

# Taneytown SC This Month...



## TANEYTOWN SENIOR CENTER

220 Roberts Mill Rd.  
Taneytown, MD 21787

410.386.2700

[taneytownsc@carrollcountymd.gov](mailto:taneytownsc@carrollcountymd.gov)  
<https://www.carrollcountymd.gov/seniorcenters>



# July 2025

### Center Hours

**Monday - Thursday**  
8:00 am - 4:00 pm

**Friday**  
8:00 am - 3:00 pm

**Closed for Holiday**  
**Friday, July 4, 2025**

# ATTENTION!



## Updating Your Membership Form

Every senior center member must update their membership form before participating in any activity.

**These forms should be updated yearly (the month of your birthday) to keep our records up to date!**

**If you have any questions please let us know.**

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## Lunches



We offer dine in lunch Monday - Friday

To reserve your meal please sign up in the lunch book, call 410-386-2700, or email [taneytownsc@carrollcountymd.gov](mailto:taneytownsc@carrollcountymd.gov)

**Cost of lunch for seniors 60 and older is a donation up to \$6.31.**

**Those 59 and younger pay full price of \$6.31.**

**Spouses of adults over 60, regardless of age, may give a donation if they accompany their spouse. If they are not, they must pay full price if under 60.**

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**Don't forget to sign in  
on the touchscreen  
each time you come  
to the center!**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1) <b>RSVP by 6/26</b> Meat Loaf & Gravy Roasted Potatoes Cucumber Salad Mandarin Oranges Apple Juice	2) <b>RSVP by 6/27</b> Roasted Pork Loin Dijon sauce Mashed Potatoes Okra & Tomatoes Fruit Cocktail Fruit Punch Chocolate Milk	3) <b>RSVP by 6/26</b> <b>Cheeseburger &amp; All Beef Hot Dog L,T,O Baked Beans Cole Slaw Fresh Fruit</b> <b>4th of July Special</b>	
7) <b>RSVP by 7/1</b> Salisbury Steak Gravy Roasted Potatoes Seasoned Greens Amish Bean Salad Wheat Bread	8) <b>RSVP by 7/2</b> White Bean Chicken Chili Rice Pilaf Corn Muffin Chocolate Milk	9) <b>RSVP by 7/2</b> <b>Italian Cold Cut M,O,T,L Potato Salad Cole Slaw Fruit Cocktail</b> <b>SUB DAY</b>	10) <b>RSVP by 7/7</b> Pineapple Glaze Ham Au Gratin Potatoes Glazed Carrots Pineapple Tidbits Wheat Bread Fruit Punch Chocolate Milk	11) <b>RSVP by 7/3</b> Cheese or Pepperoni Pizza Caesar Salad Apricots
14) <b>RSVP by 7/9</b> Tuna Salad Sandwich Lentil & Spinach Soup Corn & Edamame Applesauce	15) <b>RSVP by 7/10</b> Roast Beef Chasseur Roasted Potatoes Seasoned Greens Mandarin Oranges Wheat Bread	16) <b>RSVP by 7/11</b> Chicken Piccata Brown Rice Buttered Carrots Green Pea Salad Chocolate Milk <b>NEW!</b>	17) <b>RSVP by 7/14</b> Pepperjack Cheeseburger L,T Broccoli Slaw Tropical Fruit Pineapple Juice	18) <b>RSVP by 7/15</b> Tuna Noodle Casserole Chickpea & Tomato Salad Cinnamon Apples <b>NEW!</b>
21) <b>RSVP by 7/14</b> All Beef Hot Dogs Baked Beans Cole Slaw Fruit Cocktail Juice	22) <b>RSVP by 7/15</b> <b>Baked Potato Chili Con Carne Spinach Salad Applesauce Wheat Bread Fruit Punch</b> <b>BAKED POTATO</b>	23) <b>RSVP by 7/18</b> Turkey Florentine Lemon Rice Pilaf Zucchini & Tomatoes Applesauce Yogurt <b>NEW!</b>	24) <b>RSVP by 7/21</b> Chicken Caesar Salad Split Pea Soup Cornbread Spiced Apples <b>NEW!</b>	25) <b>RSVP By 7/22</b> Pork Loin & Gravy Cucumber Salad Kale Mashed Potatoes Apple Slices Dinner Roll Yogurt
28) <b>RSVP by 7/23</b> Chicken Divan Brown Rice Diced Peaches <b>NEW!</b>	29) <b>RSVP by 7/24</b> Sliced Corned Beef Mashed Potatoes Red Cabbage Corn & Pea Salad Tropical Fruit Wheat Bread	30) <b>RSVP by 7/25</b> Indian Butter Chicken Bombay Brown Rice Kachumber (Indian cucumber, Tomato & Onion) Mandarin Oranges <b>NEW!</b>	31) <b>RSVP 7/28</b> Turkey-Ham Macaroni Salad Fresh Spinach Mediterranean White Bean Soup Pineapple Tidbits <b>NEW!</b>	

