



General Order

Department of Fire & EMS

G.O. 2-4-24

Subject: Situational Awareness of Potential Increase in EMS Calls
Date: February 23, 2024
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Carroll County Fire and EMS have been made aware through the Carroll County Health Department of the potential for an increased call volume of patients that maybe experiencing withdrawal symptoms from CDS such as Opioids and Benzodiazepines. Please continue to treat your patient based upon the Maryland Medical Protocols. Symptoms that you may see include the following:

Opioid withdrawal symptoms may include:

- Hot and cold flushes
- Feeling anxious or irritable
- Nausea, Vomiting, diarrhea, lack of appetite
- Tremors
- Goosebumps and runny nose

Benzodiazepines withdrawal symptoms may include:

- Depression and anxiety
- Severe insomnia
- Seizures and status epilepticus
- Suicidal thoughts
- Tachycardia and Hypertension

Carroll Hospital is also aware of the potential increase in our call volume. Please consult with medical direction if you have any additional concerns with patient care.