

# HOT Lunches Westminster Senior Center JANUARY 2026

**Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.**

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

**Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.**

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.64**, includes accompanying younger spouses;

Under 60 Years Old = **Full Price \$6.64**, Paid Directly To Assistant Director **NAME:**



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p>			<p>1</p> 	<p>2</p> <p><b>RSVP 12/29/25</b></p> <p>PORK LOIN W/ DIJON CREAM SAUCE OKRA &amp; TOMATOES GARLIC MASHED POTATOES WHEAT BREAD FRUIT COCKTAIL</p>
<p>5</p> <p><b>RSVP 12/29/25</b></p> <p>ITALIAN SAUSAGE &amp; CHEESE SUB ROLL PEPPER AND ONIONS RED CABBAGE SLAW YOGURT</p>	<p>6</p> <p><b>RSVP 12/29/25</b></p> <p>CHICKEN BREAST FRICASSEE BROWN RICE PILAF MIXED VEGETABLES WHEAT BREAD APPLE PACK</p>	<p>7</p> <p><b>RSVP 12/29/25</b></p> <p>SALISBURY STEAK GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD AMISH BEAN SALAD</p>	<p>8</p> <p><b>RSVP 12/29/25</b></p> <p>HAM GREEN BEANS AND POTATOES CHEESE BREAD FRUIT</p>	<p>9</p> <p><b>BAKED POTAO</b> <b>RSVP 12/29/25</b></p> <p>BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI &amp; CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE</p>
<p>12</p> <p><b>RSVP 1/05/25</b></p> <p>SLICED HAM W/ RAISIN SAUCE AU GRATIN POTATOES HONEY MAPLE CARROTS WHEAT BREAD PINEAPPLE TIDBITS</p>	<p>13</p> <p><b>RSVP 1/05/25</b></p> <p>MARRY ME CHICKEN BREAST LEMON RICE PILAF SEASONED GR. BEANS WHEAT BREAD CINNA. APPLE SLICES</p>	<p>14</p> <p><b>RSVP 1/05/25</b></p> <p>LENTIL &amp; SPINACH SOUP TUNA SALAD SANDWICH CORN &amp; EDAMAME APPLESAUCE</p>	<p>15</p> <p><b>CABIN FEVER LUNCH</b> <b>RSVP 1/05/25</b></p> <p>STUFFED CHICKEN BREAST W/ BROCCOLI AND CHEESE / GRAVY MASHED POTATOES GREEN BEAN CASSER. BREAD APPLE PIE</p>	<p>16</p> <p><b>RSVP 1/05/25</b></p> <p>CHILI CHEESE SANDWICH CELERY &amp; CARROTS FRUIT JUICE &amp; MILK</p>
<p>19</p> 	<p>20</p> <p><b>SUB DAY</b> <b>RSVP 1/12/25</b></p> <p>ROAST BEEF ON ROLL / MAYO L.T. ONION POTATO SALAD COLE SLAW FRUIT COCKTAIL</p>	<p>21</p> <p><b>RSVP 1/12/25</b></p> <p>CHICKEN BREAST W/ RANCH CREAM SAUCE PEAS &amp; CARROTS YELLOW RICE PILAF WHEAT BREAD PINEAPPLE</p>	<p>22</p> <p><b>RSVP 1/12/25</b></p> <p>MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p>	<p>23</p> <p><b>RSVP 1/12/25</b></p> <p>ENGLISH MUFFIN CHEESE / PEPPERONI PIZZA SALAD MIX / DRESSING FRUIT</p>
<p>26</p> <p><b>RSVP 1/20/25</b></p> <p>BEEF HOT DOG ON ROLL VEGETARIAN BEANS SAUERKRAUT FRUIT CUP</p>	<p>27</p> <p><b>RSVP 1/20/25</b></p> <p>SPLIT PEA SOUP CHICKEN CAESAR SALAD CORNBREAD LOAF HOT SPICED APPLES</p>	<p>28</p> <p><b>RSVP 1/20/25</b></p> <p>MEATLOAF &amp; GRAVY GREEN BEANS BROWN RICE WHEAT BREAD DICED PEACHES</p>	<p>29</p> <p><b>RSVP 1/20/25</b></p> <p>GREEK CHICKEN BOWL PEARLED BARLEY DICED CHICKEN W/ GREEK SALAD FETA CHEESE APRICOT HALVES</p>	<p>30</p> <p><b>RSVP 1/20/25</b></p> <p>SLICED CORN BEEF MUSTARD DILL SAUCE MASHED POTATOES RED CABBAGE CORN &amp; PEA SALAD WHEAT BREAD TROPICAL FRUIT</p>

# COLD Lunches    *Westminster Senior Center*    NOVEMBER 2025

**Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.**  
Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.  
Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$7.24**, includes accompanying younger spouses;  
Under 60 Years Old = **Full Price \$7.24**, Paid Directly To Assistant Director

**Prefer a COLD lunch instead? Circle day of the Cold lunch. Write “COLD” on the HOT side of the menu, on the day of the substitution.**

**Write name on the menu & turn in white copy.**

MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY

	NO	BOX	LUNCHES	