- ♦ **Cost of lunch for Center members 60+ years is a donation up to \$6.31 (full cost of meal).**
- ♦ **Per grant requirements, individuals age 50-59 years must pay the full price.**
- ♦ **Spouses of members 60+ years, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.31.**

## Check Out Our Classes

### Senior Fun & Fitness Exercise Class

Mondays @ 12:30 pm

Ten to Twelve (10-12) class session      Cost: Donation up to \$30.00

### Staying Fit

Thursdays @ 9:30 am

Ten to Twelve (10-12) class session      Cost: Donation up to \$30.00

**Take advantage of these excellent low-impact, low intensity, fun workout and an easy way to get moving while also improving balance and coordination, reducing stress, boosting your overall fitness level, and can help older adults preserve the ability to perform normal daily activities on their own, like standing up from a chair.**

### Zumba Gold Exercise Class

Tuesdays @ 9:00 am

Ten to Twelve (10-12) class session      Cost: \$30.00

**Take advantage of an excellent low-impact, low intensity workout to lively music. It protects your joints and muscles while raising your heart rate and improving your balance, posture, and coordination. Meets recommended exercise-intensity guidelines for improving and maintaining cardio fitness and strength in middle-aged and older adults. And it's fun!**

### Line Dancing Class

Tuesdays @ 10:00 am

Twelve (12) class session      Cost: \$30.00

**Join in and learn classic and modern line dances.**

### Arthritis Exercise Class

Wednesdays @ 12:30 pm

Ten to Twelve (10-12) class session      Cost: Grant Funded

**Benefits of Exercise for Arthritis: Good news for patients with osteoarthritis, or OA – there's new evidence that physical activity can help prevent or slow OA damage and keep joints healthy. May Delay or Prevent Hip Surgery - People with mild to moderate hip osteoarthritis may be able to delay or avoid hip surgery if they exercise, according to a new study. If you have osteoarthritis, exercise may be the single most effective non-drug treatment you can do for your body.**

**Stained Glass Class  
is Currently FULL**

**We are taking  
names for a Waitlist**

### Stained Glass Craft Class

Fridays @ 12:00 pm

Six (6) class session      Cost: \$35.00

**Learn to make beautiful stained glass pieces. Beginners welcome.**



# Daily Activities



\* All activities are subject to change without notice

MONDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
10:00 am - 12:00 pm	Wii Bowling	None	Weekly
10:00 - 3:45 am	Pinochle	None	Weekly
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:30 - 1:30 pm	Senior Fun and Fitness with Chris Konior	Donation Class; Donations up to \$30.00 for 10-12 weeks	Weekly; New Session Begins: July 7
12:30 - 3:45 pm	Bridge	None	Weekly
1:30 - 3:30 pm	Cornhole No Experience Needed	None	Weekly; Join the Fun



Looking for Bridge and Pinochle players!  
Drop in and join the fun!  
Other Card Games & Players are Welcome





# Daily Activities

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TUESDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
9:00 - 9:45 am	Zumba Gold	\$30.00 for 10-12 weeks	Weekly; <b>New Session Begins:</b> July 1
9:00 am	<b>NEW</b> Learn to Play Bridge - Beginner Level	None	Weekly
10:00 - 11:00 am	Study of Man	None	Weekly
10:00 - 11:30 am	Country Line Dancing	\$30.00 for 10-12 weeks	Weekly; <b>New Session Begins:</b> July 1
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:30 pm	Nickel Bingo 2nd & 5th Tuesday	5¢ per card	Ongoing
July 1 10:30 am	Chain Reaction	None	Come join us as we play the game that connects words to other words to form a chain!
July 15	Monthly Craft: Rock Frog	\$10.00	10:00 am; See Flyer
July 15	Left, Right, Center Dice Game	Bring Your Nickels!	A second LRC game monthly; 12:30 pm
July 22	Pictionary	None	12:45 pm
July 29 10:30 am	Wheel of Fortune	None	Come play the game of guessing hidden phrases



