

HOT Lunches Westminster Senior Center JANUARY 2026

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = HOT LUNCH Donation Up To \$6.64, includes accompanying younger spouses;

Under 60 Years Old = Full Price \$6.64, Paid Directly To Assistant Director **NAME:**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p>				<p>1 RSVP 12/29/25 PORK LOIN W/ DIJON CREAM SAUCE OKRA & TOMATOES GARLIC MASHED POTATOES WHEAT BREAD FRUIT COCKTAIL</p>
<p>5 RSVP 12/29/25 ITALIAN SAUSAGE & CHEESE SUB ROLL PEPPER AND ONIONS RED CABBAGE SLAW YOGURT</p>	<p>6 RSVP 12/29/25 CHICKEN BREAST FRICASSEE BROWN RICE PILAF MIXED VEGETABLES WHEAT BREAD APPLE PACK</p>	<p>7 RSVP 12/29/25 SALISBURY STEAK GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD AMISH BEAN SALAD</p>	<p>8 RSVP 12/29/25 HAM GREEN BEANS AND POTATOES CHEESE BREAD FRUIT</p>	<p>9 BAKED POTAO RSVP 12/29/25 BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE</p>
<p>12 RSVP1/05/25 SLICED HAM W/ RAISIN SAUCE AU GRATIN POTATOES HONEY MAPLE CARROTS WHEAT BREAD PINEAPPLE TIDBITS</p>	<p>13 RSVP 1/05/25 MARRY ME CHICKEN BREAST LEMON RICE PILAF SEASONED GR. BEANS WHEAT BREAD CINNA. APPLE SLICES</p>	<p>14 RSVP 1/05/25 LENTIL & SPINACH SOUP TUNA SALAD SANDWICH CORN & EDAMAME APPLESAUCE</p>	<p>15 CABIN FEVER LUNCH RSVP 1/05/25 STUFFED CHICKEN BREAST W/ BROCCOLI AND CHEESE / GRAVY MASHED POTATOES GREEN BEAN CASSER. BREAD APPLE PIE</p>	<p>16 RSVP 1/05/25 CHILI CHEESE SANDWICH CELERY & CARROTS FRUIT JUICE & MILK</p>
<p>19  I Have A Dream Martin Luther King, Jr. Day</p>	<p>20 SUB DAY RSVP 1/12/25 ROAST BEEF ON ROLL / MAYO L.T. ONION POTATO SALAD COLE SLAW FRUIT COCKTAIL</p>	<p>21 RSVP 1/12/25 CHICKEN BREAST W/ RANCH CREAM SAUCE PEAS & CARROTS YELLOW RICE PILAF WHEAT BREAD PINEAPPLE</p>	<p>22 RSVP 1/12/25 MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p>	<p>23 RSVP 1/12/25 ENGLISH MUFFIN CHEESE / PEPPERONI PIZZA SALAD MIX / DRESSING FRUIT</p>
<p>26 RSVP 1/20/25 BEEF HOT DOG ON ROLL VEGETARIAN BEANS SAUERKRAUT FRUIT CUP</p>	<p>27 RSVP 1/20/25 SPLIT PEA SOUP CHICKEN CAESAR SALAD CORNBREAD LOAF HOT SPICED APPLES</p>	<p>28 RSVP 1/20/25 MEATLOAF & GRAVY GREEN BEANS BROWN RICE WHEAT BREAD DICED PEACHES</p>	<p>29 RSVP 1/20/25 GREEK CHICKEN BOWL PEARLED BARLEY DICED CHICKEN W/ GREEK SALAD FETA CHEESE APRICOT HALVES</p>	<p>30 RSVP 1/20/25 SLICED CORN BEEF MUSTARD DILL SAUCE MASHED POTATOES RED CABBAGE CORN & PEA SALAD WHEAT BREAD TROPICAL FRUIT</p>

COLD Lunches Westminster Senior Center NOVEMBER 2025

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$7.24**, includes accompanying younger spouses;

Under 60 Years Old = **Full Price \$7.24**, Paid Directly To Assistant Director

Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.

Write name on the menu & turn in white copy.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	NO	BOX	LUNCHES	