAS LUNCH RSVP 11/24/25 5 PINEAPPLE GLAZED HAM SLICED TURKEY MASHED POTATOES STUFFING & GRAVY GLAZED CARROTS HARVARD BEETS MILK DESSERT
RSVP 12/01/25 8 MEDITERRANEAN WHITE BEAN SOUP TURKEY—HAM MACARONI SALAD ON SPINACH TOMATOES WHEAT BREAD PINEAPPLE CHOCOLATE MILK	BAKED POTATO RSVP 12/01/25 9 BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE	RSVP 12/01/25 10 BEEF POT ROAST AU JUS ROLL HONEY ROASTED BEETS COLE SLAW JUICE / MILK	RSVP 12/01/25 11 CREAMY CHICKEN CASSEROLE YELLOW RICE PILAF GREEN BEANS WHEAT BREAD DICED PEACHES JUICE & MILK	RSVP 12/01/25 12 CHEDDAR CHEESE BURGER ON ROLL L.T.KETCHUP CORN O'BRIEN CREAMY CUCUMBER SALAD JUICE / MILK
RSVP 12/08/25 15 HAM GREEN BEANS AND POTATOES SLICED CHEESE FRUIT BREAD MILK AND JUICE	RSVP 12/08/25 16 ITALIAN SAUSAGE & CHEESE SUB ROLL PEPPER AND ONIONS RED CABBAGE SLAW YOGURT JUICE	SPECIAL HOLIDAY LUNCH RSVP 12/08/25 17 ROAST BEEF / GRAVY RED SKINNED POTATOES GREEN BEAN CASSEROLE FRUIT AMBROSIA DINNER ROLL PIE	Lunch Served @ 10:30 am 18 BOX LUNCH	RSVP 12/08/25 19 REUBEN SAMMY CASSEROLE ZUCCHINI & TOMATOES WHEAT BREAD FRUIT COCKTAIL JUICE CHOCO. MILK
RSVP 12/16/25 22 CR. OF BROCCOLI SOUP BBQ CHICKEN ROLL COLE SLAW YOGURT JUICE	RSVP 12/16/25 23 SLICED HAM W/ RAISIN SAUCE AU GRATIN POTATOES HONEY MAPLE CARROTS WHEAT BREAD PINEAPPLE TIDBITS JUICE & CHOCO. MILK	RSVP 12/16/25 24 BEEF HOT DOG ON ROLL VEGETARIAN BEANS SAUERKRAUT FRUIT CUP JUICE & MILK CENTER CLOSES 1 PM.	25 	26 
RSVP 12/16/25 29 CREAMY CHICKEN PICCATA BROWN RICE BUTTERED CARROTS WHEAT BREAD PEAS & RED PEPPER SALAD CHOC. MILK & JUICE	SPECIAL NEW YEAR'S LUNCH RSVP 12/16/25 30 PORK LOIN / GRAVY SAUERKRAUT MASHED POTATOES GREEN BEANS DINNER ROLL FRUIT / MILK	RSVP 12/16/25 31 VEGETABLE SOUP TURKEY SANDWICH SALTINES CHEESE STICK FRUIT JUICE & MILK		

Daily Activities

Activity	Time	Cost	Location
Billiards	8:15 am - 3:45 pm	None	Billiards Room
Computer Lab	8:15 am - 3:45 pm	None	Computer Lab
Exercise Equipment Room	8:00 am - 3:45 pm	None	Exercise Room
Bingo Penny Bingo	9:00 - 11:00 am	Penny per card	Game Room
Lending Library Come borrow a book or two	8:15 am - 3:45 pm	None	Game Room
Morning Table Talk Catch-up, Relax, Enjoy Coffee with your senior center friends.	9:00 - 11:00 am	None (Donations for coffee are accepted)	Dining Room
Lunch	11:30 am	See menu for reservation deadlines & directions.	Dining Room
Walk the WSC Walking Path	8:00 am - 3:45 pm	Free	Backyard

*All Activities are subject to change without notice.