**Looking for Volunteers to Call Bingo**  
See Erica or Shawn for more information





# Daily Activities

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## WEDNESDAY

Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	<b>Exercise Equipment Room</b>	None	Daily
8:30 am - 3:45 pm	<b>Billiards</b>	None	Daily
8:30 am - 3:45 pm	<b>Computer Lab</b>	None	Daily
8:30 am - 3:45 pm	<b>Library</b>	None	Daily
8:30 am - 3:45 pm	<b>Cards, Games &amp; Puzzles</b>	None	Daily
8:30 am - 3:45 pm	<b>Push Rummy</b> 2nd and 4th Wednesday	None	Bi-Monthly
12:00 pm	<b>Lunch</b>	<b>By reservation; See page 3 for menu &amp; meal cost</b>	Daily
12:30 - 1:30 pm	<b>Arthritis Foundation with Chris Konior</b>	<b>Grant Funded Class; 10-12 weeks</b>	Weekly; <b>New Session Begins: July 2</b>
1:00 - 3:30 pm	<b>Mahjongg</b>	None	Weekly
1:30 - 3:30 pm	<b>Cornhole</b> No Experience Needed	None	Weekly; Join the Fun
July 16	<b>Jeopardy</b>	None	<i>What is played at 10:30 am?</i>
Next Visit: December 17	<b>Legal Aid Staff will be at the senior center</b>	None	1:00 - 4:00 pm; Walk-In



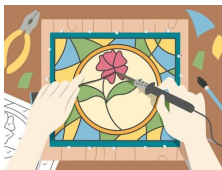


# Daily Activities

\* All activities are subject to change without notice



THURSDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
9:30 – 10:30 am	Staying Fit with Chris Konior	Donation Class; Donations up to \$30.00 for 10-12 weeks	Weekly; <b>New Session Begins:</b> July 3
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:30 pm	Nickel Bingo 1st & 4th Thursday	5¢ per card	Ongoing
July 3	Nutrition Talk with Terry Serio UMD/CC Extension Office	None	12:00 pm; No registration required
July 10	Member's Site Council Meeting 2nd Thursday	None	10:30 am; All members are encouraged to attend
July 10	July Birthday Celebration	Sign Up for Lunch & Enjoy a Birthday Treat!	Monthly; 12:00 pm
July 10	Left, Right, Center Dice Game	Bring Your Nickels!	First Thursday Monthly; 12:30 pm
July 17	Bureau of Aging/Disabilities: Information & Assistance Appointments at TSC	None	To make an appointment, call 410-386-3800
July 31	Senior Day at the 4-H Fair	Elvis Tribute Artist Entertainment & Ice Cream at 12:30 pm	See Flyer



# Daily Activities

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Walking is real exercise

Not all workouts are measured in sweat.



FRIDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
9:00 am	Walking at Robert's Mill Park Three (3) Laps equal One (1) Mile	None	Weekly; On Your Own
9:00 am - Noon	Walking Indoor Exercise Walk & stretch to Leslie Sansone exercise videos	Free	Weekly; Drop-In <i>Join Us when its too cold to walk outside</i>
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:00 - 2:30 pm	Stained Glass The Class is Currently FULL; We are taking names for a Waitlist	\$35.00 for 6 weeks, includes materials	Weekly; New Session Begins: July 11
July 4	Closed for Holiday		ALL DAY

**NOTE: In most cases, if classes are not full, you may join a class in progress without waiting until the next session begins. See center manager for details.**

The Carroll County Bureau of Aging & Disabilities suggests that those interested in taking a physical activity program should consult with a medical professional before engaging in these activities. Physical exertion may be inappropriate for people with certain medical conditions. You must initial the Participation Agreement on the Membership Form prior to participating in these programs.

