

November 2023 Menu North Carroll Lunch MENU SUBJECT TO CHANGE WITHOUT NOTICE

Cost of lunch for center members 60+ is a donation up to \$5.27 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$5.27. Spouses of adults 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$5.27.

Monday	Tuesday	Wednesday	Thursday	Friday
		1. HOT DOG DAY Baked Beans Coles Slaw Diced Pears Milk RSVP BY 10/25 @ 10 AM	2. Meatloaf w/Gravy Mashed Potatoes Peas & Pearl Onions Cinnamon Apples Yogurt Bread/Juice RSVP BY 10/31 @ 10 AM	3. BBQ Pork Loin Sandwich Baked Beans Cole Slaw Fruit/Juice/Milk RSVP BY 11/1 @ 10 AM
6. Chicken Poppyseed Casserole Wild Rice Blend Seasoned Green Beans Diced Peaches Bread/Juice/Milk RSVP BY 11/2 @ 10 AM	7. Teriyaki Turkey Burger Vegetable Fried Rice Japanese Cucumber Salad Mandarin Oranges Bread/Milk RSVP BY 11/3 @ 10 AM	8. Roast Pork Loin w/Gravy Butter Noodles Peas & Mushrooms Fruit Cocktail Bread/Juice/Milk RSVP BY 11/6 @ 10 AM	9. BAKED POTATO DAY Chili Con Carne Spinach Salad Fruit/Bread/Milk RSVP BY 11/2 @ 10 AM	10. CENTER CLOSED
13. MEATLOAF SPECIAL Mashed Potatoes Sliced Carrots Applesauce Bread/Juice/Milk RSVP BY 11/6 @ 10 AM	14. Salisbury Steak w/Gravy Herb Roasted Potatoes Harvard Beets Navy Bean Salad Bread/Juice/Milk RSVP BY 11/9 @ 10 AM	15. HAM & CHEESE SUB DAY Potato Salad Cole Slaw Fruit/Milk RSVP BY 11/8 @ 10 AM	16. Pineapple Ham Au Gratin Potatoes Braised Green Cabbage Sweet & Sour Bean Salad Bread/Juice/Milk RSVP BY 11/14 @ 10 AM	17. Roast Chicken Breast w/Gravy Mac & Cheese Seasoned Green Beans Fruit/Muffin/Juice/Milk RSVP BY 11/15 @ 10 AM
20. Turkey Cheeseburger Baked Beans Cucumber Salad Juice/Yogurt RSVP BY 11/16 @ 10 AM	21. TURKEY SPECIAL Bread Stuffing Green Beans Cranberry Sauce Salad Bread/Milk/Pie RSVP BY 11/14 @ 10 AM	22. Chicken Parmesan Sandwich Pea & Red Pepper Salad Buttered Carrots Juice/Milk RSVP BY 11/20 @ 10 AM	23. CENTER CLOSED	24. CENTER CLOSED
27. Ranch Chicken Breast Yellow Rice Pilaf Peas & Carrots Moroccan Beet Salad Bread/Juice/Milk RSVP BY 11/22 @ 10 AM	28. Meatball Sub Seasoned Green Beans Mandarin Oranges Juice Milk RSVP BY 11/22 @ 10 AM	29. Grilled Chicken Breast w/Gravy Wild Rice Blend Wax & Green Bean Medley Fruit/Bread/Juice/Milk RSVP BY 11/27 @ 10 AM	30. Swiss Cheeseburger Split Pea Soup Cole Slaw Tropical Fruit Milk RSVP BY 11/28 @ 10 AM	