Arts & Crafts Activities

Activity	Day	Time	Cost	Session Info/Location
Painting & Drawing All skill levels & medium forms. Instructor led class.	Mondays	12:30 - 3:00 pm	\$25	8 Weeks Next Session begins: January 5, 2026
Stained Glass – Space is limited-more info to come once space is available	Tuesdays, Wednesdays & Thursdays	T: 8:15 - 12:00 pm W: 8:15 - 12:00 pm Th: 12:00 - 3:45pm	\$15 one-time fee plus \$2 each class for materials	Craft Room
Clay Crafters – Space is limited-more info to come once space is available	Tuesdays	12:00 - 3:30 pm	\$15 one-time fee plus \$2 each class for materials	Ceramic Room
Quilting Circle & Smiling with Stitches – Quilting & Project Linus blanket community service group.	Thursdays	9:00 - 11:00 am	None	Craft Room; Must supply own material
NEW! Greeting Card Crafts Come make greeting cards, for all skill levels.	3rd Wednesday of each	1:00 - 2:30 pm	\$15 for 3 cards	Craft Room Next Class: Wednesday, December 17

Exercise Classes

Activity	Day	Time	Cost	Session Info
Dance Fitness (<i>Low Intensity</i>) Fun music & dance moves for staying fit!	Monday, Wednesday, & Fridays	8:45 - 9:45 am	\$35/month ; includes Mon, Wed, & Fri	Session runs Monthly; 3x Weekly
Arthritis Exercise Class (<i>Low Intensity</i>)	Mondays	1:00 - 2:00 pm	Grant Funded	12 weeks Session Began: November 3, 2025
Arthritis Exercise Class (<i>Low Intensity</i>)	Thursdays	1:00 - 2:00 pm	Grant Funded	12 weeks Session Began: October 16, 2025
Zumba Gold (<i>Moderate Intensity & Coordination</i>) With modifications for chair use!	Mondays	10:15 am-11:15 am	\$35	10-12 Weeks Session Began: October 6, 2025
Strength & Mobility <i>Low to Moderate Intensity</i>	Tuesdays	1:00 pm - 2:00 pm	\$30	8 Weeks Next Session Begins: January 13, 2026
Yoga With modifications for chair use	Wednesdays	10:00 - 11:00 am	\$40	8 weeks Next Session Begins: January 7, 2026
Line Dance Class (<i>Moderate Intensity & Coordination</i>)	Thursdays	10:00 - 11:30 am	\$35 Includes Tuesdays practice class	10-12 Weeks Next Session Begins: December 4, 2025
Line Dance Practice	Tuesdays	10:30 - 11:30 am	Included with Thursday's Class Fee	
Stretch & Strength Exercise Uses exercise videos	Tuesdays & Thursdays	T: 9:00 - 10:00 am Th: 8:45 - 9:45 am	Free	Drop-in
Walking Indoor Exercise Walk & stretch to Leslie Sansone exercise videos	Monday, Wednesday, & Fridays	M: 2:00 - 3:00 pm W: 1:30 - 2:30 pm F: 1:30 - 2:30 pm	Free	Drop-in
Pickleball Must have own equipment	Mondays, Wednesdays & Fridays	8:30 am - 11:30 am	\$10 one-time fee; Pay at WSC	Meets at Robert Moton Center Gym

We accept Cash, Check or Credit: Visa, MasterCard, or Discover

*Start dates for sessions are subject to change. Please contact the Center with any questions.

Cards, Games & Entertainment

Activity	Day	Time	Session Info/Location
Carroll County Duplicate Bridge ACBL Sanctioned, Experienced Play	Mondays	11:30 am - 3:30 pm	Game Room; Sanctioned Play Dues
Pinochle	Fridays	11:30 am - 2:45 pm	Game Room
Progressive 500 Card	Wednesdays	11:30 - 3:30 pm	Game Room
Hand & Foot Card Game	Tuesdays	11:15 am - 3:30 pm	Game Room
Mahjong	Thursdays	12:30 - 3:30 pm	Game Room
Thinking Power Test your memory	Tuesdays	10:00 - 11:00 am	Dining Room
Wii Games: Bowling	Wednesdays	10:00 - 11:00 am	Dining Room TV
Prize Bingo: Come play for fun prizes!	Fridays	12:30 - 2:00 pm	Dining Room *No Prize Bingo in December

*All Activities are subject to change without notice.