# Extras At-A-Glance

Date	Program	Time	Info
Tuesday, July 1	<i>Chain Reaction</i>	10:30 am	Come join us as we play the game that connects words to other words to form a chain!
Thursday, July 3	July 4th Indoor Picnic	12:00 pm	Join us for lunch
Thursday, July 3	Nutrition with Terry Serio	12:00 pm	Join us for a monthly Nutrition Program
Thursday, July 3	Nickel Bingo	12:30 pm	5¢ per card
Friday, July 4	Closed for Holiday	All Day	
Tuesday, July 8	Nickel Bingo	12:30 pm	5¢ per card
Thursday, July 10	Member's Site Council Meeting	10:30 am	All members encouraged to attend
Thursday, July 10	July Birthday Celebration	12:00 pm	Sign up for lunch & enjoy a birthday treat!
Thursday, July 10	Left, Right, Center Game	12:30 pm	Bring your Nickels!
Tuesday, July 15	Monthly Craft: Rock Frog	10:00 am	\$10.00 per project
Tuesday, July 15	Left, Right, Center Game	12:30 pm	Bring your Nickels!
Wednesday, July 16	<i>Jeopardy</i>	10:30 am	What Is Fun?
Thursday, July 17	Bureau of Aging/Disabilities: Information & Assistance	10:00 am	<b>Free: To make appointment call 410-386-3830</b>
Tuesday, July 22	Pictionary	12:45 pm	
Thursday, July 24	Nickel Bingo	12:30 pm	5¢ per card
Tuesday, July 29	<i>Wheel of Fortune</i>	10:30 am	Come play the game of guessing hidden phrases.
Tuesday, July 29	Nickel Bingo	12:30 pm	5¢ per card
Thursday, July 31	Senior Day at the 4-H Fair	12:30 pm	Ice Cream Social & Entertainment
Ongoing Monthly	Paint Projects: Craft Room Available	All Day - Except During Scheduled Craft Day	

**\*\* NOTICE \*\***

- \* Carroll County Government & Senior Centers will observe Summer Hours with early closure at 3 PM on Fridays, 5/23-8/29
- \* Carroll County Government/Senior Centers will be closed Friday July 4, for the July 4th holiday
- \* Carroll County Government/Senior Centers will be closed Monday September 1, for the Labor Day holiday

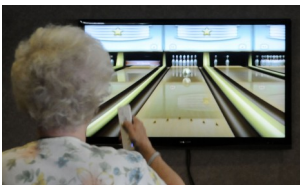


Do You Enjoy Walking  
Or Have You Been Thinking About  
Adding Walking to Your Routine ??

Taneytown Sr Center's *Taneytown Trekkers* walk  
at Roberts Mill Park on Fridays at 9:00 am for  
social, group walking.

This is a weekly drop-in walking group, join us when you can & walk as much  
as you want.

Weather's bad? Come Inside at TSC & walk to a Leslie Sansone walking exercise video



**Bowling Anyone?**

**Join us Monday mornings for Wii  
(video game) bowling!**



All the FUN of regular bowling without the heavy ball

**Freedom Celebration**

Let's celebrate America!

Thursday, July 3

All American Lunch & Ice Cream Social



Lunch begins at 12:00 pm  
RSVP for lunch by June 26



Do you have items to enter in the Fair? Art, needle work, sewing, crafts, gardening, photography, and many more categories are open for senior entries



Senior Day at the 4-H Fair is Thursday, July 31  
We'd love to have you share your hand made items  
at the Carroll County 4-H Fair!



Entries may be taken to the Fair on Thursday, July 31 between 7:30 - 8:00 am  
OR If you have less than 5 items, I will transport them for you if you prefer.  
If so, please turn in **All** items to Erica between  
July 28 & July 29.

Items will spend the night at the Fair for the public to enjoy your creativity.  
They will be available for pick-up 2-ways:

Friday, August 1 at 12:00 pm at the Fairgrounds

OR

Monday, August 4 at the Senior Center



Senior Day at the 4-H Fair includes an ice cream social and live music -  
mark your calendars to join us at the Fair

## Luau Party

Thursday, August 21 @ 11:30 am

Let's put our Grass Skirts on &  
Hula, Hula, Hula with Us

Lunch begins at 12:00 pm ~ RSVP for lunch by August 14



**Learn to Play Bridge - Beginner Level with Dennis**  
**Tuesdays 9:00 am**



# FREE EVENTS

## Nutrition Program

### ***Capture the Flavor***

**Room:** Lunch Room

**Time:** 12 noon



**July 3, 2025**

**Capture the Flavor**

#### Everyday Foods and Herbs for Heart Health

Join us to learn how culinary favorites like garlic, cinnamon, and hibiscus can support heart health. The heart-healthy benefits of olive oil and chocolate will also be discussed. Together we will explore ways to safely include these popular herbs in our diets.

University of Maryland Extension (UME) Family Consumer Sciences (FCS) Senior Agent wants you to resurrect the power of those unique spices and homegrown herbs to level up your home cooked meals, and better understand issues related to food storage and safety.

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**Living Your Dreams • Be Active, Be Strong**

**JOIN US FOR  
FUN & CONVERSATION**

# July Craft Fun



## Rock Frog

**Tuesday, July 15**  
**10:00 am - until finished**

**Cost: \$10**

**Deadline to sign-up = July 8**  
**Please pay at time of signing up**

The Carroll County Bureau of Aging and Disabilities would like to invite you to join us for:  
**Senior Day at the 4-H Fair**



July 31, 2025



Featuring  
 the musical talents of  
**Elvis Tribute Artist: Taylor Brown**



Taylor Brown is an Elvis Tribute Artist who has been bringing the King's legendary energy to life since 2012. With every performance, Taylor recreates the excitement of an authentic Elvis show, guaranteed to have you tapping your feet and singing along. He's a favorite across Maryland and along the East Coast, even earning a fantastic 2nd place finish at the prestigious Lake George Elvis Festival! Prepare for a high-energy, fun-filled tribute that truly celebrates the magic of Elvis.

**Schedule of Events**

<b><u>Thursday, July 31st</u></b>	<b><u>Friday, August 1st</u></b>
7:30 - 8:30 am - Senior exhibits may be entered in Blizzard Hall.  For pre-registrations information, you may contact your local senior center. Pre-registrations will be accepted from Monday, July 28, 2025 through Wednesday, July 30, 2025 at 1:00 pm. Pre-registrations are limited to 5 per person.	9:00 am - 11:00 am - Senior Exhibits open for display  Noon - Senior Exhibits Released  Note: All exhibits must be picked up at the fair on Friday Aug 1 between 11:30 am and 12:30 pm. Items not picked up by 12:30 pm will be taken to the Bureau of Aging & Disabilities - 125 Stoner Ave, Westminster, MD 21157 to be picked up beginning Aug 4th.
9:00 to 11:30 am - Judging of senior entries	Contact your local senior center for entry rules, exhibit categories, registration paperwork or questions.
11:30 am - Senior exhibits open for display until 10:00 pm and Friday, August 1, 9:00- 11:00 am	Mt Airy - 410-386-3961 North Carroll - 410-386-3900 South Carroll - 410-386-3700 Taneytown - 410-386-2700 Westminster - 410-386-3850
12:30 - 1:30 pm - Entertainment by Elvis Tribute Artist: Taylor Brown under the big white tent!! Refreshments will be served.	

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600, 1.888.302.8978, MD Relay 7-1-1/1.800.735.2258 as soon as possible but no later than 72 hours before the scheduled event. Email: [ada@carrollcountymd.gov](mailto:ada@carrollcountymd.gov)

Entry Forms &  
Entry Tags  
available at TSC

## SENIOR DAY AT THE 4-H FAIR -- INFORMATION OVERVIEW

### Department SCD

Exhibitors – Richard Ottone 410-386-3809  
Erica Starr 410-386-2701

Carroll County Bureau of Aging & Disabilities

- Exhibits will ONLY be accepted between 7:30 and 8:30 am, Thursday July 31, 2025, in Burns Hall, Carroll County Ag Center, Westminster. Limited transportation of five (5) entries per person is available, please contact your local senior center. See below.
- Judging will take place 9:00 - 11:00 am. Senior exhibits will be open for viewing after 11:30 am. Items will remain on display at the 4-H Fair until 11:00 am, Friday, August 1, 2025. Items not picked up between 11:30 - 12:30 pm, will be taken to the Bureau of Aging & Disabilities - 125 Stoner Avenue, Westminster - to be picked up beginning Monday, August 4, 2025. (Transported items will be returned to the senior center where registered.) The Bureau of Aging & Disabilities will not assume responsibility for broken or lost items.
- Coordinated through the Carroll County Bureau of Aging & Disabilities.
  - This department offers the opportunity for Carroll County citizens age 60 and over to exhibit in the classes listed below.
  - Exhibitors in the Senior Adult Department (SCD) are not required to be a member of a Senior Center.
  - **A maximum of 2 entries per class per exhibitor.**
  - One Entry Form must accompany your entries & Each entry must have an Entry Tag attached.
  - Entry Forms and Entry Tags can be obtained online at [www.carrollcountyfair.com](http://www.carrollcountyfair.com) or at your local senior center.
  - All work must have been completed since the 2024 4-H Fair.