Upcoming Special Events

Program	Date	Time	Session Info
Legal Aid	Wednesday, December 3	1:00 pm - 4:00 pm	Free; First 10 are seen by the lawyer: Numbers given out starting @ 11:30 am
Holiday Bazaar	December 4-12	9:00 am - 2:00 pm	Weekdays only
Holiday Party	Friday, December 5	11:30 am	Reservations required for lunch
November & December Birthday Treat @ Lunch	Wednesday, December 10	11:30 am	Reservations required for lunch
Postage Stamp Collector Club	Thursday, December 11	11:00 am - 12:00 pm	Free! Come meet in the Craft Room!
Holiday Music Bingo	Friday, December 12	12:30 pm - 2:30 pm	Free! Come get into the holiday spirit with Holiday Music Bingo! In the Dining Room
Center Closing from 11:00 am– 2:00 pm	Thursday, December 18	Closed 11:00 am - 2:00 pm	
Center Closes at 1 pm	Wednesday, December 24	Closing at 1:00 pm	
Center Closed	Thursday, December 25	ALL DAY	
Center Closed	Friday, December 26	ALL DAY	

*Special Events are subject to change without notice.



Holiday Music Bingo

Friday, December 12

12:30 pm – 2:30 pm

in the dining room

Come join us for some fun holiday music bingo and great prizes. This activity is free, just come for a festive time.



NEW CLASS!

Let's Make Some Cards!

Greeting Card Crafts



3rd Wednesday of each month
1:00 - 2:30 pm
in the Craft room

*Bring adhesives
of your choice!*

Cost: \$15.00 for 3 Cards
Supplies for cards will be provided.

Come make greeting cards with our newest
instructor Arleen.

**If you are interested in taking the class please let Katie
know by 10 am on the 2nd Friday of the month**
Payment will be collected on the day of the class.

Westminster Senior Center

Holiday Bazaar

DECEMBER 4 - DECEMBER 12, 2025

9:00 AM - 2:00 PM

WEEKDAYS ONLY

IN CENTER LOBBY & CONFERENCE ROOM

ALL PROCEEDS GO TO THE
WESTMINSTER SITE COUNCIL

U.S. STAMP CLUB



Discover the enjoyment of collecting U.S. stamps, learn about historic issues, have discussions of postal designs, artwork, errors.

Have Questions? Curious? Stop in for a chat!

Meetings are the 2nd Thursday of the month.

In the Craft Room from 11:00 am - 12:00 pm

2025 Free Income Tax Assistance

Provided through the AARP TaxAid Program

February 2 - April 1

**Days of Week:
Monday & Wednesdays**

***We will begin taking
appointments starting
January 14, 2026***



**TAX
TIME**

Open Tech Help Hours

Presented by The Carroll Technology
and Innovation Council

**Digital Navigators will be on site at
the Westminster Senior Center on
Mondays from 10-11 am
in the classroom**

Questions can include but are not limited to:

- Sending text messages
- Managing contacts
- Making phone calls
- Setting up accounts
- Sending and receiving email
- Setting up cybersecurity settings
- setting up app permissions
- Using social media
- Managing Photos
- Using Internet



Carroll **Technology**
& **Innovation** Council

Inclement Weather Policy for Carroll County Senior Centers

Senior and Community Centers are **OPEN** at 8:00 am in inclement weather **UNLESS**:

The **Carroll County Government Offices are closed** then the
Carroll County Senior Centers are closed.

The **Carroll County
Government opens late or
closes early** then the **Carroll
County Senior Centers
open late or close early.**



- Modified meals may be served
- Call your Senior Center to see if programs/classes have been cancelled
- **Carroll Transit System (CTS) may run on a modified schedule. Please call them to confirm or cancel your ride.**

CTS: 410-386-5550

*Please note- decisions regarding the operating schedules of the Carroll County Senior Centers are based only on the Carroll County Government. The Senior Centers do not follow the Carroll County Public School System operating schedules.

For info on closures and delays listen to local radio or TV stations, visit the Carroll County Government website or call your Senior Center.

Trailblazer Shuttle Riders- Please follow the postings specific to Carroll Transit System delays and closings.