### EXHIBIT CLASSES –

Class 1 Fresh Cut Flowers	Class 21 Woodcarving
Class 2 Flower Arrangements	Class 22 Quilting – by Hand, Small Quilt
Class 3 Potted Plants	Class 23 Quilting – by Hand, Large Quilt
Class 4 Home Canning	Class 24 Quilting – by Machine, Small Quilt
Class 5 Fresh Produce (1 container with 3-5 items)	Class 25 Quilting – by Machine, Large Quilt
Class 6 Pottery – Hand built	Class 26 Knitting – Clothing & Accessories
Class 7 Stained Glass	Class 27 Knitting – Home Accessories
Class 8 Art – Acrylic Painting	Class 28 Crocheting – Clothing & Accessories
Class 9 Art – Oil Painting	Class 29 Crocheting – Home Accessories
Class 10 Art – Watercolor Painting	Class 30 Sewing– Clothing & Accessories
Class 11 Art – Mixed Media	Class 31 Sewing– Home Accessories
Class 12 Art – Drawing (i.e., Pastels, pencil, pen/ink)	Class 32 Counted Thread/Counted Cross Stitch
Class 13 Art - Digital Creation	Class 33 Embroidery (hand worked) / Crewel / Stamped Cross Stitch
Class 14 Adult Coloring	Class 34 Needlepoint
Class 15 Photography – Black & White	Class 35 Crafts - Handmade (i.e., Basketry/Plastic Canvas/Tie-Dye/Hooked Items)
Class 16 Photography - People, Color	Class 36 Crafts - Jewelry
Class 17 Photography – Landscape, Color	Class 37 Crafts - Ceramics
Class 18 Photography - Animals, Color	Class 38 Crafts - Therapeutic
Class 19 Photography – Computer Enhanced/Modified	Class 39 Crafts - Recycled / Repurposed / Upcycled
Class 20 Woodworking	Class 40 Crafts - Decorative Painting (on pre-existing object)

For transportation information, you may contact your local senior center. Items for transportation will be accepted from Monday, July 28, 2025 through Wednesday, July 30, 2025 at 1:00 pm.

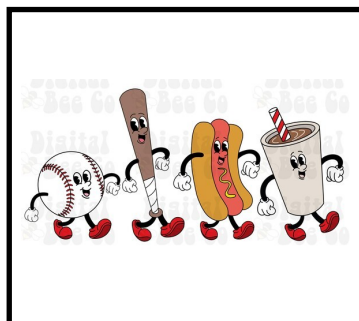
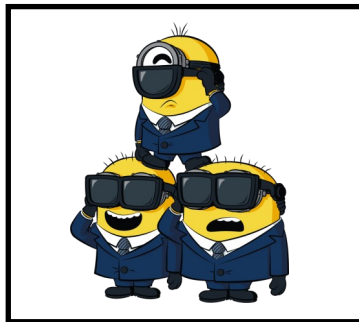
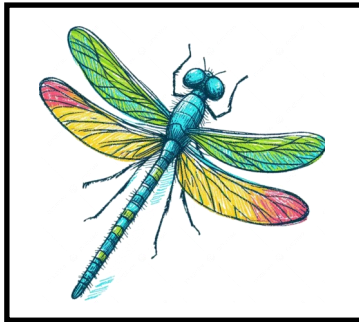
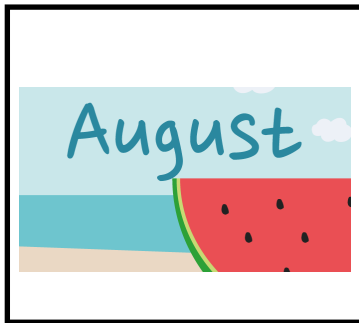
Westminster Senior Center: 410-386-3850  
South Carroll Senior Center: 410-386-3700  
North Carroll Senior Center: 410-386-3900

Mt. Airy Senior Center: 410-386-3960  
Taneytown Senior Center: 410-386-2700

# Paintings for July

6" x 6" canvas panels

More Choices Available - Prefer something else? Chat with Erica



Ongoing - Start anytime & Go at your own pace

Cost: 2 for \$5.00 (materials fee)

### **Taneytown Farmers Market**

Thunderhead Bowl & Grill Parking Lot, 4337 Old Taneytown Road, Taneytown 21787

May 10 - November 1

8 a.m. to 1 p.m. Saturdays

[www.taneytown.org](http://www.taneytown.org)

### **Carroll County Farmers Market**

700 Ag Center Drive, Westminster 21157

May 13 • 8 a.m. to 2 p.m.

June 17 - September 3 • 8 a.m. to 1 p.m. Saturdays

October 7 • 8 a.m. to 1 p.m.

November 4 - December 16 • 8 a.m. to 2 p.m.  
Saturdays

[www.carrollcountyfarmersmarket.com](http://www.carrollcountyfarmersmarket.com)

### **Downtown Westminster Farmers Market**

Conway Parking Lot at Railroad Ave. (Route 27)

Adjacent to Main Street, Westminster 21157

May 17 – November 22

8 a.m. to Noon Saturdays

### **Downtown Sykesville Farmers Market**

Baldwin Drive & Main Street, Sykesville 21784

May 181 – October 26

9 a.m. to 1 p.m. Sundays

Contact: [sykesvillefarmersmarket@gmail.com](mailto:sykesvillefarmersmarket@gmail.com)

[www.downtownsykesville.com](http://www.downtownsykesville.com)

<https://www.facebook.com/sykesvillefarmersmarket/>

### **Mount Airy Main Street Farmers Market**

3 North Main Street, Mount Airy 21771

May 7 – September 24

3 p.m. – 7 p.m. Wednesdays

<https://www.mountairymd.gov/502/Mount-Airy-Farmers-Market>

### **Hampstead Farmers Market**

Coppermine Panther Sportsplex

1400 Panther Drive, Hampstead 21074

June 7 – September 27

8:30 a.m. to Noon Saturdays

[hampsteadfarmersmarket@gmail.com](mailto:hampsteadfarmersmarket@gmail.com)

[www.hampsteadfarmersmarket.com](http://www.hampsteadfarmersmarket.com)

# Turning 65 or retiring soon and not sure what to do about Medicare??

Carroll County's State Health Insurance Assistance Program (SHIP) is here to help!

We invite you to attend our free informational Transitioning to Medicare workshops to learn more.

We offer these two-part workshops monthly in collaboration with the Carroll County Public Library.



Navigating Medicare



Preventing Medicare Fraud

Please register for live sessions at:

<https://ccpl.librarymarket.com/events/month>

**\*\*Pre-Recorded sessions can also be accessed at any time using the links listed below.**



## Transitioning to Medicare Part 1

*All workshops start at 5:00pm!! Registration is required!!*

July 9<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)

August 5<sup>th</sup>, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)

August 6<sup>th</sup>, 2025-Webinar

September 17<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)

October 15<sup>th</sup>, 2025-Webinar

November 12<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)

December 3<sup>rd</sup>, 2025-Webinar

**\*\*Pre-Recorded Session on YouTube:** <https://www.youtube.com/watch?v=1nliolxPweM>

Original Medicare (Parts A, B, & D), Advantage Plans (Part C), Supplemental Plans (Medigap), Fraud & Abuse, & Medicare Savings Programs.

## Transitioning to Medicare Part 2

*All workshops start at 5:00pm!! Registration is required!!*

July 16<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)

August 12<sup>th</sup>, 2025-In person @ North Carroll Public Library (2255 Hanover Pike)

August 13<sup>th</sup>, 2025-Webinar

September 24<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)

October 22<sup>nd</sup>, 2025-Webinar

November 19<sup>th</sup>, 2025-In person @ Westminster Public Library (50 E Main St)

December 10<sup>th</sup>, 2025-Webinar

**\*\*Pre-Recorded Session on YouTube:** <https://www.youtube.com/watch?v=zVA4jvmmRQA>

Take a closer look at Medicare Supplemental Plans and Advantage Plans.

**Sponsored by: Carroll County Bureau of Aging & Disabilities: 125 Stoner Ave, Westminster, MD 21157**

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email [ada@carrollcountymd.gov](mailto:ada@carrollcountymd.gov) as soon as possible but no later than 72 hours before the scheduled event. This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$26,681 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government

# Come Play.....



**Tuesday, July 1**

**10:30 am**

Come join us as we play the game that connects words to other words to form a chain!

**Wednesday, July 16**

**10:30 am**

What is join us for Jeopardy?  
Test your memory in a WIDE variety of categories.



**Tuesday, July 29**

**10:30 am**

Come play the game of guessing hidden phrases

